

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

1 - 1ª SESSÃO

26-05-2012 - 9:30

Prova 1 400m Estilos 12 anos e mais velhos  
26-05-2012 Resultados

INF-A 13 Anos FEM 13 Femin.: 7:13.00 / INF-A 14 Anos MAS 14 Masc.: 7:12.00 / INF-B 12 Anos FEM 12 Femin.: 7:52.50 / INF-B 13 Anos MAS 13 Masc.: 7:43.50 / JUN/SEN FEM - 15 + Anos 15 + Femin.: 6:50.50 / JUN/SEN MAS - 17 + Anos 17 + Masc.: 6:40.00 / JUV 14 Anos FEM 14 Femin.: 6:57.50 / JUV-A 16 Anos MAS 16 Masc.: 6:49.50 / JUV-B 15 Anos MAS 15 Masc.: 7:01.00

Pontos: FINA 2012

Lugar					Ano					Tempo final	Pts
12 anos e mais velhos, Femin.											
1.	Julia Matos Lopes				94	Scalabisport				<b>5:35.57</b>	517
	50m:	35.09	150m:	1:59.26	250m:	3:34.39	350m:	5:01.51			
	100m:	1:13.93	200m:	2:43.20	300m:	4:23.69	400m:	5:35.57			
2.	Mariana Soares Martinho				99	Scalabisport				<b>5:53.17</b>	444
	50m:	39.27	150m:	2:06.50	250m:	3:43.35	350m:	5:15.78			
	100m:	1:22.63	200m:	2:50.14	300m:	4:35.90	400m:	5:53.17			
3.	Soraya Dea Matias				95	Torres Novas				<b>5:54.54</b>	438
	50m:	35.86	150m:	2:05.94	250m:	3:41.89	350m:	5:14.75			
	100m:	1:17.92	200m:	2:52.46	300m:	4:32.86	400m:	5:54.54			
4.	Maria Clara Marques				94	Litoral Alentejano				<b>5:56.49</b>	431
	50m:	37.37	150m:	2:06.45	250m:	3:44.66	350m:	5:16.24			
	100m:	1:18.92	200m:	2:52.34	300m:	4:35.00	400m:	5:56.49			
5.	Catarina Goncalves Trezentos				98	Gualdim Pais				<b>6:12.38</b>	378
	50m:	42.95	150m:	2:22.67	250m:	3:58.82	350m:	5:32.88			
	100m:	1:36.01	200m:	3:08.71	300m:	4:50.97	400m:	6:12.38			
6.	Ana Claudia Santo				97	Cartaxo				<b>6:14.48</b>	372
	50m:	43.19	150m:	2:18.92	250m:	3:57.99	350m:	5:32.70			
	100m:	1:33.98	200m:	3:04.21	300m:	4:52.06	400m:	6:14.48			
7.	Carolina Henriques Gavancho				97	CLAC-Entroncamento				<b>6:17.48</b>	363
	50m:	39.79	150m:	2:16.27	250m:	4:00.11	350m:	5:37.28			
	100m:	1:27.32	200m:	3:04.89	300m:	4:54.92	400m:	6:17.48			
8.	Ana Catarina Santos				00	Uniao Samorense				<b>6:18.41</b>	361
	50m:	41.22	150m:	2:17.87	250m:	4:02.28	350m:	5:39.90			
	100m:	1:29.83	200m:	3:03.22	300m:	4:58.76	400m:	6:18.41			
9.	Raquel Sofia Jorge				98	Salvaterra de Magos				<b>6:20.64</b>	354
	50m:	40.16	150m:	2:20.36	250m:	4:04.86	350m:	5:40.74			
	100m:	1:28.02	200m:	3:11.77	300m:	4:57.78	400m:	6:20.64			
10.	Ines Maria Ribeiro				94	CLAC-Entroncamento				<b>6:20.85</b>	354
	50m:	40.39	150m:	2:22.17	250m:	4:03.83	350m:	5:37.98			
	100m:	1:29.65	200m:	3:12.98	300m:	4:53.89	400m:	6:20.85			
11.	Tatiana Lima Silva				96	Natacao do Tejo				<b>6:21.10</b>	353
	50m:	38.09	150m:	2:14.48	250m:	3:58.32	350m:	5:37.89			
	100m:	1:24.73	200m:	3:02.98	300m:	4:54.07	400m:	6:21.10			
12.	Carolina Leal Serra				99	Torres Novas				<b>6:29.22</b>	331
	50m:	43.02	150m:	2:25.80	250m:	4:05.88	350m:	5:44.56			
	100m:	1:37.45	200m:	3:13.79	300m:	4:59.38	400m:	6:29.22			
13.	Daniela Patricia Araujo				98	Rio Maior				<b>6:37.06</b>	312
	50m:	41.52	150m:	2:21.70	250m:	4:09.95	350m:	5:53.05			
	100m:	1:27.41	200m:	3:15.60	300m:	5:05.42	400m:	6:37.06			
14.	Ines Fernandes Moutinho				99	CLAC-Entroncamento				<b>6:48.01</b>	288
	50m:	44.69	150m:	2:34.35	250m:	4:23.43	350m:	6:04.39			
	100m:	1:40.37	200m:	3:28.37	300m:	5:18.90	400m:	6:48.01			
15.	Maria Pinto Goncalves				00	Salvaterra de Magos				<b>7:26.24</b>	220
	50m:	51.66	150m:	2:47.34	250m:	4:44.95	350m:	6:39.23			
	100m:	1:51.14	200m:	3:42.93	300m:	5:49.33	400m:	7:26.24			

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 1, Femin., 400m Estilos, 12 anos e mais velhos

Lugar	Ano	Tempo final	Pts
DNS Catarina Vilhena Gregorio	96	CLAC-Entroncamento	
DNS Ana Maria Nunes	97	CLAC-Entroncamento	

13 anos e mais velhos, Masc.

1. Jose Eduardo Felicio	97	Rio Maior	<b>5:12.32</b>	475
50m: 33.04 150m: 1:51.11 250m: 3:16.70 350m: 4:37.25				
100m: 1:10.95 200m: 2:30.22 300m: 4:02.58 400m: 5:12.32				
2. Joao Manuel Ferreira	92	CLAC-Entroncamento	<b>5:18.20</b>	450
50m: 30.77 150m: 1:50.12 250m: 3:16.39 350m: 4:40.63				
100m: 1:09.01 200m: 2:30.73 300m: 4:02.62 400m: 5:18.20				
3. Gil Vasco Goncalves	97	Litoral Alentejano	<b>5:32.18</b>	395
50m: 31.54 150m: 1:54.88 250m: 3:28.14 350m: 4:55.29				
100m: 1:09.51 200m: 2:39.34 300m: 4:17.83 400m: 5:32.18				
4. Afonso Guilherme Rosa	99	Gualdim Pais	<b>5:35.34</b>	384
50m: 34.41 150m: 1:58.26 250m: 3:32.22 350m: 5:01.06				
100m: 1:15.96 200m: 2:39.44 300m: 4:25.15 400m: 5:35.34				
5. Jose Henriques Luz	99	Goleganense	<b>5:39.99</b>	368
50m: 34.56 150m: 1:58.84 250m: 3:32.25 350m: 5:04.08				
100m: 1:15.34 200m: 2:42.21 300m: 4:24.90 400m: 5:39.99				
6. Tiago Filipe Campos	99	Scalabisport	<b>5:46.86</b>	347
50m: 34.86 150m: 2:03.46 250m: 3:38.37 350m: 5:11.08				
100m: 1:19.06 200m: 2:47.16 300m: 4:33.40 400m: 5:46.86				
7. Rui Miguel Ribeiro	95	Cartaxo	<b>5:47.63</b>	345
50m: 35.43 150m: 2:05.48 250m: 3:37.22 350m: 5:11.63				
100m: 1:19.85 200m: 2:47.81 300m: 4:28.37 400m: 5:47.63				
8. Dario Fausto Matias	98	Torres Novas	<b>5:53.00</b>	329
50m: 37.34 150m: 2:08.28 250m: 3:44.03 350m: 5:16.05				
100m: 1:22.91 200m: 2:52.83 300m: 4:36.90 400m: 5:53.00				
9. Pedro Miguel Primo	96	CLAC-Entroncamento	<b>5:55.21</b>	323
50m: 36.93 150m: 2:09.32 250m: 3:42.02 350m: 5:13.96				
100m: 1:22.90 200m: 2:52.81 300m: 4:32.31 400m: 5:55.21				
10. Martim Basilio Gil	97	CLAC-Entroncamento	<b>6:03.21</b>	302
50m: 34.87 150m: 2:08.64 250m: 3:45.66 350m: 5:22.08				
100m: 1:19.56 200m: 2:55.38 300m: 4:39.27 400m: 6:03.21				
11. Francisco Alexandre Pereira	98	Natacao do Tejo	<b>6:05.57</b>	296
50m: 39.00 150m: 2:08.63 250m: 3:48.43 350m: 5:26.65				
100m: 1:21.67 200m: 2:55.64 300m: 4:42.80 400m: 6:05.57				
12. Hugo Filipe Correia	99	Litoral Alentejano	<b>6:12.51</b>	280
50m: 38.14 150m: 2:10.36 250m: 3:53.23 350m: 5:29.56				
100m: 1:20.99 200m: 2:59.89 300m: 4:46.57 400m: 6:12.51				
DSQ Guilherme Antonio Reis	96	Torres Novas		
<i>- Batimentos de pernas alternados no percurso de mariposa</i>				
DNS Marco Andre Miguel	99	Torres Novas		

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 2 Femin., 200m Livres 12 anos e mais velhos  
26-05-2012 Resultados

INF-A 13 Anos FEM 13: 3:12.00 / INF-B 12 Anos FEM 12: 3:24.50 / JUN/SEN FEM - 15 + Anos 15 +: 2:56.00

Pontos: FINA 2012

Lugar					Ano				Tempo final	Pts
<b>12 anos e mais velhos</b>										
1.	Marta Filipa Vinagre	95	Individual Santarem					<b>2:17.77</b>	551	
	50m: 31.69 100m: 1:06.43			150m: 1:42.34	200m: 2:17.77					
2.	Mariana Veloso Vitoria	98	Nautico Abrantes					<b>2:19.17</b>	535	
	50m: 31.49 100m: 1:06.66			150m: 1:43.33	200m: 2:19.17					
3.	Maria Beatriz Dias	99	Scalabisport					<b>2:24.35</b>	479	
	50m: 34.02 100m: 1:10.81			150m: 1:48.78	200m: 2:24.35					
4.	Ana Filipa Sousa	96	Nucleo Sportinguista Golega					<b>2:25.90</b>	464	
	50m: 32.72 100m: 1:08.95			150m: 1:47.98	200m: 2:25.90					
5.	Ines Sofia Borba	97	Litoral Alentejano					<b>2:26.79</b>	455	
	50m: 33.25 100m: 1:09.86			150m: 1:48.30	200m: 2:26.79					
6.	Ana Cristina Alcacarenho	97	Nucleo Sportinguista Golega					<b>2:27.86</b>	446	
	50m: 33.78 100m: 1:10.78			150m: 1:49.44	200m: 2:27.86					
7.	Ines Simoes Rodrigues	96	Scalabisport					<b>2:28.20</b>	443	
	50m: 34.20 100m: 1:11.39			150m: 1:50.00	200m: 2:28.20					
8.	Ana Carolina Gomes	97	Cartaxo					<b>2:28.27</b>	442	
	50m: 33.84 100m: 1:11.35			150m: 1:50.16	200m: 2:28.27					
9.	Sarah Dias	99	Goleganense					<b>2:28.46</b>	440	
	50m: 33.12 100m: 1:10.10			150m: 1:49.39	200m: 2:28.46					
10.	Ana Rita Ferreira	92	Nucleo Sportinguista Golega					<b>2:28.88</b>	437	
	50m: 33.53 100m: 1:10.09			150m: 1:49.04	200m: 2:28.88					
11.	Clarisse Matos Lopes	98	Scalabisport					<b>2:31.14</b>	417	
	50m: 35.37 100m: 1:13.34			150m: 1:52.58	200m: 2:31.14					
12.	Rute Isabel Leonardo	98	Nautico Abrantes					<b>2:31.47</b>	414	
	50m: 35.71 100m: 1:14.68			150m: 1:54.39	200m: 2:31.47					
13.	Debora Goncalves Patrocinio	97	Litoral Alentejano					<b>2:32.25</b>	408	
	50m: 34.18 100m: 1:12.78			150m: 1:53.22	200m: 2:32.25					
14.	Daniela Sofia Serra	98	CLAC-Entroncamento					<b>2:33.15</b>	401	
	50m: 35.08 100m: 1:14.22			150m: 1:53.93	200m: 2:33.15					
15.	Filipa Robert Rente	96	Gualdim Pais					<b>2:33.69</b>	397	
	50m: 34.27 100m: 1:13.75			150m: 1:54.40	200m: 2:33.69					
16.	Ana Catarina Santos	00	Uniao Samorense					<b>2:35.04</b>	386	
	50m: 36.15 100m: 1:16.83			150m: 1:56.89	200m: 2:35.04					
17.	Ana Catarina Travessa	96	Salvaterra de Magos					<b>2:38.80</b>	360	
	50m: 34.73 100m: 1:14.19			150m: 1:56.61	200m: 2:38.80					
18.	Bruna Alexandra Martins	94	Uniao Samorense					<b>2:39.09</b>	358	
	50m: 36.32 100m: 1:16.37			150m: 1:57.42	200m: 2:39.09					
19.	Raquel Anastacio Cruz	98	Torres Novas					<b>2:39.93</b>	352	
	50m: 36.97 100m: 1:18.62			150m: 2:00.13	200m: 2:39.93					
20.	Lara Alexandra Delgado	00	Torres Novas					<b>2:40.19</b>	350	
	50m: 38.17 100m: 1:19.61			150m: 2:01.42	200m: 2:40.19					
21.	Joana Sofia Amado	99	Cartaxo					<b>2:40.53</b>	348	
	50m: 37.11 100m: 1:18.70			150m: 2:00.89	200m: 2:40.53					
22.	Ana Filipa Parente	98	Gualdim Pais					<b>2:41.98</b>	339	
	50m: 35.93 100m: 1:17.58			150m: 2:01.22	200m: 2:41.98					

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 2, Femin., 200m Livres, 12 anos e mais velhos

Lugar							Ano				Tempo final	Pts
23.	Ana Pereira Luis					97	Salvaterra de Magos			<b>2:42.06</b>	338	
	50m:	35.96	100m:	1:15.81	150m:	1:58.85	200m:	2:42.06				
24.	Ines Isabel Graca					00	Gualdim Pais			<b>2:42.07</b>	338	
	50m:	36.66	100m:	1:18.31	150m:	2:01.60	200m:	2:42.07				
25.	Catia Maria Feijao					00	Goleganense			<b>2:42.76</b>	334	
	50m:	37.00	100m:	1:19.38	150m:	2:02.61	200m:	2:42.76				
26.	Andreia Alexandra Martins					97	Uniao Samorense			<b>2:42.85</b>	333	
	50m:	37.56	100m:	1:18.70	150m:	2:01.10	200m:	2:42.85				
27.	Andreia Catarina Jeronimo					98	Natacao do Tejo			<b>2:44.20</b>	325	
	50m:	36.27	100m:	1:17.53	150m:	2:01.68	200m:	2:44.20				
28.	Patricia Alexandra Jose					98	Gualdim Pais			<b>2:44.61</b>	323	
	50m:	35.60	100m:	1:17.46	150m:	2:02.02	200m:	2:44.61				
29.	Ines Maria Ribeiro					94	CLAC-Entroncamento			<b>2:45.15</b>	320	
	50m:	37.36	100m:	1:18.89	150m:	2:03.34	200m:	2:45.15				
30.	Ana Torres Ferreira					99	Nautico Abrantes			<b>2:45.33</b>	319	
	50m:	37.16	100m:	1:19.41	150m:	2:03.93	200m:	2:45.33				
31.	Maria Matilde Santana					98	Goleganense			<b>2:45.61</b>	317	
	50m:	37.59	100m:	1:20.23	150m:	2:04.45	200m:	2:45.61				
32.	Iris Maria Rola					99	Litoral Alentejano			<b>2:45.74</b>	316	
	50m:	36.53	100m:	1:18.69	150m:	2:03.38	200m:	2:45.74				
33.	Mafalda Alexandra Cabaca					00	Scalabisport			<b>2:46.32</b>	313	
	50m:	37.14	100m:	1:19.66	150m:	2:03.77	200m:	2:46.32				
34.	Mariana Jose Guerreiro					97	Litoral Alentejano			<b>2:46.53</b>	312	
	50m:	36.65	100m:	1:17.58	150m:	2:02.33	200m:	2:46.53				
35.	Maria Beatriz Diogo					99	Nautico Abrantes			<b>2:47.67</b>	305	
	50m:	37.98	100m:	1:22.67	150m:	2:07.27	200m:	2:47.67				
36.	Carolina Felicidade Batista					99	Scalabisport			<b>2:48.09</b>	303	
	50m:	38.83	100m:	1:21.29	150m:	2:04.85	200m:	2:48.09				
37.	Ana Carolina Alarico					94	Nucleo Sportinguista Golega			<b>2:49.43</b>	296	
	50m:	37.45	100m:	1:20.03	150m:	2:04.71	200m:	2:49.43				
38.	Ana Teresa Nunes					88	Natacao do Tejo			<b>2:50.28</b>	292	
	50m:	37.87	100m:	1:20.00	150m:	2:05.27	200m:	2:50.28				
39.	Patricia Silva Conceicao					99	Nautico Abrantes			<b>2:51.41</b>	286	
	50m:	37.26	100m:	1:22.13	150m:	2:07.37	200m:	2:51.41				
40.	Carolina Miguel Marques					99	Natacao do Tejo			<b>2:53.45</b>	276	
	50m:	38.72	100m:	1:23.31	150m:	2:09.54	200m:	2:53.45				
41.	Mariana David Caeiro					96	Salvaterra de Magos			<b>2:53.52</b>	276	
	50m:	39.71	100m:	1:23.83	150m:	2:09.30	200m:	2:53.52				
42.	Carolina Alexandra Freitas					99	Gualdim Pais			<b>2:55.05</b>	268	
	50m:	39.70	100m:	1:24.98	150m:	2:11.76	200m:	2:55.05				
43.	Marta Isabel Silva					00	Scalabisport			<b>2:56.79</b>	260	
	50m:	39.67	100m:	1:24.61	150m:	2:10.59	200m:	2:56.79				
44.	Ines Filipa Costa					99	Goleganense			<b>2:59.61</b>	248	
	50m:	40.31	100m:	1:26.97	150m:	2:14.51	200m:	2:59.61				
45.	Ana Raquel Silva					99	Goleganense			<b>3:02.60</b>	236	
	50m:	40.89	100m:	1:27.75	150m:	2:15.78	200m:	3:02.60				
46.	Sofia Isabel Mendes					97	Salvaterra de Magos			<b>3:05.30</b>	226 FTL	
	50m:	41.21	100m:	1:29.29	150m:	2:19.40	200m:	3:05.30				

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 2, Femin., 200m Livres, 12 anos e mais velhos

Lugar			Ano					Tempo final	Pts
47.	Mariana Sofia Gaiao		00	Goleganense				<b>3:07.66</b>	218
	50m:	42.02	100m:	1:30.89	150m:	2:20.80	200m:	3:07.66	
48.	Mariana Sofia Guia		98	Goleganense				<b>3:07.75</b>	217
	50m:	42.54	100m:	1:32.52	150m:	2:22.07	200m:	3:07.75	
49.	Neuza Figueiredo Pereira		00	Gualdim Pais				<b>3:09.27</b>	212
	50m:	42.02	100m:	1:31.47	150m:	2:22.59	200m:	3:09.27	
DNS	Margarida Silveira Henriques		97	Gualdim Pais					
DNS	Ines Barata Domingos		00	Nucleo Sportinguista Golega					
DNS	Ana Catarina Correia		97	Salvaterra de Magos					
DNS	Patricia Palmeiro Baeta		00	Rio Maior					
DNS	Sara Davide Rodrigues		92	Litoral Alentejano					
DNS	Ana Margarida Ramos		00	Uniao Samorense					

Prova 3  
26-05-2012

Masc., 200m Livres

13 anos e mais velhos  
Resultados

JUV-A 16 Anos MAS 16: 2:39.50 / INF-A 14 Anos MAS 14: 2:56.50 / INF-B 13 Anos MAS 13: 3:09.00 / JUN/SEN MAS - 17 + Anos 17 +: 2:34.50 / JUV-B 15 Anos MAS 15: 2:44.50

Pontos: FINA 2012

Lugar			Ano					Tempo final	Pts
13 anos e mais velhos									
1.	David Oliveira Gorgulho		82	Litoral Alentejano				<b>2:10.82</b>	473
	50m:	30.99	100m:	1:04.74	150m:	1:38.61	200m:	2:10.82	
2.	Diogo Serrao Santos		96	Scalabisport				<b>2:11.65</b>	465
	50m:	30.77	100m:	1:05.09	150m:	1:38.96	200m:	2:11.65	
3.	Jorge Miguel Telo		95	Litoral Alentejano				<b>2:12.49</b>	456
	50m:	31.62	100m:	1:04.68	150m:	1:39.09	200m:	2:12.49	
4.	Pedro Miguel Henriques		96	Cartaxo				<b>2:14.89</b>	432
	50m:	31.49	100m:	1:04.85	150m:	1:40.15	200m:	2:14.89	
5.	Joao Bernardo Saragoca		95	Scalabisport				<b>2:15.23</b>	429
	50m:	31.36	100m:	1:04.67	150m:	1:40.12	200m:	2:15.23	
6.	Afonso Filipe Gaspar		97	Nautico Abrantes				<b>2:16.05</b>	421
	50m:	32.02	100m:	1:05.43	150m:	1:40.87	200m:	2:16.05	
7.	Rui Jorge Brito		94	Litoral Alentejano				<b>2:18.94</b>	395
	50m:	31.53	100m:	1:05.46	150m:	1:41.26	200m:	2:18.94	
8.	Telmo Pedrosa Rocha		98	Uniao Samorense				<b>2:21.03</b>	378
	50m:	31.17	100m:	1:06.54	150m:	1:43.77	200m:	2:21.03	
9.	Miguel Carrico Cruz		99	Scalabisport				<b>2:22.34</b>	367
	50m:	32.34	100m:	1:07.72	150m:	1:45.25	200m:	2:22.34	
10.	Joao Pedro Marquez		98	Uniao Samorense				<b>2:22.87</b>	363
	50m:	31.91	100m:	1:07.02	150m:	1:45.47	200m:	2:22.87	
11.	Joao Pedro Alves		96	Natacao do Tejo				<b>2:23.01</b>	362
	50m:	32.19	100m:	1:07.26	150m:	1:45.25	200m:	2:23.01	
12.	Joao Mauricio Gaspar		97	Nautico Abrantes				<b>2:23.70</b>	357
	50m:	32.55	100m:	1:08.68	150m:	1:45.92	200m:	2:23.70	
13.	Sergio Alexandre Batalha		98	Uniao Samorense				<b>2:24.50</b>	351
	50m:	33.09	100m:	1:10.40	150m:	1:48.83	200m:	2:24.50	
14.	Joao Pereira Luis		94	Salvaterra de Magos				<b>2:24.62</b>	350
	50m:	32.52	100m:	1:09.14	150m:	1:48.13	200m:	2:24.62	

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 3, Masc., 200m Livres, 13 anos e mais velhos

Lugar					Ano			Tempo final	Pts
15.	Mario Jorge Nunes	92	Natacao do Tejo				<b>2:25.18</b>	346	
	50m: 32.02 100m: 1:07.76 150m: 1:46.39 200m: 2:25.18								
16.	Daniel Sendrea	98	Uniao Samorense				<b>2:26.94</b>	334	
	50m: 32.99 100m: 1:09.65 150m: 1:49.46 200m: 2:26.94								
17.	Miguel Angelo Neto	94	Uniao Samorense				<b>2:27.66</b>	329	
	50m: 31.44 100m: 1:08.25 150m: 1:47.83 200m: 2:27.66								
18.	Tiago Emanuel Pires	94	Natacao do Tejo				<b>2:29.42</b>	318	
	50m: 32.47 100m: 1:09.81 150m: 1:49.53 200m: 2:29.42								
19.	Miguel Jorge Nunes	98	Uniao Samorense				<b>2:30.78</b>	309	
	50m: 33.07 100m: 1:11.02 150m: 1:50.66 200m: 2:30.78								
20.	Miguel Rodrigues Silva	97	Nautico Abrantes				<b>2:31.09</b>	307	
	50m: 33.06 100m: 1:10.70 150m: 1:50.82 200m: 2:31.09								
21.	Goncalo Faria Saldida	99	Gualdim Pais				<b>2:34.80</b>	286	
	50m: 35.11 100m: 1:14.43 150m: 1:55.92 200m: 2:34.80								
22.	Joao Tiago Almeida	99	Scalabisport				<b>2:36.65</b>	276	
	50m: 35.50 100m: 1:16.33 150m: 1:58.32 200m: 2:36.65								
23.	Tomas Leal Brito	97	CLAC-Entroncamento				<b>2:37.20</b>	273	
	50m: 34.71 100m: 1:15.63 150m: 1:58.28 200m: 2:37.20								
24.	Daniel Oliveira Pereira	95	Litoral Alentejano				<b>2:37.52</b>	271 FTL	
	50m: 35.29 100m: 1:15.98 150m: 1:58.34 200m: 2:37.52								
25.	Telmo Joao Faria	97	Natacao do Tejo				<b>2:40.44</b>	256	
	50m: 33.34 100m: 1:13.11 150m: 1:57.62 200m: 2:40.44								
26.	Manuel Schonenberger Braz	99	Scalabisport				<b>2:40.46</b>	256	
	50m: 36.84 100m: 1:17.90 150m: 2:00.20 200m: 2:40.46								
27.	Bernardo Jose Dionisio	99	Gualdim Pais				<b>2:42.00</b>	249	
	50m: 36.45 100m: 1:17.79 150m: 2:01.37 200m: 2:42.00								
28.	Rodrigo Pereira Damasio	99	Salvaterra de Magos				<b>2:44.57</b>	238	
	50m: 36.27 100m: 1:18.77 150m: 2:02.73 200m: 2:44.57								
29.	Afonso Silva Nunes	98	Nautico Abrantes				<b>2:46.81</b>	228	
	50m: 37.76 100m: 1:21.92 150m: 2:05.77 200m: 2:46.81								
30.	Francisco Oliveira Madeira	99	Goleganense				<b>2:49.03</b>	219	
	50m: 36.11 100m: 1:17.90 150m: 2:04.00 200m: 2:49.03								
31.	Joao Fernando Bento	99	Uniao Samorense				<b>2:51.34</b>	210	
	50m: 37.00 100m: 1:21.28 150m: 2:08.47 200m: 2:51.34								
32.	Andre Diogo Olivenca	98	Rio Maior				<b>2:51.38</b>	210	
	50m: 36.45 100m: 1:18.36 150m: 2:09.03 200m: 2:51.38								
33.	David Antonio Carvalho	99	Natacao do Tejo				<b>2:53.70</b>	202	
	50m: 37.32 100m: 1:22.57 150m: 2:11.03 200m: 2:53.70								
34.	Miguel Feijao Galrinho	99	Goleganense				<b>2:57.18</b>	190	
	50m: 38.96 100m: 1:24.46 150m: 2:11.07 200m: 2:57.18								
35.	Eliseu Manuel Tavares	99	Uniao Samorense				<b>2:59.78</b>	182	
	50m: 39.21 100m: 1:25.06 150m: 2:13.04 200m: 2:59.78								
36.	Goncalo Antonio Barreiros	99	Goleganense				<b>3:00.05</b>	181	
	50m: 40.37 100m: 1:28.22 150m: 2:15.53 200m: 3:00.05								
37.	Francisco Barroso Rodrigues	99	Uniao Samorense				<b>3:08.49</b>	158	
	50m: 41.33 100m: 1:29.69 150m: 2:20.54 200m: 3:08.49								
DNS	Pedro Afonso Gaspar	94	Nucleo Sportinguista Golega						
DNS	Joao Carlos Gabriel	97	Scalabisport						
DNS	Rafael Barata Domingos	95	Nucleo Sportinguista Golega						

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 4  
26-05-2012

Femin., 200m Costas

12 anos e mais velhos  
Resultados

INF-A 13 Anos FEM 13: 3:32.50 / INF-B 12 Anos FEM 12: 3:52.00 / JUN/SEN FEM - 15 + Anos 15 +: 3:14.00 / JUV 14 Anos FEM 14: 3:25.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
<b>12 anos e mais velhos</b>			
1. Mariana Veloso Vitoria	98 Nautico Abrantes	<b>2:34.11</b>	531
50m: 36.42 100m: 1:14.75 150m: 1:55.44 200m: 2:34.11			
2. Marta Filipa Vinagre	95 Individual Santarem	<b>2:40.73</b>	468
50m: 37.25 100m: 1:18.18 150m: 2:00.01 200m: 2:40.73			
3. Marcia Filipa Carvalho	96 Torres Novas	<b>2:42.35</b>	454
50m: 38.42 100m: 1:19.25 150m: 2:00.96 200m: 2:42.35			
4. Ana Filipa Sousa	96 Nucleo Sportinguista Golega	<b>2:47.34</b>	414
50m: 37.26 100m: 1:19.27 150m: 2:03.73 200m: 2:47.34			
5. Sarah Dias	99 Goleganense	<b>2:47.68</b>	412
50m: 38.68 100m: 1:21.20 150m: 2:05.92 200m: 2:47.68			
6. Mariana Soares Martinho	99 Scalabisport	<b>2:49.30</b>	400
50m: 40.15 100m: 1:23.12 150m: 2:07.64 200m: 2:49.30			
7. Carolina Leal Serra	99 Torres Novas	<b>2:51.29</b>	386
50m: 41.41 100m: 1:25.47 150m: 2:10.18 200m: 2:51.29			
8. Ana Claudia Santo	97 Cartaxo	<b>2:53.01</b>	375
50m: 39.89 100m: 1:23.11 150m: 2:08.91 200m: 2:53.01			
9. Daniela Sofia Serra	98 CLAC-Entroncamento	<b>2:53.76</b>	370
50m: 41.20 100m: 1:25.60 150m: 2:11.03 200m: 2:53.76			
10. Carolina Henriques Gavancho	97 CLAC-Entroncamento	<b>2:56.83</b>	351
50m: 41.73 100m: 1:26.71 150m: 2:12.82 200m: 2:56.83			
11. Lara Alexandra Delgado	00 Torres Novas	<b>2:56.91</b>	351
50m: 41.47 100m: 1:26.44 150m: 2:13.17 200m: 2:56.91			
12. Ana Rita Ferreira	92 Nucleo Sportinguista Golega	<b>2:58.22</b>	343
50m: 41.54 100m: 1:26.29 150m: 2:12.69 200m: 2:58.22			
13. Ines Isabel Graca	00 Gualdim Pais	<b>2:58.85</b>	339
50m: 41.45 100m: 1:27.42 150m: 2:14.12 200m: 2:58.85			
14. Maria Matilde Santana	98 Goleganense	<b>2:59.69</b>	335
50m: 43.50 100m: 1:29.64 150m: 2:17.12 200m: 2:59.69			
15. Ana Pereira Luis	97 Salvaterra de Magos	<b>3:00.66</b>	329
50m: 41.68 100m: 1:27.28 150m: 2:15.21 200m: 3:00.66			
16. Patricia Alexandra Jose	98 Gualdim Pais	<b>3:01.43</b>	325
50m: 42.44 100m: 1:28.70 150m: 2:16.22 200m: 3:01.43			
17. Ana Carolina Gomes	97 Cartaxo	<b>3:02.77</b>	318
50m: 44.01 100m: 1:30.56 150m: 2:18.19 200m: 3:02.77			
18. Ana Torres Ferreira	99 Nautico Abrantes	<b>3:03.75</b>	313
50m: 43.13 100m: 1:30.33 150m: 2:17.99 200m: 3:03.75			
19. Patricia Silva Conceicao	99 Nautico Abrantes	<b>3:06.09</b>	301
50m: 44.20 100m: 1:31.52 150m: 2:20.63 200m: 3:06.09			
20. Patricia Simoes Jorge	97 Salvaterra de Magos	<b>3:06.69</b>	298
50m: 42.97 100m: 1:30.02 150m: 2:18.77 200m: 3:06.69			
21. Ana Filipa Parente	98 Gualdim Pais	<b>3:06.75</b>	298
50m: 43.28 100m: 1:32.76 150m: 2:22.22 200m: 3:06.75			
22. Joana Costa Bernardino	00 CLAC-Entroncamento	<b>3:07.99</b>	292
50m: 43.27 100m: 1:31.51 150m: 2:21.36 200m: 3:07.99			

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 4, Femin., 200m Costas, 12 anos e mais velhos

Lugar	Ano	Tempo final	Pts
23. Joana Sofia Bica 50m: 43.98 100m: 1:31.76 150m: 2:21.32 200m: 3:08.27	99 CLAC-Entroncamento	<b>3:08.27</b>	291
24. Marta Isabel Silva 50m: 45.17 100m: 1:34.03 150m: 2:23.44 200m: 3:11.55	00 Scalabisport	<b>3:11.55</b>	276
25. Ines Filipa Costa 50m: 45.94 100m: 1:38.02 150m: 2:27.66 200m: 3:15.66	99 Goleganense	<b>3:15.66</b>	259
26. Ines Margarida Rodrigues 50m: 49.33 100m: 1:40.79 150m: 2:33.77 200m: 3:25.22	94 Natacao do Tejo	<b>3:25.22</b>	224 FTL
27. Mariana Sofia Gaião 50m: 50.46 100m: 1:44.34 150m: 2:37.11 200m: 3:27.68	00 Goleganense	<b>3:27.68</b>	217
28. Mariana Sofia Guia 50m: 50.20 100m: 1:43.58 150m: 2:38.05 200m: 3:27.74	98 Goleganense	<b>3:27.74</b>	216 FTL
29. Maria Pinto Goncalves 50m: 48.85 100m: 1:42.80 150m: 2:36.13 200m: 3:27.87	00 Salvaterra de Magos	<b>3:27.87</b>	216
DSQ Catia Maria Feijao <i>A atleta na viragem dos 100m efectuou mais que uma braçada na posição ventral</i>	00 Goleganense		
DNS Catarina Vilhena Gregorio	96 CLAC-Entroncamento		
DNS Ana Margarida Ramos	00 Uniao Samorense		
DNS Ana Catarina Correia	97 Salvaterra de Magos		

Prova 5 Masc., 200m Costas 13 anos e mais velhos  
26-05-2012 Resultados

JUV-A 16 Anos MAS 16: 3:14.00 / JUV-B 15 Anos MAS 15: 3:18.00 / INF-A 14 Anos MAS 14: 3:26.50 / INF-B 13 Anos MAS 13: 3:41.50 / JUN/SEN MAS - 17 + Anos 17 +: 3:10.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
13 anos e mais velhos			
1. Ivo Andre Lopes 50m: 34.88 100m: 1:12.88 150m: 1:50.71 200m: 2:25.25	94 Scalabisport	<b>2:25.25</b>	457
2. Andre Filipe Mendes 50m: 35.50 100m: 1:13.65 150m: 1:51.22 200m: 2:25.30	92 Nautico Abrantes	<b>2:25.30</b>	457
3. Joao Manuel Ferreira 50m: 33.98 100m: 1:10.63 150m: 1:48.87 200m: 2:26.50	92 CLAC-Entroncamento	<b>2:26.50</b>	445
4. David Oliveira Gorgulho 50m: 35.47 100m: 1:13.14 150m: 1:52.87 200m: 2:31.08	82 Litoral Alentejano	<b>2:31.08</b>	406
5. Afonso Guilherme Rosa 50m: 36.29 100m: 1:15.71 150m: 1:55.95 200m: 2:34.21	99 Gualdim Pais	<b>2:34.21</b>	382
6. Jose Henriques Luz 50m: 38.57 100m: 1:20.50 150m: 2:01.18 200m: 2:39.01	99 Goleganense	<b>2:39.01</b>	348
7. Pedro Miguel Primo 50m: 37.97 100m: 1:19.10 150m: 2:00.46 200m: 2:40.33	96 CLAC-Entroncamento	<b>2:40.33</b>	340
8. Nuno Ricardo Nogueira 50m: 36.96 100m: 1:17.65 150m: 1:59.84 200m: 2:40.56	94 Nucleo Sportinguista Golega	<b>2:40.56</b>	338
9. Afonso Filipe Gaspar 50m: 37.76 100m: 1:18.73 150m: 2:01.26 200m: 2:41.11	97 Nautico Abrantes	<b>2:41.11</b>	335
10. Joao Pedro Alves 50m: 37.23 100m: 1:18.40 150m: 2:01.50 200m: 2:44.36	96 Natacao do Tejo	<b>2:44.36</b>	315



JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 5, Masc., 200m Costas, 13 anos e mais velhos

Lugar					Ano				Tempo final	Pts
11.	Miguel Rodrigues Silva				97	Nautico Abrantes			<b>2:45.52</b>	309
	50m:	39.69	100m:	1:22.13	150m:	2:05.70	200m:	2:45.52		
12.	Joao Mauricio Gaspar				97	Nautico Abrantes			<b>2:46.75</b>	302
	50m:	39.50	100m:	1:22.12	150m:	2:05.42	200m:	2:46.75		
13.	Dario Fausto Matias				98	Torres Novas			<b>2:50.07</b>	284
	50m:	39.85	100m:	1:23.41	150m:	2:07.40	200m:	2:50.07		
14.	Andre Pombo Dias				96	Natacao do Tejo			<b>2:50.17</b>	284
	50m:	40.12	100m:	1:23.74	150m:	2:08.21	200m:	2:50.17		
15.	Nelson Pereira Malheiros				99	Litoral Alentejano			<b>2:53.13</b>	270
	50m:	41.22	100m:	1:25.40	150m:	2:09.64	200m:	2:53.13		
16.	Sergio Alexandre Batalha				98	Uniao Samorense			<b>2:55.30</b>	260
	50m:	41.96	100m:	1:27.38	150m:	2:13.24	200m:	2:55.30		
17.	Tomas Leal Brito				97	CLAC-Entroncamento			<b>2:56.32</b>	255
	50m:	40.32	100m:	1:24.95	150m:	2:12.06	200m:	2:56.32		
18.	Telmo Pedrosa Rocha				98	Uniao Samorense			<b>2:57.73</b>	249
	50m:	41.45	100m:	1:27.52	150m:	2:13.44	200m:	2:57.73		
19.	Miguel Angelo Neto				94	Uniao Samorense			<b>2:59.95</b>	240
	50m:	40.01	100m:	1:25.31	150m:	2:13.41	200m:	2:59.95		
20.	Rodrigo Pereira Damasio				99	Salvaterra de Magos			<b>3:15.47</b>	187
	50m:	44.69	100m:	1:36.02	150m:	2:26.18	200m:	3:15.47		
21.	Vasco Leal Brito				99	CLAC-Entroncamento			<b>3:19.29</b>	177
	50m:	46.99	100m:	1:38.90	150m:	2:30.22	200m:	3:19.29		
22.	Eliseu Manuel Tavares				99	Uniao Samorense			<b>3:22.86</b>	167
	50m:	48.13	100m:	1:40.25	150m:	2:32.24	200m:	3:22.86		
DNS	Marco Andre Miguel				99	Torres Novas				
DNS	Joao Pedro Rosa				90	CLAC-Entroncamento				

Prova 6  
26-05-2012

Femin., 200m Bruços

12 anos e mais velhos  
Resultados

INF-A 13 Anos FEM 13: 3:57.50 / INF-B 12 Anos FEM 12: 4:19.50 / JUN/SEN FEM - 15 + Anos 15 +: 3:40.50 / JUV 14 Anos FEM 14: 3:45.00

Pontos: FINA 2012

Lugar					Ano				Tempo final	Pts
12 anos e mais velhos										
1.	Ines Simoes Rodrigues				96	Scalabisport			<b>2:56.41</b>	501
	50m:	42.01	100m:	1:26.12	150m:	2:10.90	200m:	2:56.41		
2.	Ana Catarina Serra				95	Natacao do Tejo			<b>2:58.59</b>	482
	50m:	40.78	100m:	1:23.70	150m:	2:11.61	200m:	2:58.59		
3.	Debora Goncalves Patrocinio				97	Litoral Alentejano			<b>3:00.52</b>	467
	50m:	41.03	100m:	1:26.88	150m:	2:15.88	200m:	3:00.52		
4.	Maria Beatriz Dias				99	Scalabisport			<b>3:07.27</b>	418
	50m:	43.04	100m:	1:31.46	150m:	2:20.32	200m:	3:07.27		
5.	Maria Clara Marques				94	Litoral Alentejano			<b>3:07.33</b>	418
	50m:	43.19	100m:	1:30.95	150m:	2:21.68	200m:	3:07.33		
6.	Rute Isabel Leonardo				98	Nautico Abrantes			<b>3:07.76</b>	415
	50m:	41.71	100m:	1:30.50	150m:	2:22.58	200m:	3:07.76		
7.	Soraya Dea Matias				95	Torres Novas			<b>3:07.97</b>	414
	50m:	42.34	100m:	1:29.45	150m:	2:19.51	200m:	3:07.97		

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 6, Femin., 200m Bruços, 12 anos e mais velhos

Lugar					Ano				Tempo final	Pts
8.	Catarina Goncalves Trezentos	98	Gualdim Pais					<b>3:12.43</b>	386	
	50m: 43.70	100m: 1:33.59	150m: 2:23.84	200m: 3:12.43						
9.	Sofia Alexandra Picao	99	CLAC-Entroncamento					<b>3:16.94</b>	360	
	50m: 45.99	100m: 1:35.92	150m: 2:28.19	200m: 3:16.94						
10.	Ana Catarina Travessa	96	Salvaterra de Magos					<b>3:18.64</b>	350	
	50m: 44.87	100m: 1:35.46	150m: 2:27.15	200m: 3:18.64						
11.	Filipa Robert Rente	96	Gualdim Pais					<b>3:19.64</b>	345	
	50m: 45.14	100m: 1:36.94	150m: 2:29.38	200m: 3:19.64						
12.	Raquel Sofia Jorge	98	Salvaterra de Magos					<b>3:19.77</b>	345	
	50m: 46.34	100m: 1:36.91	150m: 2:29.43	200m: 3:19.77						
13.	Ines Sofia Borba	97	Litoral Alentejano					<b>3:20.78</b>	339	
	50m: 47.37	100m: 1:37.33	150m: 2:28.98	200m: 3:20.78						
14.	Raquel Anastacio Cruz	98	Torres Novas					<b>3:21.89</b>	334	
	50m: 47.65	100m: 1:38.35	150m: 2:32.39	200m: 3:21.89						
15.	Carolina Felicidade Batista	99	Scalabisport					<b>3:23.97</b>	324	
	50m: 46.55	100m: 1:37.98	150m: 2:30.70	200m: 3:23.97						
16.	Bruna Alexandra Martins	94	Uniao Samorense					<b>3:25.19</b>	318	
	50m: 48.20	100m: 1:40.49	150m: 2:32.38	200m: 3:25.19						
17.	Maria Carolina Rufino	95	CLAC-Entroncamento					<b>3:25.63</b>	316	
	50m: 47.27	100m: 1:38.98	150m: 2:33.87	200m: 3:25.63						
18.	Daniela Patricia Araujo	98	Rio Maior					<b>3:28.28</b>	304	
	50m: 48.26	100m: 1:38.90	150m: 2:33.80	200m: 3:28.28						
19.	Iris Maria Rola	99	Litoral Alentejano					<b>3:29.78</b>	297	
	50m: 46.94	100m: 1:39.39	150m: 2:35.66	200m: 3:29.78						
20.	Ines Garrido Nunes	99	CLAC-Entroncamento					<b>3:29.98</b>	297	
	50m: 48.62	100m: 1:40.74	150m: 2:39.55	200m: 3:29.98						
21.	Carolina Miguel Marques	99	Natacao do Tejo					<b>3:32.15</b>	288	
	50m: 47.96	100m: 1:41.49	150m: 2:36.86	200m: 3:32.15						
22.	Mariana David Caeiro	96	Salvaterra de Magos					<b>3:32.23</b>	287	
	50m: 48.04	100m: 1:41.27	150m: 2:37.83	200m: 3:32.23						
23.	Andreia Alexandra Martins	97	Uniao Samorense					<b>3:35.53</b>	274	
	50m: 47.74	100m: 1:42.42	150m: 2:40.23	200m: 3:35.53						
24.	Ines Fernandes Moutinho	99	CLAC-Entroncamento					<b>3:36.18</b>	272	
	50m: 51.04	100m: 1:46.46	150m: 2:42.52	200m: 3:36.18						
25.	Catia Maria Feijao	00	Goleganense					<b>3:38.00</b>	265	
	50m: 50.35	100m: 1:46.35	150m: 2:43.24	200m: 3:38.00						
26.	Maria Matilde Santana	98	Goleganense					<b>3:40.04</b>	258	
	50m: 50.33	100m: 1:45.53	150m: 2:44.32	200m: 3:40.04						
27.	Mariana Jose Guerreiro	97	Litoral Alentejano					<b>3:40.80</b>	255 FTL	
	50m: 49.58	100m: 1:45.65	150m: 2:43.96	200m: 3:40.80						
28.	Carolina Alexandra Freitas	99	Gualdim Pais					<b>3:40.96</b>	255	
	50m: 48.73	100m: 1:46.63	150m: 2:44.03	200m: 3:40.96						
29.	Ana Carolina Morais	99	Goleganense					<b>4:01.88</b>	194 FTL	
	50m: 53.32	100m: 1:53.03	150m: 2:59.37	200m: 4:01.88						
30.	Neuza Figueiredo Pereira	00	Gualdim Pais					<b>4:04.24</b>	188	
	50m: 55.26	100m: 1:59.71	150m: 3:04.29	200m: 4:04.24						
31.	Carlota Domingos Boavista	98	Goleganense					<b>4:11.16</b>	173 FTL	
	50m: 54.55	100m: 2:00.36	150m: 3:07.38	200m: 4:11.16						

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 6, Femin., 200m Bruços, 12 anos e mais velhos

Lugar	Ano	Tempo final	Pts
DNS Ana Carolina Alarico	94 Nucleo Sportinguista Golega		

Prova 7  
26-05-2012

Masc., 200m Bruços

13 anos e mais velhos  
Resultados

INF-A 14 Anos MAS 14: 4:00.00 / INF-B 13 Anos MAS 13: 4:17.50 / JUN/SEN MAS - 17 + Anos 17 +: 3:28.00 / JUV-A 16 Anos MAS 16: 3:38.50 / JUV-B 15 Anos MAS 15: 3:44.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
<b>13 anos e mais velhos</b>			
1. Guilherme Antonio Reis	96 Torres Novas	<b>2:46.47</b>	447
50m: 40.77 100m: 1:23.64 150m: 2:06.04 200m: 2:46.47			
2. Miguel Carrico Cruz	99 Scalabisport	<b>2:51.04</b>	412
<i>Record Distrital INF-B (Tempo Anterior: 2:52.27)</i>			
50m: 38.39 100m: 1:22.57 150m: 2:06.24 200m: 2:51.04			
3. Jose Eduardo Felicio	97 Rio Maior	<b>2:55.47</b>	381
50m: 41.10 100m: 1:25.77 150m: 2:11.35 200m: 2:55.47			
4. Joao Tanissa Pancada	94 Uniao Samorense	<b>2:58.68</b>	361
50m: 41.24 100m: 1:24.98 150m: 2:11.19 200m: 2:58.68			
5. Jorge Miguel Telo	95 Litoral Alentejano	<b>3:06.52</b>	317
50m: 41.75 100m: 1:29.31 150m: 2:18.31 200m: 3:06.52			
6. Rui Jorge Brito	94 Litoral Alentejano	<b>3:08.47</b>	308
50m: 42.66 100m: 1:31.00 150m: 2:21.46 200m: 3:08.47			
7. Andre Pombo Dias	96 Natacao do Tejo	<b>3:08.85</b>	306
50m: 42.02 100m: 1:29.58 150m: 2:19.30 200m: 3:08.85			
8. Gil Vasco Goncalves	97 Litoral Alentejano	<b>3:09.06</b>	305
50m: 42.62 100m: 1:30.55 150m: 2:20.09 200m: 3:09.06			
9. Martim Basilio Gil	97 CLAC-Entroncamento	<b>3:14.16</b>	281
50m: 42.63 100m: 1:32.78 150m: 2:23.00 200m: 3:14.16			
10. Joao Pedro Marquez	98 Uniao Samorense	<b>3:17.56</b>	267
50m: 45.80 100m: 1:36.27 150m: 2:28.67 200m: 3:17.56			
11. Jose Henriques Luz	99 Goleganense	<b>3:18.31</b>	264
50m: 47.06 100m: 1:36.41 150m: 2:29.71 200m: 3:18.31			
12. Hugo Filipe Correia	99 Litoral Alentejano	<b>3:20.04</b>	257
50m: 45.58 100m: 1:36.54 150m: 2:28.68 200m: 3:20.04			
13. Goncalo Faria Saldida	99 Gualdim Pais	<b>3:20.68</b>	255
50m: 48.26 100m: 1:38.71 150m: 2:30.56 200m: 3:20.68			
14. Tiago Filipe Campos	99 Scalabisport	<b>3:20.78</b>	254
50m: 44.95 100m: 1:37.32 150m: 2:29.94 200m: 3:20.78			
15. Emanuel Duarte Silva	96 Goleganense	<b>3:29.26</b>	225
50m: 48.25 100m: 1:42.57 150m: 2:39.91 200m: 3:29.26			
16. Afonso Silva Nunes	98 Nautico Abrantes	<b>3:30.68</b>	220
50m: 47.54 100m: 1:41.46 150m: 2:36.73 200m: 3:30.68			
17. Daniel Sendrea	98 Uniao Samorense	<b>3:30.93</b>	219
50m: 47.79 100m: 1:42.48 150m: 2:39.30 200m: 3:30.93			
18. Bernardo Jose Dionisio	99 Gualdim Pais	<b>3:31.73</b>	217
50m: 47.68 100m: 1:41.87 150m: 2:37.93 200m: 3:31.73			
19. Francisco Alexandre Pereira	98 Natacao do Tejo	<b>3:32.98</b>	213
50m: 45.94 100m: 1:39.69 150m: 2:35.45 200m: 3:32.98			

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 7, Masc., 200m Bruços, 13 anos e mais velhos

Lugar	Ano	Tempo final	Pts
20. Miguel Feijao Galrinho 50m: 50.99 100m: 1:44.66 150m: 2:40.48 200m: 3:35.54	99 Goleganense	<b>3:35.54</b>	206
21. Miguel Jorge Nunes 50m: 46.87 100m: 1:41.91 150m: 2:40.08 200m: 3:36.29	98 Uniao Samorense	<b>3:36.29</b>	203
22. Francisco Barroso Rodrigues 50m: 50.67 100m: 1:46.78 150m: 2:43.26 200m: 3:37.58	99 Uniao Samorense	<b>3:37.58</b>	200
23. Francisco Oliveira Madeira 50m: 48.68 100m: 1:45.44 150m: 2:42.85 200m: 3:38.98	99 Goleganense	<b>3:38.98</b>	196
24. Joao Fernando Bento 50m: 48.99 100m: 1:45.12 150m: 2:42.82 200m: 3:39.99	99 Uniao Samorense	<b>3:39.99</b>	193
25. David Antonio Carvalho 50m: 52.02 100m: 1:50.78 150m: 2:51.53 200m: 3:47.82	99 Natacao do Tejo	<b>3:47.82</b>	174

2 - 2ª SESSÃO

26-05-2012 - 15:30

Prova 8 Femin., 50m Bruços 12 anos e mais velhos  
26-05-2012 Resultados

INF-A 13 Anos FEM 13: 49.00 / INF-B 12 Anos FEM 12: 52.50 / JUN/SEN FEM - 15 + Anos 15 +: 47.50 / JUV 14 Anos FEM 14: 48.50

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
12 anos e mais velhos			
1. Ana Catarina Serra	95 Natacao do Tejo	<b>36.91</b>	526
2. Soraya Dea Matias	95 Torres Novas	<b>38.01</b>	481
3. Debora Goncalves Patrocinio	97 Litoral Alentejano	<b>38.08</b>	479
4. Rute Isabel Leonardo	98 Nautico Abrantes	<b>38.54</b>	462
5. Filipa Robert Rente	96 Gualdim Pais	<b>40.70</b>	392
6. Ines Maria Ribeiro	94 CLAC-Entroncamento	<b>41.10</b>	381
7. Maria Carolina Rufino	95 CLAC-Entroncamento	<b>42.26</b>	350
8. Maria Beatriz Dias	99 Scalabisport	<b>42.36</b>	348
9. Ines Garrido Nunes	99 CLAC-Entroncamento	<b>42.49</b>	344
Ana Carolina Alarico	94 Nucleo Sportinguista Golega	<b>42.49</b>	344
11. Sofia Alexandra Picao	99 CLAC-Entroncamento	<b>42.51</b>	344
12. Ines Sofia Borba	97 Litoral Alentejano	<b>42.62</b>	341
13. Sarah Dias	99 Goleganense	<b>43.07</b>	331
14. Ana Torres Ferreira	99 Nautico Abrantes	<b>43.24</b>	327
15. Barbara Daniela Vieira	95 Rio Maior	<b>43.84</b>	314
16. Mariana David Caeiro	96 Salvaterra de Magos	<b>44.36</b>	303
17. Bruna Alexandra Martins	94 Uniao Samorense	<b>45.06</b>	289
18. Ines Fernandes Moutinho	99 CLAC-Entroncamento	<b>45.76</b>	276
19. Carolina Felicidade Batista	99 Scalabisport	<b>45.78</b>	275
20. Catia Maria Feijao	00 Goleganense	<b>46.23</b>	267
21. Iris Maria Rola	99 Litoral Alentejano	<b>46.50</b>	263
22. Mariana Jose Guerreiro	97 Litoral Alentejano	<b>47.09</b>	253
23. Ines Filipa Costa	99 Goleganense	<b>47.52</b>	246
24. Carolina Alexandra Freitas	99 Gualdim Pais	<b>48.37</b>	233
25. Maria Matilde Santana	98 Goleganense	<b>49.52</b>	217 FTL
26. Ana Carolina Morais	99 Goleganense	<b>52.55</b>	182 FTL
27. Mariana Sofia Guia	98 Goleganense	<b>52.63</b>	181 FTL
28. Carlota Domingos Boavista	98 Goleganense	<b>53.02</b>	177 FTL
29. Jessica Brandao Rosario	00 Goleganense	<b>55.15</b>	157 FTL

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 8, Femin., 50m Bruços, 12 anos e mais velhos

Lugar	Ano		Tempo final	Pts
30.	Mariana Sofia Gaiao	00	Goleganense	<b>56.91</b> 143 FTL
DSQ	Catarina Vilhena Gregorio	96	CLAC-Entroncamento	
	<i>Nadadora nadou com uma ligadura na mão.</i>			

Prova 9  
26-05-2012

Masc., 50m Bruços

13 anos e mais velhos  
Resultados

Pontos: FINA 2012

Lugar	Ano		Tempo final	Pts
13 anos e mais velhos				
1.	Fabio Miguel Samouco	95	Torres Novas	<b>32.43</b> 556
2.	Andre Filipe Mendes	92	Nautico Abrantes	<b>32.70</b> 542
3.	Miguel Carrico Cruz	99	Scalabisport	<b>34.13</b> 477
	<i>Record Distrital INF-B (Record anterior 38.93)</i>			
4.	Joao Tanissa Pancada	94	Uniao Samorense	<b>34.76</b> 451
5.	Nuno Miguel Afonso	91	Natacao do Tejo	<b>36.33</b> 395
6.	Rui Jorge Brito	94	Litoral Alentejano	<b>37.28</b> 366
7.	Tiago Emanuel Pires	94	Natacao do Tejo	<b>39.81</b> 300
8.	Martim Basilio Gil	97	CLAC-Entroncamento	<b>40.14</b> 293
9.	Emanuel Duarte Silva	96	Goleganense	<b>40.20</b> 292
10.	Joao Mauricio Gaspar	97	Nautico Abrantes	<b>40.25</b> 290
11.	Gil Vasco Goncalves	97	Litoral Alentejano	<b>40.82</b> 278
12.	Hugo Filipe Correia	99	Litoral Alentejano	<b>41.50</b> 265
13.	Andre Diogo Olivenca	98	Rio Maior	<b>42.62</b> 245
14.	Daniel Oliveira Pereira	95	Litoral Alentejano	<b>43.90</b> 224
15.	Afonso Silva Nunes	98	Nautico Abrantes	<b>44.07</b> 221
16.	Jose Henriques Luz	99	Goleganense	<b>44.19</b> 219
17.	Francisco Oliveira Madeira	99	Goleganense	<b>44.99</b> 208
18.	Goncalo Faria Saldida	99	Gualdim Pais	<b>45.35</b> 203
19.	Bernardo Jose Dionisio	99	Gualdim Pais	<b>45.44</b> 202
20.	Manuel Schonenberger Braz	99	Scalabisport	<b>46.59</b> 187
21.	Miguel Feijao Galrinho	99	Goleganense	<b>47.44</b> 177
22.	Goncalo Antonio Barreiros	99	Goleganense	<b>48.16</b> 169

Prova 10  
26-05-2012

Femin., 50m Costas

12 anos e mais velhos  
Resultados

INF-A 13 Anos FEM 13: 44.50 / INF-B 12 Anos FEM 12: 47.00 / JUN/SEN FEM - 15 + Anos 15 +: 41.50 / JUV 14 Anos FEM 14: 43.50

Pontos: FINA 2012

Lugar	Ano		Tempo final	Pts
12 anos e mais velhos				
1.	Mariana Veloso Vitoria	98	Nautico Abrantes	<b>33.64</b> 520
2.	Marta Filipa Vinagre	95	Individual Santarem	<b>34.18</b> 496
	<i>Record Distrital Senior (Anterior 34.20)</i>			
3.	Ana Filipa Sousa	96	Nucleo Sportinguista Golega	<b>34.58</b> 479
4.	Sarah Dias	99	Goleganense	<b>35.75</b> 433
5.	Lara Alexandra Delgado	00	Torres Novas	<b>37.14</b> 386
6.	Maria Clara Marques	94	Litoral Alentejano	<b>37.26</b> 383
7.	Ana Rita Ferreira	92	Nucleo Sportinguista Golega	<b>37.85</b> 365
8.	Mariana Soares Martinho	99	Scalabisport	<b>38.28</b> 353
9.	Ana Pereira Luis	97	Salvaterra de Magos	<b>38.46</b> 348
10.	Daniela Sofia Serra	98	CLAC-Entroncamento	<b>38.80</b> 339

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 10, Femin., 50m Costas, 12 anos e mais velhos

Lugar	Ano		Tempo final	Pts
11.	Maria Beatriz Diogo	99	Nautico Abrantes	<b>39.11</b> 331
12.	Carolina Henriques Gavancho	97	CLAC-Entroncamento	<b>39.48</b> 321
13.	Ana Torres Ferreira	99	Nautico Abrantes	<b>39.58</b> 319
14.	Andreia Alexandra Martins	97	Uniao Samorense	<b>39.79</b> 314
15.	Joana Sofia Bica	99	CLAC-Entroncamento	<b>39.95</b> 310
16.	Joana Costa Bernardino	00	CLAC-Entroncamento	<b>40.04</b> 308
17.	Patricia Silva Conceicao	99	Nautico Abrantes	<b>40.30</b> 302
18.	Ines Isabel Graca	00	Gualdim Pais	<b>40.37</b> 301
19.	Catia Maria Feijao	00	Goleganense	<b>41.05</b> 286
20.	Patricia Simoes Jorge	97	Salvaterra de Magos	<b>41.14</b> 284
21.	Sofia Alexandra Picao	99	CLAC-Entroncamento	<b>41.35</b> 280
22.	Maria Matilde Santana	98	Goleganense	<b>41.88</b> 269
23.	Mafalda Alexandra Cabaca	00	Scalabisport	<b>42.75</b> 253
24.	Marta Isabel Silva	00	Scalabisport	<b>43.58</b> 239
25.	Sofia Isabel Mendes	97	Salvaterra de Magos	<b>44.11</b> 230 FTL
26.	Ana Raquel Silva	99	Goleganense	<b>44.15</b> 230
27.	Ines Filipa Costa	99	Goleganense	<b>44.40</b> 226
28.	Mariana Sofia Gaião	00	Goleganense	<b>44.56</b> 223
29.	Mariana Sofia Guia	98	Goleganense	<b>45.87</b> 205 FTL
30.	Neuza Figueiredo Pereira	00	Gualdim Pais	<b>46.96</b> 191
31.	Ana Carolina Morais	99	Goleganense	<b>47.91</b> 180 FTL
32.	Carlota Domingos Boavista	98	Goleganense	<b>50.92</b> 150 FTL
DSQ	Jessica Brandao Rosario - <i>Falsa Partida</i>	00	Goleganense	
DNS	Ana Catarina Correia	97	Salvaterra de Magos	

Prova 11 Masc., 50m Costas 13 anos e mais velhos  
26-05-2012 Resultados

INF-A 14 Anos MAS 14: 40.50 / INF-B 13 Anos MAS 13: 43.50 / JUN/SEN MAS - 17 + Anos 17 +: 37.50 / JUV-A 16 Anos MAS 16: 38.50 / JUV-B 15 Anos MAS 15: 39.50

Pontos: FINA 2012

Lugar	Ano		Tempo final	Pts
13 anos e mais velhos				
1.	David Oliveira Gorgulho	82	Litoral Alentejano	<b>31.47</b> 445
2.	Joao Manuel Ferreira	92	CLAC-Entroncamento	<b>32.34</b> 410
3.	Jorge Miguel Telo	95	Litoral Alentejano	<b>32.53</b> 403
4.	Afonso Guilherme Rosa <i>Record Distrital INF-B (Anterior 38.47)</i>	99	Gualdim Pais	<b>33.03</b> 385
5.	Afonso Filipe Gaspar	97	Nautico Abrantes	<b>33.59</b> 366
6.	Nuno Miguel Afonso	91	Natacao do Tejo	<b>34.04</b> 352
7.	Mario Jorge Nunes	92	Natacao do Tejo	<b>34.53</b> 337
8.	Joao Mauricio Gaspar	97	Nautico Abrantes	<b>34.99</b> 324
9.	Joao Tanissa Pancada	94	Uniao Samorense	<b>35.02</b> 323
10.	Miguel Angelo Neto	94	Uniao Samorense	<b>35.11</b> 321
11.	Pedro Miguel Primo	96	CLAC-Entroncamento	<b>35.35</b> 314
12.	Jose Eduardo Felicio	97	Rio Maior	<b>35.52</b> 310
13.	Tiago Filipe Campos	99	Scalabisport	<b>35.76</b> 303
14.	Jose Henriques Luz	99	Goleganense	<b>36.91</b> 276
15.	Miguel Rodrigues Silva	97	Nautico Abrantes	<b>36.92</b> 276
16.	Nelson Pereira Malheiros	99	Litoral Alentejano	<b>38.21</b> 249
17.	Joao Tiago Almeida	99	Scalabisport	<b>39.05</b> 233
18.	Francisco Oliveira Madeira	99	Goleganense	<b>40.25</b> 213

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 11, Masc., 50m Costas, 13 anos e mais velhos

Lugar	Ano		Tempo final	Pts
19.	Afonso Silva Nunes	98 Nautico Abrantes	<b>40.35</b>	211
20.	Miguel Feijao Galrinho	99 Goleganense	<b>43.04</b>	174
21.	Goncalo Antonio Barreiros	99 Goleganense	<b>45.77</b>	144 FTL
22.	Emanuel Duarte Silva	96 Goleganense	<b>46.14</b>	141 FTL
DNS	Joao Pedro Rosa	90 CLAC-Entroncamento		

Prova 12  
26-05-2012

Femin., 50m Mariposa

12 anos e mais velhos  
Resultados

INF-A 13 Anos FEM 13: 44.50 / INF-B 12 Anos FEM 12: 47.00 / JUN/SEN FEM - 15 + Anos 15 +: 41.00 / JUV 14 Anos FEM 14: 43.00

Pontos: FINA 2012

Lugar	Ano		Tempo final	Pts
12 anos e mais velhos				
1.	Mariana Veloso Vitoria	98 Nautico Abrantes	<b>31.29</b>	514
2.	Soraya Dea Matias	95 Torres Novas	<b>32.19</b>	472
3.	Ines Simoes Rodrigues	96 Scalabisport	<b>32.93</b>	441
4.	Ana Filipa Sousa	96 Nucleo Sportinguista Golega	<b>33.57</b>	416
5.	Ana Filipa Parente	98 Gualdim Pais	<b>33.94</b>	403
6.	Rute Isabel Leonardo	98 Nautico Abrantes	<b>34.10</b>	397
7.	Maria Clara Marques	94 Litoral Alentejano	<b>34.19</b>	394
8.	Maria Beatriz Dias	99 Scalabisport	<b>34.71</b>	376
9.	Sarah Dias	99 Goleganense	<b>34.76</b>	375
10.	Bruna Alexandra Martins	94 Uniao Samorense	<b>34.89</b>	370
11.	Ines Sofia Borba	97 Litoral Alentejano	<b>35.15</b>	362
12.	Debora Goncalves Patrocinio	97 Litoral Alentejano	<b>35.79</b>	343
13.	Tatiana Lima Silva	96 Natacao do Tejo	<b>35.87</b>	341
14.	Daniela Patricia Araujo	98 Rio Maior	<b>36.01</b>	337
15.	Patricia Simoes Jorge	97 Salvaterra de Magos	<b>36.21</b>	331
16.	Mariana Soares Martinho	99 Scalabisport	<b>36.45</b>	325
17.	Carolina Henriques Gavancho	97 CLAC-Entroncamento	<b>36.75</b>	317
18.	Sofia Alexandra Picao	99 CLAC-Entroncamento	<b>37.02</b>	310
19.	Andreia Alexandra Martins	97 Uniao Samorense	<b>37.33</b>	302
20.	Ana Rita Ferreira	92 Nucleo Sportinguista Golega	<b>37.44</b>	300
21.	Filipa Robert Rente	96 Gualdim Pais	<b>37.46</b>	299
22.	Iris Maria Rola	99 Litoral Alentejano	<b>37.87</b>	290
23.	Ana Teresa Nunes	88 Natacao do Tejo	<b>38.53</b>	275
24.	Lara Alexandra Delgado	00 Torres Novas	<b>38.59</b>	274
25.	Ines Maria Ribeiro	94 CLAC-Entroncamento	<b>38.98</b>	266
26.	Patricia Alexandra Jose	98 Gualdim Pais	<b>39.11</b>	263
27.	Mariana David Caeiro	96 Salvaterra de Magos	<b>39.25</b>	260
28.	Andreia Catarina Jeronimo	98 Natacao do Tejo	<b>40.07</b>	244
29.	Patricia Silva Conceicao	99 Nautico Abrantes	<b>40.19</b>	242
30.	Ana Maria Nunes	97 CLAC-Entroncamento	<b>40.26</b>	241
31.	Catarina Goncalves Trezentos	98 Gualdim Pais	<b>40.40</b>	238
32.	Catia Maria Feijao	00 Goleganense	<b>41.22</b>	224
33.	Sofia Isabel Mendes	97 Salvaterra de Magos	<b>41.66</b>	217 FTL
34.	Mafalda Alexandra Cabaca	00 Scalabisport	<b>41.86</b>	214
35.	Mariana Jose Guerreiro	97 Litoral Alentejano	<b>42.25</b>	208 FTL
36.	Maria Carolina Rufino	95 CLAC-Entroncamento	<b>43.24</b>	194 FTL
37.	Carolina Alexandra Freitas	99 Gualdim Pais	<b>44.84</b>	174 FTL
38.	Ines Isabel Graca	00 Gualdim Pais	<b>45.59</b>	166
39.	Ana Raquel Silva	99 Goleganense	<b>48.23</b>	140 FTL
40.	Mariana Sofia Guia	98 Goleganense	<b>49.05</b>	133 FTL
41.	Jessica Brandao Rosario	00 Goleganense	<b>51.90</b>	112 FTL

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 12, Femin., 50m Mariposa, 12 anos e mais velhos

Lugar	Ano	Tempo final	Pts
DSQ Catarina Vilhena Gregorio <i>A atleta nadou com uma ligadura na mão esq</i>	96 CLAC-Entroncamento		
DNS Patricia Palmeiro Baeta	00 Rio Maior		
DNS Andreia Sofia Antunes	95 Nucleo Sportinguista Golega		
DNS Sara Davide Rodrigues	92 Litoral Alentejano		

Prova 13  
26-05-2012

Masc., 50m Mariposa

13 anos e mais velhos  
Resultados

INF-A 14 Anos MAS 14: 41.00 / INF-B 13 Anos MAS 13: 43.00 / JUN/SEN MAS - 17 + Anos 17 +: 38.00 / JUV-A 16 Anos MAS 16: 39.00 / JUV-B 15 Anos MAS 15: 40.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
13 anos e mais velhos			
1. Andre Filipe Mendes	92 Nautico Abrantes	<b>27.86</b>	521
2. David Oliveira Gorgulho	82 Litoral Alentejano	<b>28.52</b>	486
3. Mohammad Shams Azad	95 Naval de Ponta Delgada	<b>28.66</b>	479
4. Nuno Miguel Afonso	91 Natacao do Tejo	<b>29.68</b>	431
5. Joao Manuel Ferreira	92 CLAC-Entroncamento	<b>30.20</b>	409
6. Gil Vasco Goncalves	97 Litoral Alentejano	<b>30.41</b>	401
7. Miguel Carrico Cruz	99 Scalabisport	<b>30.85</b>	384
8. Mario Jorge Nunes	92 Natacao do Tejo	<b>31.87</b>	348
9. Joao Pereira Luis	94 Salvaterra de Magos	<b>32.44</b>	330
10. Rui Jorge Brito	94 Litoral Alentejano	<b>33.13</b>	310
11. Hugo Filipe Correia	99 Litoral Alentejano	<b>33.22</b>	307
12. Tiago Filipe Campos	99 Scalabisport	<b>33.44</b>	301
13. Miguel Angelo Neto	94 Uniao Samorense	<b>34.48</b>	275
14. Jose Henriques Luz	99 Goleganense	<b>34.58</b>	272
15. Vasco Leal Brito	99 CLAC-Entroncamento	<b>37.53</b>	213
16. Francisco Oliveira Madeira	99 Goleganense	<b>38.23</b>	201
17. Joao Tiago Almeida	99 Scalabisport	<b>39.45</b>	183
18. Miguel Feijao Galrinho	99 Goleganense	<b>45.12</b>	122 FTL
19. Goncalo Antonio Barreiros	99 Goleganense	<b>51.63</b>	81 FTL
DSQ Manuel Schonenberger Braz <i>- Batimentos de pernas alternados</i>	99 Scalabisport		
DNS Joao Pedro Rosa	90 CLAC-Entroncamento		

Prova 14  
26-05-2012

1500m Livres

12 anos e mais velhos  
Resultados

INF-A 13 Anos FEM 13 Femin.: 24:35.00 / INF-A 14 Anos MAS 14 Masc.: 24:00.00 / INF-B 12 Anos FEM 12 Femin.: 26:15.00 / INF-B 13 Anos MAS 13 Masc.: 25:30.00 / JUN/SEN FEM - 15 + Anos 15 + Femin.: 22:40.50 / JUN/SEN MAS - 17 + Anos 17 + Masc.: 21:30.00 / JUV 14 Anos FEM 14 Femin.: 23:30.00 / JUV-A 16 Anos MAS 16 Masc.: 22:30.00 / JUV-B 15 Anos MAS 15 Masc.: 23:00.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
12 anos e mais velhos, Femin.			
1. Julia Matos Lopes	94 Scalabisport	<b>18:51.23</b>	578
50m: 35.92 300m: 3:47.04 550m: 6:58.89 800m: 10:08.80 1050m: 13:17.49 1300m: 16:24.02			
100m: 1:14.33 350m: 4:25.74 600m: 7:37.03 850m: 10:46.84 1100m: 13:54.88 1350m: 17:01.01			
150m: 1:52.72 400m: 5:03.96 650m: 8:15.02 900m: 11:24.78 1150m: 14:32.23 1400m: 17:38.13			
200m: 2:30.70 450m: 5:42.39 700m: 8:52.93 950m: 12:02.58 1200m: 15:09.51 1450m: 18:14.78			
250m: 3:08.92 500m: 6:20.51 750m: 9:30.84 1000m: 12:40.04 1250m: 15:46.89 1500m: 18:51.23			



JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 14, Femin., 1500m Livres, 12 anos e mais velhos

Lugar	Ano	Tempo final	Pts
<b>2. Clarisse Matos Lopes</b>	<b>98 Scalabisport</b>	<b>19:00.51</b>	<b>564</b>
50m: 35.81 300m: 3:46.53	550m: 6:57.86 800m: 10:08.78	1050m: 13:17.89	1300m: 16:28.75
100m: 1:13.78 350m: 4:24.58	600m: 7:36.32 850m: 10:46.70	1100m: 13:56.20	1350m: 17:07.10
150m: 1:51.96 400m: 5:02.97	650m: 8:14.49 900m: 11:24.40	1150m: 14:34.05	1400m: 17:45.72
200m: 2:30.04 450m: 5:41.30	700m: 8:52.77 950m: 12:02.12	1200m: 15:11.99	1450m: 18:23.48
250m: 3:08.16 500m: 6:19.90	750m: 9:30.88 1000m: 12:40.15	1250m: 15:50.32	1500m: 19:00.51
<b>3. Marcia Filipa Carvalho</b>	<b>96 Torres Novas</b>	<b>19:34.08</b>	<b>517</b>
50m: 34.95 300m: 3:46.69	550m: 7:00.32 800m: 10:17.03	1050m: 13:35.66	1300m: 16:57.15
100m: 1:12.92 350m: 4:25.30	600m: 7:39.71 850m: 10:56.78	1100m: 14:15.77	1350m: 17:36.60
150m: 1:51.19 400m: 5:04.04	650m: 8:18.90 900m: 11:36.36	1150m: 14:56.20	1400m: 18:16.62
200m: 2:29.98 450m: 5:42.52	700m: 8:58.19 950m: 12:16.02	1200m: 15:36.83	1450m: 18:55.63
250m: 3:07.99 500m: 6:21.42	750m: 9:37.52 1000m: 12:55.77	1250m: 16:16.33	1500m: 19:34.08
<b>4. Marta Filipa Vinagre</b>	<b>95 Individual Santarem</b>	<b>19:36.90</b>	<b>513</b>
50m: 33.72 300m: 3:44.67	550m: 6:58.18 800m: 10:15.38	1050m: 13:34.87	1300m: 16:56.88
100m: 1:11.23 350m: 4:23.56	600m: 7:36.70 850m: 10:54.46	1100m: 14:15.09	1350m: 17:36.68
150m: 1:49.24 400m: 5:02.06	650m: 8:16.50 900m: 11:33.94	1150m: 14:55.32	1400m: 18:17.02
200m: 2:27.54 450m: 5:41.08	700m: 8:55.38 950m: 12:14.54	1200m: 15:36.06	1450m: 18:57.51
250m: 3:06.16 500m: 6:19.33	750m: 9:35.35 1000m: 12:54.37	1250m: 16:16.28	1500m: 19:36.90
<b>5. Mariana Anastacio Cruz</b>	<b>96 Torres Novas</b>	<b>20:06.54</b>	<b>476</b>
50m: 35.99 300m: 3:53.78	550m: 7:14.65 800m: 10:37.89	1050m: 14:00.93	1300m: 17:27.51
100m: 1:14.93 350m: 4:33.50	600m: 7:55.19 850m: 11:17.92	1100m: 14:42.47	1350m: 18:08.08
150m: 1:53.27 400m: 5:14.34	650m: 8:35.15 900m: 11:58.64	1150m: 15:22.93	1400m: 18:49.72
200m: 2:33.07 450m: 5:53.71	700m: 9:15.89 950m: 12:39.39	1200m: 16:04.43	1450m: 19:28.83
250m: 3:13.13 500m: 6:34.45	750m: 9:56.35 1000m: 13:20.78	1250m: 16:45.49	1500m: 20:06.54
<b>6. Ana Cristina Alcacarenho</b>	<b>97 Nucleo Sportinguista Golega</b>	<b>20:07.12</b>	<b>476</b>
50m: 35.03 300m: 3:52.09	550m: 7:12.65 800m: 10:36.16	1050m: 14:01.06	1300m: 17:25.29
100m: 1:13.61 350m: 4:32.11	600m: 7:52.80 850m: 11:17.23	1100m: 14:41.78	1350m: 18:06.16
150m: 1:52.85 400m: 5:12.24	650m: 8:33.48 900m: 11:58.06	1150m: 15:22.77	1400m: 18:46.91
200m: 2:32.64 450m: 5:52.59	700m: 9:14.43 950m: 12:39.10	1200m: 16:03.40	1450m: 19:27.77
250m: 3:12.63 500m: 6:32.25	750m: 9:55.50 1000m: 13:20.14	1250m: 16:44.56	1500m: 20:07.12
<b>7. Ana Filipa Sousa</b>	<b>96 Nucleo Sportinguista Golega</b>	<b>20:08.18</b>	<b>474</b>
50m: 36.04 300m: 3:54.22	550m: 7:15.95 800m: 10:38.06	1050m: 14:01.52	1300m: 17:25.24
100m: 1:14.33 350m: 4:34.75	600m: 7:56.12 850m: 11:19.07	1100m: 14:41.83	1350m: 18:06.00
150m: 1:54.17 400m: 5:14.96	650m: 8:36.89 900m: 11:59.63	1150m: 15:22.63	1400m: 18:46.76
200m: 2:33.92 450m: 5:55.67	700m: 9:17.23 950m: 12:40.27	1200m: 16:03.29	1450m: 19:27.46
250m: 3:13.97 500m: 6:35.58	750m: 9:57.68 1000m: 13:20.62	1250m: 16:44.22	1500m: 20:08.18
<b>8. Ana Carolina Gomes</b>	<b>97 Cartaxo</b>	<b>20:18.89</b>	<b>462</b>
50m: 35.78 300m: 3:57.81	550m: 7:25.59 800m: 10:51.15	1050m: 14:17.58	1300m: 17:40.88
100m: 1:14.89 350m: 4:39.75	600m: 8:06.54 850m: 11:32.99	1100m: 14:58.41	1350m: 18:21.62
150m: 1:55.09 400m: 5:20.96	650m: 8:48.40 900m: 12:13.87	1150m: 15:39.70	1400m: 19:01.59
200m: 2:35.77 450m: 6:02.83	700m: 9:29.10 950m: 12:55.21	1200m: 16:20.02	1450m: 19:41.03
250m: 3:16.80 500m: 6:44.14	750m: 10:10.16 1000m: 13:36.24	1250m: 17:00.38	1500m: 20:18.89
<b>9. Ana Claudia Santo</b>	<b>97 Cartaxo</b>	<b>20:57.90</b>	<b>420</b>
50m: 36.83 300m: 4:02.74	550m: 7:35.47 800m: 11:08.79	1050m: 14:40.03	1300m: 18:10.60
100m: 1:16.60 350m: 4:45.08	600m: 8:18.44 850m: 11:50.43	1100m: 15:22.58	1350m: 18:53.14
150m: 1:57.65 400m: 5:27.48	650m: 9:01.20 900m: 12:32.40	1150m: 16:03.68	1400m: 19:35.29
200m: 2:38.70 450m: 6:10.32	700m: 9:44.10 950m: 13:15.24	1200m: 16:45.69	1450m: 20:17.28
250m: 3:20.69 500m: 6:53.00	750m: 10:26.56 1000m: 13:57.26	1250m: 17:28.17	1500m: 20:57.90
<b>10. Ana Catarina Santos</b>	<b>00 Uniao Samorense</b>	<b>21:19.38</b>	<b>399</b>
50m: 37.56 300m: 4:06.79	550m: 7:36.45 800m: 11:08.78	1050m: 14:52.11	1300m: 18:29.62
100m: 1:18.76 350m: 4:48.26	600m: 8:19.43 850m: 11:53.36	1100m: 15:36.08	1350m: 19:13.06
150m: 2:00.72 400m: 5:30.35	650m: 9:01.73 900m: 12:38.16	1150m: 16:19.12	1400m: 19:55.88
200m: 2:43.07 450m: 6:12.05	700m: 9:44.41 950m: 13:22.63	1200m: 17:03.00	1450m: 20:38.38
250m: 3:24.48 500m: 6:54.59	750m: 10:26.12 1000m: 14:08.05	1250m: 17:46.72	1500m: 21:19.38
<b>11. Ana Catarina Travessa</b>	<b>96 Salvaterra de Magos</b>	<b>21:29.25</b>	<b>390</b>
50m: 36.95 300m: 4:06.87	550m: 7:41.02 800m: 11:19.07	1050m: 14:56.77	1300m: 18:36.69
100m: 1:18.32 350m: 4:49.51	600m: 8:24.11 850m: 12:03.03	1100m: 15:40.82	1350m: 19:20.73
150m: 2:00.20 400m: 5:32.77	650m: 9:08.06 900m: 12:46.86	1150m: 16:24.48	1400m: 20:04.45
200m: 2:42.51 450m: 6:14.63	700m: 9:51.88 950m: 13:30.34	1200m: 17:08.47	1450m: 20:46.23
250m: 3:24.63 500m: 6:57.71	750m: 10:35.65 1000m: 14:13.47	1250m: 17:52.63	1500m: 21:29.25

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 14, Femin., 1500m Livres, 12 anos e mais velhos

Lugar	Ano		Tempo final		Pts
12.	Joana Sofia Amado	99	Cartaxo	<b>21:36.79</b>	383
	50m: 38.34	300m: 4:10.64	550m: 7:47.90	800m: 11:26.99	1050m: 15:07.03
	100m: 1:20.49	350m: 4:53.45	600m: 8:31.87	850m: 12:10.85	1100m: 15:51.37
	150m: 2:02.63	400m: 5:36.87	650m: 9:15.82	900m: 12:55.06	1150m: 16:35.91
	200m: 2:45.51	450m: 6:20.25	700m: 9:59.04	950m: 13:39.03	1200m: 17:19.35
	250m: 3:27.62	500m: 7:04.33	750m: 10:43.16	1000m: 14:23.30	1250m: 18:04.02
					1300m: 18:47.49
					1350m: 19:30.28
					1400m: 20:13.60
					1450m: 20:56.25
					1500m: 21:36.79
13.	Raquel Sofia Jorge	98	Salvaterra de Magos	<b>21:50.48</b>	372
	50m: 37.87	300m: 4:10.73	550m: 7:51.00	800m: 11:31.85	1050m: 15:12.85
	100m: 1:19.30	350m: 4:54.66	600m: 8:35.14	850m: 12:16.08	1100m: 15:57.20
	150m: 2:01.84	400m: 5:38.03	650m: 9:19.53	900m: 13:00.19	1150m: 16:42.15
	200m: 2:44.17	450m: 6:22.52	700m: 10:03.69	950m: 13:44.55	1200m: 17:26.40
	250m: 3:27.48	500m: 7:06.50	750m: 10:47.93	1000m: 14:28.55	1250m: 18:11.06
					1300m: 18:55.18
					1350m: 19:39.46
					1400m: 20:23.46
					1450m: 21:07.50
					1500m: 21:50.48
14.	Daniela Sofia Serra	98	CLAC-Entroncamento	<b>21:52.36</b>	370
	50m: 39.20	300m: 4:18.66	550m: 8:00.45	800m: 11:42.22	1050m: 15:23.68
	100m: 1:22.01	350m: 5:03.32	600m: 8:44.82	850m: 12:26.52	1100m: 16:07.67
	150m: 2:05.96	400m: 5:47.45	650m: 9:29.04	900m: 13:10.81	1150m: 16:51.37
	200m: 2:50.00	450m: 6:32.08	700m: 10:13.33	950m: 13:55.32	1200m: 17:35.38
	250m: 3:34.51	500m: 7:16.29	750m: 10:57.82	1000m: 14:40.00	1250m: 18:19.44
					1300m: 19:03.09
					1350m: 19:46.08
					1400m: 20:29.40
					1450m: 21:11.27
					1500m: 21:52.36
15.	Catarina Goncalves Trezentos	98	Gualdim Pais	<b>22:16.45</b>	350
	50m: 40.98	300m: 4:25.91	550m: 8:10.72	800m: 11:54.27	1050m: 15:38.95
	100m: 1:26.52	350m: 5:10.06	600m: 8:55.86	850m: 12:38.96	1100m: 16:24.13
	150m: 2:11.44	400m: 5:55.45	650m: 9:39.77	900m: 13:23.94	1150m: 17:09.36
	200m: 2:56.23	450m: 6:40.68	700m: 10:24.32	950m: 14:08.30	1200m: 17:54.74
	250m: 3:40.44	500m: 7:26.01	750m: 11:09.19	1000m: 14:53.68	1250m: 18:39.28
					1300m: 19:24.31
					1350m: 20:08.33
					1400m: 20:53.54
					1450m: 21:37.21
					1500m: 22:16.45
16.	Patricia Alexandra Jose	98	Gualdim Pais	<b>22:22.09</b>	346
	50m: 39.77	300m: 4:22.57	550m: 8:05.18	800m: 11:51.75	1050m: 15:36.24
	100m: 1:23.99	350m: 5:05.97	600m: 8:51.41	850m: 12:37.27	1100m: 16:21.78
	150m: 2:08.72	400m: 5:51.17	650m: 9:35.98	900m: 13:21.39	1150m: 17:07.60
	200m: 2:53.31	450m: 6:35.44	700m: 10:20.72	950m: 14:06.08	1200m: 17:52.10
	250m: 3:37.86	500m: 7:20.24	750m: 11:05.62	1000m: 14:51.88	1250m: 18:37.83
					1300m: 19:22.63
					1350m: 20:08.85
					1400m: 20:54.11
					1450m: 21:39.22
					1500m: 22:22.09
DNS	Ines Barata Domingos	00	Nucleo Sportinguista Golega		

13 anos e mais velhos, Masc.

1.	Ivo Andre Lopes	94	Scalabisport	<b>18:03.07</b>	525
	50m: 35.81	300m: 3:42.58	550m: 6:42.15	800m: 9:40.50	1050m: 12:40.82
	100m: 1:14.13	350m: 4:18.71	600m: 7:17.86	850m: 10:16.47	1100m: 13:16.73
	150m: 1:51.82	400m: 4:54.83	650m: 7:53.51	900m: 10:52.53	1150m: 13:52.87
	200m: 2:29.42	450m: 5:30.66	700m: 8:29.08	950m: 11:28.87	1200m: 14:28.80
	250m: 3:06.47	500m: 6:06.42	750m: 9:04.78	1000m: 12:04.77	1250m: 15:04.70
					1300m: 15:40.73
					1350m: 16:16.99
					1400m: 16:53.06
					1450m: 17:28.53
					1500m: 18:03.07
2.	Mohammad Shams Azad	95	Naval de Ponta Delgada	<b>18:21.18</b>	500
	50m: 33.94	300m: 3:38.33	550m: 6:41.65	800m: 9:44.39	1050m: 12:48.53
	100m: 1:11.50	350m: 4:15.06	600m: 7:18.09	850m: 10:21.15	1100m: 13:25.55
	150m: 1:48.05	400m: 4:51.89	650m: 7:54.44	900m: 10:57.91	1150m: 14:02.71
	200m: 2:25.09	450m: 5:28.63	700m: 8:31.05	950m: 11:34.56	1200m: 14:39.58
	250m: 3:01.61	500m: 6:05.08	750m: 9:07.58	1000m: 12:11.38	1250m: 15:16.46
					1300m: 15:53.62
					1350m: 16:31.02
					1400m: 17:08.40
					1450m: 17:45.00
					1500m: 18:21.18
3.	Fabio Miguel Samouco	95	Torres Novas	<b>18:34.99</b>	481
	50m: 31.81	300m: 3:33.69	550m: 6:39.42	800m: 9:49.52	1050m: 12:56.92
	100m: 1:07.33	350m: 4:10.69	600m: 7:17.55	850m: 10:26.89	1100m: 13:35.26
	150m: 1:43.54	400m: 4:47.51	650m: 7:55.12	900m: 11:04.51	1150m: 14:13.74
	200m: 2:19.98	450m: 5:24.48	700m: 8:33.27	950m: 11:41.95	1200m: 14:52.66
	250m: 2:56.52	500m: 6:01.95	750m: 9:11.34	1000m: 12:19.44	1250m: 15:30.82
					1300m: 16:09.74
					1350m: 16:45.46
					1400m: 17:21.87
					1450m: 17:58.50
					1500m: 18:34.99
4.	Pedro Miguel Henriques	96	Cartaxo	<b>18:38.69</b>	477
	50m: 31.51	300m: 3:34.97	550m: 6:41.69	800m: 9:49.88	1050m: 13:00.72
	100m: 1:06.83	350m: 4:12.25	600m: 7:18.87	850m: 10:28.37	1100m: 13:38.37
	150m: 1:43.56	400m: 4:50.17	650m: 7:56.17	900m: 11:06.82	1150m: 14:15.17
	200m: 2:20.37	450m: 5:27.14	700m: 8:34.15	950m: 11:44.77	1200m: 14:53.63
	250m: 2:56.99	500m: 6:04.21	750m: 9:12.42	1000m: 12:22.05	1250m: 15:29.89
					1300m: 16:07.73
					1350m: 16:45.89
					1400m: 17:23.64
					1450m: 18:01.46
					1500m: 18:38.69

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 14, Masc., 1500m Livres, 13 anos e mais velhos

Lugar			Ano								Tempo final	Pts
5.	Diogo Serrao Santos		96	Scalabisport							<b>18:43.66</b>	470
	50m:	34.03	300m:	3:45.72	550m:	6:55.91	800m:	10:05.54	1050m:	13:12.55	1300m:	16:19.14
	100m:	1:12.03	350m:	4:23.42	600m:	7:33.92	850m:	10:43.38	1100m:	13:49.13	1350m:	16:56.31
	150m:	1:50.56	400m:	5:01.68	650m:	8:11.98	900m:	11:21.18	1150m:	14:25.86	1400m:	17:33.55
	200m:	2:28.93	450m:	5:39.94	700m:	8:49.89	950m:	11:58.12	1200m:	15:03.14	1450m:	18:09.17
	250m:	3:07.43	500m:	6:18.14	750m:	9:27.39	1000m:	12:35.72	1250m:	15:41.17	1500m:	18:43.66
6.	Jose Eduardo Felicio		97	Rio Maior							<b>18:56.55</b>	454
	50m:	33.97	300m:	3:44.54	550m:	6:55.99	800m:	10:05.88	1050m:	13:16.31	1300m:	16:25.64
	100m:	1:11.24	350m:	4:23.28	600m:	7:33.80	850m:	10:43.90	1100m:	13:54.21	1350m:	17:03.49
	150m:	1:49.28	400m:	5:01.63	650m:	8:11.90	900m:	11:21.83	1150m:	14:31.95	1400m:	17:41.76
	200m:	2:27.64	450m:	5:40.05	700m:	8:49.61	950m:	12:00.09	1200m:	15:09.95	1450m:	18:19.33
	250m:	3:05.97	500m:	6:17.97	750m:	9:27.65	1000m:	12:38.43	1250m:	15:47.61	1500m:	18:56.55
7.	Jorge Miguel Telo		95	Litoral Alentejano							<b>19:00.51</b>	450
	50m:	32.95	300m:	3:44.50	550m:	6:58.23	800m:	10:09.92	1050m:	13:20.50	1300m:	16:30.49
	100m:	1:10.81	350m:	4:23.67	600m:	7:37.03	850m:	10:47.88	1100m:	13:58.80	1350m:	17:08.18
	150m:	1:48.75	400m:	5:02.53	650m:	8:15.42	900m:	11:26.02	1150m:	14:36.64	1400m:	17:46.17
	200m:	2:27.27	450m:	5:41.18	700m:	8:53.77	950m:	12:04.28	1200m:	15:14.59	1450m:	18:23.96
	250m:	3:05.84	500m:	6:19.59	750m:	9:31.82	1000m:	12:42.45	1250m:	15:52.70	1500m:	19:00.51
8.	Afonso Filipe Gaspar		97	Nautico Abrantes							<b>19:08.56</b>	440
	50m:	35.10	300m:	3:48.77	550m:	7:03.36	800m:	10:13.16	1050m:	13:24.16	1300m:	16:36.73
	100m:	1:12.81	350m:	4:28.29	600m:	7:41.34	850m:	10:51.47	1100m:	14:02.71	1350m:	17:15.21
	150m:	1:51.69	400m:	5:06.84	650m:	8:19.68	900m:	11:29.38	1150m:	14:41.18	1400m:	17:53.08
	200m:	2:30.78	450m:	5:46.01	700m:	8:57.84	950m:	12:07.69	1200m:	15:19.66	1450m:	18:31.55
	250m:	3:09.56	500m:	6:24.63	750m:	9:36.08	1000m:	12:45.60	1250m:	15:57.92	1500m:	19:08.56
9.	Rui Miguel Ribeiro		95	Cartaxo							<b>19:16.34</b>	432
	50m:	33.55	300m:	3:42.29	550m:	6:56.32	800m:	10:10.29	1050m:	13:26.13	1300m:	16:42.17
	100m:	1:10.43	350m:	4:20.88	600m:	7:34.87	850m:	10:48.92	1100m:	14:06.24	1350m:	17:21.95
	150m:	1:48.50	400m:	4:59.96	650m:	8:13.69	900m:	11:28.41	1150m:	14:44.67	1400m:	18:01.84
	200m:	2:25.77	450m:	5:39.27	700m:	8:53.13	950m:	12:07.42	1200m:	15:23.42	1450m:	18:40.07
	250m:	3:03.59	500m:	6:18.00	750m:	9:31.45	1000m:	12:47.07	1250m:	16:02.16	1500m:	19:16.34
10.	Nuno Ricardo Nogueira		94	Nucleo Sportinguista Golega							<b>19:16.95</b>	431
	50m:	35.31	300m:	3:46.37	550m:	6:58.81	800m:	10:11.73	1050m:	13:26.39	1300m:	16:41.75
	100m:	1:13.52	350m:	4:24.73	600m:	7:37.44	850m:	10:50.28	1100m:	14:05.40	1350m:	17:20.76
	150m:	1:50.80	400m:	5:03.52	650m:	8:15.49	900m:	11:29.50	1150m:	14:44.34	1400m:	17:59.91
	200m:	2:29.38	450m:	5:41.96	700m:	8:53.94	950m:	12:08.22	1200m:	15:23.64	1450m:	18:39.13
	250m:	3:07.50	500m:	6:20.53	750m:	9:32.64	1000m:	12:47.50	1250m:	16:02.60	1500m:	19:16.95
11.	Afonso Guilherme Rosa		99	Gualdim Pais							<b>19:21.23</b>	426
	50m:	34.02	300m:	3:46.37	550m:	7:00.81	800m:	10:15.67	1050m:	13:30.57	1300m:	16:47.80
	100m:	1:11.80	350m:	4:25.29	600m:	7:40.10	850m:	10:54.31	1100m:	14:09.85	1350m:	17:27.84
	150m:	1:50.29	400m:	5:04.53	650m:	8:19.07	900m:	11:33.40	1150m:	14:49.27	1400m:	18:06.89
	200m:	2:28.82	450m:	5:43.29	700m:	8:57.81	950m:	12:12.53	1200m:	15:28.76	1450m:	18:44.56
	250m:	3:07.52	500m:	6:21.53	750m:	9:36.54	1000m:	12:51.69	1250m:	16:08.12	1500m:	19:21.23
12.	Joao Pedro Marquez		98	Uniao Samorense							<b>19:27.32</b>	419
	50m:	34.62	300m:	3:48.37	550m:	7:04.79	800m:	10:20.39	1050m:	13:37.17	1300m:	16:53.60
	100m:	1:12.12	350m:	4:27.89	600m:	7:43.71	850m:	10:59.93	1100m:	14:16.32	1350m:	17:32.67
	150m:	1:50.57	400m:	5:06.97	650m:	8:23.10	900m:	11:38.89	1150m:	14:55.28	1400m:	18:11.64
	200m:	2:29.49	450m:	5:46.34	700m:	9:02.36	950m:	12:18.29	1200m:	15:34.96	1450m:	18:50.43
	250m:	3:08.87	500m:	6:25.66	750m:	9:41.77	1000m:	12:57.53	1250m:	16:14.21	1500m:	19:27.32
13.	Dario Fausto Matias		98	Torres Novas							<b>19:32.63</b>	414
	50m:	34.22	300m:	3:47.06	550m:	7:03.62	800m:	10:21.71	1050m:	13:40.89	1300m:	16:57.86
	100m:	1:12.34	350m:	4:26.25	600m:	7:42.78	850m:	11:01.65	1100m:	14:20.08	1350m:	17:36.57
	150m:	1:50.92	400m:	5:05.47	650m:	8:22.20	900m:	11:41.69	1150m:	15:00.00	1400m:	18:15.82
	200m:	2:29.60	450m:	5:44.68	700m:	9:02.25	950m:	12:21.67	1200m:	15:38.89	1450m:	18:54.53
	250m:	3:08.13	500m:	6:23.75	750m:	9:41.93	1000m:	13:01.71	1250m:	16:18.19	1500m:	19:32.63
14.	Telmo Pedrosa Rocha		98	Uniao Samorense							<b>19:35.90</b>	410
	50m:	34.75	300m:	3:50.53	550m:	7:11.27	800m:	10:31.29	1050m:	13:46.95	1300m:	17:04.19
	100m:	1:13.02	350m:	4:30.15	600m:	7:51.40	850m:	11:08.73	1100m:	14:25.99	1350m:	17:43.55
	150m:	1:52.39	400m:	5:10.20	650m:	8:31.71	900m:	11:47.78	1150m:	15:05.30	1400m:	18:22.97
	200m:	2:31.93	450m:	5:50.14	700m:	9:11.75	950m:	12:27.51	1200m:	15:44.79	1450m:	19:00.19
	250m:	3:11.07	500m:	6:30.44	750m:	9:51.39	1000m:	13:07.61	1250m:	16:24.25	1500m:	19:35.90

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

Prova 14, Masc., 1500m Livres, 13 anos e mais velhos

Lugar	Ano										Tempo final	Pts
15.	Joao Bernardo Saragoca 95 Scalabisport										<b>19:39.28</b>	407
	50m:	35.82	300m:	3:47.14	550m:	6:59.36	800m:	10:13.97	1050m:	13:36.63	1300m:	17:00.00
	100m:	1:14.75	350m:	4:25.76	600m:	7:37.52	850m:	10:54.27	1100m:	14:17.06	1350m:	17:40.16
	150m:	1:52.94	400m:	5:04.49	650m:	8:15.70	900m:	11:34.10	1150m:	14:57.09	1400m:	18:20.54
	200m:	2:31.15	450m:	5:42.72	700m:	8:54.58	950m:	12:15.55	1200m:	15:38.20	1450m:	19:00.12
	250m:	3:08.76	500m:	6:21.29	750m:	9:33.80	1000m:	12:56.22	1250m:	16:18.56	1500m:	19:39.28
16.	Sergio Alexandre Batalha 98 Uniao Samorense										<b>19:55.09</b>	391
	50m:	34.86	300m:	3:50.50	550m:	7:15.76	800m:	10:40.19	1050m:	14:01.21	1300m:	17:19.58
	100m:	1:12.41	350m:	4:31.12	600m:	7:56.69	850m:	11:20.50	1100m:	14:40.58	1350m:	17:58.97
	150m:	1:51.77	400m:	5:11.02	650m:	8:38.12	900m:	12:00.96	1150m:	15:20.49	1400m:	18:39.25
	200m:	2:30.65	450m:	5:52.19	700m:	9:19.45	950m:	12:41.34	1200m:	16:00.12	1450m:	19:17.36
	250m:	3:10.97	500m:	6:34.19	750m:	10:00.79	1000m:	13:21.36	1250m:	16:40.05	1500m:	19:55.09
17.	Martim Basilio Gil 97 CLAC-Entroncamento										<b>20:04.34</b>	382
	50m:	38.20	300m:	4:04.11	550m:	7:29.82	800m:	10:52.69	1050m:	14:13.23	1300m:	17:30.13
	100m:	1:18.27	350m:	4:45.43	600m:	8:10.39	850m:	11:33.67	1100m:	14:52.85	1350m:	18:09.73
	150m:	2:00.28	400m:	5:26.42	650m:	8:51.68	900m:	12:13.67	1150m:	15:32.13	1400m:	18:48.57
	200m:	2:42.56	450m:	6:07.21	700m:	9:31.84	950m:	12:54.49	1200m:	16:11.55	1450m:	19:27.41
	250m:	3:24.60	500m:	6:48.21	750m:	10:13.03	1000m:	13:34.12	1250m:	16:50.56	1500m:	20:04.34
18.	Goncalo Faria Saldida 99 Gualdim Pais										<b>20:21.82</b>	366
	50m:	37.23	300m:	3:59.67	550m:	7:23.46	800m:	10:49.23	1050m:	14:15.75	1300m:	17:41.94
	100m:	1:17.67	350m:	4:39.96	600m:	8:05.09	850m:	11:30.34	1100m:	14:57.73	1350m:	18:21.87
	150m:	1:57.56	400m:	5:20.96	650m:	8:46.39	900m:	12:12.18	1150m:	15:37.41	1400m:	19:02.83
	200m:	2:38.15	450m:	6:01.82	700m:	9:27.71	950m:	12:53.33	1200m:	16:19.04	1450m:	19:41.95
	250m:	3:18.47	500m:	6:42.91	750m:	10:08.00	1000m:	13:34.49	1250m:	16:59.96	1500m:	20:21.82
19.	Nelson Pereira Malheiros 99 Litoral Alentejano										<b>20:52.90</b>	339
	50m:	36.74	300m:	4:00.49	550m:	7:32.53	800m:	11:07.53	1050m:	14:41.24	1300m:	18:12.92
	100m:	1:17.18	350m:	4:41.76	600m:	8:15.77	850m:	11:51.36	1100m:	15:22.36	1350m:	18:55.19
	150m:	1:57.63	400m:	5:24.14	650m:	8:59.18	900m:	12:33.03	1150m:	16:05.14	1400m:	19:33.92
	200m:	2:38.65	450m:	6:06.22	700m:	9:42.07	950m:	13:15.49	1200m:	16:47.99	1450m:	20:13.26
	250m:	3:19.60	500m:	6:49.90	750m:	10:25.41	1000m:	13:57.61	1250m:	17:29.85	1500m:	20:52.90
20.	Miguel Rodrigues Silva 97 Nautico Abrantes										<b>21:24.37</b>	315
	50m:	35.72	300m:	4:05.05	550m:	7:42.09	800m:	11:21.67	1050m:	15:01.31	1300m:	18:36.43
	100m:	1:15.63	350m:	4:48.06	600m:	8:26.37	850m:	12:05.76	1100m:	15:44.35	1350m:	19:19.21
	150m:	1:57.66	400m:	5:31.70	650m:	9:09.52	900m:	12:50.28	1150m:	16:27.51	1400m:	20:01.79
	200m:	2:40.30	450m:	6:15.35	700m:	9:52.99	950m:	13:33.48	1200m:	17:10.53	1450m:	20:43.51
	250m:	3:22.98	500m:	6:58.25	750m:	10:37.43	1000m:	14:17.37	1250m:	17:53.24	1500m:	21:24.37
21.	Pedro Miguel Primo 96 CLAC-Entroncamento										<b>21:30.56</b>	310
	50m:	37.78	300m:	4:17.32	550m:	7:56.42	800m:	11:33.47	1050m:	15:12.40	1300m:	18:46.50
	100m:	1:20.53	350m:	5:00.65	600m:	8:39.96	850m:	12:17.10	1100m:	15:55.22	1350m:	19:27.10
	150m:	2:05.05	400m:	5:44.14	650m:	9:23.39	900m:	13:01.35	1150m:	16:38.95	1400m:	20:08.13
	200m:	2:48.60	450m:	6:28.30	700m:	10:06.62	950m:	13:45.18	1200m:	17:22.03	1450m:	20:49.64
	250m:	3:33.34	500m:	7:11.75	750m:	10:51.15	1000m:	14:29.49	1250m:	18:04.65	1500m:	21:30.56
22.	Miguel Jorge Nunes 98 Uniao Samorense										<b>21:49.97</b>	297
	50m:	36.42	300m:	4:09.34	550m:	7:51.33	800m:	11:32.42	1050m:	15:13.51	1300m:	18:54.65
	100m:	1:17.75	350m:	4:53.29	600m:	8:35.53	850m:	12:16.49	1100m:	15:57.81	1350m:	19:39.18
	150m:	1:59.66	400m:	5:37.80	650m:	9:19.80	900m:	13:00.88	1150m:	16:42.20	1400m:	20:23.32
	200m:	2:42.54	450m:	6:22.37	700m:	10:04.21	950m:	13:45.11	1200m:	17:26.62	1450m:	21:06.98
	250m:	3:25.85	500m:	7:06.98	750m:	10:48.37	1000m:	14:29.33	1250m:	18:10.55	1500m:	21:49.97
23.	Bernardo Jose Dionisio 99 Gualdim Pais										<b>22:27.03</b>	273
	50m:	41.22	300m:	4:32.30	550m:	8:21.26	800m:	12:06.45	1050m:	15:50.66	1300m:	19:35.26
	100m:	1:28.37	350m:	5:18.35	600m:	9:06.94	850m:	12:51.12	1100m:	16:35.90	1350m:	20:19.95
	150m:	2:14.18	400m:	6:04.19	650m:	9:51.46	900m:	13:35.45	1150m:	17:20.96	1400m:	21:03.56
	200m:	3:00.19	450m:	6:50.80	700m:	10:36.81	950m:	14:20.34	1200m:	18:05.92	1450m:	21:46.96
	250m:	3:46.44	500m:	7:35.68	750m:	11:21.31	1000m:	15:05.86	1250m:	18:50.62	1500m:	22:27.03
24.	Tomas Leal Brito 97 CLAC-Entroncamento										<b>22:28.08</b>	272
	50m:	40.02	300m:	4:33.88	550m:	8:21.35	800m:	12:05.35	1050m:	15:51.35	1300m:	19:35.80
	100m:	1:26.12	350m:	5:18.65	600m:	9:06.09	850m:	12:50.43	1100m:	16:37.50	1350m:	20:19.71
	150m:	2:12.85	400m:	6:04.43	650m:	9:50.46	900m:	13:35.59	1150m:	17:22.09	1400m:	21:04.67
	200m:	3:00.21	450m:	6:49.92	700m:	10:35.75	950m:	14:20.46	1200m:	18:07.47	1450m:	21:46.93
	250m:	3:46.95	500m:	7:36.16	750m:	11:20.10	1000m:	15:05.92	1250m:	18:50.93	1500m:	22:28.08
DNS	Pedro Afonso Gaspar 94 Nucleo Sportinguista Golega											

JORNADA APURAMENTO CATEGORIAS - RIO MAIOR 50 METROS  
Rio Maior, 26-5-2012

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Prova 14, Masc., 1500m Livres, 13 anos e mais velhos

Lugar	Ano	Tempo final	Pts
DNS Rafael Barata Domingos	95		Nucleo Sportinguista Golega
DNS Joao Carlos Gabriel	97		Scalabisport