

JORNADA APURAMENTO DE CATEGORIAS - ENTRONCAMENTO
Entroncamento, 26-2-2012

1 - 1ª SESSÃO

26-02-2012 - 9:30

Prova 1
26-02-2012

Masc., 200m Costas

13 anos e mais velhos

Resultados

Pontos: FINA 2011

Lugar					Ano			Tempo final	Pts
1.	Joao Manuel Ferreira				92	CLAC-Entroncamento		2:21.04	425
	50m:	33.10	100m:	1:08.51	200m:	2:21.04			
2.	Ivo Andre Lopes				94	Scalabisport		2:22.22	415
	50m:	34.56	100m:	1:10.51	200m:	2:22.22			
3.	Joao Pedro Veiga				97	Alhandra		2:25.32	389
	50m:	32.68	100m:	1:09.38	200m:	2:25.32			
4.	Hugo Miguel Nunes				90	Natação do Tejo		2:25.33	389
	50m:	34.20	100m:	1:11.17	200m:	2:25.33			
5.	Ruben Miguel Matos				91	Natação do Tejo		2:27.20	374
	50m:	34.83	100m:	1:11.93	200m:	2:27.20			
6.	Miguel Martins Barroqueiro				91	CLAC-Entroncamento		2:27.50	372
	50m:	35.47	100m:	1:14.46	200m:	2:27.50			
7.	Eduardo Filipe Felix				95	Alhandra		2:30.09	353
	50m:	33.86	100m:	1:11.49	200m:	2:30.09			
8.	Afonso Filipe Gaspar				97	Nautico Abrantes		2:30.35	351
	50m:	35.20	100m:	1:12.76	200m:	2:30.35			
9.	Joao Pedro Alves				96	Natação do Tejo		2:31.74	341
	50m:	34.48	100m:	1:12.26	200m:	2:31.74			
10.	Pedro Miguel Primo				96	CLAC-Entroncamento		2:32.24	338
	50m:	35.65	100m:	1:14.68	200m:	2:32.24			
11.	Alexandre Emanuel Pereira				93	CLAC-Entroncamento		2:33.22	332
	50m:	36.08	100m:	1:14.88	200m:	2:33.22			
12.	Frederico Sucena Riachos				98	Nucleo Sportinguista do Concel		2:36.29	312
	50m:	36.30	100m:	1:16.38	200m:	2:36.29			
13.	Joao Pedro Rosa				90	CLAC-Entroncamento		2:36.96	308
	50m:	36.68	100m:	1:14.97	200m:	2:36.96			
14.	Joao Mauricio Gaspar				97	Nautico Abrantes		2:37.86	303
	50m:	36.31	100m:	1:15.44	200m:	2:37.86			
15.	Miguel Rodrigues Silva				97	Nautico Abrantes		2:38.78	298
	50m:	37.42	100m:	1:18.08	200m:	2:38.78			
16.	Tiago Filipe Campos				99	Scalabisport		2:39.74	293
	50m:	37.46	100m:	1:17.76	200m:	2:39.74			
17.	Alexandre Miguel Travessa				99	Alhandra		2:44.68	267
	50m:	37.68	100m:	1:20.21	200m:	2:44.68			
18.	Martim Basilio Gil				97	CLAC-Entroncamento		2:49.74	244
	50m:	38.89	100m:	1:22.04	200m:	2:49.74			
19.	Francisco Alexandre Pereira				98	Natação do Tejo		2:50.45	241
	50m:	39.29	100m:	1:22.79	200m:	2:50.45			
20.	Tomas Leal Brito				97	CLAC-Entroncamento		2:50.57	240
	50m:	41.36	100m:	1:24.54	200m:	2:50.57			
21.	Edi Miguel Cristeta				99	Alhandra		2:50.72	240
	50m:	38.46	100m:	1:21.14	200m:	2:50.72			
22.	Afonso Silva Nunes				98	Nautico Abrantes		2:52.53	232
	50m:	39.76	100m:	1:24.35	200m:	2:52.53			

JORNADA APURAMENTO DE CATEGORIAS - ENTRONCAMENTO
Entroncamento, 26-2-2012

Prova 1, Masc., 200m Costas, 13 anos e mais velhos

Lugar					Ano		Tempo final	Pts
23.	Tiago Andre Matos				95	Natação do Tejo	2:55.22	222
	50m:	42.16	100m:	1:26.55	200m:	2:55.22		
24.	Francisco Oliveira Madeira				99	Goleganense	2:55.47	221
	50m:	40.88	100m:	1:25.31	200m:	2:55.47		
25.	Afonso Sergio Goncalves				94	Scalabisport	2:56.04	218
	50m:	41.48	100m:	1:26.20	200m:	2:56.04		
26.	Bruno Tiago Lourenco				95	Natação do Tejo	2:58.07	211
	50m:	41.20	100m:	1:25.33	200m:	2:58.07		
27.	Miguel Feijao Galrinho				99	Goleganense	3:06.54	184
	50m:	44.17	100m:	1:32.11	200m:	3:06.54		
28.	Vasco Leal Brito				99	CLAC-Entroncamento	3:19.03	151
	50m:	46.66	100m:	1:38.67	200m:	3:19.03		
29.	David Antonio Carvalho				99	Natação do Tejo	3:22.60	143
	50m:	45.60	100m:	1:36.13	200m:	3:22.60		
30.	Telmo Joao Faria				97	Natação do Tejo	3:23.21	142
	50m:	45.72	100m:	1:37.19	200m:	3:23.21		
31.	Goncalo Antonio Barreiros				99	Goleganense	3:44.30	105
	50m:	50.90	100m:	1:46.86	200m:	3:44.30		
DNS	Joao Tiago Almeida				99	Scalabisport		
DNS	Joao Miguel Vale				99	Nucleo Sportinguista do Concel		
DNS	Joao Garcia Moura				96	Natação do Tejo		
DNS	Andre Pombo Dias				96	Natação do Tejo		
DNS	Humberto Tomas Silva				97	Alhandra		

Prova 2
26-02-2012

Femin., 200m Costas

12 anos e mais velhos
Resultados

Pontos: FINA 2011

Lugar					Ano		Tempo final	Pts
1.	Julia Matos Lopes				94	Scalabisport	2:29.33	521
	50m:	35.86	100m:	1:13.35	200m:	2:29.33		
2.	Marta Filipa Vinagre				95	Scalabisport	2:31.78	496
	50m:	35.34	100m:	1:13.20	200m:	2:31.78		
3.	Helena Rafaela Tome				98	Alhandra	2:31.95	494
	50m:	35.26	100m:	1:13.95	200m:	2:31.95		
4.	Ana Filipa Sousa				96	Nucleo Sportinguista do Concel	2:34.19	473
	50m:	35.57	100m:	1:14.04	200m:	2:34.19		
5.	Mariana Soares Martinho				99	Scalabisport	2:40.72	418
	50m:	37.97	100m:	1:18.60	200m:	2:40.72		
6.	Catarina Vilhena Gregorio				96	CLAC-Entroncamento	2:45.32	384
	50m:	37.76	100m:	1:19.50	200m:	2:45.32		
7.	Ana Rita Marques				98	Alhandra	2:46.53	375
	50m:	39.68	100m:	1:22.53	200m:	2:46.53		
8.	Carolina Henriques Gavancho				97	CLAC-Entroncamento	2:47.34	370
	50m:	38.78	100m:	1:21.22	200m:	2:47.34		
9.	Sarah Dias				99	Goleganense	2:47.45	369
	50m:	38.73	100m:	1:20.32	200m:	2:47.45		
10.	Daniela Sofia Serra				98	CLAC-Entroncamento	2:47.72	367
	50m:	39.72	100m:	1:23.06	200m:	2:47.72		

JORNADA APURAMENTO DE CATEGORIAS - ENTRONCAMENTO
Entroncamento, 26-2-2012

Prova 2, Femin., 200m Costas, 12 anos e mais velhos

Lugar					Ano		Tempo final	Pts
11.	Rute Isabel Leonardo				98	Nautico Abrantes	2:48.29	364
	50m:	40.45	100m:	1:22.89	200m:	2:48.29		
12.	Daniela Filipa Sampaio				00	Alhandra	2:48.55	362
	50m:	40.06	100m:	1:22.51	200m:	2:48.55		
13.	Maria Beatriz Diogo				99	Nautico Abrantes	2:53.41	332
	50m:	41.50	100m:	1:26.46	200m:	2:53.41		
14.	Ines Isabel Graca				00	Gualdim Pais	2:55.13	323
	50m:	41.04	100m:	1:25.94	200m:	2:55.13		
15.	Mariana Filipa Ponte				96	Alhandra	2:55.52	321
	50m:	39.84	100m:	1:24.04	200m:	2:55.52		
16.	Ana Torres Ferreira				99	Nautico Abrantes	2:57.61	309
	50m:	42.46	100m:	1:27.74	200m:	2:57.61		
17.	Andreia Serra Paulo				99	Goleganense	3:00.01	297
	50m:	43.05	100m:	1:28.87	200m:	3:00.01		
18.	Patricia Silva Conceicao				99	Nautico Abrantes	3:00.62	294
	50m:	42.06	100m:	1:28.00	200m:	3:00.62		
19.	Catia Maria Feijao				00	Goleganense	3:00.79	293
	50m:	43.82	100m:	1:29.95	200m:	3:00.79		
20.	Ines Filipa Costa				99	Goleganense	3:05.38	272
	50m:	42.79	100m:	1:31.08	200m:	3:05.38		
21.	Maria Matilde Santana				98	Goleganense	3:05.72	270
	50m:	43.20	100m:	1:30.53	200m:	3:05.72		
22.	Maria Carolina Rufino				95	CLAC-Entroncamento	3:05.91	270
	50m:	42.83	100m:	1:29.63	200m:	3:05.91		
23.	Carolina Miguel Marques				99	Natação do Tejo	3:06.54	267
	50m:	42.24	100m:	1:29.74	200m:	3:06.54		
24.	Joana Sofia Bica				99	CLAC-Entroncamento	3:07.51	263
	50m:	44.08	100m:	1:30.91	200m:	3:07.51		
25.	Marta Isabel Silva				00	Scalabisport	3:08.70	258
	50m:	43.89	100m:	1:32.57	200m:	3:08.70		
26.	Mafalda Alexandra Cabaca				00	Scalabisport	3:08.88	257
	50m:	45.35	100m:	1:34.31	200m:	3:08.88		
27.	Carolina Alexandra Freitas				99	Gualdim Pais	3:11.02	249
	50m:	43.80	100m:	1:34.13	200m:	3:11.02		
28.	Ines Fernandes Moutinho				99	CLAC-Entroncamento	3:11.42	247
	50m:	44.37	100m:	1:32.61	200m:	3:11.42		
29.	Mariana Sofia Guia				98	Goleganense	3:13.62	239
	50m:	45.84	100m:	1:36.24	200m:	3:13.62		
30.	Ana Raquel Silva				99	Goleganense	3:14.44	236
	50m:	45.78	100m:	1:34.80	200m:	3:14.44		
31.	Rita Viana Miguel				99	CLAC-Entroncamento	3:14.54	235
	50m:	45.59	100m:	1:35.54	200m:	3:14.54		
32.	Neuza Figueiredo Pereira				00	Gualdim Pais	3:21.58	211
	50m:	47.24	100m:	1:38.35	200m:	3:21.58		
33.	Ana Carolina Morais				99	Goleganense	3:34.31	176
	50m:	49.92	100m:	1:43.47	200m:	3:34.31		
34.	Mariana Sofia Gaiao				00	Goleganense	3:37.02	169
	50m:	50.51	100m:	1:47.77	200m:	3:37.02		

JORNADA APURAMENTO DE CATEGORIAS - ENTRONCAMENTO
Entroncamento, 26-2-2012

Prova 2, Femin., 200m Costas, 12 anos e mais velhos

Lugar		Ano		Tempo final	Pts
35.	Barbara Sucena Riachos	00	Goleganense	3:38.63	166
	50m: 49.56 100m: 1:45.56 200m: 3:38.63				
DSQ	Gabriela Alexandra Ribeiro	00	Alhandra		
	<i>Falsa Partida</i>				
DNS	Carolina Louro Pinheiro	98	Alhandra		
DNS	Maria Carolina Gaspar	98	Alhandra		

Prova 3
26-02-2012

Masc., 200m Bruços

13 anos e mais velhos
Resultados

Pontos: FINA 2011

Lugar		Ano		Tempo final	Pts
1.	Joao Manuel Ferreira	92	CLAC-Entroncamento	2:45.47	387
	50m: 35.63 100m: 1:17.66 200m: 2:45.47				
2.	Miguel Carrico Cruz	99	Scalabisport	2:49.01	363
	<i>Recorde Distrital Inf-B (RA - 2:50.08)</i> 50m: 37.04 100m: 1:20.66 200m: 2:49.01				
3.	Eduardo Filipe Felix	95	Alhandra	2:52.33	343
	50m: 38.11 100m: 1:22.48 200m: 2:52.33				
4.	Ricardo Daniel Lucas	94	Scalabisport	2:53.73	335
	50m: 40.13 100m: 1:24.16 200m: 2:53.73				
5.	Tiago Andre Matos	95	Natação do Tejo	2:58.44	309
	50m: 40.42 100m: 1:25.51 200m: 2:58.44				
6.	Joao Mauricio Gaspar	97	Nautico Abrantes	3:02.16	290
	50m: 41.54 100m: 1:28.58 200m: 3:02.16				
7.	Pedro Manuel Nunes	98	CLAC-Entroncamento	3:04.21	281
	50m: 40.34 100m: 1:26.42 200m: 3:04.21				
8.	Afonso Filipe Gaspar	97	Nautico Abrantes	3:07.19	267
	50m: 43.15 100m: 1:31.29 200m: 3:07.19				
9.	Frederico Sucena Riachos	98	Nucleo Sportinguista do Concel	3:11.81	248
	50m: 41.59 100m: 1:30.90 200m: 3:11.81				
10.	Tiago Emanuel Pires	94	Natação do Tejo	3:12.17	247
	50m: 41.40 100m: 1:30.02 200m: 3:12.17				
11.	Martim Basilio Gil	97	CLAC-Entroncamento	3:12.44	246
	50m: 42.13 100m: 1:31.60 200m: 3:12.44				
12.	Tomas Leal Brito	97	CLAC-Entroncamento	3:18.04	226
	50m: 43.36 100m: 1:32.92 200m: 3:18.04				
13.	Tiago Jose Morgado	97	Nucleo Sportinguista do Concel	3:19.78	220
	50m: 43.46 100m: 1:35.04 200m: 3:19.78				
14.	Afonso Silva Nunes	98	Nautico Abrantes	3:20.85	216
	50m: 45.39 100m: 1:37.74 200m: 3:20.85				
15.	Harris Ivanov Markov	97	CLAC-Entroncamento	3:23.57	208
	50m: 43.67 100m: 1:35.45 200m: 3:23.57				
16.	Emanuel Duarte Silva	96	Goleganense	3:25.08	203
	50m: 42.34 100m: 1:32.47 200m: 3:25.08				
17.	Bruno Tiago Lourenco	95	Natação do Tejo	3:25.13	203
	50m: 45.12 100m: 1:35.07 200m: 3:25.13				
18.	Joao Ferreira Santos	98	Torres Novas	3:31.13	186
	50m: 48.13 100m: 1:42.66 200m: 3:31.13				

JORNADA APURAMENTO DE CATEGORIAS - ENTRONCAMENTO
Entroncamento, 26-2-2012

Prova 3, Masc., 200m Bruços, 13 anos e mais velhos

Lugar					Ano		Tempo final	Pts
19.	Francisco Oliveira Madeira				99	Goleganense	3:31.67	185
	50m:	48.14	100m:	1:43.23	200m:	3:31.67		
20.	Manuel Schonenberger Braz				99	Scalabisport	3:36.14	174
	50m:	49.12	100m:	1:45.16	200m:	3:36.14		
21.	Miguel Feijao Galrinho				99	Goleganense	3:37.72	170
	50m:	49.28	100m:	1:44.94	200m:	3:37.72		
22.	Bernardo Jose Dionisio				99	Gualdim Pais	3:39.46	166
	50m:	48.71	100m:	1:45.75	200m:	3:39.46		
23.	Jose Nuno Sousa				99	Nucleo Sportinguista do Concel	3:41.28	162
	50m:	48.78	100m:	1:46.72	200m:	3:41.28		
24.	Joao Leal Cancela				99	Nucleo Sportinguista do Concel	3:44.75	154
	50m:	48.44	100m:	1:46.80	200m:	3:44.75		
25.	David Antonio Carvalho				99	Natação do Tejo	3:54.28	136
	50m:	51.52	100m:	1:51.79	200m:	3:54.28		
DSQ	Pedro Miguel Carvalho				97	Alhandra		
	<i>- Falsa Partida</i>							
DSQ	Vasco Leal Brito				99	CLAC-Entroncamento		
	<i>Batimentos de pernas alternados antes da viragem dos 75 metros</i>							
DSQ	Diogo Filipe Lino				98	Nucleo Sportinguista do Concel		
	<i>Efectuou vários batimentos de pernas alternados durante o percurso sub-aquático</i>							
DNS	Joao Tiago Almeida				99	Scalabisport		

Prova 4
26-02-2012

Femin., 200m Bruços

12 anos e mais velhos
Resultados

Pontos: FINA 2011

Lugar					Ano		Tempo final	Pts
1.	Ines Simoes Rodrigues				96	Scalabisport	2:51.94	479
	50m:	39.81	100m:	1:23.12	200m:	2:51.94		
2.	Ana Catarina Serra				95	Natação do Tejo	2:55.22	452
	50m:	40.07	100m:	1:23.92	200m:	2:55.22		
3.	Catarina Vilhena Gregorio				96	CLAC-Entroncamento	2:57.17	438
	50m:	39.92	100m:	1:24.49	200m:	2:57.17		
4.	Rute Isabel Leonardo				98	Nautico Abrantes	3:00.88	411
	50m:	40.16	100m:	1:25.82	200m:	3:00.88		
5.	Ines Maria Ribeiro				94	CLAC-Entroncamento	3:01.56	407
	50m:	40.70	100m:	1:26.19	200m:	3:01.56		
6.	Maria Beatriz Diogo				99	Nautico Abrantes	3:09.07	360
	50m:	43.09	100m:	1:31.92	200m:	3:09.07		
7.	Maria Beatriz Dias				99	Scalabisport	3:10.00	355
	50m:	42.69	100m:	1:30.69	200m:	3:10.00		
8.	Carolina Louro Pinheiro				98	Alhandra	3:10.87	350
	50m:	42.67	100m:	1:30.34	200m:	3:10.87		
9.	Mariana Filipa Ponte				96	Alhandra	3:18.71	310
	50m:	45.55	100m:	1:36.39	200m:	3:18.71		
10.	Carolina Henriques Gavancho				97	CLAC-Entroncamento	3:19.12	308
	50m:	44.88	100m:	1:35.82	200m:	3:19.12		
11.	Maria Carolina Rufino				95	CLAC-Entroncamento	3:20.30	303
	50m:	45.24	100m:	1:36.30	200m:	3:20.30		

JORNADA APURAMENTO DE CATEGORIAS - ENTRONCAMENTO
Entroncamento, 26-2-2012

Prova 4, Femin., 200m Bruços, 12 anos e mais velhos

Lugar		Ano		Tempo final	Pts
12.	Ines Garrido Nunes 50m: 43.86 100m: 1:36.42 200m: 3:27.32	99	CLAC-Entroncamento	3:27.32	273
13.	Carolina Felicidade Batista 50m: 43.26 100m: 1:38.76 200m: 3:28.67	99	Scalabisport	3:28.67	268
14.	Ana Torres Ferreira 50m: 46.76 100m: 1:40.07 200m: 3:29.38	99	Nautico Abrantes	3:29.38	265
15.	Ana Rita Marques 50m: 46.98 100m: 1:41.63 200m: 3:32.48	98	Alhandra	3:32.48	254
16.	Rita Viana Miguel 50m: 49.42 100m: 1:45.08 200m: 3:32.86	99	CLAC-Entroncamento	3:32.86	252
17.	Mariana Nunes Domingos 50m: 48.50 100m: 1:43.27 200m: 3:33.90	00	Scalabisport	3:33.90	249
18.	Carolina Alexandra Freitas 50m: 47.92 100m: 1:42.38 200m: 3:35.67	99	Gualdim Pais	3:35.67	242
19.	Ines Fernandes Moutinho 50m: 47.91 100m: 1:44.76 200m: 3:35.86	99	CLAC-Entroncamento	3:35.86	242
20.	Joana Sofia Bica 50m: 51.15 100m: 1:46.90 200m: 3:36.75	99	CLAC-Entroncamento	3:36.75	239
21.	Catia Maria Feijao 50m: 48.96 100m: 1:45.20 200m: 3:37.04	00	Goleganense	3:37.04	238
22.	Ines Filipa Costa 50m: 52.01 100m: 1:49.02 200m: 3:44.99	99	Goleganense	3:44.99	213
23.	Ines Margarida Rodrigues 50m: 50.08 100m: 1:46.10 200m: 3:46.77	94	Natação do Tejo	3:46.77	208
24.	Ana Raquel Silva 50m: 51.28 100m: 1:50.31 200m: 3:47.56	99	Goleganense	3:47.56	206
25.	Mariana Sofia Guia 50m: 52.72 100m: 1:51.38 200m: 3:48.85	98	Goleganense	3:48.85	203
26.	Patricia Silva Conceicao 50m: 51.92 100m: 1:51.76 200m: 3:49.32	99	Nautico Abrantes	3:49.32	202
27.	Barbara Sucena Riachos 50m: 55.13 100m: 1:56.83 200m: 4:01.94	00	Goleganense	4:01.94	172
DSQ	Ana Carolina Morais <i>Só tocou com uma mão na parede na viragem dos 50 e 100 metros</i>	99	Goleganense		
DSQ	Carlota Domingos Boavista <i>Durante o percurso a atleta não efectuou a recuperação da braçada com as mãos juntas e em simultâneo</i>	98	Goleganense		
DNS	Ana Carolina Alarico	94	Nucleo Sportinguista do Concel		

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Prova 5 Femin., 800m Livres 12 anos e mais velhos
26-02-2012 Resultados

12 Anos FEM 12: 14:00.00 / 13 Anos MAS/FEM 13: 13:17.00 / 14 Anos MAS/FEM 14: 12:41.00 / JUN/SEN FEM 15 +: 12:17.00

Pontos: FINA 2011

Lugar					Ano					Tempo final	Pts
1.	Marta Filipa Vinagre				95	Scalabisport				9:51.54	549
	50m:	31.82	100m:	1:05.61	200m:	2:14.77	400m:	4:39.51	800m:	9:51.54	
2.	Ana Cristina Alcacarenho				97	Nucleo Sportinguista do Concel				10:17.60	482
	50m:	34.66	100m:	1:12.06	200m:	2:28.95	400m:	5:05.39	800m:	10:17.60	
3.	Clarisse Matos Lopes				98	Scalabisport				10:19.20	479
	50m:	36.76	100m:	1:15.10	200m:	2:32.92	400m:	5:08.60	800m:	10:19.20	
4.	Carolina Louro Pinheiro				98	Alhandra				10:39.32	435
	50m:	36.16	100m:	1:15.57	200m:	2:34.45	400m:	5:16.42	800m:	10:39.32	
5.	Maria Carolina Gaspar				98	Alhandra				10:39.82	434
	50m:	36.70	100m:	1:16.63	200m:	2:37.89	400m:	5:20.20	800m:	10:39.82	
6.	Mariana Fernandes Antunes				95	Scalabisport				10:44.62	424
	50m:	35.73	100m:	1:14.66	200m:	2:33.95	400m:	5:14.62	800m:	10:44.62	
7.	Ana Carolina Gomes				97	Cartaxo				10:47.04	419
	50m:	36.34	100m:	1:16.72	200m:	2:39.84	400m:	5:28.38	800m:	10:47.04	
8.	Ana Claudia Santo				97	Cartaxo				10:48.51	417
	50m:	34.70	100m:	1:13.39	200m:	2:35.23	400m:	5:19.54	800m:	10:48.51	
9.	Ana Rita Ferreira				92	Nucleo Sportinguista do Concel				10:48.64	416
	50m:	34.76	100m:	1:12.67	200m:	2:31.07	400m:	5:12.63	800m:	10:48.64	
10.	Daniela Sofia Serra				98	CLAC-Entroncamento				11:04.14	388
	50m:	36.22	100m:	1:16.82	200m:	2:39.82	400m:	5:28.10	800m:	11:04.14	
11.	Tatiana Lima Silva				96	Natação do Tejo				11:40.78	330
	50m:	38.34	100m:	1:21.07	200m:	2:47.22	400m:	5:44.15	800m:	11:40.78	
12.	Joana Sofia Amado				99	Cartaxo				11:53.80	312
	50m:	37.36	100m:	1:20.23	200m:	2:48.64	400m:	5:49.70	800m:	11:53.80	
13.	Ana Teresa Nunes				88	Natação do Tejo				11:53.87	312
	50m:	37.28	100m:	1:19.30	200m:	2:48.06	400m:	5:49.58	800m:	11:53.87	
14.	Maria Matilde Santana				98	Goleganense				12:13.48	288
	50m:	39.35	100m:	1:25.44	200m:	2:56.48	400m:	6:03.53	800m:	12:13.48	
15.	Ines Sousa Luis				99	Torres Novas				12:14.07	287
	50m:	39.91	100m:	1:25.01	200m:	2:56.97	400m:	6:18.26	800m:	12:14.07	
16.	Mafalda Alexandra Cabaca				00	Scalabisport				12:21.34	279
	50m:	42.51	100m:	1:28.95	200m:	3:02.46	400m:	6:12.85	800m:	12:21.34	
17.	Ines Isabel Graca				00	Gualdim Pais				12:26.39	273
	50m:	40.73	100m:	1:28.23	200m:	3:03.10	400m:	6:15.54	800m:	12:26.39	
18.	Mariana Nunes Domingos				00	Scalabisport				12:32.28	267
	50m:	40.47	100m:	1:26.59	200m:	3:01.04	400m:	6:12.06	800m:	12:32.28	
19.	Carolina Miguel Marques				99	Natação do Tejo				12:44.94	254
	50m:	39.84	100m:	1:26.19	200m:	3:01.70	400m:	6:15.24	800m:	12:44.94	
20.	Ana Maria Nunes				97	CLAC-Entroncamento				12:44.95	254
	FTL										
	50m:	40.53	100m:	1:26.18	200m:	3:01.21	400m:	6:15.99	800m:	12:44.95	
21.	Susana Patricia Rosa				96	CLAC-Entroncamento				12:49.25	249
	FTL										
	50m:	37.54	100m:	1:23.54	200m:	2:59.76	400m:	6:16.35	800m:	12:49.25	
22.	Ines Barata Domingos				00	Nucleo Sportinguista do Concel				12:54.46	244
	50m:	40.05	100m:	1:29.03	200m:	3:05.44	400m:	6:26.19	800m:	12:54.46	

JORNADA APURAMENTO DE CATEGORIAS - ENTRONCAMENTO
Entroncamento, 26-2-2012

Prova 5, Femin., 800m Livres, 12 anos e mais velhos

Lugar	Ano	Tempo final	Pts
DSQ Ines Maria Ribeiro - Falsa Partida	94 CLAC-Entroncamento		
DNS Sarah Dias	99 Goleganense		
DNS Ana Carolina Alarico	94 Nucleo Sportinguista do Concel		

Prova 5 Masc., 800m Livres 13 anos e mais velhos
26-02-2012 Resultados

13 Anos MAS/FEM 13: 12:30.00 / 14 Anos MAS/FEM 14: 11:42.00 / 15 Anos MAS 15: 11:08.00 / 16 Anos MAS 16: 10:50.00 / JUN/
SEN MAS 17 +: 10:34.00

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Joao Luis Baeta	94 Scalabisport	9:22.57	489
50m: 29.86 100m: 1:02.73 200m: 2:12.04 400m: 4:35.80 800m: 9:22.57			
2. Diogo Serrao Santos	96 Scalabisport	9:40.04	446
50m: 32.91 100m: 1:08.96 200m: 2:22.06 400m: 4:48.72 800m: 9:40.04			
3. Joao Carlos Gabriel	97 Scalabisport	10:01.77	400
50m: 33.26 100m: 1:09.70 200m: 2:24.61 400m: 4:56.02 800m: 10:01.77			
4. Miguel Martins Barroqueiro	91 CLAC-Entroncamento	10:10.42	383
50m: 32.48 100m: 1:09.99 200m: 2:27.40 400m: 5:00.96 800m: 10:10.42			
5. Rui Miguel Ribeiro	95 Cartaxo	10:20.21	365
50m: 34.39 100m: 1:11.36 200m: 2:27.06 400m: 5:06.45 800m: 10:20.21			
6. Joao Pedro Rosa	90 CLAC-Entroncamento	10:25.83	355
50m: 35.37 100m: 1:13.35 200m: 2:31.93 400m: 5:10.46 800m: 10:25.83			
7. Alexandre Emanuel Pereira	93 CLAC-Entroncamento	10:37.63	336
FTL 50m: 33.66 100m: 1:11.44 200m: 2:30.73 400m: 5:13.03 800m: 10:37.63			
8. Duarte Miguel Campino	98 Cartaxo	10:37.67	336
50m: 32.78 100m: 1:10.08 200m: 2:29.28 400m: 5:11.08 800m: 10:37.67			
9. Diogo Filipe Lino	98 Nucleo Sportinguista do Concel	11:00.80	302
50m: 37.12 100m: 1:18.66 200m: 2:42.41 400m: 5:30.31 800m: 11:00.80			
10. Tiago Jose Morgado	97 Nucleo Sportinguista do Concel	11:13.71	285
FTL 50m: 37.12 100m: 1:18.43 200m: 2:43.08 400m: 5:34.38 800m: 11:13.71			
11. Alexandre Rodrigues Faria	95 Torres Novas	11:16.68	281
FTL 50m: 36.70 100m: 1:18.78 200m: 2:44.44 400m: 5:36.14 800m: 11:16.68			
12. Bernardo Teixeira Quintela	97 Nucleo Sportinguista do Concel	11:32.86	262
FTL 50m: 36.80 100m: 1:17.36 200m: 2:41.80 400m: 5:37.17 800m: 11:32.86			
13. Pedro Manuel Nunes	98 CLAC-Entroncamento	11:37.97	256
50m: 39.41 100m: 1:22.70 200m: 2:51.19 400m: 5:49.60 800m: 11:37.97			
14. Manuel Schonenberger Braz	99 Scalabisport	11:57.64	235
50m: 41.04 100m: 1:27.94 200m: 2:59.85 400m: 6:02.60 800m: 11:57.64			
15. Bernardo Jose Dionisio	99 Gualdim Pais	12:04.28	229
50m: 39.68 100m: 1:23.78 200m: 2:54.37 400m: 6:03.37 800m: 12:04.28			
16. Jose Nuno Sousa	99 Nucleo Sportinguista do Concel	12:16.08	218
50m: 40.21 100m: 1:26.09 200m: 2:58.38 400m: 6:06.03 800m: 12:16.08			
17. Joao Leal Cancela	99 Nucleo Sportinguista do Concel	12:49.23	191
FTL 50m: 39.22 100m: 1:23.59 200m: 2:57.88 400m: 6:16.69 800m: 12:49.23			

JORNADA APURAMENTO DE CATEGORIAS - ENTRONCAMENTO
Entroncamento, 26-2-2012

Prova 5, Masc., 800m Livres, 13 anos e mais velhos

Lugar	Ano	Tempo final	Pts
18. Francisco Miguel Gaspar <i>FTL</i>	83 Gualdim Pais	12:55.84	186
50m: 41.97 100m: 1:28.15 200m: 3:03.00 400m: 6:20.08 800m: 12:55.84			
DSQ Pedro Miguel Henriques <i>- Falsa Partida</i>	96 Cartaxo		
DNS Rafael Dores Martins	94 Natação do Tejo		

2 - 2ª SESSÃO

26-02-2012 - 15:30

Prova 6
26-02-2012

Femin., 200m Mariposa

12 anos e mais velhos
Resultados

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Maria Carolina Gaspar	98 Alhandra	2:40.90	422
50m: 36.34 100m: 1:17.56 200m: 2:40.90			
2. Mariana Fernandes Antunes	95 Scalabisport	2:41.07	421
50m: 36.68 100m: 1:17.54 200m: 2:41.07			
3. Ines Simoes Rodrigues	96 Scalabisport	2:43.26	404
50m: 35.16 100m: 1:15.06 200m: 2:43.26			
4. Mariana Soares Martinho	99 Scalabisport	2:46.32	382
50m: 37.20 100m: 1:19.21 200m: 2:46.32			
5. Catarina Vilhena Gregorio	96 CLAC-Entroncamento	2:48.60	367
50m: 36.51 100m: 1:19.32 200m: 2:48.60			
6. Daniela Filipa Sampaio	00 Alhandra	2:51.98	346
50m: 38.13 100m: 1:21.22 200m: 2:51.98			
7. Carolina Henriques Gavancho	97 CLAC-Entroncamento	2:55.02	328
50m: 37.56 100m: 1:21.48 200m: 2:55.02			
8. Maria Beatriz Dias	99 Scalabisport	2:57.95	312
50m: 39.73 100m: 1:24.16 200m: 2:57.95			
9. Rute Isabel Leonardo	98 Nautico Abrantes	3:02.64	289
50m: 40.64 100m: 1:28.07 200m: 3:02.64			
10. Ines Maria Ribeiro	94 CLAC-Entroncamento	3:03.79	283
50m: 39.11 100m: 1:26.06 200m: 3:03.79			
11. Susana Patricia Rosa	96 CLAC-Entroncamento	3:07.16	268
50m: 38.92 100m: 1:25.45 200m: 3:07.16			
12. Ana Teresa Nunes	88 Natação do Tejo	3:08.80	261
50m: 40.73 100m: 1:27.86 200m: 3:08.80			
13. Daniela Sofia Serra	98 CLAC-Entroncamento	3:15.89	234
50m: 40.36 100m: 1:30.36 200m: 3:15.89			
14. Ana Maria Nunes	97 CLAC-Entroncamento	3:19.51	221
50m: 43.07 100m: 1:33.60 200m: 3:19.51			
15. Maria Beatriz Diogo	99 Nautico Abrantes	3:20.48	218
50m: 43.71 100m: 1:35.45 200m: 3:20.48			
16. Patricia Silva Conceicao	99 Nautico Abrantes	3:30.53	188
50m: 44.19 100m: 1:38.27 200m: 3:30.53			
DSQ Rita Viana Miguel	99 CLAC-Entroncamento		
<i>A atleta efectuou toque não simultâneo de mãos na viragem dos 100 e 150 metros</i>			

JORNADA APURAMENTO DE CATEGORIAS - ENTRONCAMENTO
Entroncamento, 26-2-2012

Prova 6, Femin., 200m Mariposa, 12 anos e mais velhos

Lugar	Ano	Tempo final	Pts
DSQ Ana Torres Ferreira	99 Nautico Abrantes		
<i>Antes da viragem dos 125 metros a atleta efectuou batimentos alternados</i>			
DNS Helena Rafaela Tome	98 Alhandra		
DNS Tatiana Lima Silva	96 Natação do Tejo		
DNS Sarah Dias	99 Goleganense		

Prova 7
26-02-2012

Masc., 200m Mariposa

13 anos e mais velhos
Resultados

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Ricardo Daniel Lucas	94 Scalabisport	2:20.63	467
50m: 31.24 100m: 1:06.90 200m: 2:20.63			
2. Hugo Miguel Nunes	90 Natação do Tejo	2:20.74	465
50m: 30.89 100m: 1:07.42 200m: 2:20.74			
3. Ruben Miguel Matos	91 Natação do Tejo	2:23.13	442
50m: 31.73 100m: 1:07.39 200m: 2:23.13			
4. Diogo Serrao Santos	96 Scalabisport	2:25.70	419
50m: 32.64 100m: 1:08.25 200m: 2:25.70			
5. Mario Jorge Nunes	92 Natação do Tejo	2:31.60	372
50m: 32.89 100m: 1:11.74 200m: 2:31.60			
6. Joao Pedro Alves	96 Natação do Tejo	2:33.23	361
50m: 32.39 100m: 1:10.83 200m: 2:33.23			
7. Afonso Filipe Gaspar	97 Nautico Abrantes	2:34.90	349
50m: 33.40 100m: 1:12.17 200m: 2:34.90			
8. Joao Manuel Ferreira	92 CLAC-Entroncamento	2:38.96	323
50m: 32.52 100m: 1:11.81 200m: 2:38.96			
9. Tiago Filipe Campos	99 Scalabisport	2:44.48	291
50m: 34.42 100m: 1:15.36 200m: 2:44.48			
10. Joao Mauricio Gaspar	97 Nautico Abrantes	2:44.72	290
50m: 37.51 100m: 1:21.32 200m: 2:44.72			
11. Andre Pombo Dias	96 Natação do Tejo	2:47.65	275
50m: 35.44 100m: 1:19.35 200m: 2:47.65			
12. Pedro Miguel Carvalho	97 Alhandra	2:47.73	275
50m: 36.39 100m: 1:18.80 200m: 2:47.73			
13. Miguel Carrico Cruz	99 Scalabisport	2:52.02	255
50m: 38.16 100m: 1:21.67 200m: 2:52.02			
14. Pedro Miguel Primo	96 CLAC-Entroncamento	2:53.21	249
50m: 36.18 100m: 1:19.27 200m: 2:53.21			
15. Martim Basilio Gil	97 CLAC-Entroncamento	2:55.81	239
50m: 37.06 100m: 1:22.25 200m: 2:55.81			
16. Alexandre Miguel Travessa	99 Alhandra	2:57.17	233
50m: 38.14 100m: 1:23.80 200m: 2:57.17			
17. Jose Carlos Rebelo	96 CLAC-Entroncamento	3:03.04	211
50m: 36.90 100m: 1:23.09 200m: 3:03.04			
18. Francisco Alexandre Pereira	98 Natação do Tejo	3:04.74	206
50m: 38.17 100m: 1:24.08 200m: 3:04.74			
19. Bernardo Teixeira Quintela	97 Nucleo Sportinguista do Concel	3:06.93	198
50m: 38.27 100m: 1:25.53 200m: 3:06.93			

JORNADA APURAMENTO DE CATEGORIAS - ENTRONCAMENTO
Entroncamento, 26-2-2012

Prova 7, Masc., 200m Mariposa, 13 anos e mais velhos

Lugar	Ano	Tempo final	Pts
20. Pedro Manuel Nunes	98 CLAC-Entroncamento	3:12.90	180
50m: 41.65 100m: 1:31.26 200m: 3:12.90			
21. Afonso Silva Nunes	98 Nautico Abrantes	3:28.42	143
50m: 41.33 100m: 1:36.86 200m: 3:28.42			
DSQ Edi Miguel Cristeta	99 Alhandra		
<i>Na viragem dos 175 metros só tocou com uma mão na parede</i>			
DNS Humberto Tomas Silva	97 Alhandra		
DNS Joao Pedro Veiga	97 Alhandra		

Prova 8 Femin., 1500m Livres 12 anos e mais velhos
26-02-2012 Resultados

12 Anos FEM 12: 25:30.00 / 13 Anos MAS/FEM 13: 24:50.00 / 14 Anos MAS/FEM 14: 24:00.00 / JUN/SEN FEM 15 +: 23:20.00

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Julia Matos Lopes	94 Scalabisport	17:55.02	644
<i>Recorde Distrital ABS e SEN (RA - 18:07:64)</i>			
50m: 34.07 100m: 1:10.51 200m: 2:23.13 400m: 4:47.70 800m: 9:33.76 1500m: 17:55.02			
2. Marta Filipa Vinagre	95 Scalabisport	18:28.44	588
50m: 34.12 100m: 1:10.38 200m: 2:23.34 400m: 4:48.48 800m: 9:46.06 1500m: 18:28.44			
3. Clarisse Matos Lopes	98 Scalabisport	18:32.73	581
<i>Recorde Distrital JUV (RA - 19:36.96)</i>			
50m: 35.04 100m: 1:12.54 200m: 2:27.32 400m: 4:55.20 800m: 9:51.73 1500m: 18:32.73			
4. Helena Rafaela Tome	98 Alhandra	19:14.44	520
50m: 33.54 100m: 1:11.37 200m: 2:28.89 400m: 5:04.51 800m: 10:15.76 1500m: 19:14.44			
5. Ana Cristina Alcacarenho	97 Nucleo Sportinguista do Concel	19:36.89	491
50m: 34.64 100m: 1:12.64 200m: 2:28.89 400m: 5:03.86 800m: 10:21.32 1500m: 19:36.89			
6. Ana Filipa Sousa	96 Nucleo Sportinguista do Concel	19:54.32	470
50m: 34.67 100m: 1:13.73 200m: 2:32.70 400m: 5:10.64 800m: 10:30.76 1500m: 19:54.32			
7. Catarina Vilhena Gregorio	96 CLAC-Entroncamento	20:00.81	462
50m: 36.04 100m: 1:16.06 200m: 2:36.43 400m: 5:18.25 800m: 10:43.51 1500m: 20:00.81			
8. Ana Claudia Santo	97 Cartaxo	20:12.27	449
50m: 37.64 100m: 1:19.12 200m: 2:41.44 400m: 5:25.86 800m: 10:52.60 1500m: 20:12.27			
9. Ana Rita Ferreira	92 Nucleo Sportinguista do Concel	20:27.84	432
50m: 37.06 100m: 1:17.57 200m: 2:39.70 400m: 5:22.70 800m: 10:45.67 1500m: 20:27.84			
10. Ana Carolina Gomes	97 Cartaxo	20:41.07	418
50m: 37.42 100m: 1:18.20 200m: 2:41.48 400m: 5:27.20 800m: 10:58.76 1500m: 20:41.07			
11. Carolina Henriques Gavancho	97 CLAC-Entroncamento	21:16.96	384
50m: 37.22 100m: 1:18.98 200m: 2:44.14 400m: 5:33.22 800m: 11:17.42 1500m: 21:16.96			
DNS Joana Sofia Amado	99 Cartaxo		

JORNADA APURAMENTO DE CATEGORIAS - ENTRONCAMENTO
Entroncamento, 26-2-2012

Prova 8, 1500m Livres

Prova 8
26-02-2012

Masc., 1500m Livres

13 anos e mais velhos
Resultados

Pontos: FINA 2011

Lugar					Ano					Tempo final	Pts
1.	Ivo Andre Lopes				94	Scalabisport				17:32.44	527
	50m: 32.63	100m: 1:08.69	200m: 2:19.14	400m: 4:41.56	800m: 9:20.32	1500m: 17:32.44					
2.	Joao Luis Baeta				94	Scalabisport				17:46.91	505
	50m: 32.32	100m: 1:07.91	200m: 2:19.16	400m: 4:41.80	800m: 9:27.66	1500m: 17:46.91					
3.	Pedro Miguel Henriques				96	Cartaxo				18:09.38	475
	50m: 31.91	100m: 1:07.50	200m: 2:18.72	400m: 4:41.94	800m: 9:32.57	1500m: 18:09.38					
4.	Joao Pedro Veiga				97	Alhandra				18:18.48	463
	50m: 32.85	100m: 1:08.89	200m: 2:21.95	400m: 4:48.92	800m: 9:46.60	1500m: 18:18.48					
5.	Nuno Ricardo Nogueira				94	Nucleo Sportinguista do Concel				18:48.39	427
	50m: 32.58	100m: 1:08.42	200m: 2:21.02	400m: 4:47.48	800m: 9:49.89	1500m: 18:48.39					
6.	Joao Carlos Gabriel				97	Scalabisport				18:53.39	421
	50m: 34.67	100m: 1:12.32	200m: 2:28.26	400m: 5:01.39	800m: 10:05.20	1500m: 18:53.39					
7.	Rafael Barata Domingos				95	Nucleo Sportinguista do Concel				19:10.20	403
	50m: 35.20	100m: 1:12.70	200m: 2:29.09	400m: 5:00.70	800m: 10:07.23	1500m: 19:10.20					
8.	Mario Jorge Nunes				92	Natação do Tejo				19:18.67	394
	50m: 35.23	100m: 1:13.00	200m: 2:30.80	400m: 5:03.54	800m: 10:14.73	1500m: 19:18.67					
9.	Joao Pedro Alves				96	Natação do Tejo				20:05.70	350
	50m: 33.39	100m: 1:11.79	200m: 2:31.84	400m: 5:16.16	800m: 10:44.73	1500m: 20:05.70					
10.	Rui Miguel Ribeiro				95	Cartaxo				20:07.62	348
	50m: 36.20	100m: 1:14.99	200m: 2:33.03	400m: 5:10.91	800m: 10:35.88	1500m: 20:07.62					
11.	Frederico Sucena Riachos				98	Nucleo Sportinguista do Concel				20:11.35	345
	<i>Extra-Prova</i>										
	50m: 35.60	100m: 1:15.44	200m: 2:38.25	400m: 5:23.56	800m: 10:49.85	1500m: 20:11.35					
12.	Duarte Miguel Campino				98	Cartaxo				20:12.32	344
	50m: 33.67	100m: 1:12.16	200m: 2:28.81	400m: 5:09.60	800m: 10:38.35	1500m: 20:12.32					
13.	Miguel Rodrigues Silva				97	Nautico Abrantes				20:13.54	343
	50m: 35.82	100m: 1:15.76	200m: 2:37.54	400m: 5:22.45	800m: 10:47.76	1500m: 20:13.54					
14.	Pedro Miguel Primo				96	CLAC-Entroncamento				20:21.22	337
	50m: 34.76	100m: 1:14.54	200m: 2:36.84	400m: 5:20.95	800m: 10:44.29	1500m: 20:21.22					
15.	Diogo Filipe Lino				98	Nucleo Sportinguista do Concel				20:36.92	324
	<i>Extra-Prova</i>										
	50m: 36.11	100m: 1:16.24	200m: 2:39.30	400m: 5:25.98	800m: 10:53.75	1500m: 20:36.92					
16.	Tiago Emanuel Pires				94	Natação do Tejo				20:59.27	307
	50m: 36.72	100m: 1:16.58	200m: 2:39.71	400m: 5:29.05	800m: 11:13.78	1500m: 20:59.27					
17.	Francisco Alexandre Pereira				98	Natação do Tejo				21:02.10	305
	50m: 36.68	100m: 1:18.12	200m: 2:43.18	400m: 5:32.52	800m: 11:16.34	1500m: 21:02.10					
18.	Afonso Silva Nunes				98	Nautico Abrantes				21:02.80	305
	50m: 36.26	100m: 1:17.95	200m: 2:42.70	400m: 5:31.60	800m: 11:16.13	1500m: 21:02.80					
19.	Tiago Jose Morgado				97	Nucleo Sportinguista do Concel				21:54.36	270
	<i>Extra-Prova</i>										
	50m: 37.16	100m: 1:18.66	200m: 2:44.57	400m: 5:37.49	800m: 11:32.88	1500m: 21:54.36					
20.	Tomas Leal Brito				97	CLAC-Entroncamento				22:05.51	263
	50m: 37.39	100m: 1:19.42	200m: 2:46.14	400m: 5:42.39	800m: 11:36.61	1500m: 22:05.51					
DNS	Pedro Afonso Gaspar				94	Nucleo Sportinguista do Concel					