

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

1 - 1ª SESSÃO

10-03-2012 - 9:30

| Prova 1                                                                                                                                    | Femin., 100m Mariposa |                        |      |                    |  | Absoluto   |
|--------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|------------------------|------|--------------------|--|------------|
| 10-03-2012                                                                                                                                 |                       |                        |      |                    |  | Resultados |
| Recordes Nacionais 50m Absoluto                                                                                                            | 58.76                 | Sara Freitas Oliveira  | FPN  | Budapeste (HUN)    |  | 12-08-2010 |
| Recordes Nacionais 50m Inf B                                                                                                               | 1:08.02               | Ines Camacho Fernandes | SCP  | S. João da Madeira |  | 26-07-2009 |
| Recordes Nacionais 50m Inf A                                                                                                               | 1:05.13               | Ines Camacho Fernandes | FPN  | Catania (ITA)      |  | 19-06-2010 |
| Recordes Nacionais 50m Juv                                                                                                                 | 1:04.44               | tempo limite           |      |                    |  |            |
| Recordes Nacionais 50m Jun                                                                                                                 | 1:01.48               | Sara Francisco Cruz    | ADBA | Faro               |  | 20-07-2009 |
| Recordes Nacionais 50m Sen                                                                                                                 | 58.76                 | Sara Freitas Oliveira  | FPN  | Budapeste (HUN)    |  | 12-08-2010 |
| INF-B 12 Anos FEM Inf B: 1:57.50 / INF-A 13 Anos FEM Inf A: 1:50.50 / JUV 14 Anos FEM Juv: 1:45.50 / JUN/SEN FEM - 15 + Anos 15 +: 1:38.00 |                       |                        |      |                    |  |            |

Pontos: FINA 2012

| Lugar    | Nome                    | Ano   | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|----------|-------------------------|-------|---------------------|----------------|-------|----------|-----|
| Absoluto |                         |       |                     |                |       |          |     |
| 1.       | Mariana Veloso Vitoria  | 98    | Nautico Abrantes    | <b>1:09.54</b> |       | 523      | 13  |
|          | 50m: 33.35 33.35        | 100m: | 1:09.54 36.19       |                |       |          |     |
| 2.       | Julia Matos Lopes       | 94    | Scalabisport        | <b>1:10.46</b> |       | 503      | 11  |
|          | 50m: 33.62 33.62        | 100m: | 1:10.46 36.84       |                |       |          |     |
| 3.       | Soraya Dea Matias       | 95    | Torres Novas        | <b>1:12.32</b> |       | 465      | 10  |
|          | 50m: 33.32 33.32        | 100m: | 1:12.32 39.00       |                |       |          |     |
| 4.       | Clarisse Matos Lopes    | 98    | Scalabisport        | <b>1:15.00</b> |       | 417      | 9   |
|          | 50m: 35.73 35.73        | 100m: | 1:15.00 39.27       |                |       |          |     |
| 5.       | Maria Madalena Silva    | 98    | Nautico Abrantes    | <b>1:15.29</b> |       | 412      | 8   |
|          | 50m: 34.83 34.83        | 100m: | 1:15.29 40.46       |                |       |          |     |
| 6.       | Ana Catarina Serra      | 95    | Natacao do Tejo     | <b>1:15.63</b> |       | 407      | 7   |
|          | 50m: 34.30 34.30        | 100m: | 1:15.63 41.33       |                |       |          |     |
| 7.       | Sara Davide Rodrigues   | 92    | Litoral Alentejano  | <b>1:17.66</b> |       | 376      | 6   |
|          | 50m: 35.23 35.23        | 100m: | 1:17.66 42.43       |                |       |          |     |
| 8.       | Ana Catarina Travessa   | 96    | Salvaterra de Magos | <b>1:17.78</b> |       | 374      | 5   |
|          | 50m: 35.87 35.87        | 100m: | 1:17.78 41.91       |                |       |          |     |
| 9.       | Maria Clara Marques     | 94    | Litoral Alentejano  | <b>1:19.97</b> |       | 344      | 4   |
|          | 50m: 35.58 35.58        | 100m: | 1:19.97 44.39       |                |       |          |     |
| 10.      | Patricia Simoes Jorge   | 97    | Salvaterra de Magos | <b>1:20.69</b> |       | 335      | 3   |
|          | 50m: 36.71 36.71        | 100m: | 1:20.69 43.98       |                |       |          |     |
| 11.      | Mariana Anastacio Cruz  | 96    | Torres Novas        | <b>1:22.31</b> |       | 315      | 2   |
|          | 50m: 36.97 36.97        | 100m: | 1:22.31 45.34       |                |       |          |     |
| 12.      | Ana Teresa Nunes        | 88    | Natacao do Tejo     | <b>1:22.69</b> |       | 311      | 1   |
|          | 50m: 37.81 37.81        | 100m: | 1:22.69 44.88       |                |       |          |     |
| 13.      | Daniela Patricia Araujo | 98    | Rio Maior           | <b>1:24.00</b> |       | 297      |     |
|          | 50m: 40.11 40.11        | 100m: | 1:24.00 43.89       |                |       |          |     |
| 14.      | Tatiana Lima Silva      | 96    | Natacao do Tejo     | <b>1:25.94</b> |       | 277      |     |
|          | 50m: 38.60 38.60        | 100m: | 1:25.94 47.34       |                |       |          |     |
| 15.      | Susana Patricia Rosa    | 96    | CLAC-Entroncamento  | <b>1:29.73</b> |       | 243      |     |
|          | 50m: 40.47 40.47        | 100m: | 1:29.73 49.26       |                |       |          |     |
| 16.      | Patricia Palmeiro Baeta | 00    | Rio Maior           | <b>1:32.28</b> |       | 224      |     |
|          | 50m: 42.58 42.58        | 100m: | 1:32.28 49.70       |                |       |          |     |
| 17.      | Ana Filipa Parente      | 98    | Gualdim Pais        | <b>1:32.74</b> |       | 220      |     |
|          | 50m: 40.87 40.87        | 100m: | 1:32.74 51.87       |                |       |          |     |
| 18.      | Ines Sousa Luis         | 99    | Torres Novas        | <b>1:33.37</b> |       | 216      |     |
|          | 50m: 44.47 44.47        | 100m: | 1:33.37 48.90       |                |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 1, Femin., 100m Mariposa, Absoluto

| Lugar | Nome                      | Ano                   | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|-------|---------------------------|-----------------------|---------------------|----------------|-------|----------|-----|
| 19.   | Ana Rita Agostinho        | 99                    | C N Montijo         | <b>1:35.01</b> |       | 205      |     |
|       | 50m: 41.46 41.46          | 100m: 1:35.01 53.55   |                     |                |       |          |     |
| 20.   | Ana Maria Nunes           | 97                    | CLAC-Entroncamento  | <b>1:35.84</b> |       | 200      |     |
|       | 50m: 45.17 45.17          | 100m: 1:35.84 50.67   |                     |                |       |          |     |
| 21.   | Patricia Silva Conceicao  | 99                    | Nautico Abrantes    | <b>1:36.74</b> |       | 194      |     |
|       | 50m: 44.26 44.26          | 100m: 1:36.74 52.48   |                     |                |       |          |     |
| 22.   | Sofia Isabel Mendes       | 97                    | Salvaterra de Magos | <b>1:39.37</b> |       | 179      |     |
|       | <i>FTL</i>                |                       |                     |                |       |          |     |
|       | 50m: 44.89 44.89          | 100m: 1:39.37 54.48   |                     |                |       |          |     |
| 23.   | Mariana Nunes Domingos    | 00                    | Scalabisport        | <b>1:39.54</b> |       | 178      |     |
|       | 50m: 46.17 46.17          | 100m: 1:39.54 53.37   |                     |                |       |          |     |
| 24.   | Andreia Serra Paulo       | 99                    | Goleganense         | <b>1:40.67</b> |       | 172      |     |
|       | 50m: 44.05 44.05          | 100m: 1:40.67 56.62   |                     |                |       |          |     |
| 25.   | Ana Raquel Silva          | 99                    | Goleganense         | <b>1:48.78</b> |       | 136      |     |
|       | 50m: 51.39 51.39          | 100m: 1:48.78 57.39   |                     |                |       |          |     |
| 26.   | Barbara Sucena Riachos    | 00                    | Goleganense         | <b>2:02.81</b> |       | 95       |     |
|       | <i>FTL</i>                |                       |                     |                |       |          |     |
|       | 50m: 57.39 57.39          | 100m: 2:02.81 1:05.42 |                     |                |       |          |     |
| DNS   | Mariana Jose Guerreiro    | 97                    | Litoral Alentejano  |                |       |          |     |
| DNS   | Catarina Vilhena Gregorio | 96                    | CLAC-Entroncamento  |                |       |          |     |

Prova 2  
10-03-2012

Masc., 200m Mariposa

Absoluto  
Resultados

|                                 |         |                         |      |                     |            |
|---------------------------------|---------|-------------------------|------|---------------------|------------|
| Recordes Nacionais 50m Absoluto | 1:56.17 | Pedro Diogo Oliveira    | FPN  | Roma (ITA)          | 28-07-2009 |
| Recordes Nacionais 50m Inf B    | 2:21.67 | Fabio Parrilha da Silva | CNAL | S. João da Madeira  | 23-07-2000 |
| Recordes Nacionais 50m Inf A    | 2:14.50 | Fabio Parrilha da Silva | CNAL | Campanhã            | 29-07-2001 |
| Recordes Nacionais 50m Juv B    | 2:09.61 | Fabio Parrilha da Silva | CNAL | Lisboa              | 11-05-2002 |
| Recordes Nacionais 50m Juv A    | 2:03.76 | Pedro Diogo Oliveira    | CNRM | Lisboa              | 31-07-2004 |
| Recordes Nacionais 50m Jun      | 2:01.46 | Pedro Diogo Oliveira    | FPN  | Palma Maiorca (ESP) | 08-07-2006 |
| Recordes Nacionais 50m Sen      | 1:56.17 | Pedro Diogo Oliveira    | FPN  | Roma (ITA)          | 28-07-2009 |

INF-A 14 Anos MAS Inf A: 3:55.00 / INF-B 13 Anos MAS Inf B: 4:25.50 / JUN/SEN MAS - 17 + Anos 17 +: 3:20.00 / JUV-A 16 Anos MAS Juv A: 3:28.50 / JUV-B 15 Anos MAS Juv B: 3:34.50

Pontos: FINA 2012

| Lugar | Nome                  | Ano                   | Clube              | Tempo Final    | TReac | Pts FINA | Pts |
|-------|-----------------------|-----------------------|--------------------|----------------|-------|----------|-----|
| 1.    | Gil Vasco Goncalves   | 97                    | Litoral Alentejano | <b>2:26.27</b> |       | 443      | 13  |
| 2.    | Ruben Miguel Matos    | 91                    | Natacao do Tejo    | <b>2:26.62</b> |       | 439      | 11  |
| 3.    | Ricardo Daniel Lucas  | 94                    | Scalabisport       | <b>2:32.07</b> |       | 394      | 10  |
| 4.    | Mario Jorge Nunes     | 92                    | Natacao do Tejo    | <b>2:36.10</b> |       | 364      | 9   |
| 5.    | Nuno Miguel Bruno     | 95                    | Torres Novas       | <b>2:38.52</b> |       | 348      | 8   |
| 6.    | Joao Pedro Alves      | 96                    | Natacao do Tejo    | <b>2:41.26</b> |       | 330      | 7   |
|       | 100m: 1:11.89 1:11.89 | 200m: 2:41.26 1:29.37 |                    |                |       |          |     |
| 7.    | Afonso Filipe Gaspar  | 97                    | Nautico Abrantes   | <b>2:41.27</b> |       | 330      | 6   |
|       | 100m: 1:15.12 1:15.12 | 200m: 2:41.27 1:26.15 |                    |                |       |          |     |
| 8.    | Jose Eduardo Felicio  | 97                    | Rio Maior          | <b>2:43.01</b> |       | 320      | 5   |
| 9.    | Martim Basilio Gil    | 97                    | CLAC-Entroncamento | <b>2:48.59</b> |       | 289      | 4   |
|       | 100m: 1:17.00 1:17.00 | 200m: 2:48.59 1:31.59 |                    |                |       |          |     |
| 10.   | Jorge Miguel Telo     | 95                    | Litoral Alentejano | <b>2:48.92</b> |       | 287      | 3   |
| 11.   | Joao Pedro Rosa       | 90                    | CLAC-Entroncamento | <b>2:50.76</b> |       | 278      | 2   |
| 12.   | Joao Mauricio Gaspar  | 97                    | Nautico Abrantes   | <b>2:54.53</b> |       | 260      | 1   |
|       | 100m: 1:21.62 1:21.62 | 200m: 2:54.53 1:32.91 |                    |                |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 2, Masc., 200m Mariposa, Absoluto

| Lugar | Nome                  | Ano                   | Clube              | Tempo Final    | TReac | Pts FINA | Pts |
|-------|-----------------------|-----------------------|--------------------|----------------|-------|----------|-----|
| 13.   | Mario Jorge Santos    | 95                    | Gualdim Pais       | <b>2:59.03</b> |       | 241      |     |
|       | 100m: 1:21.49 1:21.49 | 200m: 2:59.03 1:37.54 |                    |                |       |          |     |
| 14.   | Dario Fausto Matias   | 98                    | Torres Novas       | <b>3:00.25</b> |       | 236      |     |
|       | 100m: 1:25.67 1:25.67 | 200m: 3:00.25 1:34.58 |                    |                |       |          |     |
| 15.   | Hugo Filipe Correia   | 99                    | Litoral Alentejano | <b>3:06.61</b> |       | 213      |     |
|       | 100m: 1:24.50 1:24.50 | 200m: 3:06.61 1:42.11 |                    |                |       |          |     |
| 16.   | Pedro Manuel Nunes    | 98                    | CLAC-Entroncamento | <b>3:18.23</b> |       | 178      |     |
|       | 100m: 1:31.72 1:31.72 | 200m: 3:18.23 1:46.51 |                    |                |       |          |     |
| 17.   | Joao Ferreira Santos  | 98                    | Torres Novas       | <b>3:27.56</b> |       | 155      |     |
|       | 100m: 1:35.87 1:35.87 | 200m: 3:27.56 1:51.69 |                    |                |       |          |     |
| DNS   | Tiago Filipe Campos   | 99                    | Scalabisport       |                |       |          |     |

Prova 3 Femin., 200m Livres Absoluto  
10-03-2012 Resultados

|                                 |         |                       |      |                    |            |
|---------------------------------|---------|-----------------------|------|--------------------|------------|
| Recordes Nacionais 50m Absoluto | 2:03.42 | Sara Beatriz Loureiro | FCP  | Coimbra            | 30-05-2009 |
| Recordes Nacionais 50m Inf B    | 2:12.20 | Filipa Vilas Ruivo    | DNMG | S. João da Madeira | 24-07-2009 |
| Recordes Nacionais 50m Inf A    | 2:11.43 | tempo limite          |      |                    |            |
| Recordes Nacionais 50m Juv      | 2:09.97 | Diana Ramos Rocha     | EDV  | Coimbra            | 17-05-2008 |
| Recordes Nacionais 50m Jun      | 2:05.38 | Ana Feio Alegria      | FPN  | Florença (ITA)     | 03-04-1993 |
| Recordes Nacionais 50m Sen      | 2:03.42 | Sara Beatriz Loureiro | FCP  | Coimbra            | 30-05-2009 |

INF-B 12 Anos FEM Inf B: 3:24.50 / INF-A 13 Anos FEM Inf A: 3:12.00 / JUV 14 Anos FEM Juv: 3:05.00 / JUN/SEN FEM - 15 + Anos 15 +: 2:56.00

Pontos: FINA 2012

| Lugar | Nome                    | Ano                   | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|-------|-------------------------|-----------------------|---------------------|----------------|-------|----------|-----|
| 1.    | Julia Matos Lopes       | 94                    | Scalabisport        | <b>2:18.20</b> |       | 546      | 13  |
|       | 100m: 1:06.71 1:06.71   | 200m: 2:18.20 1:11.49 |                     |                |       |          |     |
| 2.    | Marcia Filipa Carvalho  | 96                    | Torres Novas        | <b>2:21.40</b> |       | 510      | 11  |
|       | 100m: 1:07.57 1:07.57   | 200m: 2:21.40 1:13.83 |                     |                |       |          |     |
| 3.    | Mafalda Jesus Pereira   | 95                    | C N Montijo         | <b>2:23.58</b> |       | 487      | 10  |
|       | 100m: 1:08.08 1:08.08   | 200m: 2:23.58 1:15.50 |                     |                |       |          |     |
| 4.    | Ana Margarida Salgueiro | 99                    | Nautico Abrantes    | <b>2:27.51</b> |       | 449      | 9   |
|       | 100m: 1:12.08 1:12.08   | 200m: 2:27.51 1:15.43 |                     |                |       |          |     |
| 5.    | Mariana Soares Martinho | 99                    | Scalabisport        | <b>2:27.82</b> |       | 446      | 8   |
|       | 100m: 1:11.68 1:11.68   | 200m: 2:27.82 1:16.14 |                     |                |       |          |     |
| 6.    | Maria Clara Marques     | 94                    | Litoral Alentejano  | <b>2:29.88</b> |       | 428      | 7   |
|       | 100m: 1:10.29 1:10.29   | 200m: 2:29.88 1:19.59 |                     |                |       |          |     |
| 7.    | Ana Carolina Monteiro   | 97                    | BUZIOS-Coruche      | <b>2:32.01</b> |       | 410      | 6   |
|       | 100m: 1:10.89 1:10.89   | 200m: 2:32.01 1:21.12 |                     |                |       |          |     |
| 8.    | Maria Beatriz Dias      | 99                    | Scalabisport        | <b>2:34.12</b> |       | 393      | 5   |
|       | 100m: 1:14.18 1:14.18   | 200m: 2:34.12 1:19.94 |                     |                |       |          |     |
| 9.    | Daniela Sofia Serra     | 98                    | CLAC-Entroncamento  | <b>2:34.65</b> |       | 389      | 4   |
|       | 100m: 1:14.24 1:14.24   | 200m: 2:34.65 1:20.41 |                     |                |       |          |     |
| 10.   | Raquel Sofia Jorge      | 98                    | Salvaterra de Magos | <b>2:34.73</b> |       | 389      | 3   |
|       | 100m: 1:14.38 1:14.38   | 200m: 2:34.73 1:20.35 |                     |                |       |          |     |
| 11.   | Filipa Robert Rente     | 96                    | Gualdim Pais        | <b>2:35.71</b> |       | 381      | 2   |
|       | 100m: 1:12.97 1:12.97   | 200m: 2:35.71 1:22.74 |                     |                |       |          |     |
| 12.   | Rute Isabel Leonardo    | 98                    | Nautico Abrantes    | <b>2:36.53</b> |       | 376      | 1   |
|       | 100m: 1:15.70 1:15.70   | 200m: 2:36.53 1:20.83 |                     |                |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 3, Femin., 200m Livres, Absoluto

| Lugar | Nome                                | Ano                   | Clube                  | Tempo Final    | TReac | Pts FINA | Pts |
|-------|-------------------------------------|-----------------------|------------------------|----------------|-------|----------|-----|
| 13.   | Sarah Dias                          | 99                    | Goleganense            | <b>2:37.04</b> |       | 372      |     |
|       | 100m: 1:13.59 1:13.59               | 200m: 2:37.04 1:23.45 |                        |                |       |          |     |
| 14.   | Ana Pereira Luis                    | 97                    | Salvaterra de Magos    | <b>2:39.54</b> |       | 355      |     |
|       | 100m: 1:15.05 1:15.05               | 200m: 2:39.54 1:24.49 |                        |                |       |          |     |
| 15.   | Raquel Anastacio Cruz               | 98                    | Torres Novas           | <b>2:40.78</b> |       | 346      |     |
|       | 100m: 1:18.58 1:18.58               | 200m: 2:40.78 1:22.20 |                        |                |       |          |     |
| 16.   | Ana Teresa Nunes                    | 88                    | Natacao do Tejo        | <b>2:42.79</b> |       | 334      |     |
|       | 100m: 1:18.35 1:18.35               | 200m: 2:42.79 1:24.44 |                        |                |       |          |     |
| 17.   | Ines Maria Ribeiro                  | 94                    | CLAC-Entroncamento     | <b>2:43.25</b> |       | 331      |     |
|       | 100m: 1:15.76 1:15.76               | 200m: 2:43.25 1:27.49 |                        |                |       |          |     |
| 18.   | Patricia Palmeiro Baeta             | 00                    | Rio Maior              | <b>2:43.49</b> |       | 330      |     |
|       | 100m: 1:20.18 1:20.18               | 200m: 2:43.49 1:23.31 |                        |                |       |          |     |
| 19.   | Carolina Henriques Gavancho         | 97                    | CLAC-Entroncamento     | <b>2:43.71</b> |       | 328      |     |
|       | 100m: 1:17.77 1:17.77               | 200m: 2:43.71 1:25.94 |                        |                |       |          |     |
| 20.   | Catia Maria Feijao                  | 00                    | Goleganense            | <b>2:44.86</b> |       | 321      |     |
|       | 100m: 1:19.83 1:19.83               | 200m: 2:44.86 1:25.03 |                        |                |       |          |     |
| 21.   | Iris Maria Rola                     | 99                    | Litoral Alentejano     | <b>2:45.84</b> |       | 316      |     |
|       | 100m: 1:19.91 1:19.91               | 200m: 2:45.84 1:25.93 |                        |                |       |          |     |
| 22.   | Ana Torres Ferreira                 | 99                    | Nautico Abrantes       | <b>2:47.22</b> |       | 308      |     |
|       | 100m: 1:19.36 1:19.36               | 200m: 2:47.22 1:27.86 |                        |                |       |          |     |
| 23.   | Margarida Silveira Henriques        | 97                    | Gualdim Pais           | <b>2:48.89</b> |       | 299      |     |
|       | 100m: 1:21.68 1:21.68               | 200m: 2:48.89 1:27.21 |                        |                |       |          |     |
| 24.   | Ines Sousa Luis                     | 99                    | Torres Novas           | <b>2:50.50</b> |       | 290      |     |
|       | 100m: 1:24.61 1:24.61               | 200m: 2:50.50 1:25.89 |                        |                |       |          |     |
| 25.   | Tatiana Lima Silva                  | 96                    | Natacao do Tejo        | <b>2:51.56</b> |       | 285      |     |
|       | 100m: 1:20.75 1:20.75               | 200m: 2:51.56 1:30.81 |                        |                |       |          |     |
| 26.   | Beatriz Jesus Pereira               | 00                    | C N Montijo            | <b>2:54.21</b> |       | 272      |     |
|       | 100m: 1:22.28 1:22.28               | 200m: 2:54.21 1:31.93 |                        |                |       |          |     |
| 27.   | Ana Catarina Correia                | 97                    | Salvaterra de Magos    | <b>2:59.73</b> |       | 248      |     |
|       | <i>FTL</i><br>100m: 1:23.08 1:23.08 | 200m: 2:59.73 1:36.65 |                        |                |       |          |     |
| 28.   | Neuza Figueiredo Pereira            | 00                    | Gualdim Pais           | <b>3:20.05</b> |       | 180      |     |
|       | 100m: 1:37.47 1:37.47               | 150m: 2:30.51 53.04   | 200m: 3:20.05 49.54    |                |       |          |     |
| 29.   | Beatriz Sofia Matilde               | 00                    | BUZIOS-Coruche         | <b>3:21.78</b> |       | 175      |     |
|       | 100m: 1:34.73 1:34.73               | 150m: 2:35.56 24.33   | 200m: 3:21.78 54:49.60 |                |       |          |     |
| 30.   | Barbara Sucena Riachos              | 00                    | Goleganense            | <b>3:23.54</b> |       | 171      |     |
|       | 100m: 1:39.91 1:39.91               | 150m: 2:34.51 54.60   | 200m: 3:23.54 49.03    |                |       |          |     |
| DNS   | Maria Beatriz Lopes                 | 00                    | Rio Maior              |                |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 4 Masc., 100m Bruços Absoluto  
10-03-2012 Resultados

|                                 |         |                       |        |                    |            |
|---------------------------------|---------|-----------------------|--------|--------------------|------------|
| Recordes Nacionais 50m Absoluto | 1:02.17 | Jose Guilherme Couto  | FPN    | Fukuoka (JPN)      | 23-07-2001 |
| Recordes Nacionais 50m Inf B    | 1:11.95 | Andre Goncalo Santos  | LSC    | Porto              | 24-07-2010 |
| Recordes Nacionais 50m Inf A    | 1:10.35 | Luis Manuel Fernandes | GDNVNF | S. João da Madeira | 25-07-2009 |
| Recordes Nacionais 50m Juv B    | 1:06.98 | Andre Miguel Silva    | PDEM   | Rio Maior          | 30-06-2006 |
| Recordes Nacionais 50m Juv A    | 1:06.28 | Andre Miguel Silva    | PDEM   | Loulé              | 09-06-2007 |
| Recordes Nacionais 50m Jun      | 1:02.87 | Andre Miguel Silva    | PDEM   | Faro               | 18-07-2009 |
| Recordes Nacionais 50m Sen      | 1:02.17 | Jose Guilherme Couto  | FPN    | Fukuoka (JPN)      | 23-07-2001 |

INF-A 14 Anos MAS Inf A: 1:48.50 / INF-B 13 Anos MAS Inf B: 2:01.50 / JUN/SEN MAS - 17 + Anos 17 +: 1:37.00 / JUV-A 16 Anos MAS Juv A: 1:39.00 / JUV-B 15 Anos MAS Juv B: 1:43.50

Pontos: FINA 2012

| Lugar    | Nome                                      | Ano           | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|----------|-------------------------------------------|---------------|---------------------|----------------|-------|----------|-----|
| Absoluto |                                           |               |                     |                |       |          |     |
| 1.       | Hugo Miguel Nunes                         | 90            | Natacao do Tejo     | <b>1:10.27</b> |       | 579      | 13  |
| 2.       | Rodrigo Marques Costa                     | 76            | Litoral Alentejano  | <b>1:13.79</b> |       | 500      | 11  |
| 3.       | Duarte Rosa Cameirao                      | 94            | Rio Maior           | <b>1:14.22</b> |       | 491      | 10  |
| 4.       | Fabio Miguel Samouco                      | 95            | Torres Novas        | <b>1:15.72</b> |       | 463      | 9   |
| 5.       | Guilherme Antonio Reis                    | 96            | Torres Novas        | <b>1:17.16</b> |       | 437      | 8   |
| 6.       | Miguel Carrico Cruz                       | 99            | Scalabisport        | <b>1:17.40</b> |       | 433      | 7   |
|          | <i>Recorde Distrital INF-B (01.19.68)</i> |               |                     |                |       |          |     |
| 7.       | Joao Carlos Pereira                       | 94            | BUZIOS-Coruche      | <b>1:18.20</b> |       | 420      | 6   |
| 8.       | Rui Miguel Correia                        | 96            | C N Montijo         | <b>1:18.27</b> |       | 419      | 5   |
| 9.       | Joao Manuel Ferreira                      | 92            | CLAC-Entroncamento  | <b>1:19.04</b> |       | 407      | 4   |
| 10.      | Alexandre Emanuel Pereira                 | 93            | CLAC-Entroncamento  | <b>1:22.36</b> |       | 359      | 3   |
| 11.      | Artur Rafael Saramago                     | 97            | BUZIOS-Coruche      | <b>1:22.75</b> |       | 354      | 2   |
| 12.      | Miguel Otto Palma                         | 92            | Litoral Alentejano  | <b>1:22.94</b> |       | 352      | 1   |
|          | 50m: 38.28 38.28                          | 100m: 1:22.94 | 44.66               |                |       |          |     |
| 13.      | Rui Jorge Brito                           | 94            | Litoral Alentejano  | <b>1:23.14</b> |       | 349      |     |
| 14.      | Martim Basilio Gil                        | 97            | CLAC-Entroncamento  | <b>1:27.28</b> |       | 302      |     |
| 15.      | Manuel Jose Alves                         | 96            | C N Montijo         | <b>1:27.33</b> |       | 301      |     |
| 16.      | Joao Diogo Lucas                          | 95            | Salvaterra de Magos | <b>1:27.37</b> |       | 301      |     |
| 17.      | Tiago Emanuel Pires                       | 94            | Natacao do Tejo     | <b>1:28.13</b> |       | 293      |     |
| 18.      | Filipe Miguel Mesquita                    | 97            | C N Montijo         | <b>1:28.48</b> |       | 290      |     |
| 19.      | Tiago Andre Matos                         | 95            | Natacao do Tejo     | <b>1:29.96</b> |       | 276      |     |
| 20.      | Emanuel Duarte Silva                      | 96            | Goleganense         | <b>1:30.90</b> |       | 267      |     |
| 21.      | Joao Mauricio Gaspar                      | 97            | Nautico Abrantes    | <b>1:31.19</b> |       | 265      |     |
| 22.      | Joao Paulo Lopes                          | 98            | Torres Novas        | <b>1:33.06</b> |       | 249      |     |
| 23.      | Afonso Silva Nunes                        | 98            | Nautico Abrantes    | <b>1:38.14</b> |       | 212      |     |
| 24.      | Goncalo Faria Saldida                     | 99            | Gualdim Pais        | <b>1:38.42</b> |       | 210      |     |
|          | 50m: 23:55:27.57 23:55:27.57              | 100m: 1:38.42 |                     |                |       |          |     |
| 25.      | Miguel Rodrigues Silva                    | 97            | Nautico Abrantes    | <b>1:39.02</b> |       | 207      |     |
|          | 50m: 23:52:24.85 23:52:24.85              | 100m: 1:39.02 |                     |                |       |          |     |
| 26.      | Rodrigo Pereira Damasio                   | 99            | Salvaterra de Magos | <b>1:47.38</b> |       | 162      |     |
| 27.      | Miguel Feijao Galrinho                    | 99            | Goleganense         | <b>1:48.04</b> |       | 159      |     |
|          | 50m: 23:55:25.83 23:55:25.83              | 100m: 1:48.04 |                     |                |       |          |     |
| DNS      | Bernardo Jose Dionisio                    | 99            | Gualdim Pais        |                |       |          |     |
| DNS      | Francisco Oliveira Madeira                | 99            | Goleganense         |                |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 5  
10-03-2012

## Femin., 100m Costas

## Absoluto Resultados

|                                 |         |                        |       |                 |            |
|---------------------------------|---------|------------------------|-------|-----------------|------------|
| Recordes Nacionais 50m Absoluto | 1:03.45 | Marta Vieira Marinho   | FCP   | Coimbra         | 10-04-2010 |
| Recordes Nacionais 50m Inf B    | 1:10.04 | Keissy Joselin Sousa   | FPN   | Toulouse (FRA)  | 27-04-1997 |
| Recordes Nacionais 50m Inf A    | 1:06.78 | Ines Camacho Fernandes | FPN   | Catania (ITA)   | 20-06-2010 |
| Recordes Nacionais 50m Juv      | 1:05.81 | Joana Carina Silva     | LSXXI | Povoa de Varzim | 05-02-2011 |
| Recordes Nacionais 50m Jun      | 1:05.04 | Petra Quintela Chaves  | FPN   | Roma (ITA)      | 07-09-1994 |
| Recordes Nacionais 50m Sen      | 1:03.45 | Marta Vieira Marinho   | FCP   | Coimbra         | 10-04-2010 |

INF-B 12 Anos FEM Inf B: 1:48.50 / INF-A 13 Anos FEM Inf A: 1:40.00 / JUV 14 Anos FEM Juv: 1:38.00 / JUN/SEN FEM - 15 + Anos 15 +: 1:30.00

Pontos: FINA 2012

| Lugar                                                    | Nome                        | Ano | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|----------------------------------------------------------|-----------------------------|-----|---------------------|----------------|-------|----------|-----|
| Absoluto                                                 |                             |     |                     |                |       |          |     |
| 1.                                                       | Mariana Veloso Vitoria      | 98  | Nautico Abrantes    | <b>1:12.30</b> |       | 519      | 13  |
| <i>Recorde distrital JUV (01.12.96) e ABS (01.12.85)</i> |                             |     |                     |                |       |          |     |
| 2.                                                       | Marcia Filipa Carvalho      | 96  | Torres Novas        | <b>1:16.32</b> |       | 441      | 11  |
| 3.                                                       | Mariana Soares Martinho     | 99  | Scalabisport        | <b>1:18.29</b> |       | 409      | 10  |
| 4.                                                       | Ana Carolina Monteiro       | 97  | BUZIOS-Coruche      | <b>1:18.75</b> |       | 401      | 9   |
| 5.                                                       | Barbara Rodrigues Pereira   | 98  | C N Montijo         | <b>1:19.26</b> |       | 394      | 8   |
| 6.                                                       | Ana Raquel Batista          | 95  | C N Montijo         | <b>1:19.70</b> |       | 387      | 7   |
| 7.                                                       | Debora Goncalves Patrocinio | 97  | Litoral Alentejano  | <b>1:20.03</b> |       | 383      | 6   |
| 8.                                                       | Maria Beatriz Dias          | 99  | Scalabisport        | <b>1:20.56</b> |       | 375      | 5   |
| 9.                                                       | Sarah Dias                  | 99  | Goleganense         | <b>1:21.57</b> |       | 361      | 4   |
| 10.                                                      | Daniela Sofia Serra         | 98  | CLAC-Entroncamento  | <b>1:21.67</b> |       | 360      | 3   |
| 11.                                                      | Ana Pereira Luis            | 97  | Salvaterra de Magos | <b>1:23.07</b> |       | 342      | 2   |
| 12.                                                      | Sara Davide Rodrigues       | 92  | Litoral Alentejano  | <b>1:24.69</b> |       | 323      | 1   |
| 13.                                                      | Carolina Henriques Gavancho | 97  | CLAC-Entroncamento  | <b>1:25.14</b> |       | 318      |     |
| 14.                                                      | Maria Beatriz Diogo         | 99  | Nautico Abrantes    | <b>1:25.24</b> |       | 316      |     |
| 15.                                                      | Patricia Alexandra Jose     | 98  | Gualdim Pais        | <b>1:25.95</b> |       | 309      |     |
| 16.                                                      | Patricia Simoes Jorge       | 97  | Salvaterra de Magos | <b>1:27.14</b> |       | 296      |     |
| 17.                                                      | Ines Isabel Graca           | 00  | Gualdim Pais        | <b>1:27.83</b> |       | 289      |     |
| 18.                                                      | Carolina Miguel Marques     | 99  | Natacao do Tejo     | <b>1:29.74</b> |       | 271      |     |
| 19.                                                      | Andreia Serra Paulo         | 99  | Goleganense         | <b>1:30.17</b> |       | 267      |     |
| 20.                                                      | Joana Costa Bernardino      | 00  | CLAC-Entroncamento  | <b>1:31.76</b> |       | 254      |     |
| 21.                                                      | Patricia Silva Conceicao    | 99  | Nautico Abrantes    | <b>1:31.80</b> |       | 253      |     |
| 22.                                                      | Tatiana Lima Silva          | 96  | Natacao do Tejo     | <b>1:32.02</b> |       | 251      |     |
| <i>FTL</i>                                               |                             |     |                     |                |       |          |     |
| 23.                                                      | Mafalda Alexandra Cabaca    | 00  | Scalabisport        | <b>1:34.96</b> |       | 229      |     |
| 24.                                                      | Barbara Sofia Claro         | 00  | BUZIOS-Coruche      | <b>1:46.86</b> |       | 160      |     |
| 25.                                                      | Barbara Sucena Riachos      | 00  | Goleganense         | <b>1:52.47</b> |       | 137      |     |
| <i>FTL</i>                                               |                             |     |                     |                |       |          |     |
| DNS                                                      | Hatira Guseinova            | 99  | Torres Novas        |                |       |          |     |
| DNS                                                      | Maria Beatriz Lopes         | 00  | Rio Maior           |                |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 6 Masc., 200m Costas Absoluto Resultados  
10-03-2012

|                                 |         |                       |      |                 |            |
|---------------------------------|---------|-----------------------|------|-----------------|------------|
| Recordes Nacionais 50m Absoluto | 2:00.62 | Pedro Diogo Oliveira  | FPN  | Melbourne (AUS) | 29-03-2007 |
| Recordes Nacionais 50m Inf B    | 2:21.70 | Alexandre Lages Ribas | EDV  | Porto           | 24-07-2010 |
| Recordes Nacionais 50m Inf A    | 2:15.87 | Pedro Diogo Oliveira  | ANDS | Campanhã        | 15-06-2002 |
| Recordes Nacionais 50m Juv B    | 2:09.42 | Pedro Diogo Oliveira  | FPN  | Paris (FRA)     | 28-07-2003 |
| Recordes Nacionais 50m Juv A    | 2:06.92 | Pedro Diogo Oliveira  | CNRM | Lisboa          | 30-07-2004 |
| Recordes Nacionais 50m Jun      | 2:02.21 | Pedro Diogo Oliveira  | CNRM | Coimbra         | 28-07-2006 |
| Recordes Nacionais 50m Sen      | 2:00.62 | Pedro Diogo Oliveira  | FPN  | Melbourne (AUS) | 29-03-2007 |

INF-A 14 Anos MAS Inf A: 3:26.50 / INF-B 13 Anos MAS Inf B: 3:41.50 / JUN/SEN MAS - 17 + Anos 17 +: 3:10.00 / JUV-A 16 Anos MAS Juv A: 3:14.00 / JUV-B 15 Anos MAS Juv B: 3:18.00

Pontos: FINA 2012

| Lugar           | Nome                       | Ano                   | Clube              | Tempo Final    | TReac | Pts FINA | Pts |
|-----------------|----------------------------|-----------------------|--------------------|----------------|-------|----------|-----|
| <b>Absoluto</b> |                            |                       |                    |                |       |          |     |
| 1.              | Ivo Andre Lopes            | 94                    | Scalabisport       | <b>2:18.20</b> |       | 531      | 13  |
|                 | 50m: 1:07.26 1:07.26       | 200m: 2:18.20 1:10.94 |                    |                |       |          |     |
| 2.              | Andre Filipe Mendes        | 92                    | Nautico Abrantes   | <b>2:20.37</b> |       | 506      | 11  |
|                 | 100m: 1:07.84 1:07.84      | 200m: 2:20.37 1:12.53 |                    |                |       |          |     |
| 3.              | David Oliveira Gorgulho    | 82                    | Litoral Alentejano | <b>2:27.36</b> |       | 438      | 10  |
|                 | 100m: 1:10.20 1:10.20      | 200m: 2:27.36 1:17.16 |                    |                |       |          |     |
| 4.              | Diogo Antonio Lopes        | 95                    | Torres Novas       | <b>2:27.66</b> |       | 435      | 9   |
|                 | 100m: 1:12.26 1:12.26      | 200m: 2:27.66 1:15.40 |                    |                |       |          |     |
| 5.              | Jose Eduardo Felicio       | 97                    | Rio Maior          | <b>2:28.53</b> |       | 427      | 8   |
|                 | 100m: 1:14.34 1:14.34      | 200m: 2:28.53 1:14.19 |                    |                |       |          |     |
| 6.              | Rui Filipe Torrao          | 95                    | C N Montijo        | <b>2:28.78</b> |       | 425      | 7   |
|                 | 100m: 1:11.86 1:11.86      | 200m: 2:28.78 1:16.92 |                    |                |       |          |     |
| 7.              | Joao Filipe Miguel         | 91                    | Torres Novas       | <b>2:30.28</b> |       | 413      | 6   |
|                 | 100m: 1:12.14 1:12.14      | 200m: 2:30.28 1:18.14 |                    |                |       |          |     |
| 8.              | Ruben Miguel Matos         | 91                    | Natacao do Tejo    | <b>2:30.48</b> |       | 411      | 5   |
|                 | 50m: 1:13.67 1:13.67       | 200m: 2:30.48 1:16.81 |                    |                |       |          |     |
| 9.              | Diogo Miguel Balsa         | 95                    | BUZIOS-Coruche     | <b>2:31.23</b> |       | 405      | 4   |
|                 | 100m: 1:12.86 1:12.86      | 200m: 2:31.23 1:18.37 |                    |                |       |          |     |
| 10.             | Miguel Martins Barroqueiro | 91                    | CLAC-Entroncamento | <b>2:32.96</b> |       | 391      | 3   |
|                 | 100m: 1:14.27 1:14.27      | 200m: 2:32.96 1:18.69 |                    |                |       |          |     |
| 11.             | Afonso Guilherme Rosa      | 99                    | Gualdim Pais       | <b>2:33.71</b> |       | 386      | 2   |
|                 | 100m: 1:16.29 1:16.29      | 200m: 2:33.71 1:17.42 |                    |                |       |          |     |
| 12.             | Jorge Miguel Telo          | 95                    | Litoral Alentejano | <b>2:36.73</b> |       | 364      | 1   |
|                 | 100m: 1:15.07 1:15.07      | 200m: 2:36.73 1:21.66 |                    |                |       |          |     |
| 13.             | Joao Pedro Alves           | 96                    | Natacao do Tejo    | <b>2:37.63</b> |       | 357      |     |
|                 | 100m: 1:17.52 1:17.52      | 200m: 2:37.63 1:20.11 |                    |                |       |          |     |
| 14.             | Mario Jorge Nunes          | 92                    | Natacao do Tejo    | <b>2:39.66</b> |       | 344      |     |
|                 | 100m: 1:18.42 1:18.42      | 200m: 2:39.66 1:21.24 |                    |                |       |          |     |
| 15.             | Rafael Jose Freitas        | 95                    | C N Montijo        | <b>2:41.30</b> |       | 334      |     |
|                 | 100m: 1:18.44 1:18.44      | 200m: 2:41.30 1:22.86 |                    |                |       |          |     |
| 16.             | Afonso Filipe Gaspar       | 97                    | Nautico Abrantes   | <b>2:41.90</b> |       | 330      |     |
|                 | 100m: 1:19.19 1:19.19      | 200m: 2:41.90 1:22.71 |                    |                |       |          |     |
| 17.             | Jose Henriques Luz         | 99                    | Goleganense        | <b>2:43.76</b> |       | 319      |     |
|                 | 100m: 1:21.39 1:21.39      | 200m: 2:43.76 1:22.37 |                    |                |       |          |     |
| 18.             | Tiago Filipe Campos        | 99                    | Scalabisport       | <b>2:47.69</b> |       | 297      |     |
|                 | 100m: 1:23.76 1:23.76      | 200m: 2:47.69 1:23.93 |                    |                |       |          |     |
| 19.             | Joao Pedro Rosa            | 90                    | CLAC-Entroncamento | <b>2:49.53</b> |       | 287      |     |
|                 | 100m: 1:21.66 1:21.66      | 200m: 2:49.53 1:27.87 |                    |                |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 6, Masc., 200m Costas, Absoluto

| Lugar | Nome                        | Ano                   | Clube                 | Tempo Final    | TReac | Pts FINA | Pts |
|-------|-----------------------------|-----------------------|-----------------------|----------------|-------|----------|-----|
| 19.   | Miguel Rodrigues Silva      | 97                    | Nautico Abrantes      | <b>2:49.53</b> |       | 287      |     |
|       | 100m: 1:24.33 1:24.33       | 200m: 2:49.53 1:25.20 |                       |                |       |          |     |
| 21.   | Roberto Oliveira Felisberto | 94                    | Salvaterra de Magos   | <b>2:49.68</b> |       | 286      |     |
|       | 100m: 1:22.59 1:22.59       | 200m: 2:49.68 1:27.09 |                       |                |       |          |     |
| 22.   | Dario Fausto Matias         | 98                    | Torres Novas          | <b>2:53.11</b> |       | 270      |     |
|       | 100m: 1:24.89 1:24.89       | 200m: 2:53.11 1:28.22 |                       |                |       |          |     |
| 23.   | Pedro Miguel Primo          | 96                    | CLAC-Entroncamento    | <b>2:55.44</b> |       | 259      |     |
|       | 100m: 1:24.27 1:24.27       | 200m: 2:55.44 1:31.17 |                       |                |       |          |     |
|       | Tomas Leal Brito            | 97                    |                       | <b>2:55.44</b> |       | 259      |     |
|       | 100m: 1:24.27 1:24.27       | 200m: 2:55.44 1:31.17 |                       |                |       |          |     |
| 25.   | Nelson Pereira Malheiros    | 99                    | Litoral Alentejano    | <b>3:00.46</b> |       | 238      |     |
|       | 100m: 1:28.30 1:28.30       | 200m: 3:00.46 1:32.16 |                       |                |       |          |     |
| 26.   | Joao Tiago Almeida          | 99                    | Scalabisport          | <b>3:09.09</b> |       | 207      |     |
|       | 100m: 1:32.76 1:32.76       | 150m: 44.53           | 200m: 3:09.09 2:24.56 |                |       |          |     |
| 27.   | Tomas Jose Agostinho        | 99                    | BUZIOS-Coruche        | <b>3:16.56</b> |       | 184      |     |
|       | 100m: 1:35.93 1:35.93       | 150m: 45.27           | 200m: 3:16.56 2:31.29 |                |       |          |     |
| 28.   | Miguel Feijao Galrinho      | 99                    | Goleganense           | <b>3:19.45</b> |       | 176      |     |
|       | 100m: 1:39.71 1:39.71       | 200m: 3:19.45 1:39.74 |                       |                |       |          |     |
| 29.   | Rodrigo Pereira Damasio     | 99                    | Salvaterra de Magos   | <b>3:20.68</b> |       | 173      |     |
|       | 100m: 1:36.73 1:36.73       | 150m: 45.91           | 200m: 3:20.68 2:34.77 |                |       |          |     |
| DNS   | Francisco Redol Dias        | 96                    | Gualdim Pais          |                |       |          |     |
| DNS   | Francisco Oliveira Madeira  | 99                    | Goleganense           |                |       |          |     |

Prova 7  
10-03-2012

Femin., 200m Bruços

Absoluto  
Resultados

|                                 |         |                     |     |                |            |
|---------------------------------|---------|---------------------|-----|----------------|------------|
| Recordes Nacionais 50m Absoluto | 2:29.51 | Diana Duarte Gomes  | FPN | Budapest (HUN) | 15-07-2005 |
| Recordes Nacionais 50m Inf B    | 2:53.19 | tempo limite        |     |                |            |
| Recordes Nacionais 50m Inf A    | 2:43.76 | Ana Pinho Rodrigues | AEJ | Coimbra        | 07-07-2007 |
| Recordes Nacionais 50m Juv      | 2:36.99 | Diana Duarte Gomes  | FPN | Paris (FRA)    | 28-07-2003 |
| Recordes Nacionais 50m Jun      | 2:29.51 | Diana Duarte Gomes  | FPN | Budapest (HUN) | 15-07-2005 |
| Recordes Nacionais 50m Sen      | 2:29.76 | Diana Duarte Gomes  | FPN | Loulé          | 10-06-2007 |

INF-B 12 Anos FEM Inf B: 4:19.50 / INF-A 13 Anos FEM Inf A: 3:57.50 / JUV 14 Anos FEM Juv: 3:45.00 / JUN/SEN FEM - 15 + Anos 15 +: 3:40.50

Pontos: FINA 2012

| Lugar    | Nome                        | Ano                   | Clube              | Tempo Final    | TReac | Pts FINA | Pts |
|----------|-----------------------------|-----------------------|--------------------|----------------|-------|----------|-----|
| Absoluto |                             |                       |                    |                |       |          |     |
| 1.       | Ines Simoes Rodrigues       | 96                    | Scalabisport       | <b>2:54.19</b> |       | 520      | 13  |
|          | 50m: 1:25.24 1:25.24        | 200m: 2:54.19 1:28.95 |                    |                |       |          |     |
| 2.       | Maria Madalena Silva        | 98                    | Nautico Abrantes   | <b>2:54.21</b> |       | 520      | 11  |
|          | 100m: 1:25.93 1:25.93       | 200m: 2:54.21 1:28.28 |                    |                |       |          |     |
| 3.       | Ana Catarina Serra          | 95                    | Natacao do Tejo    | <b>2:58.70</b> |       | 482      | 10  |
|          | 100m: 1:25.43 1:25.43       | 200m: 2:58.70 1:33.27 |                    |                |       |          |     |
| 4.       | Ana Margarida Salgueiro     | 99                    | Nautico Abrantes   | <b>3:02.99</b> |       | 448      | 9   |
|          | 100m: 1:26.86 1:26.86       | 200m: 3:02.99 1:36.13 |                    |                |       |          |     |
| 5.       | Debora Goncalves Patrocinio | 97                    | Litoral Alentejano | <b>3:04.94</b> |       | 434      | 8   |
|          | 100m: 1:28.92 1:28.92       | 200m: 3:04.94 1:36.02 |                    |                |       |          |     |
| 6.       | Sara Margarida Bento        | 94                    | Scalabisport       | <b>3:06.40</b> |       | 424      | 7   |
|          | 100m: 1:29.44 1:29.44       | 200m: 3:06.40 1:36.96 |                    |                |       |          |     |
| 7.       | Soraya Dea Matias           | 95                    | Torres Novas       | <b>3:07.83</b> |       | 415      | 6   |
|          | 100m: 1:28.38 1:28.38       | 200m: 3:07.83 1:39.45 |                    |                |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 7, Femin., 200m Bruços, Absoluto

| Lugar | Nome                                                                      | Ano                   | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|-------|---------------------------------------------------------------------------|-----------------------|---------------------|----------------|-------|----------|-----|
| 8.    | Ines Maria Ribeiro                                                        | 94                    | CLAC-Entroncamento  | <b>3:10.94</b> |       | 395      | 5   |
|       | 100m: 1:31.51 1:31.51                                                     | 200m: 3:10.94 1:39.43 |                     |                |       |          |     |
| 9.    | Rute Isabel Leonardo                                                      | 98                    | Nautico Abrantes    | <b>3:12.16</b> |       | 387      | 4   |
|       | 100m: 1:32.31 1:32.31                                                     | 200m: 3:12.16 1:39.85 |                     |                |       |          |     |
| 10.   | Catarina Goncalves Trezentos                                              | 98                    | Gualdim Pais        | <b>3:16.97</b> |       | 359      | 3   |
|       | 100m: 1:35.55 1:35.55                                                     | 200m: 3:16.97 1:41.42 |                     |                |       |          |     |
| 11.   | Raquel Sofia Jorge                                                        | 98                    | Salvaterra de Magos | <b>3:17.99</b> |       | 354      | 2   |
|       | 100m: 1:36.24 1:36.24                                                     | 200m: 3:17.99 1:41.75 |                     |                |       |          |     |
| 12.   | Ana Catarina Travessa                                                     | 96                    | Salvaterra de Magos | <b>3:18.13</b> |       | 353      | 1   |
|       | 100m: 1:34.70 1:34.70                                                     | 200m: 3:18.13 1:43.43 |                     |                |       |          |     |
| 13.   | Raquel Anastacio Cruz                                                     | 98                    | Torres Novas        | <b>3:22.92</b> |       | 329      |     |
|       | 100m: 1:39.06 1:39.06                                                     | 200m: 3:22.92 1:43.86 |                     |                |       |          |     |
| 14.   | Maria Carolina Rufino                                                     | 95                    | CLAC-Entroncamento  | <b>3:30.72</b> |       | 294      |     |
|       | 100m: 1:42.13 1:42.13                                                     | 200m: 3:30.72 1:48.59 |                     |                |       |          |     |
| 15.   | Mariana David Caeiro                                                      | 96                    | Salvaterra de Magos | <b>3:31.66</b> |       | 290      |     |
|       | 100m: 1:41.02 1:41.02                                                     | 200m: 3:31.66 1:50.64 |                     |                |       |          |     |
| 16.   | Ana Margarida Roque                                                       | 99                    | C N Montijo         | <b>3:31.91</b> |       | 289      |     |
|       | 100m: 1:38.28 1:38.28                                                     | 200m: 3:31.91 1:53.63 |                     |                |       |          |     |
| 17.   | Iris Maria Rola                                                           | 99                    | Litoral Alentejano  | <b>3:34.05</b> |       | 280      |     |
|       | 100m: 1:44.28 1:44.28                                                     | 200m: 3:34.05 1:49.77 |                     |                |       |          |     |
| 18.   | Catia Maria Feijao                                                        | 00                    | Goleganense         | <b>3:34.58</b> |       | 278      |     |
|       | 100m: 1:45.36 1:45.36                                                     | 200m: 3:34.58 1:49.22 |                     |                |       |          |     |
| 19.   | Mariana Nunes Domingos                                                    | 00                    | Scalabisport        | <b>3:36.32</b> |       | 271      |     |
|       | 100m: 1:45.92 1:45.92                                                     | 200m: 3:36.32 1:50.40 |                     |                |       |          |     |
| 20.   | Maria Matilde Santana                                                     | 98                    | Goleganense         | <b>3:41.09</b> |       | 254      |     |
|       | 100m: 1:46.02 1:46.02                                                     | 200m: 3:41.09 1:55.07 |                     |                |       |          |     |
| 21.   | Ana Raquel Silva                                                          | 99                    | Goleganense         | <b>3:48.62</b> |       | 230      |     |
|       | 100m: 1:49.86 1:49.86                                                     | 200m: 3:48.62 1:58.76 |                     |                |       |          |     |
| 22.   | Beatriz Sofia Matilde                                                     | 00                    | BUZIOS-Coruche      | <b>3:49.54</b> |       | 227      |     |
|       | 100m: 1:49.92 1:49.92                                                     | 200m: 3:49.54 1:59.62 |                     |                |       |          |     |
| DSQ   | Barbara Sofia Claro                                                       | 00                    | BUZIOS-Coruche      |                |       |          |     |
|       | <i>A nadadora na viragem dos 50 metros so tocou com uma mão na parede</i> |                       |                     |                |       |          |     |
| DNS   | Mariana Jose Guerreiro                                                    | 97                    | Litoral Alentejano  |                |       |          |     |
| DNS   | Catarina Vilhena Gregorio                                                 | 96                    | CLAC-Entroncamento  |                |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 8 Masc., 200m Estilos Absoluto  
10-03-2012 Resultados

|                                 |         |                        |     |                 |            |
|---------------------------------|---------|------------------------|-----|-----------------|------------|
| Recordes Nacionais 50m Absoluto | 1:59.96 | Diogo Filipe Carvalho  | FPN | Málaga (ESP)    | 05-04-2009 |
| Recordes Nacionais 50m Inf B    | 2:23.06 | Tomas Miguel Freitas   | CDN | Rio Maior       | 01-08-2003 |
| Recordes Nacionais 50m Inf A    | 2:17.91 | Tomas Miguel Freitas   | CDN | Povoa de Varzim | 25-07-2004 |
| Recordes Nacionais 50m Juv B    | 2:11.19 | Diogo Filipe Carvalho  | CGA | Lisboa          | 18-05-2003 |
| Recordes Nacionais 50m Juv A    | 2:08.11 | Carlos Esteves Almeida | CNA | Lisboa          | 31-07-2004 |
| Recordes Nacionais 50m Jun      | 2:04.06 | Carlos Esteves Almeida | CNA | Lisboa          | 24-03-2006 |
| Recordes Nacionais 50m Sen      | 1:59.96 | Diogo Filipe Carvalho  | FPN | Málaga (ESP)    | 05-04-2009 |

INF-A 14 Anos MAS Inf A: 3:20.00 / INF-B 13 Anos MAS Inf B: 3:36.50 / JUN/SEN MAS - 17 + Anos 17 +: 3:08.00 / JUV-A 16 Anos MAS Juv A: 3:11.00 / JUV-B 15 Anos MAS Juv B: 3:15.00

Pontos: FINA 2012

| Lugar           | Nome                      | Ano                   | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|-----------------|---------------------------|-----------------------|---------------------|----------------|-------|----------|-----|
| <b>Absoluto</b> |                           |                       |                     |                |       |          |     |
| 1.              | Andre Filipe Mendes       | 92                    | Nautico Abrantes    | <b>2:21.64</b> |       | 521      | 13  |
|                 | 100m: 1:05.20 1:05.20     | 200m: 2:21.64 1:16.44 |                     |                |       |          |     |
| 2.              | Fabio Miguel Samouco      | 95                    | Torres Novas        | <b>2:25.65</b> |       | 479      | 11  |
|                 | 100m: 1:07.20 1:07.20     | 200m: 2:25.65 1:18.45 |                     |                |       |          |     |
| 3.              | Diogo Serrao Santos       | 96                    | Scalabisport        | <b>2:26.48</b> |       | 471      | 10  |
|                 | 100m: 1:10.59 1:10.59     | 200m: 2:26.48 1:15.89 |                     |                |       |          |     |
| 4.              | Rodrigo Marques Costa     | 76                    | Litoral Alentejano  | <b>2:27.42</b> |       | 462      | 9   |
|                 | 100m: 1:11.30 1:11.30     | 200m: 2:27.42 1:16.12 |                     |                |       |          |     |
| 5.              | Joao Manuel Ferreira      | 92                    | CLAC-Entroncamento  | <b>2:30.15</b> |       | 437      | 8   |
|                 | 100m: 1:09.06 1:09.06     | 200m: 2:30.15 1:21.09 |                     |                |       |          |     |
| 6.              | Duarte Rosa Cameirao      | 94                    | Rio Maior           | <b>2:32.60</b> |       | 416      | 7   |
|                 | 100m: 1:13.20 1:13.20     | 200m: 2:32.60 1:19.40 |                     |                |       |          |     |
| 7.              | Joao Luis Baeta           | 94                    | Scalabisport        | <b>2:34.59</b> |       | 401      | 6   |
|                 | 100m: 1:13.46 1:13.46     | 200m: 2:34.59 1:21.13 |                     |                |       |          |     |
| 8.              | Miguel Carrico Cruz       | 99                    | Scalabisport        | <b>2:36.56</b> |       | 386      | 5   |
|                 | 100m: 1:14.11 1:14.11     | 200m: 2:36.56 1:22.45 |                     |                |       |          |     |
| 9.              | Joao Carlos Pereira       | 94                    | BUZIOS-Coruche      | <b>2:37.81</b> |       | 376      | 4   |
|                 | 100m: 1:16.58 1:16.58     | 200m: 2:37.81 1:21.23 |                     |                |       |          |     |
| 10.             | Diogo Miguel Balsa        | 95                    | BUZIOS-Coruche      | <b>2:38.03</b> |       | 375      | 3   |
|                 | 100m: 1:10.54 1:10.54     | 200m: 2:38.03 1:27.49 |                     |                |       |          |     |
| 11.             | Cesar Augusto Gouveia     | 95                    | C N Montijo         | <b>2:38.17</b> |       | 374      | 2   |
|                 | 100m: 1:14.05 1:14.05     | 200m: 2:38.17 1:24.12 |                     |                |       |          |     |
| 12.             | Rui Jorge Brito           | 94                    | Litoral Alentejano  | <b>2:39.31</b> |       | 366      | 1   |
|                 | 100m: 1:16.18 1:16.18     | 200m: 2:39.31 1:23.13 |                     |                |       |          |     |
| 13.             | Gil Vasco Goncalves       | 97                    | Litoral Alentejano  | <b>2:39.88</b> |       | 362      |     |
|                 | 100m: 1:15.29 1:15.29     | 200m: 2:39.88 1:24.59 |                     |                |       |          |     |
| 14.             | Guilherme Antonio Reis    | 96                    | Torres Novas        | <b>2:42.43</b> |       | 345      |     |
|                 | 100m: 1:21.96 1:21.96     | 200m: 2:42.43 1:20.47 |                     |                |       |          |     |
| 15.             | Manuel Jose Alves         | 96                    | C N Montijo         | <b>2:43.54</b> |       | 338      |     |
|                 | 100m: 1:14.07 1:14.07     | 200m: 2:43.54 1:29.47 |                     |                |       |          |     |
| 16.             | Tiago Andre Matos         | 95                    | Natacao do Tejo     | <b>2:43.87</b> |       | 336      |     |
|                 | 100m: 1:20.52 1:20.52     | 200m: 2:43.87 1:23.35 |                     |                |       |          |     |
| 17.             | Alexandre Emanuel Pereira | 93                    | CLAC-Entroncamento  | <b>2:44.81</b> |       | 330      |     |
|                 | 100m: 1:18.76 1:18.76     | 200m: 2:44.81 1:26.05 |                     |                |       |          |     |
| 18.             | Joao Diogo Lucas          | 95                    | Salvaterra de Magos | <b>2:48.68</b> |       | 308      |     |
|                 | 100m: 1:22.38 1:22.38     | 200m: 2:48.68 1:26.30 |                     |                |       |          |     |
| 19.             | Artur Rafael Saramago     | 97                    | BUZIOS-Coruche      | <b>2:49.00</b> |       | 306      |     |
|                 | 100m: 1:20.67 1:20.67     | 200m: 2:49.00 1:28.33 |                     |                |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 8, Masc., 200m Estilos, Absoluto

| Lugar | Nome                        | Ano                   | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|-------|-----------------------------|-----------------------|---------------------|----------------|-------|----------|-----|
| 20.   | Jose Henriques Luz          | 99                    | Goleganense         | <b>2:50.30</b> |       | 299      |     |
|       | 100m: 1:20.04 1:20.04       | 200m: 2:50.30 1:30.26 |                     |                |       |          |     |
| 21.   | Mario Jorge Santos          | 95                    | Gualdim Pais        | <b>2:52.06</b> |       | 290      |     |
|       | 100m: 1:17.19 1:17.19       | 200m: 2:52.06 1:34.87 |                     |                |       |          |     |
| 22.   | Francisco Alexandre Pereira | 98                    | Natacao do Tejo     | <b>2:55.79</b> |       | 272      |     |
|       | 100m: 1:22.77 1:22.77       | 200m: 2:55.79 1:33.02 |                     |                |       |          |     |
| 23.   | Pedro Manuel Nunes          | 98                    | CLAC-Entroncamento  | <b>2:56.57</b> |       | 269      |     |
|       | 100m: 1:28.73 1:28.73       | 200m: 2:56.57 1:27.84 |                     |                |       |          |     |
| 24.   | Roberto Oliveira Felisberto | 94                    | Salvaterra de Magos | <b>3:00.63</b> |       | 251      |     |
|       | 100m: 1:22.51 1:22.51       | 200m: 3:00.63 1:38.12 |                     |                |       |          |     |
| 25.   | Afonso Silva Nunes          | 98                    | Nautico Abrantes    | <b>3:04.08</b> |       | 237      |     |
|       | 100m: 1:29.49 1:29.49       | 200m: 3:04.08 1:34.59 |                     |                |       |          |     |
| 26.   | Miguel Feijao Galrinho      | 99                    | Goleganense         | <b>3:23.31</b> |       | 176      |     |
|       | 100m: 1:40.09 1:40.09       | 200m: 3:23.31 1:43.22 |                     |                |       |          |     |
| DNS   | Andre Pombo Dias            | 96                    | Natacao do Tejo     |                |       |          |     |
| DNS   | Francisco Oliveira Madeira  | 99                    | Goleganense         |                |       |          |     |

Prova 9 Femin., 4 x 100m Livres  
10-03-2012 Absoluto Resultados

|                                 |         |                                    |      |         |            |
|---------------------------------|---------|------------------------------------|------|---------|------------|
| Recordes Nacionais 50m Absoluto | 3:52.07 | Futebol Clube do Porto/Dolce Vita  | FCP  | Coimbra | 30-07-2010 |
| Recordes Nacionais 50m Inf B    | 4:23.37 | tempo limite                       |      |         |            |
| Recordes Nacionais 50m Inf A    | 4:17.71 | Clube Nautico Academico de Coimbra | CNAC | Porto   | 25-07-2010 |
| Recordes Nacionais 50m Juv      | 4:12.11 | Futebol Clube do Porto             | FCP  | Coimbra | 22-07-2005 |
| Recordes Nacionais 50m Jun      | 4:00.84 | Sporting Clube de Portugal         | SCP  | Coimbra | 30-07-2010 |
| Recordes Nacionais 50m Sen      | 3:52.07 | Futebol Clube do Porto/Dolce Vita  | FCP  | Coimbra | 30-07-2010 |

ABS FEM/MAS : 5:30.00 / INF-A 13 Anos FEM Inf A: 5:55.00 / INF-B 12 Anos FEM Inf B: 6:14.50 / JUV 14 Anos FEM Juv: 5:30.00 / JUN/SEN FEM - 15 + Anos 15 +: 5:25.50

Pontos: FINA 2012

| Lugar           |                              | Clube               | Tempo Final    | TReac                       | Pts FINA | Pts |
|-----------------|------------------------------|---------------------|----------------|-----------------------------|----------|-----|
| <b>Absoluto</b> |                              |                     |                |                             |          |     |
| 1.              | Scalabisport 1               | Scalabisport        | <b>4:32.83</b> |                             | 467      | 13  |
|                 | Julia Matos Lopes            | 94                  | 1:04.54        | Clarisse Matos Lopes        | 98       |     |
|                 | Ines Simoes Rodrigues        | 96                  | 1:08.42        | Sara Margarida Bento        | 94       |     |
| 2.              | Nautico Abrantes 2           | Nautico Abrantes    | <b>4:38.59</b> |                             | 438      | 11  |
|                 | Maria Madalena Silva         | 98                  | 1:09.62        | Ana Margarida Salgueiro     | 99       |     |
|                 | Rute Isabel Leonardo         | 98                  | 1:13.71        | Mariana Veloso Vitoria      | 98       |     |
| 3.              | C N Montijo 1                | C N Montijo         | <b>4:39.77</b> |                             | 433      | 10  |
|                 | Mafalda Jesus Pereira        | 95                  | 1:05.10        | Ana Raquel Batista          | 95       |     |
|                 | Ana Margarida Roque          | 99                  | 1:13.88        | Barbara Rodrigues Pereira   | 98       |     |
| 4.              | Torres Novas 1               | Torres Novas        | <b>4:42.90</b> |                             | 419      | 9   |
|                 | Marcia Filipa Carvalho       | 96                  | 1:06.60        | Mariana Anastacio Cruz      | 96       |     |
|                 | Raquel Anastacio Cruz        | 98                  | 1:14.09        | Soraya Dea Matias           | 95       |     |
| 5.              | Litoral Alentejano 1         | Litoral Alentejano  | <b>4:44.07</b> |                             | 414      | 9   |
|                 | Maria Clara Marques          | 94                  | 1:08.26        | Debora Goncalves Patrocinio | 97       |     |
|                 | Sara Davide Rodrigues        | 92                  | 1:09.15        | Iris Maria Rola             | 99       |     |
| 6.              | Gualdim Pais 1               | Gualdim Pais        | <b>4:50.22</b> |                             | 388      | 7   |
|                 | Catarina Goncalves Trezentos | 98                  | 1:14.23        | Ana Filipa Parente          | 98       |     |
|                 | Patricia Alexandra Jose      | 98                  | 1:13.88        | Filipa Robert Rente         | 96       |     |
| 7.              | Salvaterra de Magos 1        | Salvaterra de Magos | <b>4:52.94</b> |                             | 377      | 6   |
|                 | Ana Catarina Travessa        |                     | 1:12.53        | Ana Pereira Luis            | +1,51    |     |
|                 | Raquel Sofia Jorge           |                     | 1:10.86        | Patricia Simoes Jorge       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 9, Femin., 4 x 100m Livres, Absoluto

| Lugar | Clube                          | Tempo Final    | TReac | Pts FINA | Pts     |
|-------|--------------------------------|----------------|-------|----------|---------|
| 8.    | CLAC-Entroncamento 1           | <b>5:01.26</b> |       | 347      | 5       |
|       | Ines Maria Ribeiro 94          | 1:14.44        |       | 95       |         |
|       | Carolina Henriques Gavancho 97 | 1:14.01        |       | 98       |         |
| 9.    | Natacao do Tejo 1              | <b>5:07.10</b> |       | 327      | 4       |
|       | Ana Catarina Serra 95          | 1:09.38        |       | 88       | 1:14.77 |
|       | Carolina Miguel Marques 99     | 1:22.82        |       | 96       | 1:20.13 |
| 10.   | Goleganense 1                  | <b>5:07.44</b> |       | 326      | 3       |
|       | Catia Maria Feijao 00          | 1:15.02        |       | 98       |         |
|       | Sarah Dias 99                  | 1:13.06        |       | 99       |         |

2 - 2ª SESSÃO

10-03-2012 - 15:30

Prova 10 Masc., 100m Mariposa Absoluto  
10-03-2012 Resultados

|                                 |         |                         |       |                    |            |
|---------------------------------|---------|-------------------------|-------|--------------------|------------|
| Recordes Nacionais 50m Absoluto | 52.42   | Diogo Filipe Carvalho   | CGA   | Lisboa             | 29-03-2009 |
| Recordes Nacionais 50m Inf B    | 1:03.64 | Fabio Parrilha da Silva | CNAL  | S. João da Madeira | 22-07-2000 |
| Recordes Nacionais 50m Inf A    | 1:00.27 | Fabio Parrilha da Silva | CNAL  | Campanhã           | 28-07-2001 |
| Recordes Nacionais 50m Juv B    | 57.58   | David Miguel Ferro      | SFUAP | Lisboa             | 31-07-1999 |
| Recordes Nacionais 50m Juv A    | 56.11   | Pedro Diogo Oliveira    | CNRM  | Lisboa             | 29-07-2004 |
| Recordes Nacionais 50m Jun      | 54.66   | Diogo Filipe Carvalho   | CGA   | Lisboa             | 25-03-2006 |
| Recordes Nacionais 50m Sen      | 52.42   | Diogo Filipe Carvalho   | CGA   | Lisboa             | 29-03-2009 |

Pontos: FINA 2012

| Lugar | Nome                 | Ano                 | Clube              | Tempo Final    | TReac | Pts FINA | Pts |
|-------|----------------------|---------------------|--------------------|----------------|-------|----------|-----|
| 1.    | Andre Filipe Mendes  | 92                  | Nautico Abrantes   | <b>59.66</b>   |       | 582      | 13  |
|       | 50m: 27.64 27.64     | 100m: 59.66 32.02   |                    |                |       |          |     |
| 2.    | Diogo Antonio Lopes  | 95                  | Torres Novas       | <b>1:02.96</b> |       | 495      | 11  |
|       | 50m: 29.76 29.76     | 100m: 1:02.96 33.20 |                    |                |       |          |     |
| 3.    | Fabio Miguel Samouco | 95                  | Torres Novas       | <b>1:03.84</b> |       | 475      | 10  |
|       | 50m: 29.46 29.46     | 100m: 1:03.84 34.38 |                    |                |       |          |     |
| 4.    | Ruben Miguel Matos   | 91                  | Natacao do Tejo    | <b>1:04.87</b> |       | 452      | 9   |
|       | 50m: 30.03 30.03     | 100m: 1:04.87 34.84 |                    |                |       |          |     |
| 5.    | Joao Manuel Ferreira | 92                  | CLAC-Entroncamento | <b>1:05.80</b> |       | 434      | 8   |
|       | 50m: 29.98 29.98     | 100m: 1:05.80 35.82 |                    |                |       |          |     |
| 6.    | Ricardo Daniel Lucas | 94                  | Scalabisport       | <b>1:06.15</b> |       | 427      | 7   |
|       | 50m: 30.95 30.95     | 100m: 1:06.15 35.20 |                    |                |       |          |     |
| 7.    | Joao Carlos Pereira  | 94                  | BUZIOS-Coruche     | <b>1:07.19</b> |       | 407      | 6   |
|       | 50m: 30.68 30.68     | 100m: 1:07.19 36.51 |                    |                |       |          |     |
| 8.    | Jorge Miguel Telo    | 95                  | Litoral Alentejano | <b>1:07.30</b> |       | 405      | 5   |
|       | 50m: 30.66 30.66     | 100m: 1:07.30 36.64 |                    |                |       |          |     |
| 9.    | Gil Vasco Goncalves  | 97                  | Litoral Alentejano | <b>1:08.32</b> |       | 387      | 4   |
|       | 50m: 31.60 31.60     | 100m: 1:08.32 36.72 |                    |                |       |          |     |
| 10.   | Mario Pinto Amorim   | 94                  | BUZIOS-Coruche     | <b>1:08.33</b> |       | 387      | 3   |
|       | 50m: 31.97 31.97     | 100m: 1:08.33 36.36 |                    |                |       |          |     |
| 11.   | Rui Filipe Torrao    | 95                  | C N Montijo        | <b>1:09.36</b> |       | 370      | 2   |
|       | 50m: 31.10 31.10     | 100m: 1:09.36 38.26 |                    |                |       |          |     |
| 12.   | Joao Pedro Rosa      | 90                  | CLAC-Entroncamento | <b>1:09.61</b> |       | 366      | 1   |
|       | 50m: 31.41 31.41     | 100m: 1:09.61 38.20 |                    |                |       |          |     |
| 13.   | Miguel Carrico Cruz  | 99                  | Scalabisport       | <b>1:10.13</b> |       | 358      |     |
|       | 50m: 33.73 33.73     | 100m: 1:10.13 36.40 |                    |                |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 10, Masc., 100m Mariposa, Absoluto

| Lugar | Nome                 | Ano                 | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|-------|----------------------|---------------------|---------------------|----------------|-------|----------|-----|
| 14.   | Duarte Rosa Cameirao | 94                  | Rio Maior           | <b>1:10.52</b> |       | 352      |     |
|       | 50m: 33.12 33.12     | 100m: 1:10.52 37.40 |                     |                |       |          |     |
| 15.   | Rafael Jose Freitas  | 95                  | C N Montijo         | <b>1:11.98</b> |       | 331      |     |
|       | 50m: 33.71 33.71     | 100m: 1:11.98 38.27 |                     |                |       |          |     |
| 16.   | Afonso Filipe Gaspar | 97                  | Nautico Abrantes    | <b>1:12.37</b> |       | 326      |     |
|       | 50m: 33.52 33.52     | 100m: 1:12.37 38.85 |                     |                |       |          |     |
| 17.   | Rui Miguel Correia   | 96                  | C N Montijo         | <b>1:13.67</b> |       | 309      |     |
|       | 50m: 33.79 33.79     | 100m: 1:13.67 39.88 |                     |                |       |          |     |
| 18.   | Joao Pedro Alves     | 96                  | Natacao do Tejo     | <b>1:13.76</b> |       | 308      |     |
|       | 50m: 34.70 34.70     | 100m: 1:13.76 39.06 |                     |                |       |          |     |
| 19.   | Tiago Filipe Campos  | 99                  | Scalabisport        | <b>1:15.38</b> |       | 288      |     |
|       | 50m: 33.59 33.59     | 100m: 1:15.38 41.79 |                     |                |       |          |     |
| 20.   | Jose Henriques Luz   | 99                  | Goleganense         | <b>1:15.51</b> |       | 287      |     |
|       | 50m: 35.49 35.49     | 100m: 1:15.51 40.02 |                     |                |       |          |     |
| 21.   | Mario Jorge Santos   | 95                  | Gualdim Pais        | <b>1:16.66</b> |       | 274      |     |
|       | 50m: 34.14 34.14     | 100m: 1:16.66 42.52 |                     |                |       |          |     |
| 22.   | Hugo Filipe Correia  | 99                  | Litoral Alentejano  | <b>1:16.88</b> |       | 272      |     |
|       | 50m: 36.18 36.18     | 100m: 1:16.88 40.70 |                     |                |       |          |     |
| 23.   | Joao Pereira Luis    | 94                  | Salvaterra de Magos | <b>1:18.40</b> |       | 256      |     |
|       | 50m: 34.19 34.19     | 100m: 1:18.40 44.21 |                     |                |       |          |     |
| 24.   | Joao Paulo Lopes     | 98                  | Torres Novas        | <b>1:19.36</b> |       | 247      |     |
|       | 50m: 35.51 35.51     | 100m: 1:19.36 43.85 |                     |                |       |          |     |
| 25.   | Joao Diogo Lucas     | 95                  | Salvaterra de Magos | <b>1:20.92</b> |       | 233      |     |
|       | 50m: 36.00 36.00     | 100m: 1:20.92 44.92 |                     |                |       |          |     |
| 26.   | Pedro Manuel Nunes   | 98                  | CLAC-Entroncamento  | <b>1:27.59</b> |       | 184      |     |
|       | 50m: 42.18 42.18     | 100m: 1:27.59 45.41 |                     |                |       |          |     |
| DSQ   | Tomas Jose Agostinho | 99                  | BUZIOS-Coruche      |                |       |          |     |
| DNS   | Andre Pombo Dias     | 96                  | Natacao do Tejo     |                |       |          |     |

Prova 11 Femin., 200m Mariposa  
10-03-2012 Absoluto Resultados

|                                 |         |                        |       |               |            |
|---------------------------------|---------|------------------------|-------|---------------|------------|
| Recordes Nacionais 50m Absoluto | 2:10.14 | Sara Freitas Oliveira  | FPN   | Beijing (CHN) | 12-08-2008 |
| Recordes Nacionais 50m Inf B    | 2:30.76 | Susana Patricia Miguel | SFUAP | Restelo       | 20-07-2002 |
| Recordes Nacionais 50m Inf A    | 2:25.32 | Susana Patricia Miguel | SFUAP | Restelo       | 05-07-2003 |
| Recordes Nacionais 50m Juv      | 2:20.75 | Susana Patricia Miguel | FPN   | Génova (ITA)  | 04-07-2004 |
| Recordes Nacionais 50m Jun      | 2:15.56 | Ana Rita Francisco     | FPN   | Genebra (SUI) | 20-07-1995 |
| Recordes Nacionais 50m Sen      | 2:10.14 | Sara Freitas Oliveira  | FPN   | Beijing (CHN) | 12-08-2008 |

INF-B 12 Anos FEM Inf B: 4:30.50 / INF-A 13 Anos FEM Inf A: 4:00.00 / JUV 14 Anos FEM Juv: 3:50.00 / JUN/SEN FEM - 15 + Anos 15 +: 3:30.50

Pontos: FINA 2012

| Lugar | Nome                                                     | Ano                 | Clube               | Tempo Final         | TReac | Pts FINA | Pts |
|-------|----------------------------------------------------------|---------------------|---------------------|---------------------|-------|----------|-----|
| 1.    | Julia Matos Lopes                                        | 94                  | Scalabisport        | <b>2:30.55</b>      |       | 529      | 13  |
|       | <i>Recorde Distrital SEN (02.32.17) e ABS (02.31.52)</i> |                     |                     |                     |       |          |     |
|       | 50m: 34.67 34.67                                         | 100m: 1:12.13 37.46 | 150m: 1:51.09 38.96 | 200m: 2:30.55 39.46 |       |          |     |
| 2.    | Mariana Veloso Vitoria                                   | 98                  | Nautico Abrantes    | <b>2:31.88</b>      |       | 515      | 11  |
|       | 50m: 35.22 35.22                                         | 100m: 1:13.31 38.09 | 150m: 1:53.28 39.97 | 200m: 2:31.88 38.60 |       |          |     |
| 3.    | Clarisse Matos Lopes                                     | 98                  | Scalabisport        | <b>2:40.59</b>      |       | 436      | 10  |
|       | 50m: 36.56 36.56                                         | 100m: 1:18.22 41.66 | 150m: 1:59.33 41.11 | 200m: 2:40.59 41.26 |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 11, Femin., 200m Mariposa, Absoluto

| Lugar | Nome                        | Ano                   | Clube                 | Tempo Final    | TReac | Pts FINA | Pts |
|-------|-----------------------------|-----------------------|-----------------------|----------------|-------|----------|-----|
| 4.    | Mariana Soares Martinho     | 99                    | Scalabisport          | <b>2:53.11</b> |       | 348      | 9   |
|       | 50m: 37.48 37.48            | 100m: 1:20.65 43.17   | 150m: 2:06.11 45.46   | 200m: 2:53.11  |       | 47.00    |     |
| 5.    | Maria Clara Marques         | 94                    | Litoral Alentejano    | <b>2:57.37</b> |       | 323      | 8   |
|       | 50m: 38.47 38.47            | 100m: 1:21.60 43.13   | 150m: 2:10.45 48.85   | 200m: 2:57.37  |       | 46.92    |     |
| 6.    | Ana Catarina Travessa       | 96                    | Salvaterra de Magos   | <b>3:04.10</b> |       | 289      | 7   |
|       | 50m: 38.66 38.66            | 100m: 1:23.72 45.06   | 150m: 2:14.06 50.34   | 200m: 3:04.10  |       | 50.04    |     |
| 7.    | Barbara Rodrigues Pereira   | 98                    | C N Montijo           | <b>3:04.55</b> |       | 287      | 6   |
|       | 50m: 35.92 35.92            | 100m: 1:19.60 43.68   | 150m: 2:11.57 51.97   | 200m: 3:04.55  |       | 52.98    |     |
| 8.    | Ana Margarida Salgueiro     | 99                    | Nautico Abrantes      | <b>3:04.59</b> |       | 287      | 5   |
|       | 50m: 39.64 39.64            | 100m: 1:27.55 47.91   | 150m: 2:17.58 50.03   | 200m: 3:04.59  |       | 47.01    |     |
| 9.    | Patricia Simoes Jorge       | 97                    | Salvaterra de Magos   | <b>3:05.98</b> |       | 280      | 4   |
|       | 50m: 40.78 40.78            | 100m: 1:28.85 48.07   | 150m: 2:20.80 51.95   | 200m: 3:05.98  |       | 45.18    |     |
| 10.   | Mariana Anastacio Cruz      | 96                    | Torres Novas          | <b>3:06.15</b> |       | 280      | 3   |
|       | 50m: 40.01 40.01            | 100m: 1:26.48 46.47   | 150m: 2:18.80 52.32   | 200m: 3:06.15  |       | 47.35    |     |
| 11.   | Daniela Patricia Araujo     | 98                    | Rio Maior             | <b>3:07.11</b> |       | 275      | 2   |
|       | 50m: 40.69 40.69            | 100m: 1:28.43 47.74   | 150m: 2:18.26 49.83   | 200m: 3:07.11  |       | 48.85    |     |
| 12.   | Carolina Henriques Gavancho | 97                    | CLAC-Entroncamento    | <b>3:10.74</b> |       | 260      | 1   |
|       | 50m: 39.88 39.88            | 100m: 1:29.40 49.52   | 150m: 2:21.30 51.90   | 200m: 3:10.74  |       | 49.44    |     |
| 13.   | Ana Teresa Nunes            | 88                    | Natacao do Tejo       | <b>3:11.16</b> |       | 258      |     |
|       | 50m: 42.21 42.21            | 100m: 1:28.86 46.65   | 150m: 2:21.06 52.20   | 200m: 3:11.16  |       | 50.10    |     |
| 14.   | Susana Patricia Rosa        | 96                    | CLAC-Entroncamento    | <b>3:15.34</b> |       | 242      |     |
|       | 50m: 41.96 41.96            | 100m: 1:31.96 50.00   | 150m: 2:23.94 51.98   | 200m: 3:15.34  |       | 51.40    |     |
| 15.   | Patricia Silva Conceicao    | 99                    | Nautico Abrantes      | <b>3:24.26</b> |       | 212      |     |
|       | 50m: 43.82 43.82            | 100m: 1:35.64 51.82   | 150m: 2:30.74 55.10   | 200m: 3:24.26  |       | 53.52    |     |
| 16.   | Ana Filipa Parente          | 98                    | Gualdim Pais          | <b>3:27.66</b> |       | 201      |     |
|       | 50m: 42.52 42.52            | 100m: 1:42.74 1:00.22 | 150m: 2:32.60 49.86   | 200m: 3:27.66  |       | 55.06    |     |
| 17.   | Ana Maria Nunes             | 97                    | CLAC-Entroncamento    | <b>3:28.41</b> | +1,76 | 199      |     |
|       | 50m: 45.55 45.55            | 100m: 1:37.70 52.15   | 150m: 2:33.39 55.69   | 200m: 3:28.41  |       | 55.02    |     |
| 18.   | Sofia Isabel Mendes         | 97                    | Salvaterra de Magos   | <b>3:43.96</b> |       | 160      |     |
|       | <i>FTL</i>                  |                       |                       |                |       |          |     |
|       | 50m: 46.66 46.66            | 100m: 1:43.81 57.15   | 150m: 2:44.30 1:00.49 | 200m: 3:43.96  |       | 59.66    |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 12 Masc., 200m Livres Absoluto  
10-03-2012 Resultados

|                                 |         |                         |       |                    |            |
|---------------------------------|---------|-------------------------|-------|--------------------|------------|
| Recordes Nacionais 50m Absoluto | 1:49.02 | Tiago Andre Venancio    | FPN   | Melbourne (AUS)    | 30-03-2007 |
| Recordes Nacionais 50m Inf B    | 2:06.68 | Pedro Fontoura Oliveira | CFB   | Restelo            | 26-07-2003 |
| Recordes Nacionais 50m Inf A    | 2:01.65 | Joao Duarte Santos      | CNOL  | S. João da Madeira | 25-07-2009 |
| Recordes Nacionais 50m Juv B    | 1:57.67 | Diogo Gomes Sousa       | CNCVG | Coimbra            | 29-07-2010 |
| Recordes Nacionais 50m Juv A    | 1:54.18 | Gustavo Manuel Santa    | FPN   | Tampere (FIN)      | 24-07-2009 |
| Recordes Nacionais 50m Jun      | 1:49.98 | Tiago Andre Venancio    | FPN   | Budapest (HUN)     | 14-07-2005 |
| Recordes Nacionais 50m Sen      | 1:49.02 | Tiago Andre Venancio    | FPN   | Melbourne (AUS)    | 30-03-2007 |

INF-A 14 Anos MAS Inf A: 2:56.50 / INF-B 13 Anos MAS Inf B: 3:09.00 / JUN/SEN MAS - 17 + Anos 17 +: 2:34.50 / JUV-A 16 Anos MAS Juv A: 2:39.50 / JUV-B 15 Anos MAS Juv B: 2:44.50

Pontos: FINA 2012

| Lugar           | Nome                    | Ano                 | Clube               | Tempo Final         | TReac | Pts FINA | Pts |
|-----------------|-------------------------|---------------------|---------------------|---------------------|-------|----------|-----|
| <b>Absoluto</b> |                         |                     |                     |                     |       |          |     |
| 1.              | Ivo Andre Lopes         | 94                  | Scalabisport        | <b>2:03.25</b>      |       | 566      | 13  |
|                 | 50m: 29.64 29.64        | 100m: 1:00.67 31.03 | 150m: 1:32.43 31.76 | 200m: 2:03.25 30.82 |       |          |     |
| 2.              | Diogo Serrao Santos     | 96                  | Scalabisport        | <b>2:09.71</b>      |       | 486      | 11  |
|                 | 50m: 30.42 30.42        | 100m: 1:03.25 32.83 | 150m: 1:37.22 33.97 | 200m: 2:09.71 32.49 |       |          |     |
| 3.              | David Oliveira Gorgulho | 82                  | Litoral Alentejano  | <b>2:10.03</b>      |       | 482      | 10  |
|                 | 50m: 29.80 29.80        | 100m: 1:03.33 33.53 | 150m: 1:37.02 33.69 | 200m: 2:10.03 33.01 |       |          |     |
| 4.              | Joao Luis Baeta         | 94                  | Scalabisport        | <b>2:11.06</b>      |       | 471      | 9   |
|                 | 50m: 30.92 30.92        | 100m: 1:04.75 33.83 | 150m: 1:37.95 33.20 | 200m: 2:11.06 33.11 |       |          |     |
| 5.              | Rodrigo Marques Costa   | 76                  | Litoral Alentejano  | <b>2:12.04</b>      |       | 460      | 8   |
|                 | 50m: 32.09 32.09        | 100m: 1:05.57 33.48 | 150m: 1:39.21 33.64 | 200m: 2:12.04 32.83 |       |          |     |
| 6.              | Jose Eduardo Felicio    | 97                  | Rio Maior           | <b>2:12.42</b>      |       | 457      | 7   |
|                 | 50m: 31.91 31.91        | 100m: 1:05.51 33.60 | 150m: 1:39.39 33.88 | 200m: 2:12.42 33.03 |       |          |     |
| 7.              | Diogo Miguel Balsa      | 95                  | BUZIOS-Coruche      | <b>2:13.26</b>      |       | 448      | 6   |
|                 | 50m: 30.43 30.43        | 100m: 1:04.28 33.85 | 150m: 1:39.08 34.80 | 200m: 2:13.26 34.18 |       |          |     |
| 8.              | Mario Pinto Amorim      | 94                  | BUZIOS-Coruche      | <b>2:13.49</b>      |       | 446      | 5   |
|                 | 50m: 31.41 31.41        | 100m: 1:05.32 33.91 | 150m: 1:40.19 34.87 | 200m: 2:13.49 33.30 |       |          |     |
| 9.              | Nuno Miguel Bruno       | 95                  | Torres Novas        | <b>2:15.97</b>      |       | 422      | 4   |
|                 | 50m: 30.83 30.83        | 100m: 1:04.96 34.13 | 150m: 1:41.73 36.77 | 200m: 2:15.97 34.24 |       |          |     |
| 10.             | Rui Jorge Brito         | 94                  | Litoral Alentejano  | <b>2:16.38</b>      |       | 418      | 3   |
|                 | 50m: 31.95 31.95        | 100m: 1:06.21 34.26 | 150m: 1:41.83 35.62 | 200m: 2:16.38 34.55 |       |          |     |
| 11.             | Mario Jorge Nunes       | 92                  | Natacao do Tejo     | <b>2:17.42</b>      |       | 408      | 2   |
|                 | 50m: 31.76 31.76        | 100m: 1:06.11 34.35 | 150m: 1:41.12 35.01 | 200m: 2:17.42 36.30 |       |          |     |
| 12.             | Joao Mauricio Gaspar    | 97                  | Nautico Abrantes    | <b>2:20.03</b>      |       | 386      | 1   |
|                 | 50m: 33.26 33.26        | 100m: 1:08.48 35.22 | 150m: 1:45.07 36.59 | 200m: 2:20.03 34.96 |       |          |     |
| 13.             | Afonso Filipe Gaspar    | 97                  | Nautico Abrantes    | <b>2:20.28</b>      |       | 384      |     |
|                 | 50m: 33.03 33.03        | 100m: 1:08.53 35.50 | 150m: 1:45.16 36.63 | 200m: 2:20.28 35.12 |       |          |     |
| 14.             | Afonso Guilherme Rosa   | 99                  | Gualdim Pais        | <b>2:21.18</b>      |       | 377      |     |
|                 | 50m: 32.75 32.75        | 100m: 1:09.22 36.47 | 150m: 1:46.25 37.03 | 200m: 2:21.18 34.93 |       |          |     |
| 15.             | Cesar Augusto Gouveia   | 95                  | C N Montijo         | <b>2:22.93</b>      |       | 363      |     |
|                 | 50m: 30.69 30.69        | 100m: 1:06.46 35.77 | 150m: 1:44.74 38.28 | 200m: 2:22.93 38.19 |       |          |     |
| 16.             | Tiago Emanuel Pires     | 94                  | Natacao do Tejo     | <b>2:23.86</b>      |       | 356      |     |
|                 | 50m: 32.13 32.13        | 100m: 1:08.62 36.49 | 150m: 1:46.69 38.07 | 200m: 2:23.86 37.17 |       |          |     |
| 17.             | Joao Pedro Rosa         | 90                  | CLAC-Entroncamento  | <b>2:24.54</b>      |       | 351      |     |
|                 | 50m: 33.72 33.72        | 100m: 1:10.60 36.88 | 150m: 1:47.93 37.33 | 200m: 2:24.54 36.61 |       |          |     |
| 18.             | Artur Rafael Saramago   | 97                  | BUZIOS-Coruche      | <b>2:30.14</b>      |       | 313      |     |
|                 | 50m: 33.95 33.95        | 100m: 1:12.23 38.28 | 150m: 1:51.63 39.40 | 200m: 2:30.14 38.51 |       |          |     |
| 19.             | Dario Fausto Matias     | 98                  | Torres Novas        | <b>2:30.16</b>      |       | 313      |     |
|                 | 50m: 34.07 34.07        | 100m: 1:13.18 39.11 | 150m: 1:52.95 39.77 | 200m: 2:30.16 37.21 |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 12, Masc., 200m Livres, Absoluto

| Lugar | Nome                        | Ano                 | Clube               | Tempo Final    | TReac | Pts FINA | Pts   |
|-------|-----------------------------|---------------------|---------------------|----------------|-------|----------|-------|
| 20.   | Filipe Miguel Mesquita      | 97                  | C N Montijo         | <b>2:30.37</b> |       | 312      |       |
|       | 50m: 34.22 34.22            | 100m: 1:12.31 38.09 | 150m: 1:51.19 38.88 | 200m: 2:30.37  |       |          | 39.18 |
| 21.   | Miguel Rodrigues Silva      | 97                  | Nautico Abrantes    | <b>2:33.38</b> |       | 294      |       |
|       | 50m: 34.41 34.41            | 100m: 1:13.28 38.87 | 150m: 1:54.14 40.86 | 200m: 2:33.38  |       |          | 39.24 |
| 22.   | Francisco Alexandre Pereira | 98                  | Natacao do Tejo     | <b>2:35.73</b> |       | 280      |       |
|       | 50m: 34.68 34.68            | 100m: 1:14.21 39.53 | 150m: 1:55.76 41.55 | 200m: 2:35.73  |       |          | 39.97 |
| 23.   | Pedro Miguel Primo          | 96                  | CLAC-Entroncamento  | <b>2:40.27</b> |       | 257      |       |
|       | <i>FTL</i>                  |                     |                     |                |       |          |       |
|       | 50m: 35.08 35.08            | 100m: 1:15.95 40.87 | 150m: 1:58.57 42.62 | 200m: 2:40.27  |       |          | 41.70 |
|       | Tomas Leal Brito            | 97                  |                     | <b>2:40.27</b> |       | 257      |       |
|       | 50m: 35.08 35.08            | 100m: 1:15.95 40.87 | 150m: 1:58.57 42.62 | 200m: 2:40.27  |       |          | 41.70 |
| 25.   | Roberto Oliveira Felisberto | 94                  | Salvaterra de Magos | <b>2:43.76</b> |       | 241      |       |
|       | <i>FTL</i>                  |                     |                     |                |       |          |       |
|       | 50m: 36.46 36.46            | 100m: 1:17.09 40.63 | 150m: 2:00.59 43.50 | 200m: 2:43.76  |       |          | 43.17 |
| 26.   | Rodrigo Pereira Damasio     | 99                  | Salvaterra de Magos | <b>2:58.10</b> |       | 187      |       |
|       | 50m: 39.17 39.17            | 100m: 1:25.89 46.72 | 150m: 2:14.00 48.11 | 200m: 2:58.10  |       |          | 44.10 |
| 27.   | Miguel Feijao Galrinho      | 99                  | Goleganense         | <b>3:04.89</b> | +1,85 | 167      |       |
|       | 50m: 42.06 42.06            | 100m: 1:29.04 46.98 | 150m: 2:17.85 48.81 | 200m: 3:04.89  |       |          | 47.04 |
| DNS   | Martim Basilio Gil          | 97                  | CLAC-Entroncamento  |                |       |          |       |
| DNS   | Jose Henriques Luz          | 99                  | Goleganense         |                |       |          |       |
| DNS   | Francisco Oliveira Madeira  | 99                  | Goleganense         |                |       |          |       |
| DNS   | Francisco Redol Dias        | 96                  | Gualdim Pais        |                |       |          |       |
| DNS   | Bernardo Jose Dionisio      | 99                  | Gualdim Pais        |                |       |          |       |

Prova 13  
10-03-2012

Femin., 100m Bruços

Absoluto  
Resultados

|                                 |         |                          |     |                    |            |
|---------------------------------|---------|--------------------------|-----|--------------------|------------|
| Recordes Nacionais 50m Absoluto | 1:09.47 | Diana Duarte Gomes       | CNA | Loulé              | 06-06-2009 |
| Recordes Nacionais 50m Inf B    | 1:20.63 | Ana Pinho Rodrigues      | AEJ | S. Joao da Madeira | 23-07-2006 |
| Recordes Nacionais 50m Inf A    | 1:15.49 | Ana Pinho Rodrigues      | AEJ | Coimbra            | 08-07-2007 |
| Recordes Nacionais 50m Juv      | 1:12.89 | Paula Alexandra Oliveira | FCP | Coimbra            | 29-07-2010 |
| Recordes Nacionais 50m Jun      | 1:10.09 | Diana Duarte Gomes       | FPN | Budapeste (HUN)    | 17-07-2005 |
| Recordes Nacionais 50m Sen      | 1:09.47 | Diana Duarte Gomes       | CNA | Loulé              | 06-06-2009 |

INF-B 12 Anos FEM Inf B: 2:03.50 / INF-A 13 Anos FEM Inf A: 1:55.50 / JUV 14 Anos FEM Juv: 1:48.50 / JUN/SEN FEM - 15 + Anos 15 +: 1:46.50

Pontos: FINA 2012

| Lugar | Nome                        | Ano                 | Clube              | Tempo Final    | TReac | Pts FINA | Pts |
|-------|-----------------------------|---------------------|--------------------|----------------|-------|----------|-----|
| 1.    | Ines Simoes Rodrigues       | 96                  | Scalabisport       | <b>1:21.42</b> |       | 495      | 13  |
|       | 50m: 39.62 39.62            | 100m: 1:21.42 41.80 |                    |                |       |          |     |
| 2.    | Ana Catarina Serra          | 95                  | Natacao do Tejo    | <b>1:21.82</b> |       | 488      | 11  |
|       | 50m: 39.56 39.56            | 100m: 1:21.82 42.26 |                    |                |       |          |     |
| 3.    | Soraya Dea Matias           | 95                  | Torres Novas       | <b>1:23.55</b> |       | 459      | 10  |
|       | 50m: 40.00 40.00            | 100m: 1:23.55 43.55 |                    |                |       |          |     |
| 4.    | Debora Goncalves Patrocinio | 97                  | Litoral Alentejano | <b>1:25.08</b> |       | 434      | 9   |
|       | 50m: 39.31 39.31            | 100m: 1:25.08 45.77 |                    |                |       |          |     |
| 5.    | Maria Madalena Silva        | 98                  | Nautico Abrantes   | <b>1:25.54</b> |       | 427      | 8   |
|       | 50m: 41.60 41.60            | 100m: 1:25.54 43.94 |                    |                |       |          |     |
| 6.    | Rute Isabel Leonardo        | 98                  | Nautico Abrantes   | <b>1:26.90</b> |       | 407      | 7   |
|       | 50m: 40.81 40.81            | 100m: 1:26.90 46.09 |                    |                |       |          |     |
| 7.    | Ines Maria Ribeiro          | 94                  | CLAC-Entroncamento | <b>1:29.29</b> |       | 376      | 6   |
|       | 50m: 42.08 42.08            | 100m: 1:29.29 47.21 |                    |                |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 13, Femin., 100m Bruços, Absoluto

| Lugar | Nome                        | Ano                 | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|-------|-----------------------------|---------------------|---------------------|----------------|-------|----------|-----|
| 8.    | Maria Beatriz Diogo         | 99                  | Nautico Abrantes    | <b>1:29.40</b> |       | 374      | 5   |
|       | 50m: 43.18 43.18            | 100m: 1:29.40 46.22 |                     |                |       |          |     |
| 9.    | Sara Margarida Bento        | 94                  | Scalabisport        | <b>1:29.65</b> |       | 371      | 4   |
|       | 50m: 42.11 42.11            | 100m: 1:29.65 47.54 |                     |                |       |          |     |
| 10.   | Filipa Robert Rente         | 96                  | Gualdim Pais        | <b>1:30.45</b> |       | 361      | 3   |
|       | 50m: 42.40 42.40            | 100m: 1:30.45 48.05 |                     |                |       |          |     |
| 11.   | Maria Carolina Rufino       | 95                  | CLAC-Entroncamento  | <b>1:33.64</b> |       | 326      | 2   |
|       | 50m: 45.10 45.10            | 100m: 1:33.64 48.54 |                     |                |       |          |     |
| 12.   | Raquel Sofia Jorge          | 98                  | Salvaterra de Magos | <b>1:33.72</b> |       | 325      | 1   |
|       | 50m: 45.26 45.26            | 100m: 1:33.72 48.46 |                     |                |       |          |     |
| 13.   | Raquel Anastacio Cruz       | 98                  | Torres Novas        | <b>1:36.46</b> |       | 298      |     |
|       | 50m: 47.18 47.18            | 100m: 1:36.46 49.28 |                     |                |       |          |     |
| 14.   | Carolina Felicidade Batista | 99                  | Scalabisport        | <b>1:37.08</b> |       | 292      |     |
|       | 50m: 46.11 46.11            | 100m: 1:37.08 50.97 |                     |                |       |          |     |
| 15.   | Mariana Anastacio Cruz      | 96                  | Torres Novas        | <b>1:37.70</b> |       | 287      |     |
|       | 50m: 47.00 47.00            | 100m: 1:37.70 50.70 |                     |                |       |          |     |
| 16.   | Ana Pereira Luis            | 97                  | Salvaterra de Magos | <b>1:37.85</b> |       | 285      |     |
|       | 50m: 46.19 46.19            | 100m: 1:37.85 51.66 |                     |                |       |          |     |
| 17.   | Ana Margarida Roque         | 99                  | C N Montijo         | <b>1:38.31</b> |       | 281      |     |
|       | 50m: 46.12 46.12            | 100m: 1:38.31 52.19 |                     |                |       |          |     |
| 18.   | Ana Rita Agostinho          | 99                  | C N Montijo         | <b>1:38.60</b> |       | 279      |     |
|       | 50m: 46.88 46.88            | 100m: 1:38.60 51.72 |                     |                |       |          |     |
| 19.   | Mariana David Caeiro        | 96                  | Salvaterra de Magos | <b>1:39.68</b> |       | 270      |     |
|       | 50m: 46.62 46.62            | 100m: 1:39.68 53.06 |                     |                |       |          |     |
| 20.   | Iris Maria Rola             | 99                  | Litoral Alentejano  | <b>1:39.81</b> |       | 269      |     |
|       | 50m: 48.42 48.42            | 100m: 1:39.81 51.39 |                     |                |       |          |     |
| 21.   | Catia Maria Feijao          | 00                  | Goleganense         | <b>1:41.42</b> |       | 256      |     |
|       | 50m: 49.23 49.23            | 100m: 1:41.42 52.19 |                     |                |       |          |     |
| 22.   | Beatriz Jesus Pereira       | 00                  | C N Montijo         | <b>1:41.71</b> |       | 254      |     |
|       | 50m: 47.92 47.92            | 100m: 1:41.71 53.79 |                     |                |       |          |     |
| 23.   | Beatriz Sofia Matilde       | 00                  | BUZIOS-Coruche      | <b>1:42.46</b> |       | 248      |     |
|       | 50m: 47.98 47.98            | 100m: 1:42.46 54.48 |                     |                |       |          |     |
| 24.   | Carolina Miguel Marques     | 99                  | Natacao do Tejo     | <b>1:43.26</b> |       | 243      |     |
|       | 50m: 48.81 48.81            | 100m: 1:43.26 54.45 |                     |                |       |          |     |
| 25.   | Barbara Sofia Claro         | 00                  | BUZIOS-Coruche      | <b>1:47.28</b> |       | 216      |     |
|       | 50m: 52.11 52.11            | 100m: 1:47.28 55.17 |                     |                |       |          |     |
| 26.   | Maria Matilde Santana       | 98                  | Goleganense         | <b>1:48.50</b> |       | 209      |     |
|       | 50m: 52.83 52.83            | 100m: 1:48.50 55.67 |                     |                |       |          |     |
| 27.   | Mariana Sofia Guia          | 98                  | Goleganense         | <b>1:52.07</b> |       | 190      |     |
|       | FTL                         |                     |                     |                |       |          |     |
|       | 50m: 53.88 53.88            | 100m: 1:52.07 58.19 |                     |                |       |          |     |
| DNS   | Catarina Vilhena Gregorio   | 96                  | CLAC-Entroncamento  |                |       |          |     |
| DNS   | Mariana Jose Guerreiro      | 97                  | Litoral Alentejano  |                |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 14 Masc., 100m Costas Absoluto  
10-03-2012 Resultados

|                                 |         |                        |       |             |            |
|---------------------------------|---------|------------------------|-------|-------------|------------|
| Recordes Nacionais 50m Absoluto | 56.56   | Nuno Filipe Laurentino | FPN   | Viena (AUT) | 26-08-1995 |
| Recordes Nacionais 50m Inf B    | 1:05.71 | Alexandre Lages Ribas  | EDV   | Porto       | 23-07-2010 |
| Recordes Nacionais 50m Inf A    | 1:02.84 | Sergio Fernando Silva  | ANAM  | Porto       | 23-07-2010 |
| Recordes Nacionais 50m Juv B    | 59.97   | Diogo Gomes Sousa      | CNCVG | Coimbra     | 31-07-2010 |
| Recordes Nacionais 50m Juv A    | 59.46   | Pedro Diogo Oliveira   | CNRM  | Lisboa      | 01-08-2004 |
| Recordes Nacionais 50m Jun      | 57.09   | Alexis Manacas Santos  | SCP   | Coimbra     | 10-04-2010 |
| Recordes Nacionais 50m Sen      | 56.56   | Nuno Filipe Laurentino | FPN   | Viena (AUT) | 26-08-1995 |

INF-A 14 Anos MAS Inf A: 1:33.00 / INF-B 13 Anos MAS Inf B: 1:42.00 / JUN/SEN MAS - 17 + Anos 17 +: 1:23.50 / JUV-A 16 Anos MAS Juv A: 1:25.50 / JUV-B 15 Anos MAS Juv B: 1:29.00

Pontos: FINA 2012

| Lugar           | Nome                        | Ano                 | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|-----------------|-----------------------------|---------------------|---------------------|----------------|-------|----------|-----|
| <b>Absoluto</b> |                             |                     |                     |                |       |          |     |
| 1.              | Andre Filipe Mendes         | 92                  | Nautico Abrantes    | <b>1:05.30</b> |       | 503      | 13  |
|                 | 50m: 33.12 33.12            | 100m: 1:05.30 32.18 |                     |                |       |          |     |
| 2.              | Ivo Andre Lopes             | 94                  | Scalabisport        | <b>1:05.80</b> |       | 491      | 11  |
|                 | 50m: 32.71 32.71            | 100m: 1:05.80 33.09 |                     |                |       |          |     |
| 3.              | Miguel Martins Barroqueiro  | 91                  | CLAC-Entroncamento  | <b>1:07.43</b> |       | 457      | 10  |
|                 | 50m: 32.78 32.78            | 100m: 1:07.43 34.65 |                     |                |       |          |     |
| 4.              | Joao Filipe Miguel          | 91                  | Torres Novas        | <b>1:08.31</b> |       | 439      | 9   |
|                 | 50m: 33.15 33.15            | 100m: 1:08.31 35.16 |                     |                |       |          |     |
| 5.              | David Oliveira Gorgulho     | 82                  | Litoral Alentejano  | <b>1:08.43</b> |       | 437      | 8   |
|                 | 50m: 34.74 34.74            | 100m: 1:08.43 33.69 |                     |                |       |          |     |
| 6.              | Diogo Miguel Balsa          | 95                  | BUZIOS-Coruche      | <b>1:08.45</b> |       | 436      | 7   |
|                 | 50m: 34.24 34.24            | 100m: 1:08.45 34.21 |                     |                |       |          |     |
| 7.              | Ruben Miguel Matos          | 91                  | Natacao do Tejo     | <b>1:09.13</b> |       | 424      | 6   |
|                 | 50m: 34.36 34.36            | 100m: 1:09.13 34.77 |                     |                |       |          |     |
| 8.              | Jorge Miguel Telo           | 95                  | Litoral Alentejano  | <b>1:09.91</b> |       | 410      | 5   |
|                 | 50m: 35.12 35.12            | 100m: 1:09.91 34.79 |                     |                |       |          |     |
| 9.              | Joao Manuel Ferreira        | 92                  | CLAC-Entroncamento  | <b>1:09.96</b> |       | 409      | 4   |
|                 | 50m: 33.81 33.81            | 100m: 1:09.96 36.15 |                     |                |       |          |     |
| 10.             | Fabio Miguel Samouco        | 95                  | Torres Novas        | <b>1:10.07</b> |       | 407      | 3   |
|                 | 50m: 34.32 34.32            | 100m: 1:10.07 35.75 |                     |                |       |          |     |
| 11.             | Rui Filipe Torrao           | 95                  | C N Montijo         | <b>1:10.32</b> |       | 402      | 2   |
|                 | 50m: 34.22 34.22            | 100m: 1:10.32 36.10 |                     |                |       |          |     |
| 12.             | Diogo Antonio Lopes         | 95                  | Torres Novas        | <b>1:12.46</b> |       | 368      | 1   |
|                 | 50m: 35.66 35.66            | 100m: 1:12.46 36.80 |                     |                |       |          |     |
| 13.             | Rafael Jose Freitas         | 95                  | C N Montijo         | <b>1:12.73</b> |       | 364      |     |
|                 | 50m: 34.78 34.78            | 100m: 1:12.73 37.95 |                     |                |       |          |     |
| 14.             | Afonso Guilherme Rosa       | 99                  | Gualdim Pais        | <b>1:13.37</b> |       | 354      |     |
|                 | 50m: 36.49 36.49            | 100m: 1:13.37 36.88 |                     |                |       |          |     |
| 15.             | Manuel Jose Alves           | 96                  | C N Montijo         | <b>1:14.29</b> |       | 341      |     |
|                 | 50m: 35.92 35.92            | 100m: 1:14.29 38.37 |                     |                |       |          |     |
| 16.             | Joao Pedro Alves            | 96                  | Natacao do Tejo     | <b>1:14.56</b> |       | 338      |     |
|                 | 50m: 35.91 35.91            | 100m: 1:14.56 38.65 |                     |                |       |          |     |
| 17.             | Alexandre Emanuel Pereira   | 93                  | CLAC-Entroncamento  | <b>1:15.25</b> |       | 328      |     |
|                 | 50m: 36.42 36.42            | 100m: 1:15.25 38.83 |                     |                |       |          |     |
| 18.             | Roberto Oliveira Felisberto | 94                  | Salvaterra de Magos | <b>1:18.92</b> |       | 285      |     |
|                 | 50m: 37.73 37.73            | 100m: 1:18.92 41.19 |                     |                |       |          |     |
| 19.             | Tiago Filipe Campos         | 99                  | Scalabisport        | <b>1:20.71</b> |       | 266      |     |
|                 | 50m: 39.29 39.29            | 100m: 1:20.71 41.42 |                     |                |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 14, Masc., 100m Costas, Absoluto

| Lugar | Nome                       | Ano                 | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|-------|----------------------------|---------------------|---------------------|----------------|-------|----------|-----|
| 20.   | Miguel Rodrigues Silva     | 97                  | Nautico Abrantes    | <b>1:21.64</b> |       | 257      |     |
|       | 50m: 40.34 40.34           | 100m: 1:21.64 41.30 |                     |                |       |          |     |
| 21.   | Joao Pereira Luis          | 94                  | Salvaterra de Magos | <b>1:22.42</b> |       | 250      |     |
|       | 50m: 39.77 39.77           | 100m: 1:22.42 42.65 |                     |                |       |          |     |
| 22.   | Nelson Pereira Malheiros   | 99                  | Litoral Alentejano  | <b>1:24.25</b> |       | 234      |     |
|       | 50m: 41.44 41.44           | 100m: 1:24.25 42.81 |                     |                |       |          |     |
| 23.   | Afonso Silva Nunes         | 98                  | Nautico Abrantes    | <b>1:25.93</b> |       | 220      |     |
|       | 50m: 42.28 42.28           | 100m: 1:25.93 43.65 |                     |                |       |          |     |
| 24.   | Joao Tiago Almeida         | 99                  | Scalabisport        | <b>1:28.42</b> |       | 202      |     |
|       | 50m: 43.74 43.74           | 100m: 1:28.42 44.68 |                     |                |       |          |     |
| 25.   | Tomas Jose Agostinho       | 99                  | BUZIOS-Coruche      | <b>1:31.36</b> |       | 183      |     |
|       | 50m: 44.46 44.46           | 100m: 1:31.36 46.90 |                     |                |       |          |     |
| 26.   | Miguel Feijao Galrinho     | 99                  | Goleganense         | <b>1:36.70</b> |       | 154      |     |
|       | 50m: 46.73 46.73           | 100m: 1:36.70 49.97 |                     |                |       |          |     |
| 27.   | Goncalo Antonio Barreiros  | 99                  | Goleganense         | <b>1:41.40</b> |       | 134      |     |
|       | 50m: 49.20 49.20           | 100m: 1:41.40 52.20 |                     |                |       |          |     |
| 28.   | Emanuel Duarte Silva       | 96                  | Goleganense         | <b>1:42.29</b> |       | 130      |     |
|       | FTL                        |                     |                     |                |       |          |     |
|       | 50m: 49.54 49.54           | 100m: 1:42.29 52.75 |                     |                |       |          |     |
| DNS   | Francisco Oliveira Madeira | 99                  | Goleganense         |                |       |          |     |
| DNS   | Andre Pombo Dias           | 96                  | Natacao do Tejo     |                |       |          |     |

Prova 15  
10-03-2012

Femin., 200m Costas

Absoluto  
Resultados

|                                 |         |                          |       |                 |            |
|---------------------------------|---------|--------------------------|-------|-----------------|------------|
| Recordes Nacionais 50m Absoluto | 2:16.28 | Ana Antas Barros         | FPN   | Sheffield (GBR) | 08-08-1993 |
| Recordes Nacionais 50m Inf B    | 2:33.03 | Keissy Joselin Sousa     | FCP   | Famalicão       | 27-07-1997 |
| Recordes Nacionais 50m Inf A    | 2:24.42 | Catia Raquel Martinheira | LDC   | Madrid (ESP)    | 04-07-2008 |
| Recordes Nacionais 50m Juv      | 2:22.61 | Joana Carina Silva       | LSXXI | Pova de Varzim  | 06-02-2011 |
| Recordes Nacionais 50m Jun      | 2:19.60 | Petra Quintela Chaves    | FPN   | Barcelona (ESP) | 15-06-1994 |
| Recordes Nacionais 50m Sen      | 2:16.28 | Ana Antas Barros         | FPN   | Sheffield (GBR) | 08-08-1993 |

INF-B 12 Anos FEM Inf B: 3:52.00 / INF-A 13 Anos FEM Inf A: 3:32.50 / JUV 14 Anos FEM Juv: 3:25.00 / JUN/SEN FEM - 15 + Anos 15 +: 3:14.00

Pontos: FINA 2012

| Lugar | Nome                        | Ano                 | Clube               | Tempo Final         | TReac | Pts FINA | Pts |
|-------|-----------------------------|---------------------|---------------------|---------------------|-------|----------|-----|
| 1.    | Maria Madalena Silva        | 98                  | Nautico Abrantes    | <b>2:40.22</b>      |       | 472      | 13  |
|       | 50m: 38.89 38.89            | 100m: 1:19.57 40.68 | 150m: 2:00.37 40.80 | 200m: 2:40.22 39.85 |       |          |     |
| 2.    | Mafalda Jesus Pereira       | 95                  | C N Montijo         | <b>2:43.03</b>      |       | 448      | 11  |
|       | 50m: 36.55 36.55            | 100m: 1:17.77 41.22 | 150m: 2:01.14 43.37 | 200m: 2:43.03 41.89 |       |          |     |
| 3.    | Mariana Soares Martinho     | 99                  | Scalabisport        | <b>2:47.32</b>      |       | 415      | 10  |
|       | 50m: 39.76 39.76            | 100m: 1:22.62 42.86 | 150m: 2:06.36 43.74 | 200m: 2:47.32 40.96 |       |          |     |
| 4.    | Debora Goncalves Patrocinio | 97                  | Litoral Alentejano  | <b>2:49.04</b>      |       | 402      | 9   |
|       | 50m: 40.77 40.77            | 100m: 1:23.00 42.23 | 150m: 2:06.69 43.69 | 200m: 2:49.04 42.35 |       |          |     |
| 5.    | Daniela Sofia Serra         | 98                  | CLAC-Entroncamento  | <b>2:50.66</b>      |       | 391      | 8   |
|       | 50m: 40.41 40.41            | 100m: 1:23.89 43.48 | 150m: 2:08.06 44.17 | 200m: 2:50.66 42.60 |       |          |     |
| 6.    | Ana Carolina Monteiro       | 97                  | BUZIOS-Coruche      | <b>2:51.56</b>      |       | 385      | 7   |
|       | 50m: 39.40 39.40            | 100m: 1:23.26 43.86 | 150m: 2:07.93 44.67 | 200m: 2:51.56 43.63 |       |          |     |
| 7.    | Maria Beatriz Dias          | 99                  | Scalabisport        | <b>2:53.64</b>      |       | 371      | 6   |
|       | 50m: 41.46 41.46            | 100m: 1:25.26 43.80 | 150m: 2:09.98 44.72 | 200m: 2:53.64 43.66 |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 15, Femin., 200m Costas, Absoluto

| Lugar | Nome                        | Ano                 | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|-------|-----------------------------|---------------------|---------------------|----------------|-------|----------|-----|
| 8.    | Maria Beatriz Diogo         | 99                  | Nautico Abrantes    | <b>2:56.79</b> |       | 351      | 5   |
|       | 50m: 43.07 43.07            | 100m: 1:27.99 44.92 | 150m: 2:13.82 45.83 | 200m: 2:56.79  | 42.97 |          |     |
| 9.    | Sarah Dias                  | 99                  | Goleganense         | <b>2:57.16</b> |       | 349      | 4   |
|       | 50m: 40.62 40.62            | 100m: 1:25.71 45.09 | 150m: 2:12.79 47.08 | 200m: 2:57.16  | 44.37 |          |     |
| 10.   | Ana Raquel Batista          | 95                  | C N Montijo         | <b>2:57.20</b> |       | 349      | 3   |
|       | 50m: 39.97 39.97            | 100m: 1:25.00 45.03 | 150m: 2:11.91 46.91 | 200m: 2:57.20  | 45.29 |          |     |
| 11.   | Carolina Henriques Gavancho | 97                  | CLAC-Entroncamento  | <b>2:59.14</b> |       | 338      | 2   |
|       | 50m: 42.70 42.70            | 100m: 1:28.74 46.04 | 150m: 2:14.96 46.22 | 200m: 2:59.14  | 44.18 |          |     |
| 12.   | Ana Pereira Luis            | 97                  | Salvaterra de Magos | <b>2:59.38</b> |       | 336      | 1   |
|       | 50m: 42.11 42.11            | 100m: 1:27.51 45.40 | 150m: 2:14.42 46.91 | 200m: 2:59.38  | 44.96 |          |     |
| 13.   | Ines Isabel Graca           | 00                  | Gualdim Pais        | <b>2:59.80</b> |       | 334      |     |
|       | 50m: 42.14 42.14            | 100m: 1:29.17 47.03 | 150m: 2:16.54 47.37 | 200m: 2:59.80  | 43.26 |          |     |
| 14.   | Ana Torres Ferreira         | 99                  | Nautico Abrantes    | <b>3:01.67</b> |       | 324      |     |
|       | 50m: 43.07 43.07            | 100m: 1:28.81 45.74 | 150m: 2:16.44 47.63 | 200m: 3:01.67  | 45.23 |          |     |
| 15.   | Patricia Alexandra Jose     | 98                  | Gualdim Pais        | <b>3:01.87</b> |       | 323      |     |
|       | 50m: 42.40 42.40            | 100m: 1:28.78 46.38 | 150m: 2:17.26 48.48 | 200m: 3:01.87  | 44.61 |          |     |
| 16.   | Sara Davide Rodrigues       | 92                  | Litoral Alentejano  | <b>3:03.15</b> |       | 316      |     |
|       | 50m: 43.10 43.10            | 100m: 1:28.75 45.65 | 150m: 2:16.66 47.91 | 200m: 3:03.15  | 46.49 |          |     |
| 17.   | Marta Isabel Silva          | 00                  | Scalabisport        | <b>3:07.88</b> |       | 293      |     |
|       | 50m: 44.63 44.63            | 100m: 1:31.74 47.11 | 150m: 2:20.11 48.37 | 200m: 3:07.88  | 47.77 |          |     |
| 18.   | Maria Matilde Santana       | 98                  | Goleganense         | <b>3:08.79</b> |       | 288      |     |
|       | 50m: 44.69 44.69            | 100m: 1:32.72 48.03 | 150m: 2:21.96 49.24 | 200m: 3:08.79  | 46.83 |          |     |
| 19.   | Ana Catarina Correia        | 97                  | Salvaterra de Magos | <b>3:10.61</b> |       | 280      |     |
|       | 50m: 43.45 43.45            | 100m: 1:31.75 48.30 | 150m: 2:21.50 49.75 | 200m: 3:10.61  | 49.11 |          |     |
| 20.   | Iris Maria Rola             | 99                  | Litoral Alentejano  | <b>3:10.89</b> |       | 279      |     |
|       | 50m: 43.37 43.37            | 100m: 1:31.89 48.52 | 150m: 2:22.51 50.62 | 200m: 3:10.89  | 48.38 |          |     |
| 21.   | Carolina Miguel Marques     | 99                  | Natacao do Tejo     | <b>3:11.10</b> |       | 278      |     |
|       | 50m: 46.06 46.06            | 100m: 1:35.37 49.31 | 150m: 2:24.86 49.49 | 200m: 3:11.10  | 46.24 |          |     |
| 22.   | Joana Costa Bernardino      | 00                  | CLAC-Entroncamento  | <b>3:12.44</b> |       | 272      |     |
|       | 50m: 44.68 44.68            | 100m: 1:35.08 50.40 | 150m: 2:27.13 52.05 | 200m: 3:12.44  | 45.31 |          |     |
| 23.   | Mariana Sofia Guia          | 98                  | Goleganense         | <b>3:23.45</b> |       | 230      |     |
|       | 50m: 48.60 48.60            | 100m: 1:41.94 53.34 | 150m: 2:34.76 52.82 | 200m: 3:23.45  | 48.69 |          |     |
| 24.   | Neuza Figueiredo Pereira    | 00                  | Gualdim Pais        | <b>3:30.44</b> |       | 208      |     |
|       | 50m: 49.94 49.94            | 100m: 1:43.66 53.72 | 150m: 2:38.31 54.65 | 200m: 3:30.44  | 52.13 |          |     |
| DNS   | Maria Beatriz Lopes         | 00                  | Rio Maior           |                |       |          |     |
| DNS   | Marcia Filipa Carvalho      | 96                  | Torres Novas        |                |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

| Prova 16                                                                                                                                                                          | Masc., 200m Bruços |                        |        |               |  | Absoluto   |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|------------------------|--------|---------------|--|------------|
| 10-03-2012                                                                                                                                                                        |                    |                        |        |               |  | Resultados |
| Recordes Nacionais 50m Absoluto                                                                                                                                                   | 2:13.34            | Carlos Esteves Almeida | FPN    | Beijing (CHN) |  | 12-08-2008 |
| Recordes Nacionais 50m Inf B                                                                                                                                                      | 2:39.83            | Luis Manuel Fernandes  | GDNVNF | Famalicão     |  | 20-07-2008 |
| Recordes Nacionais 50m Inf A                                                                                                                                                      | 2:32.84            | tempo limite           |        |               |  |            |
| Recordes Nacionais 50m Juv B                                                                                                                                                      | 2:24.15            | Andre Miguel Silva     | PDEM   | Loulé         |  | 10-06-2006 |
| Recordes Nacionais 50m Juv A                                                                                                                                                      | 2:23.94            | Andre Miguel Silva     | PDEM   | Coimbra       |  | 25-03-2007 |
| Recordes Nacionais 50m Jun                                                                                                                                                        | 2:15.99            | Andre Miguel Silva     | PDEM   | Faro          |  | 20-07-2009 |
| Recordes Nacionais 50m Sen                                                                                                                                                        | 2:13.34            | Carlos Esteves Almeida | FPN    | Beijing (CHN) |  | 12-08-2008 |
| INF-A 14 Anos MAS Inf A: 4:00.00 / INF-B 13 Anos MAS Inf B: 4:17.50 / JUN/SEN MAS - 17 + Anos 17 +: 3:28.00 / JUV-A 16 Anos MAS Juv A: 3:38.50 / JUV-B 15 Anos MAS Juv B: 3:44.00 |                    |                        |        |               |  |            |

Pontos: FINA 2012

| Lugar           | Nome                                      | Ano                 | Clube               | Tempo Final         | TReac | Pts FINA | Pts |
|-----------------|-------------------------------------------|---------------------|---------------------|---------------------|-------|----------|-----|
| <b>Absoluto</b> |                                           |                     |                     |                     |       |          |     |
| 1.              | Hugo Miguel Nunes                         | 90                  | Natacao do Tejo     | <b>2:33.74</b>      |       | 567      | 13  |
|                 | 50m: 35.24 35.24                          | 100m: 1:14.44 39.20 | 150m: 1:54.19 39.75 | 200m: 2:33.74 39.55 |       |          |     |
| 2.              | Duarte Rosa Cameirao                      | 94                  | Rio Maior           | <b>2:37.71</b>      |       | 526      | 11  |
|                 | 50m: 37.55 37.55                          | 100m: 1:16.77 39.22 | 150m: 1:58.19 41.42 | 200m: 2:37.71 39.52 |       |          |     |
| 3.              | Guilherme Antonio Reis                    | 96                  | Torres Novas        | <b>2:45.95</b>      |       | 451      | 10  |
|                 | 50m: 40.03 40.03                          | 100m: 1:23.03 43.00 | 150m: 2:06.39 43.36 | 200m: 2:45.95 39.56 |       |          |     |
| 4.              | Rodrigo Marques Costa                     | 76                  | Litoral Alentejano  | <b>2:46.23</b>      |       | 449      | 9   |
|                 | 50m: 37.59 37.59                          | 100m: 1:19.20 41.61 | 150m: 2:01.90 42.70 | 200m: 2:46.23 44.33 |       |          |     |
| 5.              | Miguel Carrico Cruz                       | 99                  | Scalabisport        | <b>2:52.27</b>      |       | 403      | 8   |
|                 | <i>Recorde Distrital INF-B (02.55.80)</i> |                     |                     |                     |       |          |     |
|                 | 50m: 39.19 39.19                          | 100m: 1:23.51 44.32 | 150m: 2:09.65 46.14 | 200m: 2:52.27 42.62 |       |          |     |
| 6.              | Joao Carlos Pereira                       | 94                  | BUZIOS-Coruche      | <b>2:54.03</b>      |       | 391      | 7   |
|                 | 50m: 38.74 38.74                          | 100m: 1:23.37 44.63 | 150m: 2:08.96 45.59 | 200m: 2:54.03 45.07 |       |          |     |
| 7.              | Rui Miguel Correia                        | 96                  | C N Montijo         | <b>2:56.88</b>      |       | 372      | 6   |
|                 | 50m: 37.75 37.75                          | 100m: 1:22.83 45.08 | 150m: 2:09.91 47.08 | 200m: 2:56.88 46.97 |       |          |     |
| 8.              | Tiago Andre Matos                         | 95                  | Natacao do Tejo     | <b>2:57.64</b>      |       | 368      | 5   |
|                 | 50m: 39.62 39.62                          | 100m: 1:25.60 45.98 | 150m: 2:13.35 47.75 | 200m: 2:57.64 44.29 |       |          |     |
| 9.              | Jose Eduardo Felicio                      | 97                  | Rio Maior           | <b>2:58.34</b>      |       | 363      | 4   |
|                 | 50m: 41.87 41.87                          | 100m: 1:27.59 45.72 | 150m: 2:13.18 45.59 | 200m: 2:58.34 45.16 |       |          |     |
| 10.             | Artur Rafael Saramago                     | 97                  | BUZIOS-Coruche      | <b>3:00.44</b>      |       | 351      | 3   |
|                 | 50m: 39.04 39.04                          | 100m: 1:26.18 47.14 | 150m: 2:13.73 47.55 | 200m: 3:00.44 46.71 |       |          |     |
| 11.             | Miguel Otto Palma                         | 92                  | Litoral Alentejano  | <b>3:03.12</b>      |       | 336      | 2   |
|                 | 50m: 39.53 39.53                          | 100m: 1:25.92 46.39 | 150m: 2:14.97 49.05 | 200m: 3:03.12 48.15 |       |          |     |
| 12.             | Joao Diogo Lucas                          | 95                  | Salvaterra de Magos | <b>3:04.64</b>      |       | 327      | 1   |
|                 | 50m: 41.77 41.77                          | 100m: 1:28.23 46.46 | 150m: 2:16.11 47.88 | 200m: 3:04.64 48.53 |       |          |     |
| 13.             | Joao Mauricio Gaspar                      | 97                  | Nautico Abrantes    | <b>3:08.20</b>      |       | 309      |     |
|                 | 50m: 44.10 44.10                          | 100m: 1:32.79 48.69 | 150m: 2:21.14 48.35 | 200m: 3:08.20 47.06 |       |          |     |
| 14.             | Pedro Manuel Nunes                        | 98                  | CLAC-Entroncamento  | <b>3:08.45</b>      | +1,42 | 308      |     |
|                 | 50m: 43.41 43.41                          | 100m: 1:32.00 48.59 | 150m: 2:21.09 49.09 | 200m: 3:08.45 47.36 |       |          |     |
| 15.             | Gil Vasco Goncalves                       | 97                  | Litoral Alentejano  | <b>3:12.48</b>      |       | 289      |     |
|                 | 50m: 44.52 44.52                          | 100m: 1:32.23 47.71 | 150m: 2:23.59 51.36 | 200m: 3:12.48 48.89 |       |          |     |
| 16.             | Tiago Filipe Campos                       | 99                  | Scalabisport        | <b>3:17.56</b>      |       | 267      |     |
|                 | 50m: 44.75 44.75                          | 100m: 1:35.55 50.80 | 150m: 2:27.54 51.99 | 200m: 3:17.56 50.02 |       |          |     |
| 17.             | Afonso Silva Nunes                        | 98                  | Nautico Abrantes    | <b>3:21.82</b>      |       | 251      |     |
|                 | 50m: 45.40 45.40                          | 100m: 1:37.74 52.34 | 150m: 2:29.76 52.02 | 200m: 3:21.82 52.06 |       |          |     |
| 18.             | Pedro Miguel Primo                        | 96                  | CLAC-Entroncamento  | <b>3:23.48</b>      |       | 244      |     |
|                 | 50m: 45.23 45.23                          | 100m: 1:38.43 53.20 | 150m: 2:32.19 53.76 | 200m: 3:23.48 51.29 |       |          |     |
|                 | Tomas Leal Brito                          | 97                  |                     | <b>3:23.48</b>      |       | 244      |     |
|                 | 50m: 45.23 45.23                          | 100m: 1:38.43 53.20 | 150m: 2:32.19 53.76 | 200m: 3:23.48 51.29 |       |          |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 16, Masc., 200m Bruços, Absoluto

| Lugar | Nome                    | Ano                   | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|-------|-------------------------|-----------------------|---------------------|----------------|-------|----------|-----|
| 20.   | Joao Paulo Lopes        | 98                    | Torres Novas        | <b>3:24.64</b> |       | 240      |     |
|       | 50m: 46.85 46.85        | 100m: 1:39.92 53.07   | 150m: 2:34.10 54.18 | 200m: 3:24.64  |       | 50.54    |     |
| 21.   | Goncalo Faria Saldida   | 99                    | Gualdim Pais        | <b>3:26.68</b> |       | 233      |     |
|       | 50m: 48.71 48.71        | 100m: 1:43.56 54.85   | 150m: 2:34.50 50.94 | 200m: 3:26.68  |       | 52.18    |     |
| 22.   | Emanuel Duarte Silva    | 96                    | Goleganense         | <b>3:28.67</b> |       | 227      |     |
|       | 50m: 48.49 48.49        | 100m: 1:43.00 54.51   | 150m: 2:39.35 56.35 | 200m: 3:28.67  |       | 49.32    |     |
| 23.   | Joao Ferreira Santos    | 98                    | Torres Novas        | <b>3:31.22</b> |       | 218      |     |
|       | 50m: 49.04 49.04        | 100m: 1:43.28 54.24   | 150m: 2:37.78 54.50 | 200m: 3:31.22  |       | 53.44    |     |
| 24.   | Rodrigo Pereira Damasio | 99                    | Salvaterra de Magos | <b>3:48.94</b> |       | 171      |     |
|       | 50m: 53.15 53.15        | 100m: 1:54.06 1:00.91 | 150m: 2:52.43 58.37 | 200m: 3:48.94  |       | 56.51    |     |
| DNS   | Martim Basilio Gil      | 97                    | CLAC-Entroncamento  |                |       |          |     |
| DNS   | Andre Pombo Dias        | 96                    | Natacao do Tejo     |                |       |          |     |

Prova 17  
10-03-2012

Femin., 200m Estilos

Absoluto  
Resultados

|                                 |         |                        |      |                    |            |
|---------------------------------|---------|------------------------|------|--------------------|------------|
| Recordes Nacionais 50m Absoluto | 2:18.49 | Nadia Morais Vieira    | FPN  | Budapeste (HUN)    | 11-08-2010 |
| Recordes Nacionais 50m Inf B    | 2:33.06 | Ines Camacho Fernandes | SCP  | S. João da Madeira | 25-07-2009 |
| Recordes Nacionais 50m Inf A    | 2:28.56 | Susana Patricia Miguel | FPN  | Paris (FRA)        | 29-07-2003 |
| Recordes Nacionais 50m Juv      | 2:23.60 | Diana Margarida Duraes | FOCA | Coimbra            | 01-08-2010 |
| Recordes Nacionais 50m Jun      | 2:21.44 | Petra Quintela Chaves  | SAD  | Restelo            | 29-07-1994 |
| Recordes Nacionais 50m Sen      | 2:18.49 | Nadia Morais Vieira    | FPN  | Budapeste (HUN)    | 11-08-2010 |

INF-B 12 Anos FEM Inf B: 3:41.50 / INF-A 13 Anos FEM Inf A: 3:25.50 / JUV 14 Anos FEM Juv: 3:19.00 / JUN/SEN FEM - 15 + Anos 15 +: 3:11.00

Pontos: FINA 2012

| Lugar | Nome                                    | Ano                 | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|-------|-----------------------------------------|---------------------|---------------------|----------------|-------|----------|-----|
| 1.    | Julia Matos Lopes                       | 94                  | Scalabisport        | <b>2:33.67</b> |       | 553      | 13  |
|       | <i>Recorde Distrital SEN (02.37.00)</i> |                     |                     |                |       |          |     |
|       | 50m: 33.32 33.32                        | 100m: 1:14.13 40.81 | 150m: 2:00.99 46.86 | 200m: 2:33.67  |       | 32.68    |     |
|       | Mariana Veloso Vitoria                  | 98                  | Nautico Abrantes    | <b>2:33.67</b> |       | 553      | 13  |
|       | <i>Recorde JUV (02.37.63)</i>           |                     |                     |                |       |          |     |
|       | 50m: 33.34 33.34                        | 100m: 1:12.30 38.96 | 150m: 1:59.66 47.36 | 200m: 2:33.67  |       | 34.01    |     |
| 3.    | Maria Clara Marques                     | 94                  | Litoral Alentejano  | <b>2:42.29</b> |       | 469      | 10  |
|       | 50m: 35.58 35.58                        | 100m: 1:19.57 43.99 | 150m: 2:07.16 47.59 | 200m: 2:42.29  |       | 35.13    |     |
| 4.    | Ana Catarina Serra                      | 95                  | Natacao do Tejo     | <b>2:43.59</b> |       | 458      | 9   |
|       | 50m: 34.44 34.44                        | 100m: 1:20.08 45.64 | 150m: 2:05.79 45.71 | 200m: 2:43.59  |       | 37.80    |     |
| 5.    | Ana Margarida Salgueiro                 | 99                  | Nautico Abrantes    | <b>2:45.66</b> |       | 441      | 8   |
|       | 50m: 37.88 37.88                        | 100m: 1:20.94 43.06 | 150m: 2:08.34 47.40 | 200m: 2:45.66  |       | 37.32    |     |
| 6.    | Rute Isabel Leonardo                    | 98                  | Nautico Abrantes    | <b>2:47.32</b> |       | 428      | 7   |
|       | 50m: 35.95 35.95                        | 100m: 1:22.13 46.18 | 150m: 2:08.76 46.63 | 200m: 2:47.32  |       | 38.56    |     |
| 7.    | Soraya Dea Matias                       | 95                  | Torres Novas        | <b>2:48.29</b> |       | 421      | 6   |
|       | 50m: 34.31 34.31                        | 100m: 1:19.59 45.28 | 150m: 2:08.20 48.61 | 200m: 2:48.29  |       | 40.09    |     |
| 8.    | Barbara Rodrigues Pereira               | 98                  | C N Montijo         | <b>2:48.76</b> |       | 417      | 5   |
|       | 50m: 35.57 35.57                        | 100m: 1:19.66 44.09 | 150m: 2:10.49 50.83 | 200m: 2:48.76  |       | 38.27    |     |
| 9.    | Mariana Soares Martinho                 | 99                  | Scalabisport        | <b>2:48.82</b> |       | 417      | 4   |
|       | 50m: 37.29 37.29                        | 100m: 1:19.40 42.11 | 150m: 2:10.80 51.40 | 200m: 2:48.82  |       | 38.02    |     |
| 10.   | Ana Catarina Travessa                   | 96                  | Salvaterra de Magos | <b>2:50.48</b> |       | 405      | 3   |
|       | 50m: 36.61 36.61                        | 100m: 1:21.25 44.64 | 150m: 2:12.02 50.77 | 200m: 2:50.48  |       | 38.46    |     |
| 11.   | Maria Beatriz Dias                      | 99                  | Scalabisport        | <b>2:50.63</b> |       | 404      | 2   |
|       | 50m: 37.68 37.68                        | 100m: 1:23.04 45.36 | 150m: 2:12.45 49.41 | 200m: 2:50.63  |       | 38.18    |     |

TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)  
Rio Maior, 10-3-2012

Prova 17, Femin., 200m Estilos, Absoluto

| Lugar | Nome                         | Ano                 | Clube               | Tempo Final    | TReac | Pts FINA | Pts |
|-------|------------------------------|---------------------|---------------------|----------------|-------|----------|-----|
| 12.   | Sara Davide Rodrigues        | 92                  | Litoral Alentejano  | <b>2:53.14</b> |       | 386      | 1   |
|       | 50m: 34.27 34.27             | 100m: 1:19.68 45.41 | 150m: 2:14.03 54.35 | 200m: 2:53.14  |       | 39.11    |     |
| 13.   | Daniela Sofia Serra          | 98                  | CLAC-Entroncamento  | <b>2:55.55</b> |       | 371      |     |
|       | 50m: 38.88 38.88             | 100m: 1:23.14 44.26 | 150m: 2:15.89 52.75 | 200m: 2:55.55  |       | 39.66    |     |
| 14.   | Ana Carolina Monteiro        | 97                  | BUZIOS-Coruche      | <b>2:55.87</b> |       | 369      |     |
|       | 50m: 40.70 40.70             | 100m: 1:24.99 44.29 | 150m: 2:19.57 54.58 | 200m: 2:55.87  |       | 36.30    |     |
| 15.   | Catarina Goncalves Trezentos | 98                  | Gualdim Pais        | <b>2:58.93</b> |       | 350      |     |
|       | 50m: 42.21 42.21             | 100m: 1:29.73 47.52 | 150m: 2:19.89 50.16 | 200m: 2:58.93  |       | 39.04    |     |
| 16.   | Raquel Sofia Jorge           | 98                  | Salvaterra de Magos | <b>2:59.31</b> |       | 348      |     |
|       | 50m: 39.76 39.76             | 100m: 1:28.80 49.04 | 150m: 2:19.87 51.07 | 200m: 2:59.31  |       | 39.44    |     |
| 17.   | Ines Maria Ribeiro           | 94                  | CLAC-Entroncamento  | <b>3:00.35</b> |       | 342      |     |
|       | 50m: 40.81 40.81             | 100m: 1:29.31 48.50 | 150m: 2:18.74 49.43 | 200m: 3:00.35  |       | 41.61    |     |
| 18.   | Ana Teresa Nunes             | 88                  | Natacao do Tejo     | <b>3:03.03</b> |       | 327      |     |
|       | 50m: 39.52 39.52             | 100m: 1:25.57 46.05 | 150m: 2:23.79 58.22 | 200m: 3:03.03  |       | 39.24    |     |
| 19.   | Sarah Dias                   | 99                  | Goleganense         | <b>3:04.04</b> |       | 322      |     |
|       | 50m: 39.61 39.61             | 100m: 1:26.82 47.21 | 150m: 2:22.63 55.81 | 200m: 3:04.04  |       | 41.41    |     |
| 20.   | Andreia Serra Paulo          | 99                  | Goleganense         | <b>3:07.06</b> |       | 306      |     |
|       | 50m: 41.77 41.77             | 100m: 1:29.61 47.84 | 150m: 2:27.82 58.21 | 200m: 3:07.06  |       | 39.24    |     |
| 21.   | Patricia Palmeiro Baeta      | 00                  | Rio Maior           | <b>3:07.77</b> |       | 303      |     |
|       | 50m: 41.71 41.71             | 100m: 1:28.91 47.20 | 150m: 2:25.88 56.97 | 200m: 3:07.77  |       | 41.89    |     |
| 22.   | Raquel Anastacio Cruz        | 98                  | Torres Novas        | <b>3:08.64</b> |       | 299      |     |
|       | 50m: 47.36 47.36             | 100m: 1:36.56 49.20 | 150m: 2:28.68 52.12 | 200m: 3:08.64  |       | 39.96    |     |
| 23.   | Patricia Simoes Jorge        | 97                  | Salvaterra de Magos | <b>3:08.81</b> |       | 298      |     |
|       | 50m: 39.99 39.99             | 100m: 1:28.90 48.91 | 150m: 2:26.16 57.26 | 200m: 3:08.81  |       | 42.65    |     |
| 24.   | Margarida Silveira Henriques | 97                  | Gualdim Pais        | <b>3:10.85</b> |       | 288      |     |
|       | 50m: 43.16 43.16             | 100m: 1:32.30 49.14 | 150m: 2:28.31 56.01 | 200m: 3:10.85  |       | 42.54    |     |
| 25.   | Ana Raquel Silva             | 99                  | Goleganense         | <b>3:24.80</b> |       | 233      |     |
|       | 50m: 48.68 48.68             | 100m: 1:40.96 52.28 | 150m: 2:38.97 58.01 | 200m: 3:24.80  |       | 45.83    |     |
| DNS   | Hatira Guseinova             | 99                  | Torres Novas        |                |       |          |     |
| DNS   | Catarina Vilhena Gregorio    | 96                  | CLAC-Entroncamento  |                |       |          |     |
| DNS   | Mariana Jose Guerreiro       | 97                  | Litoral Alentejano  |                |       |          |     |

**TAÇA ANDS - CIDADE DE RIO MAIOR (50 Metros)**  
Rio Maior, 10-3-2012

Prova 18 Masc., 4 x 100m Livres  
10-03-2012 Absoluto Resultados

|                                 |         |                                          |       |                     |            |
|---------------------------------|---------|------------------------------------------|-------|---------------------|------------|
| Recordes Nacionais 50m Absoluto | 3:24.33 | Futebol Clube do Porto/Imperio Bonifacio | FCB   | Faro                | 19-07-2009 |
| Recordes Nacionais 50m Inf B    | 4:07.84 | Associacao Naval Amorense                | ANAM  | Vila Franca de Xira | 04-07-2009 |
| Recordes Nacionais 50m Inf A    | 3:55.31 | Viana Natacao Clube                      | VNC   | Porto               | 24-07-2010 |
| Recordes Nacionais 50m Juv B    | 3:48.23 | Soc. Filarm. Uniao Artistica Piedense    | SFUAP | Famalicão           | 31-07-1999 |
| Recordes Nacionais 50m Juv A    | 3:42.32 | Futebol Clube do Porto                   | FCP   | Coimbra             | 22-07-2005 |
| Recordes Nacionais 50m Jun      | 3:34.25 | Futebol Clube do Porto/Imperio Bonifacio | FCB   | Lisboa              | 27-03-2009 |
| Recordes Nacionais 50m Sen      | 3:26.36 | Clube Natacao da Amadora                 | CNA   | Faro                | 19-07-2009 |

ABS FEM/MAS 12 +: 4:55.00 / INF-B 13 Anos MAS Inf B: 5:48.00 / INF-A 14 Anos MAS Inf A: 5:38.00 / JUV-B 15 Anos MAS Juv B: 5:10.50 / JUV-A 16 Anos MAS Juv A: 4:56.00 / JUN/SEN MAS - 17 + Anos 17 +: 4:46.50

Pontos: FINA 2012

| Lugar    |                             |       | Clube               |         |                            | Tempo Final | TReac | Pts FINA | Pts     |
|----------|-----------------------------|-------|---------------------|---------|----------------------------|-------------|-------|----------|---------|
| Absoluto |                             |       |                     |         |                            |             |       |          |         |
| 1.       | Litoral Alentejano 1        |       | Litoral Alentejano  |         |                            | 3:55.90     |       | 508      | 13      |
|          | Rui Jorge Brito             | 94    | 29.28               | 1:01.28 | Miguel Otto Palma          |             | 92    | 27.73    | 58.79   |
|          | David Oliveira Gorgulho     | 82    | 28.03               | 57.34   | Rodrigo Marques Costa      |             | 76    | 28.50    | 58.49   |
| 2.       | Scalabisport 2              |       | Scalabisport        |         |                            | 3:57.50     |       | 497      | 11      |
|          | Diogo Serrao Santos         | 96    | 28.43               | 58.15   | Ivo Andre Lopes            |             | 94    | 26.47    | 55.09   |
|          | Joao Luis Baeta             | 94    | 28.74               | 1:01.41 | Miguel Carrico Cruz        |             | 99    |          | 1:02.85 |
| 3.       | Torres Novas 1              |       | Torres Novas        |         |                            | 4:02.57     |       | 467      | 10      |
|          | Diogo Antonio Lopes         | 95    | 28.61               | 1:00.01 | Fabio Miguel Samouco       |             | 95    | 26.85    | 57.91   |
|          | Nuno Miguel Bruno           | 95    | 28.91               | 1:00.15 | Guilherme Antonio Reis     |             | 96    | 30.07    | 1:04.50 |
| 4.       | CLAC-Entroncamento 1        |       | CLAC-Entroncamento  |         |                            | 4:03.68     |       | 460      | 9       |
|          | Joao Pedro Rosa             | 90    | 29.80               | 1:02.64 | Miguel Martins Barroqueiro |             | 91    | 28.28    | 59.58   |
|          | Alexandre Emanuel Pereira   | 93    | 29.11               | 1:01.57 | Joao Manuel Ferreira       |             | 92    | 27.65    | 59.89   |
| 5.       | BUZIOS-Coruche 1            |       | BUZIOS-Coruche      |         |                            | 4:07.80     |       | 438      | 9       |
|          | Mario Pinto Amorim          | 94    | 28.82               | 1:00.81 | Artur Rafael Saramago      |             | 97    | 30.38    | 1:06.61 |
|          | Diogo Miguel Balsa          | 95    | 27.93               | 58.73   | Joao Carlos Pereira        |             | 94    | 29.13    | 1:01.65 |
| 6.       | Natacao do Tejo 1           |       | Natacao do Tejo     |         |                            | 4:08.60     |       | 434      | 7       |
|          | Ruben Miguel Matos          | 91    | 29.31               | 1:01.11 | Mario Jorge Nunes          |             | 92    | 29.67    | 1:03.53 |
|          | Joao Pedro Alves            | 96    | 30.47               | 1:04.93 | Hugo Miguel Nunes          |             | 90    | 28.62    | 59.03   |
| 7.       | C N Montijo 1               |       | C N Montijo         |         |                            | 4:13.57     |       | 409      | 6       |
|          | Cesar Augusto Gouveia       | 95    | 29.90               | 1:03.01 | Rui Miguel Correia         |             | 96    | 30.47    | 1:04.92 |
|          | Rui Filipe Torrao           | 95    | 28.78               | 1:00.73 | Manuel Jose Alves          |             | 96    | 29.88    | 1:04.91 |
| 8.       | Nautico Abrantes 1          |       | Nautico Abrantes    |         |                            | 4:14.44     |       | 404      | 5       |
|          | Andre Filipe Mendes         |       | 27.64               | 57.87   | Afonso Filipe Gaspar       |             | +1,80 | 30.77    | 1:04.35 |
|          | Miguel Rodrigues Silva      | +1,07 | 32.45               | 1:08.72 | Joao Mauricio Gaspar       |             | +3,28 | 29.78    | 1:03.50 |
| 9.       | Salvaterra de Magos 1       |       | Salvaterra de Magos |         |                            | 4:46.05     |       | 284      | 4       |
|          | Joao Diogo Lucas            | 95    | 33.09               | 1:10.95 | Joao Pereira Luis          |             | 94    | 31.60    | 1:07.41 |
|          | Roberto Oliveira Felisberto | 94    | 31.85               | 1:08.77 | Rodrigo Pereira Damasio    |             | 99    | 36.94    | 1:18.92 |
| DNS      | Goleganense 2               |       | Goleganense         |         |                            |             |       |          |         |
| DNS      | Gualdim Pais 1              |       | Gualdim Pais        |         |                            |             |       |          |         |