

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

1 - 1ª SESSÃO

02-03-2012 - 16:00

Prova 1 Femin., 400m Estilos 12 anos e mais velhos
02-03-2012 Resultados

JUN/SEN - FEM 15 +: 6:35.00 / Time standard 1 12: 7:18.50; 13: 7:00.00; 14: 6:40.00

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1. Maria Clara Marques	94 Litoral Alentejano	5:39.26	455
50m: 35.91 100m: 1:19.98	400m: 5:39.26		
2. Catarina Vilhena Gregorio	96 CLAC-Entroncamento	5:46.04	429
50m: 35.58 100m: 1:19.04	400m: 5:46.04		
3. Debora Goncalves Patrocinio	97 Litoral Alentejano	5:53.21	403
50m: 38.97 100m: 1:26.68	400m: 5:53.21		
4. Ana Rita Ferreira	92 Nucleo Sportinguista Golega	5:59.98	381
50m: 36.88 100m: 1:21.07	400m: 5:59.98		
5. Ines Maria Ribeiro	94 CLAC-Entroncamento	6:07.99	356
50m: 38.63 100m: 1:25.93	400m: 6:07.99		
DNS Ines Sofia Borba	97 Litoral Alentejano		
JUVENIS			
1. Mariana Veloso Vitoria	98 Nautico Abrantes	5:20.59	539
50m: 33.91 100m: 1:12.41	400m: 5:20.59		
2. Maria Madalena Silva	98 Nautico Abrantes	5:24.74	519
50m: 34.95 100m: 1:16.55	400m: 5:24.74		
3. Rute Isabel Leonardo	98 Nautico Abrantes	5:45.79	430
50m: 36.87 100m: 1:20.16	400m: 5:45.79		
4. Daniela Sofia Serra	98 CLAC-Entroncamento	6:01.40	376
50m: 37.93 100m: 1:24.42	400m: 6:01.40		
5. Raquel Sofia Jorge	98 Salvaterra de Magos	6:11.80	346
50m: 39.55 100m: 1:29.19	400m: 6:11.80		
6. Catarina Goncalves Trezentos	98 Gualdim Pais	6:12.67	343
50m: 43.08 100m: 1:35.00	400m: 6:12.67		
7. Daniela Patricia Araujo	98 Rio Maior	6:28.08	304
50m: 40.05 100m: 1:28.14	400m: 6:28.08		
INF-A			
1. Ana Margarida Salgueiro	99 Nautico Abrantes	5:38.83	457
50m: 37.09 100m: 1:22.06	400m: 5:38.83		
2. Maria Beatriz Dias	99 Scalabisport	5:47.37	424
50m: 37.30 100m: 1:23.02	400m: 5:47.37		
3. Sofia Alexandra Picao	99 CLAC-Entroncamento	6:26.77	307
50m: 45.12 100m: 1:38.03	400m: 6:26.77		
4. Beatriz Isabel Nunes	99 BUZIOS-Coruche	7:06.89	228
<i>FTL</i>			
50m: 45.21 100m: 1:40.16	400m: 7:06.89		

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 1, Femin., 400m Estilos

INF-B

1.	Ana Catarina Santos	00	Uniao Samorense	6:18.40	328
	50m: 41.91 100m: 1:21.35 400m: 6:18.40				
2.	Patricia Palmeiro Baeta	00	Rio Maior	6:20.38	323
	50m: 44.32 100m: 1:37.06 400m: 6:20.38				
3.	Maria Beatriz Lopes	00	Rio Maior	6:22.70	317
	50m: 43.58 100m: 1:36.86 400m: 6:22.70				
4.	Ines Barata Domingos	00	Nucleo Sportinguista Golega	6:59.38	241
	50m: 45.67 100m: 1:44.35 400m: 6:59.38				

Prova 2

Masc., 400m Estilos

13 anos e mais velhos

02-03-2012

Resultados

JUN/SEN - MASC 17 +: 6:30.00 / Time standard 1 13: 6:55.50; 14: 6:46.00; 15: 6:28.00; 16: 6:07.00

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1.	Ivo Andre Lopes	94 Scalabisport	4:49.86 536
	50m: 29.52 100m: 1:02.61 400m: 4:49.86		
2.	Duarte Rosa Cameirao	94 Rio Maior	5:01.99 474
	50m: 31.95 100m: 1:08.96 400m: 5:01.99		
3.	Joao Manuel Ferreira	92 CLAC-Entroncamento	5:06.88 451
	50m: 30.80 100m: 1:07.90 400m: 5:06.88		
4.	Jorge Miguel Telo	95 Litoral Alentejano	5:20.90 395
	50m: 32.08 100m: 1:10.32 400m: 5:20.90		
5.	Tiago Andre Matos	95 Natacao do Tejo	5:48.96 307
	50m: 36.15 100m: 1:19.58 400m: 5:48.96		
JUV-A			
1.	Guilherme Antonio Reis	96 Torres Novas	5:25.95 377
	50m: 37.33 100m: 1:22.21 400m: 5:25.95		
2.	Andre Pombo Dias	96 Natacao do Tejo	5:47.07 312
	50m: 33.32 100m: 1:15.59 400m: 5:47.07		
3.	Jose Carlos Rebelo	96 CLAC-Entroncamento	6:04.11 270
	50m: 36.71 100m: 1:21.43 400m: 6:04.11		
JUV-B			
1.	Afonso Filipe Gaspar	97 Nautico Abrantes	5:25.41 379
	50m: 36.78 100m: 1:12.94 400m: 5:25.41		
2.	Joao Mauricio Gaspar	97 Nautico Abrantes	5:29.52 365
	50m: 34.62 100m: 1:16.06 400m: 5:29.52		
3.	Gil Vasco Goncalves	97 Litoral Alentejano	5:36.22 343
	50m: 31.59 100m: 1:10.34 400m: 5:36.22		
4.	Martim Basilio Gil	97 CLAC-Entroncamento	5:42.31 325
	50m: 32.52 100m: 1:12.68 400m: 5:42.31		
5.	Artur Rafael Saramago	97 BUZIOS-Coruche	5:50.58 303
	50m: 35.95 100m: 1:21.40 400m: 5:50.58		
DNS	Bernardo Teixeira Quintela	97 Nucleo Sportinguista Golega	

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
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Prova 2, Masc., 400m Estilos

INF-A

1.	Dario Fausto Matias	98	Torres Novas	5:42.66	324
	50m: 35.85 100m: 1:18.20 400m: 5:42.66				
2.	Joao Pedro Marquez	98	Uniao Samorense	5:49.37	306
	50m: 39.53 100m: 1:25.65 400m: 5:49.37				
3.	Francisco Alexandre Pereira	98	Natacao do Tejo	5:55.91	289
	50m: 37.70 100m: 1:22.04 400m: 5:55.91				
4.	Pedro Manuel Nunes	98	CLAC-Entroncamento	6:00.10	279
	50m: 38.12 100m: 1:23.25 400m: 6:00.10				
5.	Telmo Pedrosa Rocha	98	Uniao Samorense	6:00.35	279
	50m: 39.15 100m: 1:25.41 400m: 6:00.35				
6.	Sergio Alexandre Batalha	98	Uniao Samorense	6:01.47	276
	50m: 39.13 100m: 1:25.68 400m: 6:01.47				
7.	Joao Ferreira Santos	98	Torres Novas	6:24.26	230
	50m: 40.79 100m: 1:31.64 400m: 6:24.26				
8.	Daniel Sendrea	98	Uniao Samorense	6:28.74	222
	50m: 52.17 100m: 1:34.12 400m: 6:28.74				
9.	Joao Neves Coelho	98	BUZIOS-Coruche	6:37.46	208
	50m: 43.24 100m: 1:39.82 400m: 6:37.46				
DNS	Diogo Filipe Lino	98	Nucleo Sportinguista Golega		

INF-B

1.	Jose Henriques Luz	99	Goleganense	5:39.87	332
	50m: 34.68 100m: 1:16.68 400m: 5:39.87				
2.	Francisco Barroso Rodrigues	99	Uniao Samorense	6:54.09	183
	50m: 44.71 100m: 1:38.84 400m: 6:54.09				
3.	Tomas Jose Agostinho	99	BUZIOS-Coruche	7:06.24	168
	<i>FTL</i> 50m: 46.99 100m: 1:47.96 400m: 7:06.24				

Prova 3

Femin., 100m Costas

12 anos e mais velhos

02-03-2012

Resultados

JUN/SEN - FEM 15 +: 1:28.00 / Time standard 1 12: 1:36.50; 13: 1:33.50; 14: 1:27.50

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts		
ABS					
1.	Ana Filipa Sousa	96	Nucleo Sportinguista Golega	1:09.92	492
	50m: 33.46 100m: 1:09.92				
2.	Maria Clara Marques	94	Litoral Alentejano	1:16.31	379
	50m: 36.90 100m: 1:16.31				
3.	Carolina Henriques Gavancho	97	CLAC-Entroncamento	1:20.87	318
	50m: 39.08 100m: 1:20.87				
4.	Ana Cristina Alcacarenho	97	Nucleo Sportinguista Golega	1:21.71	308
	50m: 39.24 100m: 1:21.71				
5.	Ana Catarina Correia	97	Salvaterra de Magos	1:25.87	266
	50m: 41.60 100m: 1:25.87				
DNS	Sofia Leonor Costa	96	Individual Santarem		
DNS	Marta Filipa Vinagre	95	Scalabisport		
DNS	Ines Sofia Borba	97	Litoral Alentejano		

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Prova 3, Femin., 100m Costas

JUVENIS

1.	Mariana Veloso Vitoria	98	Nautico Abrantes	1:09.94	492
	50m: 33.85 100m: 1:09.94				
2.	Maria Madalena Silva	98	Nautico Abrantes	1:12.71	438
	50m: 36.01 100m: 1:12.71				
3.	Daniela Sofia Serra	98	CLAC-Entroncamento	1:17.10	367
	50m: 37.05 100m: 1:17.10				
4.	Rute Isabel Leonardo	98	Nautico Abrantes	1:19.38	336
	50m: 42.27 100m: 1:19.38				
5.	Patricia Alexandra Jose	98	Gualdim Pais	1:20.25	325
	50m: 38.15 100m: 1:20.25				
6.	Ana Filipa Parente	98	Gualdim Pais	1:24.38	280
	50m: 39.53 100m: 1:24.38				
7.	Maria Matilde Santana	98	Goleganense	1:25.67	267
	50m: 41.32 100m: 1:25.67				

INF-A

1.	Sarah Dias	99	Goleganense	1:14.31	410
	50m: 34.88 100m: 1:14.31				
2.	Mariana Soares Martinho	99	Scalabisport	1:14.80	402
	50m: 36.74 100m: 1:14.80				
3.	Ana Margarida Salgueiro	99	Nautico Abrantes	1:15.90	385
	50m: 36.52 100m: 1:15.90				
4.	Carolina Leal Serra	99	Torres Novas	1:19.06	340
	50m: 39.02 100m: 1:19.06				
5.	Maria Beatriz Diogo	99	Nautico Abrantes	1:21.84	307
	50m: 40.78 100m: 1:21.84				
6.	Andreia Serra Paulo	99	Goleganense	1:22.00	305
	50m: 39.76 100m: 1:22.00				
7.	Ana Torres Ferreira	99	Nautico Abrantes	1:22.56	299
	50m: 40.16 100m: 1:22.56				
8.	Joana Sofia Bica	99	CLAC-Entroncamento	1:25.14	272
	50m: 41.36 100m: 1:25.14				
9.	Hatira Guseinova	99	Torres Novas	1:25.28	271
	50m: 41.34 100m: 1:25.28				
10.	Patricia Silva Conceicao	99	Nautico Abrantes	1:25.32	271
	50m: 41.46 100m: 1:25.32				
11.	Sofia Alexandra Picao	99	CLAC-Entroncamento	1:25.66	268
	50m: 41.35 100m: 1:25.66				
12.	Ines Fernandes Moutinho	99	CLAC-Entroncamento	1:26.41	261
	50m: 41.45 100m: 1:26.41				
13.	Carolina Miguel Marques	99	Natacao do Tejo	1:26.88	256
	50m: 42.21 100m: 1:26.88				
14.	Rita Viana Miguel	99	CLAC-Entroncamento	1:27.11	254
	50m: 42.17 100m: 1:27.11				
15.	Ines Filipa Costa	99	Goleganense	1:30.34	228
	50m: 42.43 100m: 1:30.34				
16.	Ana Raquel Silva	99	Goleganense	1:31.43	220
	50m: 43.58 100m: 1:31.43				

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
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Prova 3, Femin., 100m Costas, INF-A

Lugar	Ano	Tempo final	Pts
17. Ana Carolina Morais <i>FTL</i> 50m: 49.54 100m: 1:41.53	99 Goleganense	1:41.53	160

INF-B

1. Lara Alexandra Delgado 50m: 37.22 100m: 1:18.88	00 Torres Novas	1:18.88	343
2. Ines Isabel Graca 50m: 39.27 100m: 1:21.65	00 Gualdim Pais	1:21.65	309
3. Catia Maria Feijao 50m: 40.47 100m: 1:22.93	00 Goleganense	1:22.93	295
4. Joana Costa Bernardino 50m: 40.37 100m: 1:25.68	00 CLAC-Entroncamento	1:25.68	267
5. Ana Catarina Santos 50m: 41.34 100m: 1:25.93	00 Uniao Samorense	1:25.93	265
6. Marta Isabel Silva 50m: 41.72 100m: 1:26.55	00 Scalabisport	1:26.55	259
7. Mariana Nunes Domingos 50m: 42.42 100m: 1:26.86	00 Scalabisport	1:26.86	257
8. Carolina Sofia Eusebio 50m: 40.97 100m: 1:27.03	00 BUZIOS-Coruche	1:27.03	255
9. Mafalda Alexandra Cabaca 50m: 43.23 100m: 1:29.25	00 Scalabisport	1:29.25	236
10. Maria Pinto Goncalves 50m: 47.16 100m: 1:33.86	00 Salvaterra de Magos	1:33.86	203
11. Neuza Figueiredo Pereira 50m: 45.84 100m: 1:34.90	00 Gualdim Pais	1:34.90	197
12. Barbara Sucena Riachos 50m: 45.83 100m: 1:36.44	00 Goleganense	1:36.44	187
13. Ines Barata Domingos <i>FTL</i> 50m: 48.54 100m: 1:41.72	00 Nucleo Sportinguista Golega	1:41.72	160

Prova 4
02-03-2012

Masc., 100m Costas

13 anos e mais velhos
Resultados

JUN/SEN - MASC 17 +: 1:19.00 / Time standard 1 13: 1:31.00; 14: 1:27.00; 15: 1:22.50; 16: 1:19.50

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1. Andre Filipe Mendes 50m: 28.90 100m: 1:00.25	92 Nautico Abrantes	1:00.25	535
2. Diogo Miguel Balsa 50m: 30.99 100m: 1:04.21	95 BUZIOS-Coruche	1:04.21	442
3. Jorge Miguel Telo 50m: 32.57 100m: 1:07.00	95 Litoral Alentejano	1:07.00	389
4. Joao Manuel Ferreira 50m: 32.59 100m: 1:07.80	92 CLAC-Entroncamento	1:07.80	376

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
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Prova 4, Masc., 100m Costas, ABS

Lugar	Ano	Tempo final	Pts
5. Nuno Miguel Afonso 50m: 34.10 100m: 1:11.41	91 Natacao do Tejo	1:11.41	321
6. Eduardo Terekhin Baptista 50m: 34.28 100m: 1:12.32	94 Desportivo de Benavente	1:12.32	309
7. Mario Jorge Santos 50m: 37.69 100m: 1:16.59	95 Gualdim Pais	1:16.59	260
8. Afonso Sergio Goncalves <i>FTL</i> 50m: 40.38 100m: 1:22.87	94 Scalabisport	1:22.87	205

JUV-A

1. Diogo Serrao Santos 50m: 32.18 100m: 1:06.36	96 Scalabisport	1:06.36	401
2. Joao Pedro Alves 50m: 33.99 100m: 1:12.27	96 Natacao do Tejo	1:12.27	310
DSQ Andre Pombo Dias <i>Falsa Partida</i>	96 Natacao do Tejo		
DNS Tiago Miguel Ferreira	96 Desportivo de Benavente		

JUV-B

1. Afonso Filipe Gaspar 50m: 34.64 100m: 1:10.45	97 Nautico Abrantes	1:10.45	335
2. Joao Mauricio Gaspar 50m: 34.70 100m: 1:10.79	97 Nautico Abrantes	1:10.79	330
3. Gil Vasco Goncalves 50m: 35.15 100m: 1:15.18	97 Litoral Alentejano	1:15.18	275
4. Miguel Rodrigues Silva 50m: 36.70 100m: 1:15.35	97 Nautico Abrantes	1:15.35	273
5. Artur Rafael Saramago 50m: 36.30 100m: 1:16.30	97 BUZIOS-Coruche	1:16.30	263
6. Tomas Leal Brito 50m: 38.38 100m: 1:19.63	97 CLAC-Entroncamento	1:19.63	232
7. Martim Basilio Gil 50m: 38.16 100m: 1:20.02	97 CLAC-Entroncamento	1:20.02	228

INF-A

1. Frederico Sucena Riachos 50m: 32.80 100m: 1:08.78	98 Nucleo Sportinguista Golega	1:08.78	360
2. Joao Pedro Marquez 50m: 36.37 100m: 1:14.41	98 Uniao Samorense	1:14.41	284
3. Francisco Alexandre Pereira 50m: 37.94 100m: 1:16.68	98 Natacao do Tejo	1:16.68	259
4. Sergio Alexandre Batalha 50m: 36.50 100m: 1:17.47	98 Uniao Samorense	1:17.47	252
5. Joao Paulo Lopes 50m: 37.24 100m: 1:18.21	98 Torres Novas	1:18.21	245
6. Afonso Nuno Martins 50m: 38.54 100m: 1:18.49	98 Desportivo de Benavente	1:18.49	242

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
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Prova 4, Masc., 100m Costas, INF-A

Lugar	Ano	Tempo final	Pts
7. Joao Neves Coelho 50m: 39.52 100m: 1:20.12	98 BUZIOS-Coruche	1:20.12	227
8. Afonso Silva Nunes 50m: 39.30 100m: 1:21.23	98 Nautico Abrantes	1:21.23	218
9. Miguel Jorge Nunes 50m: 38.54 100m: 1:21.36	98 Uniao Samorense	1:21.36	217
10. Mario Ricardo Carvalho 50m: 40.40 100m: 1:22.82	98 Desportivo de Benavente	1:22.82	206
11. Telmo Pedrosa Rocha 50m: 40.07 100m: 1:22.94	98 Uniao Samorense	1:22.94	205
DNS Diogo Filipe Lino	98 Nucleo Sportinguista Golega		
DNS Ricardo Manuel Lopes	98 Torres Novas		

INF-B

1. Afonso Guilherme Rosa 50m: 33.50 100m: 1:09.41	99 Gualdim Pais	1:09.41	350
2. Tiago Filipe Campos 50m: 36.44 100m: 1:13.42	99 Scalabisport	1:13.42	296
3. Miguel Carrico Cruz 50m: 36.16 100m: 1:13.79	99 Scalabisport	1:13.79	291
4. Goncalo Faria Saldida 50m: 39.66 100m: 1:20.49	99 Gualdim Pais	1:20.49	224
5. Francisco Oliveira Madeira 50m: 39.96 100m: 1:23.43	99 Goleganense	1:23.43	201
6. Jose Nuno Sousa 50m: 39.72 100m: 1:24.65	99 Nucleo Sportinguista Golega	1:24.65	193
7. Miguel Feijao Galrinho 50m: 42.57 100m: 1:27.48	99 Goleganense	1:27.48	175
8. Nelson Pereira Malheiros 50m: 43.30 100m: 1:27.58	99 Litoral Alentejano	1:27.58	174
9. Rodrigo Pereira Damasio 50m: 41.70 100m: 1:28.07	99 Salvaterra de Magos	1:28.07	171
10. Tomas Jose Agostinho <i>FTL</i> 50m: 43.64 100m: 1:31.21	99 BUZIOS-Coruche	1:31.21	154
11. Francisco Barroso Rodrigues <i>FTL</i> 50m: 45.78 100m: 1:32.55	99 Uniao Samorense	1:32.55	147
12. Joao Miguel Vale <i>FTL</i> 50m: 43.18 100m: 1:32.62	99 Nucleo Sportinguista Golega	1:32.62	147
DNS Marco Andre Miguel	99 Torres Novas		

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 5 Femin., 4 x 200m Livres 12 anos e mais velhos
02-03-2012 Resultados

JUN/SEN - FEM 15 +: 12:00.00 / Time standard 1 12: 12:28.00; 13: 12:28.00; 14: 11:40.00

Pontos: FINA 2011

Lugar			Tempo final	Pts
ABS				
1.	NSCG - ABS FEM	Nucleo Sportinguista Golega	9:48.16	465
	Ana Filipa Sousa	96 31.88 1:07.25	2:19.23	2:19.23
	Ana Cristina Alcacarenho	97		
	Ana Carolina Alarico	94		
	Ana Rita Ferreira	92		

INF-A

1.	CNAB - INF A FEM	Nautico Abrantes	10:40.65	360
	Maria Beatriz Diogo	99 36.65 1:17.87	2:40.00	2:40.00
	Patricia Silva Conceicao	99		
	Ana Torres Ferreira	99		
	Ana Margarida Salgueiro	99		
2.	FCG - INF A FEM	Goleganense	10:59.25	330
	Sarah Dias	99 33.94 1:13.15	2:33.02	2:33.02
	Andreia Serra Paulo	99		
	Ines Filipa Costa	99		
	Ana Raquel Silva	99		
3.	CLAC - INF A FEM	CLAC-Entroncamento	11:21.62	299
	Rita Viana Miguel	99 38.86 1:24.00	2:54.97	2:54.97
	Ines Fernandes Moutinho	99		
	Sofia Alexandra Picao	99		
	Joana Sofia Bica	99		

INF-B

DNS	BUZIOS-Coruche 1	BUZIOS-Coruche		
EXH	FCG - EXTRA FEM	Goleganense	11:50.91	263
	Catia Maria Feijao	00 36.20 1:17.98	2:43.14	2:43.14
	Maria Matilde Santana	98		
	Mariana Sofia Guia	98		
	Barbara Sucena Riachos	00		

Prova 6 Masc., 4 x 200m Livres 13 anos e mais velhos
02-03-2012 Resultados

JUN/SEN - MASC 17 +: 10:30.00 / Time standard 1 13: 11:50.00; 14: 11:50.00; 15: 11:00.00; 16: 11:00.00

Pontos: FINA 2011

Lugar			Tempo final	Pts
INF-A				
1.	SFUS - INF A MAS	Uniao Samorense	9:36.88	356
	Sergio Alexandre Batalha	98 31.85 1:08.94	2:23.15	2:23.15
	Telmo Pedrosa Rocha	98		
	Miguel Jorge Nunes	98		
	Joao Pedro Marquez	98		
2.	CNTN - INF A MAS	Torres Novas	10:14.34	295
	Dario Fausto Matias	98 31.16 1:07.50	2:22.33	2:22.33
	Joao Paulo Lopes	98		
	Joao Ferreira Santos	98		
	Pedro Guilherme Coelho	98		

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
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Prova 6, Masc., 4 x 200m Livres

INF-B

1. SCALAB - INF B MAS		Scalabisport		9:59.29	317
Miguel Carrico Cruz	99	31.24	1:06.40	2:19.67	2:19.67
Joao Tiago Almeida	99				
Tiago Filipe Campos	99				
Manuel Schonenberger Braz	99				
2. FCG- INF B MAS		Goleganense		11:20.10	217
Francisco Oliveira Madeira	99	34.44	1:16.62	2:43.41	2:43.41
Miguel Feijao Galrinho	99				
Jose Henriques Luz	99				
Goncalo Antonio Barreiros	99				

2 - 2ª SESSÃO

03-03-2012 - 9:30

Prova 7

Femin., 800m Livres

12 anos e mais velhos

03-03-2012

Resultados

JUN/SEN - FEM 15 +: 12:17.00 / Time standard 1 12: 12:32.00; 13: 12:20.00; 14: 11:40.50

Pontos: FINA 2011

Lugar	Ano		Tempo final	Pts
ABS				
1. Ana Cristina Alcacarenho	97	Nucleo Sportinguista Golega	10:14.32	490
50m: 33.86 100m: 1:10.89		200m: 2:27.79 400m: 5:04.48 800m: 10:14.32		
2. Catarina Vilhena Gregorio	96	CLAC-Entroncamento	10:21.96	472
50m: 34.29 100m: 1:12.10		200m: 2:30.74 400m: 5:08.55 800m: 10:21.96		
3. Mariana Fernandes Antunes	95	Scalabisport	10:50.57	413
50m: 35.89 100m: 1:14.86		200m: 2:34.89 400m: 3:56.36 800m: 10:50.57		
4. Carolina Henriques Gavancho	97	CLAC-Entroncamento	11:07.50	382
50m: 36.76 100m: 1:18.29		200m: 2:43.89 400m: 5:33.42 800m: 11:07.50		
5. Ines Maria Ribeiro	94	CLAC-Entroncamento	11:17.84	365
50m: 36.84 100m: 1:18.13		200m: 2:44.38 400m: 5:37.80 800m: 11:17.84		
6. Ana Teresa Nunes	88	Natacao do Tejo	12:01.40	302
50m: 38.90 100m: 1:20.69		200m: 2:49.48 400m: 5:53.15 800m: 12:01.40		
DNS Ines Sofia Borba	97	Litoral Alentejano		

JUVENIS

1. Mariana Veloso Vitoria	98	Nautico Abrantes	9:47.54	560
50m: 32.26 100m: 1:08.39		200m: 2:21.86 400m: 4:50.16 800m: 9:47.54		
2. Alexandra Bettencourt Santos	98	20Km de Almeirim	10:49.65	414
50m: 36.25 100m: 1:16.71		200m: 2:37.18 400m: 5:23.03 800m: 10:49.65		
3. Daniela Sofia Serra	98	CLAC-Entroncamento	10:58.96	397
50m: 35.83 100m: 1:16.33		200m: 2:39.83 400m: 5:28.35 800m: 10:58.96		
4. Raquel Anastacio Cruz	98	Torres Novas	11:08.42	380
50m: 36.65 100m: 1:18.60		200m: 2:43.97 400m: 5:33.92 800m: 11:08.42		
5. Raquel Sofia Jorge	98	Salvaterra de Magos	11:12.54	373
50m: 36.45 100m: 1:17.60		200m: 2:42.73 400m: 5:33.54 800m: 11:12.54		
6. Patricia Alexandra Jose	98	Gualdim Pais	11:16.93	366
50m: 37.58 100m: 1:18.65		200m: 2:42.34 400m: 5:31.96 800m: 11:16.93		
7. Maria Matilde Santana	98	Goleganense	12:03.94	299
<i>FTL</i>				
50m: 38.24 100m: 1:22.63		200m: 2:51.26 400m: 5:54.64 800m: 12:03.94		

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 7, Femin., 800m Livres

INF-A

1.	Ana Margarida Salgueiro	99	Nautico Abrantes	10:13.93	491
	50m: 33.86 100m: 1:11.08 200m: 2:29.26 400m: 5:05.63 800m: 10:13.93				
2.	Maria Beatriz Dias	99	Scalabisport	10:34.81	444
	50m: 35.92 100m: 1:14.00 200m: 2:33.92 400m: 5:14.78 800m: 10:34.81				
3.	Sarah Dias	99	Goleganense	11:04.42	387
	50m: 36.04 100m: 1:17.00 200m: 2:41.57 400m: 5:31.92 800m: 11:04.42				
4.	Carolina Leal Serra	99	Torres Novas	11:13.08	373
	50m: 38.58 100m: 1:20.34 200m: 2:46.06 400m: 5:38.31 800m: 11:13.08				
5.	Mariana Narciso Fidalgo	99	20Km de Almeirim	11:43.37	326
	50m: 39.53 100m: 1:23.08 200m: 2:51.80 400m: 5:50.69 800m: 11:43.37				
6.	Iris Maria Rola	99	Litoral Alentejano	11:56.79	308
	50m: 39.58 100m: 1:23.45 200m: 2:53.14 400m: 5:54.66 800m: 11:56.79				
7.	Ines Sousa Luis	99	Torres Novas	12:28.54	271
	<i>FTL</i> 50m: 40.26 100m: 1:25.80 200m: 3:00.76 400m: 6:10.57 800m: 12:28.54				
8.	Beatriz Isabel Nunes	99	BUZIOS-Coruche	13:30.46	213
	<i>FTL</i> 50m: 42.10 100m: 1:28.90 200m: 3:07.07 400m: 6:34.90 800m: 13:30.46				

INF-B

1.	Ana Oliveira Ferreira	00	20Km de Almeirim	11:01.78	392
	50m: 38.05 100m: 1:18.99 200m: 2:43.13 400m: 5:32.10 800m: 11:01.78				
2.	Ana Catarina Santos	00	Uniao Samorense	11:08.41	380
	50m: 37.06 100m: 1:19.51 200m: 2:44.20 400m: 5:32.89 800m: 11:08.41				
3.	Patricia Palmeiro Baeta	00	Rio Maior	11:17.35	366
	50m: 38.41 100m: 1:20.36 200m: 2:45.82 400m: 5:35.41 800m: 11:17.35				
4.	Barbara Guerra Pisco	00	20Km de Almeirim	11:20.48	361
	50m: 38.89 100m: 1:20.29 200m: 2:43.92 400m: 5:33.73 800m: 11:20.48				
5.	Maria Beatriz Lopes	00	Rio Maior	11:36.48	336
	50m: 38.95 100m: 1:21.30 200m: 2:49.64 400m: 5:45.74 800m: 11:36.48				
6.	Mafalda Alexandra Cabaca	00	Scalabisport	12:22.42	277
	50m: 42.20 100m: 1:27.31 200m: 3:01.81 400m: 6:08.82 800m: 12:22.42				
7.	Carolina Sofia Eusebio	00	BUZIOS-Coruche	12:52.20	247
	<i>FTL</i> 50m: 41.64 100m: 1:27.73 200m: 3:03.54 400m: 6:21.64 800m: 12:52.20				
8.	Barbara Sofia Claro	00	BUZIOS-Coruche	14:39.72	167
	<i>FTL</i> 50m: 43.70 100m: 1:33.83 200m: 3:22.67 400m: 7:07.42 800m: 14:39.72				

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2 - - 4-3-2012

Prova 8 Masc., 400m Livres 13 anos e mais velhos
03-03-2012 Resultados

Time standard 1 13: 5:51.00; 14: 5:36.50; 15: 5:23.00; 16: 5:16.00 / JUN/SEN - MASC 17 +: 5:22.00

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1. Ivo Andre Lopes 50m: 29.80 100m: 1:02.76 200m: 2:10.10 400m: 4:23.48	94 Scalabisport	4:23.48	526
2. Rodrigo Marques Costa 50m: 31.42 100m: 1:05.32 200m: 2:13.80 400m: 4:32.80	76 Litoral Alentejano	4:32.80	474
3. Duarte Rosa Cameirao 50m: 30.94 100m: 1:05.06 200m: 2:14.06 400m: 4:33.03	94 Rio Maior	4:33.03	473
4. Nuno Ricardo Nogueira 50m: 31.72 100m: 1:05.79 200m: 2:16.85 400m: 4:40.47	94 Nucleo Sportinguista Golega	4:40.47	436
5. Joao Carlos Pereira 50m: 31.87 100m: 1:07.40 200m: 2:20.43 400m: 4:43.99	94 BUZIOS-Coruche	4:43.99	420
6. Mario Jorge Nunes 50m: 31.36 100m: 1:04.92 200m: 2:18.45 400m: 4:46.76	92 Natacao do Tejo	4:46.76	408
7. Vladyslav Stasyuk 50m: 31.25 100m: 1:06.01 200m: 2:18.48 400m: 4:47.87	94 Cartaxo	4:47.87	403
8. Joao Diogo Lucas 50m: 33.10 100m: 1:10.64 200m: 2:27.73 400m: 4:59.82	95 Salvaterra de Magos	4:59.82	357
9. Tiago Andre Matos 50m: 33.18 100m: 1:10.62 200m: 2:28.10 400m: 5:03.40	95 Natacao do Tejo	5:03.40	344
10. Tiago Emanuel Pires 50m: 33.69 100m: 1:11.06 200m: 2:29.72 400m: 5:07.80	94 Natacao do Tejo	5:07.80	330
11. Daniel Oliveira Pereira <i>FTL</i> 50m: 35.71 100m: 1:15.22 200m: 2:37.94 400m: 5:23.57	95 Litoral Alentejano	5:23.57	284
DSQ Rui Jorge Brito <i>- Falsa partida – SW 4.4</i>	94 Litoral Alentejano		
JUV-A			
1. Diogo Serrao Santos 50m: 30.05 100m: 1:03.05 200m: 2:10.69 400m: 4:26.87	96 Scalabisport	4:26.87	506
2. Guilherme Antonio Reis 50m: 32.26 100m: 1:06.94 200m: 2:19.98 400m: 4:45.07	96 Torres Novas	4:45.07	415
3. Joao Pedro Alves 50m: 30.04 100m: 1:05.06 200m: 2:19.30 400m: 4:48.24	96 Natacao do Tejo	4:48.24	402
4. Pedro Miguel Primo 50m: 31.74 100m: 1:08.80 200m: 2:26.76 400m: 5:03.80	96 CLAC-Entroncamento	5:03.80	343
5. Hugo Silva Troca 50m: 31.95 100m: 1:10.47 200m: 2:32.32 400m: 5:14.66	96 20Km de Almeirim	5:14.66	309
6. Jose Carlos Rebelo <i>FTL</i> 50m: 34.09 100m: 1:13.06 200m: 2:33.20 400m: 5:19.42	96 CLAC-Entroncamento	5:19.42	295

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 8, Masc., 400m Livres

JUV-B

1.	Afonso Filipe Gaspar	97	Nautico Abrantes	4:42.95	425
	50m: 32.13 100m: 1:07.13 200m: 2:18.86 400m: 4:42.95				
2.	Gil Vasco Goncalves	97	Litoral Alentejano	4:49.76	395
	50m: 32.45 100m: 1:08.46 200m: 2:22.34 400m: 4:49.76				
3.	Joao Mauricio Gaspar	97	Nautico Abrantes	4:53.26	381
	50m: 32.40 100m: 1:08.40 200m: 2:23.05 400m: 4:53.26				
4.	Martim Basilio Gil	97	CLAC-Entroncamento	4:57.63	365
	50m: 32.12 100m: 1:09.06 200m: 2:24.89 400m: 4:57.63				
5.	Miguel Jose Cassiano	97	20Km de Almeirim	4:58.90	360
	50m: 33.21 100m: 1:09.56 200m: 2:25.15 400m: 4:58.90				
6.	Artur Rafael Saramago	97	BUZIOS-Coruche	5:11.16	319
	50m: 33.46 100m: 1:11.26 200m: 2:31.26 400m: 5:11.16				
7.	Miguel Rodrigues Silva	97	Nautico Abrantes	5:12.64	315
	50m: 34.45 100m: 1:12.85 200m: 2:33.33 400m: 5:12.64				
8.	Bernardo Teixeira Quintela <i>FTL</i>	97	Nucleo Sportinguista Golega	5:28.39	271
	50m: 35.60 100m: 1:15.82 200m: 2:38.36 400m: 5:28.39				
9.	Tiago Jose Morgado <i>FTL</i>	97	Nucleo Sportinguista Golega	5:34.81	256
	50m: 36.16 100m: 1:17.68 200m: 2:41.92 400m: 5:34.81				
DNS	Joao Carlos Gabriel	97	Scalabisport		

INF-A

1.	Sergio Alexandre Batalha	98	Uniao Samorense	4:55.86	371
	50m: 32.26 100m: 1:08.57 200m: 2:25.29 400m: 4:55.86				
2.	Joao Pedro Marquez	98	Uniao Samorense	4:58.04	363
	50m: 33.41 100m: 1:04.89 200m: 2:26.14 400m: 4:58.04				
3.	Telmo Pedrosa Rocha	98	Uniao Samorense	4:59.52	358
	50m: 31.89 100m: 1:08.18 200m: 2:25.44 400m: 4:59.52				
4.	Dario Fausto Matias	98	Torres Novas	5:00.32	355
	50m: 33.70 100m: 1:11.70 200m: 2:28.64 400m: 5:00.32				
5.	Duarte Miguel Campino	98	Cartaxo	5:10.53	321
	50m: 32.22 100m: 1:09.50 200m: 2:28.47 400m: 5:10.53				
6.	Mario Ricardo Carvalho	98	Desportivo de Benavente	5:14.06	310
	50m: 34.60 100m: 1:12.76 200m: 2:32.73 400m: 5:14.06				
7.	Diogo Filipe Lino	98	Nucleo Sportinguista Golega	5:16.32	304
	50m: 34.54 100m: 1:13.11 200m: 2:32.91 400m: 5:16.32				
8.	Daniel Sendrea	98	Uniao Samorense	5:17.69	300
	50m: 34.89 100m: 1:14.31 200m: 2:36.91 400m: 5:17.69				
9.	Pedro Manuel Nunes	98	CLAC-Entroncamento	5:19.84	294
	50m: 36.37 100m: 1:16.65 200m: 2:38.62 400m: 5:19.84				
10.	Miguel Jorge Nunes	98	Uniao Samorense	5:21.68	289
	50m: 34.53 100m: 1:13.09 200m: 2:34.00 400m: 5:21.68				
11.	Rui Diogo Torres	98	20Km de Almeirim	5:28.58	271
	50m: 37.50 100m: 1:19.26 200m: 2:43.71 400m: 5:28.58				
12.	Joao Ferreira Santos	98	Torres Novas	5:29.96	268
	50m: 37.04 100m: 1:18.40 200m: 2:43.34 400m: 5:29.96				
13.	Afonso Silva Nunes	98	Nautico Abrantes	5:34.29	257
	50m: 35.57 100m: 1:17.29 200m: 2:42.42 400m: 5:34.29				

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 8, Masc., 400m Livres, INF-A

Lugar	Ano	Tempo final	Pts
14. Joao Neves Coelho <i>FTL</i> 50m: 37.42 100m: 1:20.16 200m: 2:50.00 400m: 5:42.36	98 BUZIOS-Coruche	5:42.36	240

INF-B

1. Afonso Guilherme Rosa 50m: 32.17 100m: 1:08.25 200m: 2:21.98 400m: 4:45.60	99 Gualdim Pais	4:45.60	413
2. Miguel Carrico Cruz 50m: 32.20 100m: 1:08.56 200m: 2:24.48 400m: 4:56.73	99 Scalabisport	4:56.73	368
3. Goncalo Faria Saldida 50m: 34.54 100m: 1:12.32 200m: 2:28.76 400m: 5:02.82	99 Gualdim Pais	5:02.82	346
4. Marco Andre Miguel 50m: 34.64 100m: 1:12.00 200m: 2:28.69 400m: 5:07.74	99 Torres Novas	5:07.74	330
5. Hugo Filipe Correia 50m: 34.20 100m: 1:14.04 200m: 2:37.10 400m: 5:19.45	99 Litoral Alentejano	5:19.45	295
6. Nelson Pereira Malheiros 50m: 35.89 100m: 1:15.26 200m: 2:37.32 400m: 5:27.88	99 Litoral Alentejano	5:27.88	273
7. Bernardo Fernandes Aguiar 50m: 36.19 100m: 1:16.67 200m: 2:41.91 400m: 5:33.15	99 20Km de Almeirim	5:33.15	260
8. Bernardo Jose Dionisio 50m: 38.10 100m: 1:22.10 200m: 2:51.23 400m: 5:48.13	99 Gualdim Pais	5:48.13	228
9. Tomas Jose Agostinho <i>FTL</i> 50m: 39.21 100m: 1:25.90 200m: 3:00.54 400m: 6:11.08	99 BUZIOS-Coruche	6:11.08	188
10. Joao Leal Cancela <i>FTL</i> 50m: 38.97 100m: 1:24.06 200m: 3:00.51 400m: 6:12.06	99 Nucleo Sportinguista Golega	6:12.06	187
11. Joao Fernando Bento <i>FTL</i> 50m: 39.11 100m: 1:25.51 200m: 3:03.46 400m: 6:13.05	99 Uniao Samorense	6:13.05	185
12. Francisco Barroso Rodrigues <i>FTL</i> 50m: 41.17 100m: 1:28.41 200m: 3:06.70 400m: 6:21.56	99 Uniao Samorense	6:21.56	173
DSQ Jose Henriques Luz - <i>Falsa partida – SW 4.4</i>	99 Goleganense		

Prova 9
03-03-2012

Femin., 200m Braços

12 anos e mais velhos
Resultados

JUN/SEN - FEM 15 +: 3:35.00 / Time standard 1 12: 3:59.50; 13: 3:50.00; 14: 3:36.00

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1. Ines Simoes Rodrigues 50m: 38.48 100m: 1:20.45 200m: 2:47.29	96 Scalabisport	2:47.29	520
2. Catarina Vilhena Gregorio 50m: 39.84 100m: 1:24.56 200m: 2:54.96	96 CLAC-Entroncamento	2:54.96	455
3. Debora Goncalves Patrocinio 50m: 39.48 100m: 1:24.68 200m: 2:57.83	97 Litoral Alentejano	2:57.83	433

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 9, Femin., 200m Bruços, ABS

Lugar	Ano	Tempo final	Pts
4. Sara Margarida Bento 50m: 40.42 100m: 1:25.39 200m: 2:58.61	94 Scalabisport	2:58.61	427
5. Ines Maria Ribeiro 50m: 41.09 100m: 1:27.79 200m: 3:03.17	94 CLAC-Entroncamento	3:03.17	396
6. Ana Carolina Alarico 50m: 42.51 100m: 1:30.86 200m: 3:08.86	94 Nucleo Sportinguista Golega	3:08.86	361
7. Ana Rita Ferreira 50m: 42.78 100m: 1:30.71 200m: 3:11.40	92 Nucleo Sportinguista Golega	3:11.40	347
8. Carolina Henriques Gavancho 50m: 45.60 100m: 1:37.17 200m: 3:20.80	97 CLAC-Entroncamento	3:20.80	300
9. Mariana David Caeiro 50m: 45.48 100m: 1:36.77 200m: 3:21.55	96 Salvaterra de Magos	3:21.55	297
10. Sara Davide Rodrigues 50m: 44.98 100m: 1:29.39 200m: 3:22.30	92 Litoral Alentejano	3:22.30	294
11. Mariana Jose Guerreiro 50m: 45.83 100m: 1:38.08 200m: 3:26.04	97 Litoral Alentejano	3:26.04	278
DSQ Filipa Robert Rente - <i>Falsa partida – SW 4.4</i>	96 Gualdim Pais		

JUVENIS

1. Maria Madalena Silva 50m: 39.67 100m: 1:23.16 200m: 2:51.29	98 Nautico Abrantes	2:51.29	484
2. Rute Isabel Leonardo 50m: 39.07 100m: 1:24.69 200m: 3:01.85	98 Nautico Abrantes	3:01.85	405
3. Catarina Goncalves Trezentos 50m: 42.10 100m: 1:30.81 200m: 3:06.14	98 Gualdim Pais	3:06.14	377
4. Alexandra Bettencourt Santos 50m: 43.89 100m: 1:31.62 200m: 3:10.50	98 20Km de Almeirim	3:10.50	352
5. Raquel Sofia Jorge 50m: 44.24 100m: 1:33.35 200m: 3:13.85	98 Salvaterra de Magos	3:13.85	334
6. Raquel Anastacio Cruz 50m: 44.57 100m: 1:36.23 200m: 3:18.13	98 Torres Novas	3:18.13	313

INF-A

1. Ana Margarida Salgueiro 50m: 39.68 100m: 1:24.52 200m: 2:57.84	99 Nautico Abrantes	2:57.84	433
2. Maria Beatriz Diogo 50m: 42.21 100m: 1:30.45 200m: 3:07.26	99 Nautico Abrantes	3:07.26	371
3. Sofia Alexandra Picao 50m: 42.07 100m: 1:30.42 200m: 3:07.51	99 CLAC-Entroncamento	3:07.51	369
4. Ana Torres Ferreira 50m: 45.36 100m: 1:36.24 200m: 3:18.51	99 Nautico Abrantes	3:18.51	311
5. Carolina Felicidade Batista 50m: 46.24 100m: 1:37.37 200m: 3:21.56	99 Scalabisport	3:21.56	297
6. Ines Fernandes Moutinho 50m: 47.50 100m: 1:39.90 200m: 3:24.48	99 CLAC-Entroncamento	3:24.48	285
7. Carolina Leal Serra 50m: 47.14 100m: 1:40.27 200m: 3:28.40	99 Torres Novas	3:28.40	269

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 9, Femin., 200m Bruços, INF-A

Lugar	Ano	Tempo final	Pts
8. Andreia Serra Paulo 50m: 47.53 100m: 1:40.76 200m: 3:29.41	99 Goleganense	3:29.41	265
9. Ines Filipa Costa 50m: 48.02 100m: 1:42.02 200m: 3:31.11	99 Goleganense	3:31.11	259
10. Mariana Narciso Fidalgo 50m: 48.36 100m: 1:42.64 200m: 3:31.36	99 20Km de Almeirim	3:31.36	258
11. Rita Viana Miguel 50m: 48.24 100m: 1:42.29 200m: 3:32.59	99 CLAC-Entroncamento	3:32.59	253
12. Joana Sofia Bica 50m: 51.26 100m: 1:46.46 200m: 3:36.98	99 CLAC-Entroncamento	3:36.98	238
13. Ana Raquel Silva 50m: 49.46 100m: 1:44.89 200m: 3:37.26	99 Goleganense	3:37.26	237

INF-B

1. Ana Oliveira Ferreira 50m: 46.08 100m: 1:37.70 200m: 3:21.23	00 20Km de Almeirim	3:21.23	299
2. Mariana Nunes Domingos 50m: 47.00 100m: 1:37.67 200m: 3:25.76	00 Scalabisport	3:25.76	279
3. Catia Maria Feijao 50m: 44.44 100m: 1:37.29 200m: 3:26.06	00 Goleganense	3:26.06	278
4. Ines Isabel Graca 50m: 49.46 100m: 1:46.46 200m: 3:37.15	00 Gualdim Pais	3:37.15	237
5. Beatriz Sofia Matilde 50m: 47.48 100m: 1:42.77 200m: 3:40.30	00 BUZIOS-Coruche	3:40.30	227
6. Ines Barata Domingos 50m: 50.60 100m: 1:48.06 200m: 3:42.32	00 Nucleo Sportinguista Golega	3:42.32	221
7. Joana Costa Bernardino 50m: 50.92 100m: 1:51.86 200m: 3:55.26	00 CLAC-Entroncamento	3:55.26	187
8. Barbara Sucena Riachos 50m: 52.91 100m: 1:54.13 200m: 3:56.51	00 Goleganense	3:56.51	184
DNS Mariana Lopes Mendonça	00 BUZIOS-Coruche		

Prova 10
03-03-2012

Masc., 200m Costas

13 anos e mais velhos
Resultados

JUN/SEN - MASC 17 +: 3:03.00 / Time standard 1 13: 3:19.00; 14: 3:12.50; 15: 3:08.00; 16: 3:00.00

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1. Andre Filipe Mendes 50m: 30.57 100m: 1:04.80 200m: 2:13.16	92 Nautico Abrantes	2:13.16	505
2. Jorge Miguel Telo 50m: 32.39 100m: 1:07.66 200m: 2:22.06	95 Litoral Alentejano	2:22.06	416
3. Hugo Miguel Nunes 50m: 34.10 100m: 1:10.00 200m: 2:22.67	90 Natacao do Tejo	2:22.67	411
4. Ruben Miguel Matos 50m: 34.88 100m: 1:12.22 200m: 2:27.57	91 Natacao do Tejo	2:27.57	371
5. Nuno Ricardo Nogueira 50m: 35.79 100m: 1:14.17 200m: 2:31.72	94 Nucleo Sportinguista Golega	2:31.72	342

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 10, Masc., 200m Costas, ABS

Lugar	Ano	Tempo final	Pts
6. Eduardo Terekhin Baptista 50m: 35.26 100m: 1:14.29 200m: 2:34.57	94 Desportivo de Benavente	2:34.57	323
7. Mario Jorge Santos 50m: 38.29 100m: 1:18.92 200m: 2:43.88	95 Gualdim Pais	2:43.88	271
8. Rui Miguel Ribeiro 50m: 38.13 100m: 1:19.48 200m: 2:44.02	95 Cartaxo	2:44.02	270
9. Bruno Tiago Lourenco 50m: 38.70 100m: 1:22.34 200m: 2:53.96	95 Natacao do Tejo	2:53.96	226

JUV-A

1. Joao Pedro Alves 50m: 34.51 100m: 1:12.73 200m: 2:29.51	96 Natacao do Tejo	2:29.51	357
2. Pedro Miguel Primo 50m: 35.26 100m: 1:13.35 200m: 2:30.62	96 CLAC-Entroncamento	2:30.62	349
3. Fernando Miguel Rodrigues 50m: 37.11 100m: 1:17.11 200m: 2:38.88	96 Cartaxo	2:38.88	297
4. Dmytro Orlovskyy 50m: 34.66 100m: 1:14.41 200m: 2:39.93	96 Juventude Ouriense	2:39.93	292
5. Hugo Silva Troca 50m: 38.42 100m: 1:24.20 200m: 2:54.45	96 20Km de Almeirim	2:54.45	225
6. Tiago Miguel Ferreira 50m: 39.80 100m: 1:25.26 200m: 2:59.80	96 Desportivo de Benavente	2:59.80	205
DNS Andre Pombo Dias	96 Natacao do Tejo		

JUV-B

1. Jose Eduardo Felicio 50m: 33.57 100m: 1:08.73 200m: 2:19.48	97 Rio Maior	2:19.48	440
2. Joao Mauricio Gaspar 50m: 36.38 100m: 1:15.99 200m: 2:33.79	97 Nautico Abrantes	2:33.79	328
3. Afonso Filipe Gaspar 50m: 36.55 100m: 1:16.07 200m: 2:34.28	97 Nautico Abrantes	2:34.28	325
4. Miguel Rodrigues Silva 50m: 38.61 100m: 1:18.92 200m: 2:40.29	97 Nautico Abrantes	2:40.29	290
5. Tomas Leal Brito 50m: 40.18 100m: 1:23.18 200m: 2:50.26	97 CLAC-Entroncamento	2:50.26	242
6. Martim Basilio Gil 50m: 39.80 100m: 1:22.51 200m: 2:50.36	97 CLAC-Entroncamento	2:50.36	241
7. Bernardo Teixeira Quintela 50m: 41.18 100m: 1:24.99 200m: 2:52.18	97 Nucleo Sportinguista Golega	2:52.18	234
8. Hugo Ferraz Sousa 50m: 39.88 100m: 1:24.91 200m: 2:56.46	97 Cartaxo	2:56.46	217

INF-A

1. Frederico Sucena Riachos 50m: 34.89 100m: 1:13.64 200m: 2:32.73	98 Nucleo Sportinguista Golega	2:32.73	335
2. Joao Pedro Marquez 50m: 38.36 100m: 1:18.89 200m: 2:41.36	98 Uniao Samorense	2:41.36	284

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 10, Masc., 200m Costas, INF-A

Lugar	Ano	Tempo final	Pts
3. Dario Fausto Matias 50m: 38.25 100m: 1:21.20 200m: 2:44.01	98 Torres Novas	2:44.01	270
4. Francisco Alexandre Pereira 50m: 37.92 100m: 1:20.22 200m: 2:44.48	98 Natacao do Tejo	2:44.48	268
5. Afonso Nuno Martins 50m: 40.13 100m: 1:24.45 200m: 2:52.16	98 Desportivo de Benavente	2:52.16	234
6. Afonso Silva Nunes 50m: 40.02 100m: 1:24.36 200m: 2:53.60	98 Nautico Abrantes	2:53.60	228
7. Joao Paulo Lopes 50m: 41.49 100m: 1:27.33 200m: 2:55.36	98 Torres Novas	2:55.36	221
8. Joao Neves Coelho 50m: 41.66 100m: 1:28.02 200m: 2:58.85	98 BUZIOS-Coruche	2:58.85	208
9. Telmo Pedrosa Rocha 50m: 42.82 100m: 1:29.92 200m: 2:59.13	98 Uniao Samorense	2:59.13	207
10. Miguel Jorge Nunes 50m: 43.48 100m: 1:30.04 200m: 3:01.26	98 Uniao Samorense	3:01.26	200

INF-B

1. Afonso Guilherme Rosa 50m: 35.35 100m: 1:13.52 200m: 2:31.70	99 Gualdim Pais	2:31.70	342
2. Jose Henriques Luz 50m: 36.88 100m: 1:17.28 200m: 2:37.70	99 Goleganense	2:37.70	304
3. Tiago Filipe Campos 50m: 37.81 100m: 1:18.85 200m: 2:39.32	99 Scalabisport	2:39.32	295
4. Marco Andre Miguel 50m: 38.18 100m: 1:20.31 200m: 2:44.25	99 Torres Novas	2:44.25	269
5. Nelson Pereira Malheiros 50m: 42.07 100m: 1:27.27 200m: 2:54.20	99 Litoral Alentejano	2:54.20	226
6. Francisco Oliveira Madeira 50m: 40.64 100m: 1:25.41 200m: 2:57.41	99 Goleganense	2:57.41	213
7. Joao Tiago Almeida 50m: 41.28 100m: 1:26.75 200m: 2:57.72	99 Scalabisport	2:57.72	212
8. Miguel Feijao Galrinho 50m: 43.25 100m: 1:31.65 200m: 3:04.72	99 Goleganense	3:04.72	189
9. Jose Nuno Sousa 50m: 43.10 100m: 1:31.86 200m: 3:05.80	99 Nucleo Sportinguista Golega	3:05.80	186
10. Rodrigo Pereira Damasio 50m: 43.02 100m: 1:30.89 200m: 3:08.67	99 Salvaterra de Magos	3:08.67	177
11. Francisco Barroso Rodrigues 50m: 46.38 100m: 1:35.59 200m: 3:12.60	99 Uniao Samorense	3:12.60	167
12. Tomas Jose Agostinho 50m: 45.86 100m: 1:34.78 200m: 3:13.30	99 BUZIOS-Coruche	3:13.30	165
13. Joao Miguel Vale 50m: 44.64 100m: 1:35.42 200m: 3:17.86	99 Nucleo Sportinguista Golega	3:17.86	154
14. David Antonio Carvalho <i>FTL</i> 50m: 45.70 100m: 1:36.26 200m: 3:20.13	99 Natacao do Tejo	3:20.13	149

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2 - 4-3-2012

Prova 10, Masc., 200m Costas, INF-B

Lugar	Ano	Tempo final	Pts
15. Vasco Leal Brito <i>FTL</i>	99 CLAC-Entroncamento	3:21.98	144
50m: 46.82 100m: 1:39.24 200m: 3:21.98			

Prova 11
03-03-2012

Femin., 200m Estilos

12 anos e mais velhos
Resultados

JUN/SEN - FEM 15 +: 3:08.00 / Time standard 1 12: 3:34.00; 13: 3:18.00; 14: 3:10.50

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1. Vanessa Braga Salvador 50m: 33.36 200m: 2:40.44	91 Uniao Samorense	2:40.44	468
2. Ana Catarina Travessa 50m: 35.06 200m: 2:45.34	96 Salvaterra de Magos	2:45.34	427
3. Debora Goncalves Patrocinio 50m: 36.96 200m: 2:45.39	97 Litoral Alentejano	2:45.39	427
4. Bruna Alexandra Martins 50m: 36.99 200m: 2:51.18	94 Uniao Samorense	2:51.18	385
5. Ana Cristina Alcacarenho 50m: 36.73 200m: 2:53.33	97 Nucleo Sportinguista Golega	2:53.33	371
6. Andreia Alexandra Martins 50m: 36.58 200m: 2:54.82	97 Uniao Samorense	2:54.82	362
7. Patricia Simoes Jorge 50m: 35.58 200m: 2:55.66	97 Salvaterra de Magos	2:55.66	356
8. Ana Pereira Luis 50m: 37.82 200m: 2:58.32	97 Salvaterra de Magos	2:58.32	341
9. Sofia Isabel Mendes <i>FTL</i> 50m: 41.68 200m: 3:17.15	97 Salvaterra de Magos	3:17.15	252
DNS Sofia Leonor Costa	96 Individual Santarem		
DNS Ines Sofia Borba	97 Litoral Alentejano		

JUVENIS

1. Mariana Veloso Vitoria <i>Recorde Distrital JUV (T.A.: 2.30.50)</i> 50m: 32.13 200m: 2:28.51	98 Nautico Abrantes	2:28.51	590
2. Maria Madalena Silva 50m: 34.61 200m: 2:37.88	98 Nautico Abrantes	2:37.88	491
3. Rute Isabel Leonardo 50m: 35.86 200m: 2:46.82	98 Nautico Abrantes	2:46.82	416
4. Daniela Sofia Serra 50m: 35.86 200m: 2:47.67	98 CLAC-Entroncamento	2:47.67	410
5. Catarina Goncalves Trezentos 50m: 41.54 200m: 2:54.08	98 Gualdim Pais	2:54.08	366
6. Ana Filipa Parente 50m: 36.54 200m: 2:59.76	98 Gualdim Pais	2:59.76	333
7. Daniela Patricia Araujo 50m: 38.60 200m: 3:02.80	98 Rio Maior	3:02.80	316

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2 - 4-3-2012

Prova 11, Femin., 200m Estilos

INF-A

1.	Mariana Soares Martinho	99	Scalabisport	2:42.28	452
	50m: 36.35 200m: 2:42.28				
2.	Sarah Dias	99	Goleganense	2:53.75	368
	50m: 36.81 200m: 2:53.75				
3.	Maria Beatriz Diogo	99	Nautico Abrantes	2:56.16	353
	50m: 43.36 200m: 2:56.16				
4.	Ana Torres Ferreira	99	Nautico Abrantes	3:01.06	325
	50m: 41.94 200m: 3:01.06				
5.	Sofia Alexandra Picao	99	CLAC-Entroncamento	3:02.69	317
	50m: 41.11 200m: 3:02.69				
6.	Hatira Guseinova	99	Torres Novas	3:03.65	312
	50m: 39.22 200m: 3:03.65				
7.	Iris Maria Rola	99	Litoral Alentejano	3:04.29	309
	50m: 40.31 200m: 3:04.29				
8.	Patricia Silva Conceicao	99	Nautico Abrantes	3:08.86	287
	50m: 42.38 200m: 3:08.86				
9.	Joana Sofia Bica	99	CLAC-Entroncamento	3:10.12	281
	50m: 45.24 200m: 3:10.12				
10.	Rita Viana Miguel	99	CLAC-Entroncamento	3:10.26	280
	50m: 44.54 200m: 3:10.26				
11.	Ines Sousa Luis	99	Torres Novas	3:16.33	255
	50m: 42.08 200m: 3:16.33				
12.	Beatriz Isabel Nunes	99	BUZIOS-Coruche	3:18.02	249
	<i>FTL</i>				
	50m: 42.80 100m: 1:35.82 200m: 3:18.02				

INF-B

1.	Patricia Palmeiro Baeta	00	Rio Maior	2:59.33	335
	50m: 41.83 200m: 2:59.33				
2.	Maria Beatriz Lopes	00	Rio Maior	3:01.68	322
	50m: 43.31 200m: 3:01.68				
3.	Ana Catarina Santos	00	Uniao Samorense	3:04.39	308
	50m: 41.23 200m: 3:04.39				
4.	Catia Maria Feijao	00	Goleganense	3:05.16	304
	50m: 39.86 200m: 3:05.16				
5.	Barbara Guerra Pisco	00	20Km de Almeirim	3:05.45	303
	50m: 41.10 200m: 3:05.45				
6.	Lara Alexandra Delgado	00	Torres Novas	3:05.97	300
	50m: 40.76 200m: 3:05.97				
7.	Carolina Sofia Eusebio	00	BUZIOS-Coruche	3:18.72	246
	50m: 48.93 200m: 3:18.72				
8.	Ines Barata Domingos	00	Nucleo Sportinguista Golega	3:19.95	241
	50m: 46.06 200m: 3:19.95				
9.	Maria Pinto Goncalves	00	Salvaterra de Magos	3:26.73	218
	50m: 50.80 200m: 3:26.73				
10.	Barbara Sofia Claro	00	BUZIOS-Coruche	3:34.90	194
	<i>FTL</i>				
	50m: 50.39 200m: 3:34.90				

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 11, Femin., 200m Estilos, INF-B

Lugar	Ano	Tempo final	Pts
DSQ Beatriz Sofia Matilde <i>- Batimentos de pernas alternados, e braçada não simultânea no estilo de mariposa.</i>	00 BUZIOS-Coruche		
DSQ Mariana Nunes Domingos <i>- Não terminou o estilo de costas na posição dorsal</i>	00 Scalabisport		
DNS Mariana Lopes Mendonça	00 BUZIOS-Coruche		

3 - 3ª SESSÃO

03-03-2012 - 15:30

Prova 12 Masc., 200m Livres 13 anos e mais velhos
03-03-2012 Resultados

JUN/SEN - MASC 17 +: 2:31.00 / Time standard 1 13: 2:51.50; 14: 2:43.50; 15: 2:35.71; 16: 2:25.50

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1. Ivo Andre Lopes 50m: 26.45 100m: 55.51 200m: 1:59.07	94 Scalabisport	1:59.07	581
2. Hugo Miguel Nunes 50m: 29.07 100m: 1:00.29 200m: 2:02.89	90 Natacao do Tejo	2:02.89	528
3. Jorge Miguel Telo 50m: 29.64 100m: 1:00.66 200m: 2:06.74	95 Litoral Alentejano	2:06.74	481
4. Rui Jorge Brito 50m: 31.02 100m: 1:04.36 200m: 2:10.42	94 Litoral Alentejano	2:10.42	442
5. Vladyslav Stasyuk 50m: 29.70 100m: 1:02.71 200m: 2:11.01	94 Cartaxo	2:11.01	436
6. Nuno Ricardo Nogueira 50m: 30.20 100m: 1:03.32 200m: 2:11.32	94 Nucleo Sportinguista Golega	2:11.32	433
7. Mario Jorge Nunes 50m: 30.52 100m: 1:03.67 200m: 2:13.21	92 Natacao do Tejo	2:13.21	415
8. Ricardo Daniel Lucas 50m: 31.91 100m: 1:05.51 200m: 2:16.48	94 Scalabisport	2:16.48	385
9. Rui Miguel Ribeiro 50m: 30.80 100m: 1:05.51 200m: 2:18.89	95 Cartaxo	2:18.89	366
10. Tiago Emanuel Pires 50m: 31.63 100m: 1:06.58 200m: 2:18.98	94 Natacao do Tejo	2:18.98	365
11. Joao Pereira Luis 50m: 31.12 100m: 1:06.50 200m: 2:19.49	94 Salvaterra de Magos	2:19.49	361
12. Joao Diogo Lucas 50m: 31.45 100m: 1:07.54 200m: 2:20.67	95 Salvaterra de Magos	2:20.67	352
13. Daniel Oliveira Pereira 50m: 34.28 100m: 1:12.66 200m: 2:28.48	95 Litoral Alentejano	2:28.48	299
14. Afonso Sergio Goncalves <i>FTL</i> 50m: 33.64 100m: 1:12.46 200m: 2:34.12	94 Scalabisport	2:34.12	268

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2 - 4-3-2012

Prova 12, Masc., 200m Livres

JUV-A

1.	Diogo Serrao Santos	96	Scalabisport	2:03.19	524
	50m: 28.26 100m: 58.74 200m: 2:03.19				
2.	Pedro Miguel Henriques	96	Cartaxo	2:11.89	427
	50m: 30.45 100m: 1:03.70 200m: 2:11.89				
3.	Fernando Miguel Rodrigues	96	Cartaxo	2:17.20	379
	50m: 31.79 100m: 1:07.07 200m: 2:17.20				
4.	Joao Pedro Alves	96	Natacao do Tejo	2:17.67	376
	50m: 30.82 100m: 1:06.12 200m: 2:17.67				
5.	Jose Carlos Rebelo	96	CLAC-Entroncamento	2:22.76	337
	50m: 32.45 100m: 1:08.86 200m: 2:22.76				

JUV-B

1.	Jose Eduardo Felicio	97	Rio Maior	2:08.57	461
	50m: 30.94 100m: 1:03.19 200m: 2:08.57				
2.	Gil Vasco Goncalves	97	Litoral Alentejano	2:12.80	418
	50m: 30.80 100m: 1:04.76 200m: 2:12.80				
3.	Afonso Filipe Gaspar	97	Nautico Abrantes	2:13.18	415
	50m: 31.21 100m: 1:05.16 200m: 2:13.18				
4.	Joao Mauricio Gaspar	97	Nautico Abrantes	2:15.26	396
	50m: 31.70 100m: 1:06.51 200m: 2:15.26				
5.	Martim Basilio Gil	97	CLAC-Entroncamento	2:19.09	364
	50m: 32.14 100m: 1:07.48 200m: 2:19.09				
6.	Miguel Jose Cassiano	97	20Km de Almeirim	2:22.71	337
	50m: 32.23 100m: 1:08.86 200m: 2:22.71				
7.	Miguel Rodrigues Silva	97	Nautico Abrantes	2:25.89	316
	50m: 33.67 100m: 1:10.73 200m: 2:25.89				
8.	Bernardo Teixeira Quintela	97	Nucleo Sportinguista Golega	2:31.89	280
	50m: 35.00 100m: 1:12.77 200m: 2:31.89				
9.	Tomas Leal Brito	97	CLAC-Entroncamento	2:32.09	278
	50m: 34.79 100m: 1:14.69 200m: 2:32.09				
10.	Hugo Ferraz Sousa	97	Cartaxo	2:34.23	267
	50m: 33.36 100m: 1:11.95 200m: 2:34.23				
11.	Tiago Jose Morgado	97	Nucleo Sportinguista Golega	2:36.74	254
	<i>FTL</i> 50m: 35.26 100m: 1:15.00 200m: 2:36.74				

DNS Joao Carlos Gabriel 97 Scalabisport

INF-A

1.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	2:13.09	416
	50m: 29.18 100m: 1:03.42 200m: 2:13.09				
2.	Telmo Pedrosa Rocha	98	Uniao Samorense	2:19.48	361
	50m: 32.10 100m: 1:07.68 200m: 2:19.48				
3.	Sergio Alexandre Batalha	98	Uniao Samorense	2:19.92	358
	50m: 31.60 100m: 1:07.67 200m: 2:19.92				
4.	Joao Pedro Marquez	98	Uniao Samorense	2:21.57	345
	50m: 32.45 100m: 1:08.23 200m: 2:21.57				
5.	Dario Fausto Matias	98	Torres Novas	2:21.65	345
	50m: 31.57 100m: 1:08.26 200m: 2:21.65				

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 12, Masc., 200m Livres, INF-A

Lugar					Ano		Tempo final	Pts
6.	Diogo Filipe Lino				98	Nucleo Sportinguista Golega	2:24.04	328
	50m:	32.54	100m:	1:08.86	200m:	2:24.04		
7.	Pedro Guilherme Coelho				98	Torres Novas	2:24.29	326
	50m:	32.36	100m:	1:08.51	200m:	2:24.29		
8.	Francisco Alexandre Pereira				98	Natacao do Tejo	2:25.53	318
	50m:	33.42	100m:	1:11.20	200m:	2:25.53		
9.	Duarte Miguel Campino				98	Cartaxo	2:25.86	316
	50m:	30.74	100m:	1:06.98	200m:	2:25.86		
10.	Mario Ricardo Carvalho				98	Desportivo de Benavente	2:27.98	302
	50m:	33.86	100m:	1:11.41	200m:	2:27.98		
11.	Miguel Jorge Nunes				98	Uniao Samorense	2:28.20	301
	50m:	32.76	100m:	1:09.42	200m:	2:28.20		
12.	Daniel Sendrea				98	Uniao Samorense	2:28.54	299
	50m:	33.49	100m:	1:11.29	200m:	2:28.54		
13.	Joao Neves Coelho				98	BUZIOS-Coruche	2:33.09	273
	50m:	35.49	100m:	1:15.92	200m:	2:33.09		
14.	Afonso Silva Nunes				98	Nautico Abrantes	2:35.04	263
	50m:	34.42	100m:	1:14.26	200m:	2:35.04		
15.	Rui Diogo Torres				98	20Km de Almeirim	2:35.86	259
	50m:	35.45	100m:	1:16.00	200m:	2:35.86		
16.	Joao Ferreira Santos				98	Torres Novas	2:42.28	229
	50m:	37.12	100m:	1:18.78	200m:	2:42.28		

INF-B

1.	Afonso Guilherme Rosa				99	Gualdim Pais	2:17.43	378
	50m:	31.44	100m:	1:07.46	200m:	2:17.43		
2.	Jose Henriques Luz				99	Goleganense	2:19.60	360
	50m:	32.20	100m:	1:08.16	200m:	2:19.60		
3.	Marco Andre Miguel				99	Torres Novas	2:23.59	331
	50m:	33.44	100m:	1:10.36	200m:	2:23.59		
4.	Goncalo Faria Saldida				99	Gualdim Pais	2:25.94	315
	50m:	33.73	100m:	1:10.66	200m:	2:25.94		
5.	Nelson Pereira Malheiros				99	Litoral Alentejano	2:29.10	296
	50m:	34.56	100m:	1:12.41	200m:	2:29.10		
6.	Hugo Filipe Correia				99	Litoral Alentejano	2:30.30	288
	50m:	33.54	100m:	1:11.51	200m:	2:30.30		
7.	Manuel Schonenberger Braz				99	Scalabisport	2:37.42	251
	50m:	36.67	100m:	1:17.08	200m:	2:37.42		
8.	Bernardo Fernandes Aguiar				99	20Km de Almeirim	2:37.48	251
	50m:	37.14	100m:	1:17.29	200m:	2:37.48		
9.	Francisco Oliveira Madeira				99	Goleganense	2:37.66	250
	50m:	35.19	100m:	1:59.94	200m:	2:37.66		
10.	Joao Tiago Almeida				99	Scalabisport	2:38.01	248
	50m:	35.62	100m:	1:15.35	200m:	2:38.01		
11.	Rodrigo Pereira Damasio				99	Salvaterra de Magos	2:42.27	229
	50m:	36.57	100m:	1:19.39	200m:	2:42.27		
12.	Bernardo Jose Dionisio				99	Gualdim Pais	2:42.28	229
	50m:	36.96	100m:	1:19.80	200m:	2:42.28		

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 12, Masc., 200m Livres, INF-B

Lugar	Ano	Tempo final	Pts
13. Jose Nuno Sousa 50m: 38.16 100m: 1:23.00 200m: 2:45.64	99 Nucleo Sportinguista Golega	2:45.64	215
14. Miguel Feijao Galrinho 50m: 38.74 100m: 1:22.82 200m: 2:50.16	99 Goleganense	2:50.16	199
15. Joao Fernando Bento <i>FTL</i> 50m: 40.11 100m: 1:25.90 200m: 2:52.72	99 Uniao Samorense	2:52.72	190
16. Joao Miguel Vale <i>FTL</i> 50m: 40.00 100m: 1:26.04 200m: 2:53.70	99 Nucleo Sportinguista Golega	2:53.70	187
17. Tomas Jose Agostinho <i>FTL</i> 50m: 38.74 100m: 1:25.32 200m: 2:57.45	99 BUZIOS-Coruche	2:57.45	175
18. Francisco Barroso Rodrigues <i>FTL</i> 50m: 40.70 100m: 1:26.95 200m: 2:58.29	99 Uniao Samorense	2:58.29	173
19. Joao Leal Cancela <i>FTL</i> 50m: 40.13 100m: 1:26.39 200m: 3:00.42	99 Nucleo Sportinguista Golega	3:00.42	167

Prova 13
03-03-2012

Femin., 100m Livres

12 anos e mais velhos
Resultados

JUN/SEN - FEM 15 +: 1:16.00 / Time standard 1 12: 1:26.00; 13: 1:19.50; 14: 1:16.50

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1. Ana Filipa Sousa 50m: 30.42 100m: 1:04.09	96 Nucleo Sportinguista Golega	1:04.09	504
2. Ines Simoes Rodrigues 50m: 30.82 100m: 1:04.89	96 Scalabisport	1:04.89	485
3. Ana Catarina Serra 50m: 32.29 100m: 1:05.48	95 Natacao do Tejo	1:05.48	472
4. Vanessa Braga Salvador 50m: 31.39 100m: 1:05.86	91 Uniao Samorense	1:05.86	464
5. Filipa Robert Rente 50m: 31.20 100m: 1:06.13	96 Gualdim Pais	1:06.13	458
6. Ana Carolina Gomes 50m: 32.17 100m: 1:07.20	97 Cartaxo	1:07.20	437
7. Ana Rita Ferreira 50m: 32.09 100m: 1:07.45	92 Nucleo Sportinguista Golega	1:07.45	432
8. Sara Davide Rodrigues 50m: 31.77 100m: 1:08.11	92 Litoral Alentejano	1:08.11	420
9. Ana Cristina Alcacarenho 50m: 33.02 100m: 1:08.48	97 Nucleo Sportinguista Golega	1:08.48	413
10. Sara Margarida Bento 50m: 32.54 100m: 1:08.57	94 Scalabisport	1:08.57	411
11. Ana Claudia Santo 50m: 32.81 100m: 1:08.93	97 Cartaxo	1:08.93	405

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2 - 4-3-2012

Prova 13, Femin., 100m Livres, ABS

Lugar	Ano	Tempo final	Pts
12. Ana Carolina Alarico 50m: 33.23 100m: 1:09.04	94 Nucleo Sportinguista Golega	1:09.04	403
13. Andreia Alexandra Martins 50m: 33.39 100m: 1:09.26	97 Uniao Samorense	1:09.26	399
14. Bruna Alexandra Martins 50m: 33.39 100m: 1:09.66	94 Uniao Samorense	1:09.66	392
15. Ana Pereira Luis 50m: 33.73 100m: 1:11.09	97 Salvaterra de Magos	1:11.09	369
16. Tatiana Lima Silva 50m: 33.23 100m: 1:11.47	96 Natacao do Tejo	1:11.47	363
17. Patricia Simoes Jorge 50m: 34.57 100m: 1:12.64	97 Salvaterra de Magos	1:12.64	346
18. Mariana David Caeiro 50m: 35.66 100m: 1:13.89	96 Salvaterra de Magos	1:13.89	329
19. Mariana Jose Guerreiro 50m: 35.92 100m: 1:14.57	97 Litoral Alentejano	1:14.57	320
20. Ana Catarina Correia <i>FTL</i> 50m: 36.62 100m: 1:17.84	97 Salvaterra de Magos	1:17.84	281
21. Sofia Isabel Mendes <i>FTL</i> 50m: 36.35 100m: 1:17.94	97 Salvaterra de Magos	1:17.94	280
DNS Sofia Leonor Costa	96 Individual Santarem		
DNS Ines Sofia Borba	97 Litoral Alentejano		

JUVENIS

1. Mariana Veloso Vitoria 50m: 30.51 100m: 1:02.67	98 Nautico Abrantes	1:02.67	539
2. Maria Madalena Silva 50m: 31.45 100m: 1:06.64	98 Nautico Abrantes	1:06.64	448
3. Rute Isabel Leonardo 50m: 33.32 100m: 1:08.70	98 Nautico Abrantes	1:08.70	409
4. Daniela Sofia Serra 50m: 32.51 100m: 1:08.73	98 CLAC-Entroncamento	1:08.73	408
5. Raquel Sofia Jorge 50m: 33.47 100m: 1:09.10	98 Salvaterra de Magos	1:09.10	402
6. Ana Filipa Parente 50m: 33.74 100m: 1:11.08	98 Gualdim Pais	1:11.08	369
Catarina Goncalves Trezentos 50m: 34.11 100m: 1:11.08	98 Gualdim Pais	1:11.08	369
8. Alexandra Bettencourt Santos 50m: 34.22 100m: 1:11.46	98 20Km de Almeirim	1:11.46	363
9. Raquel Anastacio Cruz 50m: 34.71 100m: 1:11.64	98 Torres Novas	1:11.64	360
10. Patricia Alexandra Jose 50m: 34.14 100m: 1:12.08	98 Gualdim Pais	1:12.08	354
11. Maria Matilde Santana <i>FTL</i> 50m: 36.80 100m: 1:18.86	98 Goleganense	1:18.86	270

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 13, Femin., 100m Livres

INF-A

1.	Sarah Dias	99	Goleganense	1:06.42	452
	50m: 31.85 100m: 1:06.42				
2.	Ana Margarida Salgueiro	99	Nautico Abrantes	1:07.42	433
	50m: 32.57 100m: 1:07.42				
3.	Maria Beatriz Dias	99	Scalabisport	1:07.66	428
	50m: 32.95 100m: 1:07.66				
4.	Carolina Leal Serra	99	Torres Novas	1:07.98	422
	50m: 33.39 100m: 1:07.98				
5.	Hatira Guseinova	99	Torres Novas	1:11.11	369
	50m: 34.87 100m: 1:11.11				
6.	Joana Sofia Amado	99	Cartaxo	1:12.74	344
	50m: 34.81 100m: 1:12.74				
7.	Maria Beatriz Diogo	99	Nautico Abrantes	1:13.24	337
	50m: 35.47 100m: 1:13.24				
8.	Sofia Alexandra Picao	99	CLAC-Entroncamento	1:13.29	337
	50m: 34.95 100m: 1:13.29				
9.	Iris Maria Rola	99	Litoral Alentejano	1:13.34	336
	50m: 34.28 100m: 1:13.34				
10.	Ana Torres Ferreira	99	Nautico Abrantes	1:13.74	331
	50m: 35.46 100m: 1:13.74				
11.	Joana Sofia Bica	99	CLAC-Entroncamento	1:13.91	328
	50m: 35.57 100m: 1:13.91				
12.	Ines Fernandes Moutinho	99	CLAC-Entroncamento	1:14.04	327
	50m: 34.51 100m: 1:14.04				
13.	Andreia Serra Paulo	99	Goleganense	1:14.11	326
	50m: 35.11 100m: 1:14.11				
14.	Ines Sousa Luis	99	Torres Novas	1:16.67	294
	50m: 36.70 100m: 1:16.67				
15.	Mariana Narciso Fidalgo	99	20Km de Almeirim	1:17.60	284
	50m: 37.39 100m: 1:17.60				
16.	Patricia Silva Conceicao	99	Nautico Abrantes	1:18.10	278
	50m: 37.57 100m: 1:18.10				
17.	Ana Raquel Silva	99	Goleganense	1:18.32	276
	50m: 37.62 100m: 1:18.32				
18.	Ines Filipa Costa	99	Goleganense	1:19.64	262
	<i>FTL</i> 50m: 38.26 100m: 1:19.64				
19.	Carolina Felicidade Batista	99	Scalabisport	1:19.89	260
	<i>FTL</i> 50m: 38.10 100m: 1:19.89				
20.	Rita Viana Miguel	99	CLAC-Entroncamento	1:20.41	255
	<i>FTL</i> 50m: 38.56 100m: 1:20.41				
21.	Carolina Miguel Marques	99	Natacao do Tejo	1:21.16	248
	<i>FTL</i> 50m: 37.94 100m: 1:21.16				
22.	Beatriz Isabel Nunes	99	BUZIOS-Coruche	1:22.32	237
	<i>FTL</i> 50m: 39.07 100m: 1:22.32				

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 13, Femin., 100m Livres

INF-B

1.	Ana Oliveira Ferreira	00	20Km de Almeirim	1:08.20	418
	50m: 33.40 100m: 1:08.20				
2.	Barbara Guerra Pisco	00	20Km de Almeirim	1:12.67	345
	50m: 35.02 100m: 1:12.67				
3.	Patricia Palmeiro Baeta	00	Rio Maior	1:13.33	336
	50m: 35.00 100m: 1:13.33				
4.	Maria Beatriz Lopes	00	Rio Maior	1:13.92	328
	50m: 35.60 100m: 1:13.92				
5.	Ana Catarina Santos	00	Uniao Samorense	1:15.37	310
	50m: 35.93 100m: 1:15.37				
6.	Lara Alexandra Delgado	00	Torres Novas	1:15.48	308
	50m: 36.80 100m: 1:15.48				
7.	Ines Isabel Graca	00	Gualdim Pais	1:16.00	302
	50m: 36.38 100m: 1:16.00				
8.	Catia Maria Feijao	00	Goleganense	1:16.11	301
	50m: 36.07 100m: 1:16.11				
9.	Carolina Sofia Eusebio	00	BUZIOS-Coruche	1:17.86	281
	50m: 36.39 100m: 1:17.86				
10.	Mafalda Alexandra Cabaca	00	Scalabisport	1:18.00	279
	50m: 37.57 100m: 1:18.00				
11.	Mariana Nunes Domingos	00	Scalabisport	1:18.88	270
	50m: 38.16 100m: 1:18.88				
12.	Marta Isabel Silva	00	Scalabisport	1:20.70	252
	50m: 38.70 100m: 1:20.70				
13.	Joana Costa Bernardino	00	CLAC-Entroncamento	1:20.82	251
	50m: 38.69 100m: 1:20.82				
14.	Barbara Sucena Riachos	00	Goleganense	1:21.76	242
	50m: 38.11 100m: 1:21.76				
15.	Ines Barata Domingos	00	Nucleo Sportinguista Golega	1:23.48	228
	50m: 39.32 100m: 1:23.48				
16.	Maria Pinto Goncalves	00	Salvaterra de Magos	1:27.51	198
	<i>FTL</i> 50m: 42.28 100m: 1:27.51				
17.	Barbara Sofia Claro	00	BUZIOS-Coruche	1:30.82	177
	<i>FTL</i> 50m: 42.42 100m: 1:30.82				
18.	Beatriz Sofia Matilde	00	BUZIOS-Coruche	1:31.36	174
	<i>FTL</i> 50m: 42.08 100m: 1:31.36				
DNS	Mariana Lopes Mendonça	00	BUZIOS-Coruche		

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 14 Masc., 100m Bruços 13 anos e mais velhos
03-03-2012 Resultados

JUN/SEN - MASC 17 +: 1:32.00 / Time standard 1 13: 1:40.50; 14: 1:36.50; 15: 1:32.50; 16: 1:28.50

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1. Joao Carlos Pereira 50m: 32.48 100m: 1:08.89	94 BUZIOS-Coruche	1:08.89	526
2. Rodrigo Marques Costa 50m: 33.16 100m: 1:09.29	76 Litoral Alentejano	1:09.29	516
3. Duarte Rosa Cameirao 50m: 34.21 100m: 1:11.76	94 Rio Maior	1:11.76	465
4. Nuno Miguel Afonso 50m: 35.92 100m: 1:17.45	91 Natacao do Tejo	1:17.45	370
5. Tiago Andre Matos 50m: 37.20 100m: 1:18.80	95 Natacao do Tejo	1:18.80	351
6. Joao Diogo Lucas 50m: 38.16 100m: 1:21.07	95 Salvaterra de Magos	1:21.07	322
7. Bernardo Jose Campino 50m: 38.39 100m: 1:26.48	95 Cartaxo	1:26.48	265
8. Mario Jorge Santos 50m: 41.44 100m: 1:29.60	95 Gualdim Pais	1:29.60	239
DSQ Bruno Tiago Lourenco - <i>Falsa partida – SW 4.4</i>	95 Natacao do Tejo		
JUV-A			
1. Guilherme Antonio Reis 50m: 34.16 100m: 1:13.41	96 Torres Novas	1:13.41	434
2. Dmytro Orlovskyy 50m: 36.49 100m: 1:19.74	96 Juventude Ouriense	1:19.74	339
3. Pedro Miguel Primo 50m: 38.88 100m: 1:22.48	96 CLAC-Entroncamento	1:22.48	306
4. Andre Pombo Dias 50m: 39.00 100m: 1:23.25	96 Natacao do Tejo	1:23.25	298
JUV-B			
1. Artur Rafael Saramago 50m: 35.86 100m: 1:16.92	97 BUZIOS-Coruche	1:16.92	377
2. Joao Mauricio Gaspar 50m: 39.10 100m: 1:22.67	97 Nautico Abrantes	1:22.67	304
3. Marco Carreira 50m: 41.32 100m: 1:27.80	97 Juventude Ouriense	1:27.80	254
4. Tomas Leal Brito 50m: 41.94 100m: 1:30.69	97 CLAC-Entroncamento	1:30.69	230
5. Tiago Jose Morgado 50m: 43.67 100m: 1:32.04	97 Nucleo Sportinguista Golega	1:32.04	220
DSQ Telmo Joao Faria <i>O atleta efectuou movimento vertical de pernas.</i>	97 Natacao do Tejo		

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 14, Masc., 100m Bruços

INF-A

1.	Pedro Manuel Nunes	98	CLAC-Entroncamento	1:22.42	307
	50m: 38.92 100m: 1:22.42				
2.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	1:24.29	287
	50m: 39.07 100m: 1:24.29				
3.	Joao Paulo Lopes	98	Torres Novas	1:29.70	238
	50m: 43.16 100m: 1:29.70				
4.	Afonso Nuno Martins	98	Desportivo de Benavente	1:31.83	222
	50m: 43.30 100m: 1:31.83				
5.	Afonso Silva Nunes	98	Nautico Abrantes	1:34.28	205
	50m: 43.87 100m: 1:34.28				
6.	Miguel Jorge Nunes	98	Uniao Samorense	1:36.92	188
	<i>FTL</i> 50m: 45.39 100m: 1:36.92				
7.	Joao Ferreira Santos	98	Torres Novas	1:38.91	177
	<i>FTL</i> 50m: 47.00 100m: 1:38.91				
DSQ	Diogo Filipe Lino	98	Nucleo Sportinguista Golega		
	<i>O atleta efectuou dupla pernada golfinho após a partida e em todas as viragens.</i>				
DNS	Ricardo Manuel Lopes	98	Torres Novas		

INF-B

1.	Miguel Carrico Cruz	99	Scalabisport	1:15.72	396
	50m: 35.42 100m: 1:15.72				
2.	Francisco Barroso Rodrigues	99	Uniao Samorense	1:34.52	203
	50m: 44.69 100m: 1:34.52				
3.	Miguel Feijao Galrinho	99	Goleganense	1:43.59	154
	<i>FTL</i> 50m: 48.84 100m: 1:43.59				
4.	Vasco Leal Brito	99	CLAC-Entroncamento	1:44.61	150
	<i>FTL</i> 50m: 49.61 100m: 1:44.61				
5.	Jose Nuno Sousa	99	Nucleo Sportinguista Golega	1:44.73	149
	<i>FTL</i> 50m: 49.29 100m: 1:44.73				
6.	David Antonio Carvalho	99	Natacao do Tejo	1:44.83	149
	<i>FTL</i> 50m: 49.30 100m: 1:44.83				
7.	Joao Fernando Bento	99	Uniao Samorense	1:45.07	148
	<i>FTL</i> 50m: 49.95 100m: 1:45.07				
8.	Joao Leal Cancela	99	Nucleo Sportinguista Golega	1:45.52	146
	<i>FTL</i> 50m: 50.21 100m: 1:45.52				
9.	Joao Miguel Vale	99	Nucleo Sportinguista Golega	2:02.25	94
	<i>FTL</i> 50m: 56.88 100m: 2:02.25				

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2 - 4-3-2012

Prova 15 Femin., 200m Mariposa 12 anos e mais velhos
03-03-2012 Resultados

JUN/SEN - FEM 15 +: 3:25.00 / Time standard 1 12: 3:57.50; 13: 3:46.00; 14: 3:33.00

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1. Vanessa Braga Salvador	91 Uniao Samorense	2:34.13	481
50m: 34.19 100m: 1:12.94 200m: 2:34.13			
2. Mariana Fernandes Antunes	95 Scalabisport	2:46.58	381
50m: 36.86 100m: 1:18.74 200m: 2:46.58			
3. Bruna Alexandra Martins	94 Uniao Samorense	2:48.88	365
50m: 37.82 100m: 1:20.48 200m: 2:48.88			
4. Ana Catarina Serra	95 Natacao do Tejo	2:49.22	363
50m: 36.60 100m: 1:21.06 200m: 2:49.22			
5. Ana Catarina Travessa	96 Salvaterra de Magos	2:53.05	339
50m: 37.05 100m: 1:20.24 200m: 2:53.05			
6. Carolina Henriques Gavancho	97 CLAC-Entroncamento	3:02.80	288
50m: 38.86 100m: 1:25.50 200m: 3:02.80			
7. Patricia Simoes Jorge	97 Salvaterra de Magos	3:03.13	286
50m: 38.51 100m: 1:23.89 200m: 3:03.13			
8. Ines Maria Ribeiro	94 CLAC-Entroncamento	3:06.99	269
50m: 39.22 100m: 1:27.27 200m: 3:06.99			
9. Ana Teresa Nunes	88 Natacao do Tejo	3:09.69	258
50m: 39.94 100m: 1:27.34 200m: 3:09.69			
JUVENIS			
1. Mariana Veloso Vitoria	98 Nautico Abrantes	2:30.23	519
50m: 33.57 100m: 1:12.00 200m: 2:30.23			
2. Maria Madalena Silva	98 Nautico Abrantes	2:47.30	376
50m: 37.00 100m: 1:20.74 200m: 2:47.30			
3. Daniela Patricia Araujo	98 Rio Maior	3:08.82	261
50m: 41.36 100m: 1:30.29 200m: 3:08.82			
4. Daniela Sofia Serra	98 CLAC-Entroncamento	3:09.30	259
50m: 40.08 100m: 1:28.45 200m: 3:09.30			
5. Ana Filipa Parente	98 Gualdim Pais	3:23.42	209
50m: 40.10 100m: 1:33.23 200m: 3:23.42			
6. Raquel Anastacio Cruz	98 Torres Novas	3:25.44	203
50m: 45.56 100m: 1:38.65 200m: 3:25.44			
INF-A			
1. Mariana Soares Martinho	99 Scalabisport	2:48.89	365
50m: 37.23 100m: 1:19.90 200m: 2:48.89			
2. Ana Margarida Salgueiro	99 Nautico Abrantes	3:01.58	294
50m: 38.73 100m: 1:25.99 200m: 3:01.58			
3. Ines Sousa Luis	99 Torres Novas	3:18.60	224
50m: 43.51 100m: 1:34.26 200m: 3:18.60			
4. Sofia Alexandra Picao	99 CLAC-Entroncamento	3:21.08	216
50m: 43.16 100m: 1:34.99 200m: 3:21.08			
5. Patricia Silva Conceicao	99 Nautico Abrantes	3:31.39	186
50m: 43.36 100m: 1:36.86 200m: 3:31.39			

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 15, Femin., 200m Mariposa, INF-A

Lugar	Ano	Tempo final	Pts
6. Rita Viana Miguel 50m: 46.69 200m: 3:33.11	99 CLAC-Entroncamento	3:33.11	182
7. Beatriz Isabel Nunes <i>FTL</i> 50m: 50.20 100m: 1:47.54 200m: 3:48.48	99 BUZIOS-Coruche	3:48.48	147

Prova 16
03-03-2012

Masc., 100m Mariposa

13 anos e mais velhos
Resultados

JUN/SEN - MASC 17 +: 1:25.00 / Time standard 1 13: 1:41.00; 14: 1:36.00; 15: 1:32.00; 16: 1:28.00

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1. Andre Filipe Mendes 50m: 26.89 100m: 58.02	92 Nautico Abrantes	58.02	583
2. Ivo Andre Lopes 50m: 28.72 100m: 1:00.47	94 Scalabisport	1:00.47	515
3. Joao Carlos Pereira 50m: 29.57 100m: 1:03.82	94 BUZIOS-Coruche	1:03.82	438
4. Ruben Miguel Matos 50m: 31.02 100m: 1:05.73	91 Natacao do Tejo	1:05.73	401
5. Eduardo Terekhin Baptista 50m: 29.82 100m: 1:05.79	94 Desportivo de Benavente	1:05.79	400
6. Ricardo Daniel Lucas 50m: 30.57 100m: 1:05.95	94 Scalabisport	1:05.95	397
7. Jorge Miguel Telo 50m: 30.70 100m: 1:06.22	95 Litoral Alentejano	1:06.22	392
8. Rodrigo Marques Costa 50m: 31.97 100m: 1:08.08	76 Litoral Alentejano	1:08.08	361
9. Mario Jorge Nunes 50m: 31.82 100m: 1:08.89	92 Natacao do Tejo	1:08.89	348
10. Nuno Miguel Afonso 50m: 32.45 100m: 1:10.26	91 Natacao do Tejo	1:10.26	328
11. Mario Jorge Santos	95 Gualdim Pais	1:15.56	264
12. Joao Pereira Luis 50m: 35.38 100m: 1:18.52	94 Salvaterra de Magos	1:18.52	235

JUV-A

1. Diogo Serrao Santos 50m: 30.04 100m: 1:03.98	96 Scalabisport	1:03.98	435
2. Joao Pedro Alves 50m: 31.97 100m: 1:09.20	96 Natacao do Tejo	1:09.20	343
3. Pedro Miguel Henriques 50m: 32.29 100m: 1:09.23	96 Cartaxo	1:09.23	343
4. Andre Pombo Dias 50m: 32.02 100m: 1:09.54	96 Natacao do Tejo	1:09.54	338
5. Jose Carlos Rebelo 50m: 34.08 100m: 1:13.83	96 CLAC-Entroncamento	1:13.83	283

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2 - 4-3-2012

Prova 16, Masc., 100m Mariposa, JUV-A

Lugar	Ano	Tempo final	Pts
6. Pedro Miguel Primo 50m: 34.91 100m: 1:14.44	96 CLAC-Entroncamento	1:14.44	276
7. Dmytro Orlovskyy 50m: 34.36 100m: 1:15.80	96 Juventude Ouriense	1:15.80	261
8. Guilherme Antonio Reis 50m: 35.54 100m: 1:16.54	96 Torres Novas	1:16.54	254

JUV-B

1. Gil Vasco Goncalves 50m: 30.70 100m: 1:06.05	97 Litoral Alentejano	1:06.05	395
2. Jose Eduardo Felicio 50m: 31.52 100m: 1:06.44	97 Rio Maior	1:06.44	388
3. Afonso Filipe Gaspar 50m: 33.40 100m: 1:10.62	97 Nautico Abrantes	1:10.62	323
4. Martim Basilio Gil 50m: 33.11 100m: 1:11.22	97 CLAC-Entroncamento	1:11.22	315
5. Artur Rafael Saramago 50m: 35.74 100m: 1:17.46	97 BUZIOS-Coruche	1:17.46	245
6. Miguel Jose Cassiano 50m: 36.07 100m: 1:18.38	97 20Km de Almeirim	1:18.38	236
7. Bernardo Teixeira Quintela 50m: 37.33 100m: 1:21.42	97 Nucleo Sportinguista Golega	1:21.42	211
8. Marco Carreira 50m: 39.95 100m: 1:28.60	97 Juventude Ouriense	1:28.60	163

INF-A

1. Joao Paulo Lopes 50m: 35.23 100m: 1:15.82	98 Torres Novas	1:15.82	261
2. Francisco Alexandre Pereira 50m: 35.35 100m: 1:16.66	98 Natacao do Tejo	1:16.66	252
3. Dario Fausto Matias 50m: 35.64 100m: 1:17.29	98 Torres Novas	1:17.29	246
4. Telmo Pedrosa Rocha 50m: 36.44 100m: 1:19.51	98 Uniao Samorense	1:19.51	226
5. Joao Neves Coelho 50m: 37.57 100m: 1:19.67	98 BUZIOS-Coruche	1:19.67	225
6. Sergio Alexandre Batalha 50m: 38.66 100m: 1:22.50	98 Uniao Samorense	1:22.50	202
7. Joao Pedro Marquez 50m: 38.63 100m: 1:23.91	98 Uniao Samorense	1:23.91	192
8. Daniel Sendrea	98 Uniao Samorense	1:27.59	169
9. Rui Diogo Torres 50m: 41.46 100m: 1:32.27	98 20Km de Almeirim	1:32.27	145
DNS Pedro Manuel Nunes	98 CLAC-Entroncamento		
DNS Ricardo Manuel Lopes	98 Torres Novas		

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2 - 4-3-2012

Prova 16, Masc., 100m Mariposa

INF-B

1. Tiago Filipe Campos	99	Scalabisport	1:11.92	306
50m: 33.74 100m: 1:11.92				
2. Afonso Guilherme Rosa	99	Gualdim Pais	1:14.27	278
50m: 34.81 100m: 1:14.27				
3. Marco Andre Miguel	99	Torres Novas	1:15.35	266
50m: 35.33 100m: 1:15.35				
4. Hugo Filipe Correia	99	Litoral Alentejano	1:16.39	255
50m: 35.26 100m: 1:16.39				
5. Goncalo Faria Saldida	99	Gualdim Pais	1:34.70	134
50m: 44.20 100m: 1:34.70				
6. Vasco Leal Brito	99	CLAC-Entroncamento	1:38.54	119
50m: 43.33 100m: 1:38.54				
7. Bernardo Jose Dionisio	99	Gualdim Pais	1:39.68	115
50m: 45.89 100m: 1:39.68				
8. Rodrigo Pereira Damasio	99	Salvaterra de Magos	1:43.52	102
<i>FTL</i>				
50m: 45.06 100m: 1:43.52				

Prova 17
03-03-2012

Femin., 4 x 100m Estilos

12 anos e mais velhos
Resultados

JUN/SEN - FEM 15 +: 5:50.00 / Time standard 1 12: 6:31.00; 13: 6:31.00; 14: 5:50.50

Pontos: FINA 2011

Lugar					Tempo final	Pts
ABS						
1. Litoral Alentejano 1			Litoral Alentejano		5:06.08	413
Maria Clara Marques	94	36.04	1:15.48	Sara Davide Rodrigues	92	
Debora Goncalves Patrocinio	97			Mariana Jose Guerreiro	97	
2. NSCG - ABS FEM			Nucleo Sportinguista Golega		5:11.97	390
Ana Filipa Sousa	96	34.44	1:12.78	Ana Rita Ferreira	92	
Ana Carolina Alarico	94			Ana Cristina Alcacarenho	97	
3. FCG - EXTRA FEM			Goleganense		6:22.70	211
<i>FTL</i>						
Mariana Guia		46.82	1:37.04	Cátia Feijão		
Matilde Santana				Bárbara Riachos		

INF-A

1. Nautico Abrantes 2			Nautico Abrantes		5:29.80	330
Patricia Silva Conceicao	99	40.04	1:24.11	Ana Margarida Salgueiro	99	
Maria Beatriz Diogo	99			Ana Torres Ferreira	99	
2. CLAC-Entroncamento 1			CLAC-Entroncamento		5:31.57	325
Joana Sofia Bica	99	40.60	1:23.54	Rita Viana Miguel	99	
Sofia Alexandra Picao	99			Ines Fernandes Moutinho	99	
3. FCG - INF A FEM			Goleganense		5:57.52	259
Andreia Serra Paulo	99	42.04	1:26.85	Sarah Dias	99	
Ana Raquel Silva	99			Ines Filipa Costa	99	

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 17, Femin., 4 x 100m Estilos

INF-B

DNS BUZIOS - INF B FEM

BUZIOS-Coruche

Prova 18

Masc., 4 x 100m Livres

13 anos e mais velhos

03-03-2012

Resultados

JUN/SEN - MASC 17 +: 4:43.00 / Time standard 1 13: 5:38.00; 14: 5:38.00; 15: 5:10.00; 16: 5:10.00

Pontos: FINA 2011

Lugar					Tempo final	Pts
ABS						
1. Litoral Alentejano 1	Litoral Alentejano				4:07.64	405
Jorge Miguel Telo	95	27.57	58.26	Rui Jorge Brito	94	
Rodrigo Marques Costa	76			Daniel Oliveira Pereira	95	

INF-A

1. Uniao Samorense 1	Uniao Samorense				4:22.01	342
Telmo Pedrosa Rocha	98	30.94	1:04.66	Miguel Jorge Nunes	98	
Sergio Alexandre Batalha	98			Joao Pedro Marquez	98	
2. Torres Novas 1	Torres Novas				4:35.80	293
Pedro Guilherme Coelho	98	31.39	1:05.64	Joao Ferreira Santos	98	
Joao Paulo Lopes	98			Dario Fausto Matias	98	

INF-B

1. Scalabisport 2	Scalabisport				4:32.49	304
Miguel Carrico Cruz	99	29.11	1:02.66	Tiago Filipe Campos	99	
Joao Tiago Almeida	99			Manuel Schonenberger Braz	99	
2. FCG- INF B MAS	Goleganense				5:11.66	203
Francisco Oliveira Madeira	99	35.06	1:15.39	Goncalo Antonio Barreiros	99	
Miguel Feijao Galrinho	99			Jose Henriques Luz	99	

4 - 4ª SESSÃO

04-03-2012 - 9:30

Prova 19

Masc., 1500m Livres

13 anos e mais velhos

04-03-2012

Resultados

JUN/SEN - MASC 17 +: 21:06.00 / Time standard 1 13: 23:00.00; 14: 22:30.00; 15: 21:30.00; 16: 21:00.00

Pontos: FINA 2011

Lugar	Ano				Tempo final	Pts
ABS						
1. Joao Luis Baeta	94	Scalabisport		17:41.18	514	
50m: 34.04 100m: 1:09.33	200m: 2:19.09	400m: 4:38.05	750m: 9:21.40	1500m: 17:41.18		
2. Andre Filipe Mendes	92	Nautico Abrantes		17:58.38	489	
50m: 31.28 100m: 1:06.38	200m: 2:17.72	400m: 4:42.35	800m: 9:36.10	1500m: 17:58.38		
3. Mario Pinto Amorim	94	BUZIOS-Coruche		18:20.13	461	
50m: 32.29 100m: 1:07.23	200m: 2:17.86	400m: 4:41.86	800m: 9:37.82	1500m: 18:20.13		
4. Rodrigo Marques Costa	76	Litoral Alentejano		18:29.55	449	
50m: 31.88 100m: 1:06.52	200m: 2:17.46	400m: 4:42.20	800m: 9:38.34	1500m: 18:29.55		
5. Nuno Ricardo Nogueira	94	Nucleo Sportinguista Golega		18:29.92	449	
50m: 33.96 100m: 1:10.00	200m: 2:22.40	400m: 4:49.46	800m: 9:45.33	1500m: 18:29.92		

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2 - 4-3-2012

Prova 19, Masc., 1500m Livres, ABS

Lugar	Ano	Tempo final	Pts
DSQ Bernardo Jose Campino - Falsa partida – SW 4.4	95 Cartaxo		

JUV-A

1. Pedro Miguel Henriques	96 Cartaxo	18:13.06	470
50m: 34.32 100m: 1:09.75 200m: 2:21.32 400m: 4:46.69 800m: 9:44.09 1500m: 18:13.06			
2. Pedro Miguel Primo	96 CLAC-Entroncamento	20:03.73	352
50m: 35.23 100m: 1:14.35 200m: 2:34.20 400m: 5:14.06 800m: 10:36.46 1500m: 20:03.73			

JUV-B

1. Jose Eduardo Felicio	97 Rio Maior	18:33.70	444
50m: 33.11 100m: 1:08.65 200m: 2:21.17 400m: 4:46.80 800m: 9:44.02 1500m: 18:33.70			
2. Afonso Filipe Gaspar	97 Nautico Abrantes	18:52.49	422
50m: 34.22 100m: 1:11.62 200m: 2:27.28 400m: 5:01.56 800m: 10:08.28 1500m: 18:52.49			
3. Gil Vasco Goncalves	97 Litoral Alentejano	18:59.66	415
50m: 33.66 100m: 1:10.91 200m: 2:25.32 400m: 4:56.94 800m: 9:58.63 1500m: 18:59.66			
4. Joao Mauricio Gaspar	97 Nautico Abrantes	19:28.41	385
50m: 34.82 100m: 1:12.88 200m: 2:30.50 400m: 5:07.91 800m: 10:25.38 1500m: 19:28.41			
5. Miguel Rodrigues Silva	97 Nautico Abrantes	20:09.63	347
50m: 35.26 100m: 1:14.01 200m: 2:32.83 400m: 5:14.20 800m: 10:37.62 1500m: 20:09.63			

INF-A

1. Joao Pedro Marquez	98 Uniao Samorense	19:19.76	393
50m: 34.63 100m: 1:12.38 200m: 2:29.44 400m: 5:05.62 800m: 10:17.32 1500m: 19:19.76			
2. Dario Fausto Matias	98 Torres Novas	19:26.66	386
50m: 34.83 100m: 1:12.88 200m: 2:31.02 400m: 5:06.15 800m: 10:17.81 1500m: 19:26.66			
3. Duarte Miguel Campino	98 Cartaxo	19:42.69	371
50m: 33.83 100m: 1:11.83 200m: 2:28.67 400m: 5:05.49 800m: 10:24.14 1500m: 19:42.69			
4. Sergio Alexandre Batalha	98 Uniao Samorense	19:47.30	367
50m: 34.02 100m: 1:11.30 200m: 2:28.48 400m: 5:07.02 800m: 10:31.61 1500m: 19:47.30			
5. Telmo Pedrosa Rocha	98 Uniao Samorense	20:14.94	342
50m: 35.11 100m: 1:15.06 200m: 2:37.91 400m: 5:23.27 800m: 10:54.35 1500m: 20:14.94			
6. Daniel Sendrea	98 Uniao Samorense	21:17.10	294
50m: 37.08 100m: 1:18.52 200m: 2:44.71 400m: 5:38.07 800m: 11:21.52 1500m: 21:17.10			
7. Mario Ricardo Carvalho	98 Desportivo de Benavente	21:20.90	292
50m: 36.69 100m: 1:17.40 200m: 2:42.59 400m: 5:35.65 800m: 11:20.91 1500m: 21:20.90			
8. Joao Ferreira Santos	98 Torres Novas	21:29.40	286
50m: 37.79 100m: 1:19.86 200m: 2:45.90 400m: 5:41.16 800m: 11:27.33 1500m: 21:29.40			
9. Afonso Silva Nunes	98 Nautico Abrantes	21:51.02	272
50m: 36.39 100m: 1:17.39 200m: 2:42.02 400m: 5:37.00 800m: 11:29.02 1500m: 21:51.02			

DNS Miguel Jorge Nunes 98 Uniao Samorense

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2 - 4-3-2012

Prova 19, Masc., 1500m Livres

INF-B

1.	Afonso Guilherme Rosa	99	Gualdim Pais	19:02.94	411
	50m: 33.68 100m: 1:11.08 200m: 2:26.14 400m: 4:58.11 800m: 10:00.69 1500m: 19:02.94				
2.	Jose Henriques Luz	99	Goleganense	19:29.75	383
	50m: 33.00 100m: 1:10.56 200m: 2:27.60 400m: 5:04.50 800m: 10:20.31 1500m: 19:29.75				
3.	Goncalo Faria Saldida	99	Gualdim Pais	20:01.41	354
	50m: 36.97 100m: 1:17.03 200m: 2:36.52 400m: 5:17.98 800m: 10:40.27 1500m: 20:01.41				
4.	Nelson Pereira Malheiros	99	Litoral Alentejano	21:36.41	281
	50m: 38.19 100m: 1:19.19 200m: 2:42.72 400m: 5:35.15 800m: 11:24.15 1500m: 21:36.41				
5.	Hugo Filipe Correia	99	Litoral Alentejano	21:45.49	276
	50m: 37.95 100m: 1:20.64 200m: 2:48.82 400m: 5:45.75 800m: 11:41.66 1500m: 21:45.49				
6.	Joao Tiago Almeida	99	Scalabisport	22:00.02	267
	50m: 37.29 100m: 1:19.89 200m: 2:48.20 400m: 5:45.16 800m: 11:41.16 1500m: 22:00.02				

Prova 20
04-03-2012

Femin., 400m Livres

12 anos e mais velhos
Resultados

JUN/SEN - FEM 15 +: 5:42.00 / Time standard 1 12: 6:26.00; 13: 6:11.00; 14: 5:46.50

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts		
ABS					
1.	Julia Matos Lopes	94	Scalabisport	4:31.98	644
	<i>Recorde Distrital SEN (T.A. 04.34.64)</i>				
	50m: 32.50 100m: 1:06.72 200m: 2:15.90 400m: 4:31.98				
2.	Marta Filipa Vinagre	95	Scalabisport	4:43.08	571
	50m: 32.14 100m: 1:06.99 200m: 2:17.78 400m: 4:43.08				
3.	Maria Clara Marques	94	Litoral Alentejano	4:54.68	506
	50m: 32.38 100m: 1:08.76 200m: 2:23.07 400m: 4:54.68				
4.	Ana Filipa Sousa	96	Nucleo Sportinguista Golega	4:58.26	488
	50m: 33.31 100m: 1:10.31 200m: 2:24.79 400m: 4:58.26				
5.	Vanessa Braga Salvador	91	Uniao Samorense	5:00.48	477
	50m: 34.54 100m: 1:12.10 200m: 2:29.48 400m: 5:00.48				
6.	Ines Simoes Rodrigues	96	Scalabisport	5:01.95	470
	50m: 34.74 100m: 1:12.29 200m: 2:27.14 400m: 5:01.95				
7.	Ana Carolina Monteiro	97	BUZIOS-Coruche	5:02.20	469
	50m: 33.70 100m: 1:10.89 200m: 2:28.20 400m: 5:02.20				
8.	Ana Catarina Serra	95	Natacao do Tejo	5:02.59	467
	50m: 33.38 100m: 1:10.67 200m: 2:27.87 400m: 5:02.59				
9.	Ana Carolina Gomes	97	Cartaxo	5:03.46	463
	50m: 33.93 100m: 1:11.27 200m: 2:28.74 400m: 5:03.46				
10.	Debora Goncalves Patrocinio	97	Litoral Alentejano	5:05.86	453
	50m: 34.02 100m: 1:12.11 200m: 2:29.98 400m: 5:05.86				
11.	Sara Margarida Bento	94	Scalabisport	5:14.70	415
	50m: 33.91 100m: 1:11.30 200m: 2:30.33 400m: 5:14.70				
12.	Ana Claudia Santo	97	Cartaxo	5:17.19	406
	50m: 34.76 100m: 1:12.55 200m: 2:32.26 400m: 5:17.19				
13.	Bruna Alexandra Martins	94	Uniao Samorense	5:21.86	388
	50m: 35.51 100m: 1:14.89 200m: 2:36.64 400m: 5:21.86				
14.	Filipa Robert Rente	96	Gualdim Pais	5:22.28	387
	50m: 34.15 100m: 1:13.47 200m: 2:36.42 400m: 5:22.28				

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 20, Femin., 400m Livres, ABS

Lugar	Ano	Tempo final	Pts
15. Andreia Alexandra Martins 50m: 36.94 100m: 1:17.24 200m: 2:40.91 400m: 5:26.40	97 Uniao Samoreense	5:26.40	372
16. Ana Carolina Alarico 50m: 35.29 100m: 1:15.70 200m: 2:38.57 400m: 5:28.39	94 Nucleo Sportinguista Golega	5:28.39	366
17. Sara Davide Rodrigues 50m: 34.48 100m: 1:13.62 200m: 2:37.80 400m: 5:29.99	92 Litoral Alentejano	5:29.99	360
18. Ana Pereira Luis 50m: 36.66 100m: 1:17.28 200m: 2:41.79 400m: 5:36.05	97 Salvaterra de Magos	5:36.05	341
19. Tatiana Lima Silva 50m: 37.42 100m: 1:19.44 200m: 2:46.14 400m: 5:38.62	96 Natacao do Tejo	5:38.62	333
20. Ana Teresa Nunes 50m: 37.69 100m: 1:19.51 200m: 2:46.49 400m: 5:40.81	88 Natacao do Tejo	5:40.81	327
21. Mariana Jose Guerreiro 50m: 36.88 100m: 1:17.97 200m: 2:44.43 400m: 5:40.90	97 Litoral Alentejano	5:40.90	327
DNS Ines Sofia Borba	97 Litoral Alentejano		
DNS Mariana Fernandes Antunes	95 Scalabisport		

JUVENIS

1. Mariana Veloso Vitoria 50m: 32.01 100m: 1:07.11 200m: 2:17.88 400m: 4:39.89	98 Nautico Abrantes	4:39.89	591
2. Clarisse Matos Lopes 50m: 33.92 100m: 1:08.88 200m: 2:20.01 400m: 4:43.49	98 Scalabisport	4:43.49	569
3. Maria Madalena Silva 50m: 34.01 100m: 1:11.34 200m: 2:28.69 400m: 5:02.78	98 Nautico Abrantes	5:02.78	467
4. Raquel Sofia Jorge 50m: 35.74 100m: 1:15.60 200m: 2:37.07 400m: 5:19.14	98 Salvaterra de Magos	5:19.14	398
5. Daniela Sofia Serra 50m: 35.35 100m: 1:15.46 200m: 2:36.76 400m: 5:23.76	98 CLAC-Entroncamento	5:23.76	382
6. Raquel Anastacio Cruz 50m: 37.45 100m: 1:18.48 200m: 2:42.38 400m: 5:27.06	98 Torres Novas	5:27.06	370
7. Catarina Goncalves Trezentos 50m: 36.50 100m: 1:17.36 200m: 2:41.77 400m: 5:27.21	98 Gualdim Pais	5:27.21	370
8. Ana Filipa Parente 50m: 36.46 100m: 1:18.58 200m: 2:46.90 400m: 5:42.99	98 Gualdim Pais	5:42.99	321
9. Daniela Patricia Araujo <i>FTL</i> 50m: 37.51 100m: 1:20.52 200m: 2:50.54 400m: 5:48.41	98 Rio Maior	5:48.41	306

INF-A

1. Ana Margarida Salgueiro 50m: 33.78 100m: 1:11.05 200m: 2:28.46 400m: 5:01.74	99 Nautico Abrantes	5:01.74	471
2. Maria Beatriz Dias 50m: 34.25 100m: 1:11.19 200m: 2:29.16 400m: 5:04.38	99 Scalabisport	5:04.38	459
3. Sarah Dias 50m: 35.30 100m: 1:15.32 200m: 2:36.96 400m: 5:19.07	99 Goleganense	5:19.07	399
4. Carolina Leal Serra 50m: 37.36 100m: 1:18.04 200m: 2:41.24 400m: 5:22.74	99 Torres Novas	5:22.74	385
5. Joana Sofia Amado 50m: 37.75 100m: 1:18.97 200m: 2:43.97 400m: 5:32.91	99 Cartaxo	5:32.91	351

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 20, Femin., 400m Livres, INF-A

Lugar					Ano				Tempo final	Pts
6.	Mariana Narciso Fidalgo	99	20Km de Almeirim					5:33.07	350	
	50m: 38.36 100m: 1:19.95	200m: 2:44.99	400m: 5:33.07							
7.	Ana Torres Ferreira	99	Nautico Abrantes					5:40.78	327	
	50m: 36.69 100m: 1:18.87	200m: 2:46.34	400m: 5:40.78							
8.	Iris Maria Rola	99	Litoral Alentejano					5:44.25	317	
	50m: 35.76 100m: 1:18.78	200m: 2:48.50	400m: 5:44.25							
9.	Carolina Felicidade Batista	99	Scalabisport					5:51.10	299	
	50m: 38.45 100m: 1:21.07	200m: 2:49.51	400m: 5:51.10							
10.	Ines Sousa Luis	99	Torres Novas					5:53.36	293	
	50m: 39.01 100m: 1:24.24	200m: 2:55.29	400m: 5:53.36							
11.	Patricia Silva Conceicao	99	Nautico Abrantes					5:53.48	293	
	50m: 39.06 100m: 1:24.20	200m: 2:54.80	400m: 5:53.48							
12.	Beatriz Isabel Nunes	99	BUZIOS-Coruche					6:12.91	250	
	<i>FTL</i>									
	50m: 41.48 100m: 1:27.04	200m: 3:03.16	400m: 6:12.91							

INF-B

1.	Barbara Guerra Pisco	00	20Km de Almeirim					5:23.50	382
	50m: 37.45 100m: 1:18.09	200m: 2:40.87	400m: 5:23.50						
2.	Ana Catarina Santos	00	Uniao Samorense					5:30.20	360
	50m: 37.58 100m: 1:19.45	200m: 2:43.33	400m: 5:30.20						
3.	Patricia Palmeiro Baeta	00	Rio Maior					5:34.27	347
	50m: 36.64 100m: 1:18.60	200m: 2:43.66	400m: 5:34.27						
4.	Maria Beatriz Lopes	00	Rio Maior					5:35.23	344
	50m: 38.07 100m: 1:20.41	200m: 2:46.76	400m: 5:35.23						
5.	Mariana Nunes Domingos	00	Scalabisport					6:03.86	269
	50m: 39.12 100m: 1:22.23	200m: 2:55.37	400m: 6:03.86						
6.	Carolina Sofia Eusebio	00	BUZIOS-Coruche					6:06.20	264
	50m: 39.57 100m: 1:25.02	200m: 2:58.80	400m: 6:06.20						
7.	Ines Barata Domingos	00	Nucleo Sportinguista Golega					6:07.08	262
	50m: 39.08 100m: 1:25.84	200m: 2:59.87	400m: 6:07.08						
8.	Maria Pinto Goncalves	00	Salvaterra de Magos					6:15.56	244
	50m: 42.38 100m: 1:29.88	200m: 3:04.91	400m: 6:15.56						
9.	Ana Catarina Nunes	00	Litoral Alentejano					7:01.74	172
	<i>FTL</i>								
	50m: 43.70 100m: 1:35.64	200m: 3:25.33	400m: 7:01.74						

Prova 21
04-03-2012

Masc., 200m Bruços

13 anos e mais velhos
Resultados

JUN/SEN - MASC 17 +: 3:15.00 / Time standard 1 13: 3:40.50; 14: 3:33.00; 15: 3:23.00; 16: 3:14.50

Pontos: FINA 2011

Lugar					Ano				Tempo final	Pts
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CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 21, Masc., 200m Bruços

ABS

1.	Hugo Miguel Nunes	90	Natacao do Tejo	2:30.74	512
	50m: 33.87 100m: 1:12.32 200m: 2:30.74				
2.	Duarte Rosa Cameirao	94	Rio Maior	2:32.50	495
	<i>Recorde distrital JUN (T.A.: 02.33.06)</i> 50m: 35.42 100m: 1:14.26 200m: 2:32.50				
3.	Rodrigo Marques Costa	76	Litoral Alentejano	2:35.03	471
	50m: 34.90 100m: 1:13.82 200m: 2:35.03				
4.	Joao Diogo Lucas	95	Salvaterra de Magos	2:49.13	363
	50m: 37.89 100m: 1:21.00 200m: 2:49.13				
5.	Nuno Miguel Afonso	91	Natacao do Tejo	2:55.44	325
	50m: 38.62 100m: 1:23.56 200m: 2:55.44				
6.	Tiago Andre Matos	95	Natacao do Tejo	3:00.46	298
	50m: 39.55 100m: 1:26.04 200m: 3:00.46				

DSQ Rui Jorge Brito 94 Litoral Alentejano
Após a partida o atleta efectuou duas braçadas subaquáticas.

JUV-A

1.	Guilherme Antonio Reis	96	Torres Novas	2:43.12	404
	50m: 35.84 100m: 1:16.75 200m: 2:43.12				

JUV-B

1.	Artur Rafael Saramago	97	BUZIOS-Coruche	2:48.58	366
	50m: 38.19 100m: 1:20.31 200m: 2:48.58				
2.	Martim Basilio Gil	97	CLAC-Entroncamento	3:00.10	300
	50m: 39.47 100m: 1:24.54 200m: 3:00.10				
3.	Joao Mauricio Gaspar	97	Nautico Abrantes	3:01.73	292
	50m: 41.09 100m: 1:27.40 200m: 3:01.73				
4.	Tomas Leal Brito	97	CLAC-Entroncamento	3:15.85	233
	50m: 42.92 100m: 1:33.00 200m: 3:15.85				
5.	Marco Carreira	97	Juventude Ouriense	3:18.48	224
	50m: 43.15 100m: 1:33.00 200m: 3:18.48				

INF-A

1.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	3:07.07	268
	50m: 41.24 100m: 1:29.84 200m: 3:07.07				
2.	Pedro Manuel Nunes	98	CLAC-Entroncamento	3:07.60	266
	50m: 39.16 100m: 1:24.23 200m: 3:07.60				
3.	Joao Paulo Lopes	98	Torres Novas	3:12.80	245
	50m: 42.87 100m: 1:32.08 200m: 3:12.80				
4.	Afonso Nuno Martins	98	Desportivo de Benavente	3:16.56	231
	50m: 44.04 100m: 1:34.54 200m: 3:16.56				
5.	Afonso Silva Nunes	98	Nautico Abrantes	3:24.62	205
	50m: 44.80 100m: 1:37.54 200m: 3:24.62				
6.	Joao Ferreira Santos	98	Torres Novas	3:29.64	190
	50m: 47.85 100m: 1:42.53 200m: 3:29.64				

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 21, Masc., 200m Bruços

INF-B

1.	Miguel Carrico Cruz	99	Scalabisport	2:46.08	383
	<i>Recorde Distrital INF-B (T.A.: 02.49.01)</i>				
	50m: 37.22	100m: 1:19.11	200m: 2:46.08		
2.	Marco Andre Miguel	99	Torres Novas	3:15.02	236
	50m: 42.86	100m: 1:33.00	200m: 3:15.02		
3.	Francisco Oliveira Madeira	99	Goleganense	3:15.48	235
	50m: 43.74	100m: 1:33.95	200m: 3:15.48		
4.	Francisco Barroso Rodrigues	99	Uniao Samorense	3:27.04	197
	50m: 46.79	100m: 1:39.70	200m: 3:27.04		
5.	Miguel Feijao Galrinho	99	Goleganense	3:32.06	184
	50m: 48.39	100m: 1:43.96	200m: 3:32.06		
6.	Bernardo Jose Dionisio	99	Gualdim Pais	3:34.44	178
	50m: 46.25	100m: 1:41.66	200m: 3:34.44		
7.	Joao Fernando Bento	99	Uniao Samorense	3:34.62	177
	50m: 49.22	100m: 1:44.34	200m: 3:34.62		
8.	David Antonio Carvalho	99	Natacao do Tejo	3:41.48	161
	<i>FTL</i>				
	50m: 49.88	100m: 1:47.88	200m: 3:41.48		
9.	Vasco Leal Brito	99	CLAC-Entroncamento	3:42.20	160
	<i>FTL</i>				
	50m: 50.68	100m: 1:49.16	200m: 3:42.20		

Prova 22
04-03-2012

Femin., 200m Costas

12 anos e mais velhos
Resultados

JUN/SEN - FEM 15 +: 3:08.00 / Time standard 1 12: 3:27.00; 13: 3:20.50; 14: 3:10.00

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts		
ABS					
1.	Maria Clara Marques	94	Litoral Alentejano	2:43.11	399
	50m: 37.86	100m: 1:19.48	200m: 2:43.11		
2.	Ana Catarina Travessa	96	Salvaterra de Magos	2:43.82	394
	50m: 38.62	100m: 1:18.92	200m: 2:43.82		
3.	Ana Carolina Monteiro	97	BUZIOS-Coruche	2:44.73	388
	50m: 37.45	100m: 1:19.23	200m: 2:44.73		
4.	Ana Pereira Luis	97	Salvaterra de Magos	2:54.90	324
	50m: 40.50	100m: 1:25.00	200m: 2:54.90		
5.	Patricia Simoes Jorge	97	Salvaterra de Magos	2:56.06	318
	50m: 41.41	100m: 1:25.79	200m: 2:56.06		
6.	Ana Catarina Correia	97	Salvaterra de Magos	3:01.88	288
	50m: 42.56	100m: 1:28.30	200m: 3:01.88		
7.	Sofia Isabel Mendes	97	Salvaterra de Magos	3:14.27	236
	<i>FTL</i>				
	50m: 44.58	100m: 1:33.62	200m: 3:14.27		
8.	Ines Margarida Rodrigues	94	Natacao do Tejo	3:31.26	184
	<i>FTL</i>				
	50m: 50.70	100m: 1:42.88	200m: 3:31.26		

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 22, Femin., 200m Costas

JUVENIS

1.	Mariana Veloso Vitoria	98	Nautico Abrantes	2:25.27	566
	<i>Recorde Distrital JUV (T.A.: 02.29.88) e ABS (T.A.: 02.28.53)</i>				
	50m: 33.68	100m: 1:11.21	200m: 2:25.27		
2.	Maria Madalena Silva	98	Nautico Abrantes	2:35.75	459
	50m: 37.45	100m: 1:17.29	200m: 2:35.75		
3.	Daniela Sofia Serra	98	CLAC-Entroncamento	2:44.74	388
	50m: 38.27	100m: 1:20.02	200m: 2:44.74		
4.	Patricia Alexandra Jose	98	Gualdim Pais	2:53.07	334
	50m: 38.44	100m: 1:22.79	200m: 2:53.07		
5.	Maria Matilde Santana	98	Goleganense	3:06.70	266
	50m: 43.46	100m: 1:31.33	200m: 3:06.70		
6.	Mariana Sofia Guia	98	Goleganense	3:17.82	224
	<i>FTL</i>				
	50m: 46.20	100m: 1:37.60	200m: 3:17.82		

INF-A

1.	Ana Margarida Salgueiro	99	Nautico Abrantes	2:39.80	425
	50m: 38.56	100m: 1:19.10	200m: 2:39.80		
2.	Mariana Soares Martinho	99	Scalabisport	2:40.56	419
	50m: 37.76	100m: 1:18.42	200m: 2:40.56		
3.	Sarah Dias	99	Goleganense	2:45.46	383
	50m: 39.15	100m: 1:21.46	200m: 2:45.46		
4.	Carolina Leal Serra	99	Torres Novas	2:49.17	358
	50m: 38.88	100m: 1:21.44	200m: 2:49.17		
5.	Maria Beatriz Diogo	99	Nautico Abrantes	2:52.18	340
	50m: 41.83	100m: 1:26.06	200m: 2:52.18		
6.	Andreia Serra Paulo	99	Goleganense	2:55.78	319
	50m: 40.96	100m: 1:25.04	200m: 2:55.78		
7.	Ana Torres Ferreira	99	Nautico Abrantes	2:58.01	307
	50m: 41.73	100m: 1:27.30	200m: 2:58.01		
8.	Sofia Alexandra Picao	99	CLAC-Entroncamento	2:59.50	300
	50m: 42.16	100m: 1:28.06	200m: 2:59.50		
9.	Patricia Silva Conceicao	99	Nautico Abrantes	2:59.79	298
	50m: 42.09	100m: 1:28.36	200m: 2:59.79		
10.	Carolina Miguel Marques	99	Natacao do Tejo	3:02.88	283
	50m: 43.31	100m: 1:30.81	200m: 3:02.88		
11.	Rita Viana Miguel	99	CLAC-Entroncamento	3:04.05	278
	50m: 42.16	100m: 1:29.59	200m: 3:04.05		
12.	Ines Fernandes Moutinho	99	CLAC-Entroncamento	3:07.30	264
	50m: 43.84	100m: 1:31.80	200m: 3:07.30		
13.	Hatira Guseinova	99	Torres Novas	3:07.82	261
	50m: 43.45	100m: 1:31.61	200m: 3:07.82		
DSQ	Ana Carolina Morais	99	Goleganense		
	<i>Na viragem dos 75m efectuou mais do que uma braçada em posição ventral.</i>				
DSQ	Ana Raquel Silva	99	Goleganense		
	<i>A atleta na viragem dos 175 passou o ângulo de 90°.</i>				
DNS	Ines Filipa Costa	99	Goleganense		
	<i>Falta justificada.</i>				

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 22, Femin., 200m Costas

INF-B

1.	Lara Alexandra Delgado	00	Torres Novas	2:53.66	331
	50m: 38.83 100m: 1:23.26 200m: 2:53.66				
2.	Ines Isabel Graca	00	Gualdim Pais	2:54.70	325
	50m: 41.36 100m: 1:26.73 200m: 2:54.70				
3.	Catia Maria Feijao	00	Goleganense	3:00.87	293
	50m: 42.26 100m: 1:28.91 200m: 3:00.87				
4.	Ana Catarina Santos	00	Uniao Samorense	3:03.64	280
	50m: 43.48 100m: 1:32.16 200m: 3:03.64				
5.	Joana Costa Bernardino	00	CLAC-Entroncamento	3:03.72	279
	50m: 42.51 100m: 1:29.70 200m: 3:03.72				
6.	Carolina Sofia Eusebio	00	BUZIOS-Coruche	3:04.42	276
	50m: 42.74 100m: 1:30.60 200m: 3:04.42				
7.	Mafalda Alexandra Cabaca	00	Scalabisport	3:05.40	272
	50m: 45.18 100m: 1:33.59 200m: 3:05.40				
8.	Marta Isabel Silva	00	Scalabisport	3:17.86	224
	50m: 44.60 100m: 1:35.23 200m: 3:17.86				
9.	Neuza Figueiredo Pereira	00	Gualdim Pais	3:21.92	210
	50m: 45.97 100m: 1:38.55 200m: 3:21.92				
10.	Maria Pinto Goncalves	00	Salvaterra de Magos	3:23.07	207
	50m: 49.16 100m: 1:41.05 200m: 3:23.07				
11.	Barbara Sucena Riachos	00	Goleganense	3:37.66	168
	<i>FTL</i> 50m: 49.96 100m: 1:46.83 200m: 3:37.66				

Prova 23
04-03-2012

Masc., 200m Estilos

13 anos e mais velhos
Resultados

JUN/SEN - MASC 17 +: 3:00.00 / Time standard 1 13: 3:19.00; 14: 3:11.50; 15: 3:02.00; 16: 2:45.50

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts		
ABS					
1.	Duarte Rosa Cameirao	94	Rio Maior	2:23.26	453
	50m: 31.09 100m: 1:09.97 200m: 2:23.26				
2.	Diogo Miguel Balsa	95	BUZIOS-Coruche	2:23.34	452
	50m: 30.39 100m: 1:06.08 200m: 2:23.34				
3.	Jorge Miguel Telo	95	Litoral Alentejano	2:26.52	424
	50m: 30.64 100m: 1:07.41 200m: 2:26.52				
4.	Ruben Miguel Matos	91	Natacao do Tejo	2:31.04	387
	50m: 30.14 100m: 1:07.84 200m: 2:31.04				
5.	Ricardo Daniel Lucas	94	Scalabisport	2:32.18	378
	50m: 30.56 100m: 1:10.93 200m: 2:32.18				
6.	Rui Jorge Brito	94	Litoral Alentejano	2:33.68	367
	50m: 32.57 100m: 1:12.66 200m: 2:33.68				
7.	Nuno Miguel Afonso	91	Natacao do Tejo	2:37.38	342
	50m: 31.65 100m: 1:14.38 200m: 2:37.38				
8.	Joao Pereira Luis	94	Salvaterra de Magos	2:40.60	322
	50m: 32.86 100m: 1:13.28 200m: 2:40.60				
9.	Rui Miguel Ribeiro	95	Cartaxo	2:43.92	302
	50m: 34.16 100m: 1:18.29 200m: 2:43.92				

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2 - 4-3-2012

Prova 23, Masc., 200m Estilos, ABS

Lugar	Ano	Tempo final	Pts
10. Mario Jorge Santos 50m: 34.53 100m: 1:15.38 200m: 2:46.40	95 Gualdim Pais	2:46.40	289
11. Tiago Emanuel Pires 50m: 36.06 100m: 1:19.60 200m: 2:47.58	94 Natacao do Tejo	2:47.58	283
12. Tiago Andre Matos 50m: 36.34 100m: 1:21.63 200m: 2:48.00	95 Natacao do Tejo	2:48.00	281

JUV-A

1. Diogo Serrao Santos 50m: 30.00 100m: 1:06.51 200m: 2:20.48	96 Scalabisport	2:20.48	481
2. Pedro Miguel Henriques 50m: 30.72 100m: 1:10.32 200m: 2:31.75	96 Cartaxo	2:31.75	381
3. Guilherme Antonio Reis 50m: 34.43 100m: 1:17.32 200m: 2:33.79	96 Torres Novas	2:33.79	366
4. Dmytro Orlovskyy 50m: 31.32 100m: 1:11.53 200m: 2:38.41	96 Juventude Ouriense	2:38.41	335
5. Andre Pombo Dias 50m: 31.42 100m: 1:13.76 200m: 2:38.76	96 Natacao do Tejo	2:38.76	333
6. Jose Carlos Rebelo <i>FTL</i> 50m: 33.56 100m: 1:17.48 200m: 2:50.79	96 CLAC-Entroncamento	2:50.79	267

JUV-B

1. Jose Eduardo Felicio 50m: 31.04 100m: 1:07.23 200m: 2:23.39	97 Rio Maior	2:23.39	452
2. Afonso Filipe Gaspar 50m: 33.48 100m: 1:13.78 200m: 2:35.83	97 Nautico Abrantes	2:35.83	352
3. Gil Vasco Goncalves 50m: 30.99 100m: 1:13.96 200m: 2:36.87	97 Litoral Alentejano	2:36.87	345
4. Artur Rafael Saramago 50m: 33.92 100m: 1:15.98 200m: 2:38.20	97 BUZIOS-Coruche	2:38.20	336
5. Martim Basilio Gil 50m: 33.46 100m: 1:17.66 200m: 2:46.52	97 CLAC-Entroncamento	2:46.52	288
6. Marco Carreira <i>FTL</i> 50m: 39.06 100m: 1:28.96 200m: 3:04.86	97 Juventude Ouriense	3:04.86	211

INF-A

1. Frederico Sucena Riachos 50m: 35.34 100m: 1:14.51 200m: 2:37.43	98 Nucleo Sportinguista Golega	2:37.43	341
2. Francisco Alexandre Pereira 50m: 35.32 100m: 1:16.85 200m: 2:43.46	98 Natacao do Tejo	2:43.46	305
3. Joao Paulo Lopes 50m: 34.39 100m: 1:16.94 200m: 2:44.61	98 Torres Novas	2:44.61	299
4. Joao Pedro Marquez 50m: 38.54 100m: 1:20.32 200m: 2:46.36	98 Uniao Samorense	2:46.36	289
5. Pedro Manuel Nunes 50m: 38.00 100m: 1:23.39 200m: 2:46.48	98 CLAC-Entroncamento	2:46.48	289

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 23, Masc., 200m Estilos, INF-A

Lugar	Ano	Tempo final	Pts
6. Telmo Pedrosa Rocha 50m: 36.52 100m: 1:20.79 200m: 2:48.36	98 Uniao Samoreense	2:48.36	279
7. Sergio Alexandre Batalha 50m: 36.62 100m: 1:23.76 200m: 2:53.93	98 Uniao Samoreense	2:53.93	253
8. Joao Neves Coelho 50m: 38.70 100m: 1:23.13 200m: 2:56.44	98 BUZIOS-Coruche	2:56.44	242
9. Miguel Jorge Nunes 50m: 39.11 100m: 1:26.29 200m: 3:02.82	98 Uniao Samoreense	3:02.82	218
10. Daniel Sendrea 50m: 40.23 100m: 1:28.67 200m: 3:03.34	98 Uniao Samoreense	3:03.34	216

INF-B

1. Afonso Guilherme Rosa 50m: 24.08 100m: 1:14.97 200m: 2:36.91	99 Gualdim Pais	2:36.91	345
2. Tiago Filipe Campos 50m: 34.35 100m: 1:15.34 200m: 2:37.61	99 Scalabisport	2:37.61	340
3. Jose Henriques Luz 50m: 35.11 100m: 1:16.05 200m: 2:41.68	99 Goleganense	2:41.68	315
4. Marco Andre Miguel 50m: 35.07 100m: 1:17.41 200m: 2:44.42	99 Torres Novas	2:44.42	300
5. Hugo Filipe Correia 50m: 36.27 100m: 1:21.91 200m: 2:50.94	99 Litoral Alentejano	2:50.94	267
6. Goncalo Faria Saldida 50m: 41.11 100m: 1:25.91 200m: 2:53.52	99 Gualdim Pais	2:53.52	255
7. Nelson Pereira Malheiros 50m: 42.80 100m: 1:27.70 200m: 2:56.54	99 Litoral Alentejano	2:56.54	242
8. Francisco Oliveira Madeira 50m: 38.42 100m: 1:25.06 200m: 2:57.63	99 Goleganense	2:57.63	237
9. Vasco Leal Brito 50m: 43.26 100m: 1:33.82 200m: 3:13.50	99 CLAC-Entroncamento	3:13.50	184
10. Miguel Feijao Galrinho 50m: 45.06 100m: 1:35.28 200m: 3:14.93	99 Goleganense	3:14.93	180
11. Tomas Jose Agostinho <i>FTL</i> 50m: 45.92 100m: 1:35.54 200m: 3:19.26	99 BUZIOS-Coruche	3:19.26	168
12. Joao Fernando Bento <i>FTL</i> 50m: 48.41 100m: 1:42.84 200m: 3:22.93	99 Uniao Samoreense	3:22.93	159

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

5 - 5ª SESSÃO

04-03-2012 - 15:30

Prova 24
04-03-2012

Femin., 200m Livres

12 anos e mais velhos
Resultados

JUN/SEN - FEM 15 +: 2:52.00 / Time standard 1 12: 3:07.90; 13: 2:59.00; 14: 2:46.00

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1. Ana Filipa Sousa 50m: 31.90 100m: 1:07.33	96 Nucleo Sportinguista Golega 200m: 2:18.11	2:18.11	521
2. Maria Clara Marques 50m: 32.39 100m: 1:08.17	94 Litoral Alentejano 200m: 2:20.86	2:20.86	491
3. Ana Carolina Monteiro 50m: 31.75 100m: 1:07.53	97 BUZIOS-Coruche 200m: 2:21.36	2:21.36	486
4. Ana Carolina Gomes 50m: 33.29 100m: 1:09.06	97 Cartaxo 200m: 2:22.02	2:22.02	479
5. Vanessa Braga Salvador 50m: 33.50 100m: 1:09.46	91 Uniao Samorense 200m: 2:22.34	2:22.34	476
6. Ana Claudia Santo 50m: 32.97 100m: 1:09.93	97 Cartaxo 200m: 2:28.41	2:28.41	420
7. Bruna Alexandra Martins 50m: 35.38 100m: 1:13.44	94 Uniao Samorense 200m: 2:28.97	2:28.97	415
8. Ana Carolina Alarico 50m: 33.63 100m: 1:11.87	94 Nucleo Sportinguista Golega 200m: 2:31.08	2:31.08	398
9. Ana Pereira Luis 50m: 35.94 100m: 1:14.94	97 Salvaterra de Magos 200m: 2:36.00	2:36.00	361
10. Patricia Simoes Jorge 50m: 36.76 100m: 1:17.32	97 Salvaterra de Magos 200m: 2:36.38	2:36.38	359
11. Tatiana Lima Silva 50m: 34.48 200m: 2:38.11	96 Natacao do Tejo	2:38.11	347
12. Mariana Jose Guerreiro 50m: 36.06 100m: 1:15.65	97 Litoral Alentejano 200m: 2:39.97	2:39.97	335
13. Ana Teresa Nunes 50m: 35.91 100m: 1:15.66	88 Natacao do Tejo 200m: 2:40.41	2:40.41	332
14. Ana Catarina Correia 50m: 37.75 100m: 1:20.02	97 Salvaterra de Magos 200m: 2:48.22	2:48.22	288
15. Sofia Isabel Mendes <i>FTL</i> 50m: 39.64 100m: 1:24.76	97 Salvaterra de Magos 200m: 2:58.20	2:58.20	242
DNS Ines Sofia Borba	97 Litoral Alentejano		
DNS Marta Filipa Vinagre	95 Scalabisport		

JUVENIS

1. Mariana Veloso Vitoria 50m: 31.17 100m: 1:05.28	98 Nautico Abrantes 200m: 2:12.76	2:12.76	587
2. Clarisse Matos Lopes 50m: 32.29 100m: 1:06.70	98 Scalabisport 200m: 2:18.13	2:18.13	521
3. Raquel Sofia Jorge 50m: 34.40 100m: 1:12.18	98 Salvaterra de Magos 200m: 2:29.86	2:29.86	408
4. Rute Isabel Leonardo 50m: 35.08 100m: 1:12.73	98 Nautico Abrantes 200m: 2:30.22	2:30.22	405

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 24, Femin., 200m Livres, JUVENIS

Lugar	Ano	Tempo final	Pts
5. Patricia Alexandra Jose 50m: 34.68 100m: 1:12.85 200m: 2:36.13	98 Gualdim Pais	2:36.13	360
6. Catarina Goncalves Trezentos 50m: 35.63 100m: 1:16.54 200m: 2:36.30	98 Gualdim Pais	2:36.30	359
7. Raquel Anastacio Cruz 50m: 36.10 100m: 1:16.39 200m: 2:38.16	98 Torres Novas	2:38.16	347
8. Ana Filipa Parente 50m: 35.51 100m: 1:17.41 200m: 2:40.61	98 Gualdim Pais	2:40.61	331
9. Maria Matilde Santana <i>FTL</i> 50m: 37.02 100m: 1:20.11 200m: 2:46.24	98 Goleganense	2:46.24	299

INF-A

1. Mariana Soares Martinho 50m: 33.42 100m: 1:09.79 200m: 2:22.11	99 Scalabisport	2:22.11	478
2. Maria Beatriz Dias 50m: 33.62 100m: 1:10.50 200m: 2:23.47	99 Scalabisport	2:23.47	465
3. Ana Margarida Salgueiro 50m: 33.40 100m: 1:09.89 200m: 2:23.56	99 Nautico Abrantes	2:23.56	464
4. Sarah Dias 50m: 33.29 100m: 1:10.31 200m: 2:24.93	99 Goleganense	2:24.93	451
5. Carolina Leal Serra 50m: 35.45 100m: 1:13.46 200m: 2:29.70	99 Torres Novas	2:29.70	409
6. Joana Sofia Amado 50m: 36.54 100m: 1:16.63 200m: 2:35.59	99 Cartaxo	2:35.59	364
7. Maria Beatriz Diogo 50m: 36.89 100m: 1:17.94 200m: 2:38.76	99 Nautico Abrantes	2:38.76	343
8. Andreia Serra Paulo 50m: 36.00 100m: 1:17.15 200m: 2:38.93	99 Goleganense	2:38.93	342
9. Mariana Narciso Fidalgo 50m: 37.80 100m: 1:18.41 200m: 2:40.29	99 20Km de Almeirim	2:40.29	333
10. Iris Maria Rola 50m: 35.16 100m: 1:16.51 200m: 2:40.42	99 Litoral Alentejano	2:40.42	332
11. Ana Torres Ferreira 50m: 36.13 100m: 1:17.26 200m: 2:40.48	99 Nautico Abrantes	2:40.48	332
12. Hatira Guseinova 50m: 37.02 100m: 1:18.02 200m: 2:40.95	99 Torres Novas	2:40.95	329
13. Ines Sousa Luis 50m: 37.04 100m: 1:18.21 200m: 2:42.46	99 Torres Novas	2:42.46	320
14. Patricia Silva Conceicao 50m: 38.34 100m: 1:22.00 200m: 2:47.92	99 Nautico Abrantes	2:47.92	290
15. Ana Raquel Silva 50m: 39.66 100m: 1:22.07 200m: 2:48.83	99 Goleganense	2:48.83	285
DNS Ines Filipa Costa <i>Falta justificada.</i>	99 Goleganense		

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 24, Femin., 200m Livres

INF-B

1.	Ana Oliveira Ferreira	00	20Km de Almeirim	2:34.58	371
	50m: 35.28 100m: 1:14.91 200m: 2:34.58				
2.	Barbara Guerra Pisco	00	20Km de Almeirim	2:37.06	354
	50m: 35.91 100m: 1:15.78 200m: 2:37.06				
3.	Maria Beatriz Lopes	00	Rio Maior	2:38.48	345
	50m: 38.26 100m: 1:18.21 200m: 2:38.48				
4.	Patricia Palmeiro Baeta	00	Rio Maior	2:38.51	344
	50m: 35.84 100m: 1:16.50 200m: 2:38.51				
5.	Lara Alexandra Delgado	00	Torres Novas	2:40.25	333
	50m: 38.19 100m: 1:19.44 200m: 2:40.25				
6.	Ana Catarina Santos	00	Uniao Samorense	2:41.86	323
	50m: 36.86 100m: 1:18.14 200m: 2:41.86				
7.	Catia Maria Feijao	00	Goleganense	2:42.29	321
	50m: 35.73 100m: 1:16.57 200m: 2:42.29				
8.	Mafalda Alexandra Cabaca	00	Scalabisport	2:43.38	315
	50m: 37.15 100m: 1:18.32 200m: 2:43.38				
9.	Ines Isabel Graca	00	Gualdim Pais	2:45.71	301
	50m: 38.09 100m: 1:21.66 200m: 2:45.71				
10.	Carolina Sofia Eusebio	00	BUZIOS-Coruche	2:51.26	273
	100m: 1:21.24 200m: 2:51.26				
11.	Ines Barata Domingos	00	Nucleo Sportinguista Golega	2:51.34	273
	50m: 38.28 100m: 1:23.72 200m: 2:51.34				
12.	Marta Isabel Silva	00	Scalabisport	2:53.96	260
	50m: 39.93 100m: 1:24.28 200m: 2:53.96				
13.	Barbara Sucena Riachos	00	Goleganense	3:02.48	226
	50m: 39.63 100m: 1:26.06 200m: 3:02.48				
14.	Beatriz Sofia Matilde	00	BUZIOS-Coruche	3:10.72	198
	<i>FTL</i> 50m: 40.53 100m: 1:30.18 200m: 3:10.72				
15.	Barbara Sofia Claro	00	BUZIOS-Coruche	3:14.04	188
	<i>FTL</i> 50m: 42.38 100m: 1:31.85 200m: 3:14.04				
16.	Ana Catarina Nunes	00	Litoral Alentejano	3:21.06	169
	<i>FTL</i> 50m: 44.98 100m: 1:37.01 200m: 3:21.06				
DNS	Mariana Lopes Mendonça	00	BUZIOS-Coruche		

Prova 25
04-03-2012

Masc., 100m Livres

13 anos e mais velhos
Resultados

JUN/SEN - MASC 17 +: 1:10.00 / Time standard 1 13: 1:20.00; 14: 1:15.50; 15: 1:10.00; 16: 1:08.00

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
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CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 25, Masc., 100m Livres

ABS

1.	Ivo Andre Lopes	94	Scalabisport	54.04	575
	50m: 26.09 100m: 54.04				
2.	Vladyslav Stasyuk	94	Cartaxo	55.61	527
	50m: 26.90 100m: 55.61				
3.	Jorge Miguel Telo	95	Litoral Alentejano	57.97	465
	50m: 27.80 100m: 57.97				
4.	Eduardo Terekhin Baptista	94	Desportivo de Benavente	58.80	446
	50m: 27.36 100m: 58.80				
5.	Mario Pinto Amorim	94	BUZIOS-Coruche	58.89	444
	50m: 28.48 100m: 58.89				
6.	Rui Jorge Brito	94	Litoral Alentejano	1:00.08	418
	50m: 29.08 100m: 1:00.08				
7.	Nuno Miguel Afonso	91	Natacao do Tejo	1:00.44	411
	50m: 28.59 100m: 1:00.44				
8.	Joao Luis Baeta	94	Scalabisport	1:00.87	402
	50m: 28.82 100m: 1:00.87				
9.	Nuno Ricardo Nogueira	94	Nucleo Sportinguista Golega	1:00.98	400
	50m: 29.24 100m: 1:00.98				
10.	Duarte Rosa Cameirao	94	Rio Maior	1:01.32	393
	50m: 29.94 100m: 1:01.32				
11.	Rui Miguel Ribeiro	95	Cartaxo	1:01.92	382
	50m: 29.57 100m: 1:01.92				
12.	Bernardo Jose Campino	95	Cartaxo	1:02.95	363
	50m: 29.56 100m: 1:02.95				
13.	Tiago Emanuel Pires	94	Natacao do Tejo	1:03.51	354
	50m: 30.42 100m: 1:03.51				
14.	Tiago Andre Matos	95	Natacao do Tejo	1:03.82	349
	50m: 30.82 100m: 1:03.82				
15.	Joao Diogo Lucas	95	Salvaterra de Magos	1:04.04	345
	50m: 30.78 100m: 1:04.04				
16.	Rafael Dorés Martins	94	Natacao do Tejo	1:07.70	292
	50m: 31.67 100m: 1:07.70				
17.	Afonso Sergio Goncalves	94	Scalabisport	1:08.09	287
	50m: 32.87 100m: 1:08.09				
DSQ	Rudi Micael Sacramento - <i>Falsa partida – SW 4.4</i>	92	Litoral Alentejano		
DSQ	Joao Pereira Luis - <i>Falsa partida – SW 4.4</i>	94	Salvaterra de Magos		
DNS	Diogo Miguel Balsa	95	BUZIOS-Coruche		

JUV-A

1.	Diogo Serrao Santos	96	Scalabisport	55.10	542
	50m: 26.66 100m: 55.10				
2.	Pedro Miguel Henriques	96	Cartaxo	1:00.13	417
	50m: 28.93 100m: 1:00.13				
3.	Joao Pedro Alves	96	Natacao do Tejo	1:01.27	394
	50m: 28.34 100m: 1:01.27				

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 25, Masc., 100m Livres, JUV-A

Lugar	Ano	Tempo final	Pts
4. Fernando Miguel Rodrigues 50m: 29.18 100m: 1:01.36	96 Cartaxo	1:01.36	392
5. Guilherme Antonio Reis 50m: 29.42 100m: 1:01.41	96 Torres Novas	1:01.41	391
6. Dmytro Orlovskyy 50m: 29.95 100m: 1:03.45	96 Juventude Ouriense	1:03.45	355
7. Jose Carlos Rebelo 50m: 29.68 100m: 1:03.52	96 CLAC-Entroncamento	1:03.52	354
8. Pedro Miguel Primo 50m: 30.11 100m: 1:04.43	96 CLAC-Entroncamento	1:04.43	339
DNS Joao Garcia Moura	96 Natacao do Tejo		

JUV-B

1. Joao Mauricio Gaspar 50m: 29.36 100m: 1:00.96	97 Nautico Abrantes	1:00.96	400
2. Afonso Filipe Gaspar 50m: 30.12 100m: 1:02.46	97 Nautico Abrantes	1:02.46	372
3. Martim Basilio Gil 50m: 30.24 100m: 1:03.26	97 CLAC-Entroncamento	1:03.26	358
4. Gil Vasco Goncalves 50m: 30.23 100m: 1:03.36	97 Litoral Alentejano	1:03.36	356
5. Artur Rafael Saramago 50m: 30.94 100m: 1:03.87	97 BUZIOS-Coruche	1:03.87	348
6. Tomas Leal Brito 50m: 32.00 100m: 1:08.89	97 CLAC-Entroncamento	1:08.89	277
7. Hugo Ferraz Sousa 50m: 32.39 100m: 1:09.72	97 Cartaxo	1:09.72	267
8. Miguel Rodrigues Silva <i>FTL</i> 50m: 33.80 100m: 1:10.02	97 Nautico Abrantes	1:10.02	264
9. Telmo Joao Faria <i>FTL</i> 50m: 33.41 100m: 1:11.66	97 Natacao do Tejo	1:11.66	246
10. Marco Carreira <i>FTL</i> 50m: 33.75 100m: 1:12.12	97 Juventude Ouriense	1:12.12	241

INF-A

1. Frederico Sucena Riachos 50m: 28.32 100m: 58.92	98 Nucleo Sportinguista Golega	58.92	443
2. Telmo Pedrosa Rocha 50m: 31.01 100m: 1:03.84	98 Uniao Samorense	1:03.84	348
3. Joao Pedro Marquez 50m: 31.20 100m: 1:04.85	98 Uniao Samorense	1:04.85	332
4. Sergio Alexandre Batalha 50m: 31.16 100m: 1:05.72	98 Uniao Samorense	1:05.72	319
5. Duarte Miguel Campino 50m: 31.16 100m: 1:05.82	98 Cartaxo	1:05.82	318

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 25, Masc., 100m Livres, INF-A

Lugar	Ano	Tempo final	Pts
6. Miguel Jorge Nunes 50m: 31.29 100m: 1:06.32	98 Uniao Samoreense	1:06.32	311
7. Dario Fausto Matias 50m: 31.54 100m: 1:06.44	98 Torres Novas	1:06.44	309
8. Mario Ricardo Carvalho 50m: 32.20 100m: 1:06.96	98 Desportivo de Benavente	1:06.96	302
9. Daniel Sendrea 50m: 32.48 100m: 1:07.39	98 Uniao Samoreense	1:07.39	296
10. Joao Neves Coelho 50m: 32.36 100m: 1:08.82	98 BUZIOS-Coruche	1:08.82	278
11. Pedro Manuel Nunes 50m: 32.90 100m: 1:09.56	98 CLAC-Entroncamento	1:09.56	269
12. Afonso Nuno Martins 50m: 33.92 100m: 1:10.22	98 Desportivo de Benavente	1:10.22	262
13. Joao Paulo Lopes 50m: 34.13 100m: 1:11.95	98 Torres Novas	1:11.95	243
14. Afonso Silva Nunes 50m: 34.82 100m: 1:12.82	98 Nautico Abrantes	1:12.82	235
DNS Ricardo Manuel Lopes	98 Torres Novas		

INF-B

1. Miguel Carrico Cruz 50m: 29.16 100m: 1:01.02	99 Scalabisport	1:01.02	399
2. Afonso Guilherme Rosa 50m: 30.14 100m: 1:04.16	99 Gualdim Pais	1:04.16	343
3. Marco Andre Miguel 50m: 31.48 100m: 1:05.57	99 Torres Novas	1:05.57	321
4. Hugo Filipe Correia 50m: 32.22 100m: 1:06.88	99 Litoral Alentejano	1:06.88	303
5. Manuel Schonenberger Braz 50m: 32.84 100m: 1:10.57	99 Scalabisport	1:10.57	258
6. Joao Tiago Almeida 50m: 33.52 100m: 1:10.74	99 Scalabisport	1:10.74	256
7. Nelson Pereira Malheiros 50m: 34.76 100m: 1:11.70	99 Litoral Alentejano	1:11.70	246
8. Goncalo Faria Saldida 50m: 34.76 100m: 1:13.81	99 Gualdim Pais	1:13.81	225
9. Rodrigo Pereira Damasio 50m: 35.10 100m: 1:13.88	99 Salvaterra de Magos	1:13.88	225
10. Bernardo Jose Dionisio 50m: 35.66 100m: 1:14.00	99 Gualdim Pais	1:14.00	223
11. Francisco Oliveira Madeira 50m: 35.41 100m: 1:14.70	99 Goleganense	1:14.70	217
12. Joao Fernando Bento 50m: 36.16 100m: 1:16.92	99 Uniao Samoreense	1:16.92	199
13. Tomas Jose Agostinho 50m: 35.50 100m: 1:18.53	99 BUZIOS-Coruche	1:18.53	187
14. David Antonio Carvalho 50m: 35.92 100m: 1:18.73	99 Natacao do Tejo	1:18.73	185

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 25, Masc., 100m Livres, INF-B

Lugar	Ano	Tempo final	Pts
15. Francisco Barroso Rodrigues <i>FTL</i> 50m: 38.50 100m: 1:20.07	99 Uniao Samorense	1:20.07	176
16. Vasco Leal Brito <i>FTL</i> 50m: 37.83 100m: 1:20.58	99 CLAC-Entroncamento	1:20.58	173
17. Miguel Feijao Galrinho <i>FTL</i> 50m: 40.56 100m: 1:23.97	99 Goleganense	1:23.97	153

Prova 26
04-03-2012

Femin., 100m Bruços

12 anos e mais velhos
Resultados

JUN/SEN - FEM 15 +: 1:44.00 / Time standard 1 12: 1:51.40; 13: 1:49.00; 14: 1:40.00

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1. Ines Simoes Rodrigues 50m: 37.26 100m: 1:18.84	96 Scalabisport	1:18.84	502
2. Ana Catarina Serra 50m: 37.52 100m: 1:18.96	95 Natacao do Tejo	1:18.96	500
3. Debora Goncalves Patrocinio 50m: 38.16 100m: 1:22.00	97 Litoral Alentejano	1:22.00	447
4. Sara Margarida Bento 50m: 39.54 100m: 1:24.74	94 Scalabisport	1:24.74	405
5. Filipa Robert Rente 50m: 39.69 100m: 1:26.80	96 Gualdim Pais	1:26.80	376
6. Ana Carolina Alarico 50m: 40.86 100m: 1:26.84	94 Nucleo Sportinguista Golega	1:26.84	376
7. Julia Matos Lopes 50m: 41.92 100m: 1:27.76	94 Scalabisport	1:27.76	364
Ana Catarina Travessa 50m: 41.48 100m: 1:27.76	96 Salvaterra de Magos	1:27.76	364
9. Mariana David Caeiro 50m: 43.39 100m: 1:32.38	96 Salvaterra de Magos	1:32.38	312
10. Ana Pereira Luis 50m: 44.07 100m: 1:33.76	97 Salvaterra de Magos	1:33.76	299
11. Andreia Alexandra Martins 50m: 44.88 100m: 1:34.40	97 Uniao Samorense	1:34.40	293
12. Mariana Jose Guerreiro 50m: 46.16 100m: 1:39.15	97 Litoral Alentejano	1:39.15	252
13. Ines Margarida Rodrigues <i>FTL</i> 50m: 49.94 100m: 1:46.84	94 Natacao do Tejo	1:46.84	202
DNS Sofia Leonor Costa	96 Individual Santarem		

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 26, Femin., 100m Bruços

JUVENIS

1.	Maria Madalena Silva	98	Nautico Abrantes	1:22.74	435
	50m: 39.24 100m: 1:22.74				
2.	Rute Isabel Leonardo	98	Nautico Abrantes	1:23.95	416
	50m: 39.39 100m: 1:23.95				
3.	Catarina Goncalves Trezentos	98	Gualdim Pais	1:27.95	362
	50m: 41.86 100m: 1:27.95				
4.	Raquel Sofia Jorge	98	Salvaterra de Magos	1:28.54	355
	50m: 42.65 100m: 1:28.54				
5.	Raquel Anastacio Cruz	98	Torres Novas	1:34.74	289
	50m: 45.41 100m: 1:34.74				
6.	Maria Matilde Santana	98	Goleganense	1:43.91	219
	<i>FTL</i>				
	50m: 48.88 100m: 1:43.91				

INF-A

1.	Ana Margarida Salgueiro	99	Nautico Abrantes	1:23.68	420
	50m: 39.62 100m: 1:23.68				
2.	Maria Beatriz Diogo	99	Nautico Abrantes	1:27.40	369
	50m: 41.84 100m: 1:27.40				
3.	Sofia Alexandra Picao	99	CLAC-Entroncamento	1:27.98	361
	50m: 41.41 100m: 1:27.98				
4.	Carolina Felicidade Batista	99	Scalabisport	1:34.88	288
	50m: 44.41 100m: 1:34.88				
5.	Beatriz Isabel Nunes	99	BUZIOS-Coruche	1:37.15	268
	50m: 46.51 100m: 1:37.15				
6.	Ines Fernandes Moutinho	99	CLAC-Entroncamento	1:37.26	267
	50m: 46.83 100m: 1:37.26				
7.	Carolina Leal Serra	99	Torres Novas	1:37.61	265
	50m: 46.95 100m: 1:37.61				
8.	Ana Torres Ferreira	99	Nautico Abrantes	1:37.69	264
	50m: 46.94 100m: 1:37.69				
9.	Carolina Miguel Marques	99	Natacao do Tejo	1:42.23	230
	50m: 49.53 100m: 1:42.23				
DSQ	Ana Carolina Morais	99	Goleganense		
	<i>A atleta efectuou tocou apenas com uma mão na parede na viragem dos 25m.</i>				

INF-B

1.	Catia Maria Feijao	00	Goleganense	1:35.22	285
	50m: 45.45 100m: 1:35.22				
2.	Mariana Nunes Domingos	00	Scalabisport	1:38.95	254
	50m: 47.81 100m: 1:38.95				
3.	Beatriz Sofia Matilde	00	BUZIOS-Coruche	1:40.10	245
	50m: 47.29 100m: 1:40.10				
4.	Barbara Sofia Claro	00	BUZIOS-Coruche	1:40.31	244
	50m: 45.34 100m: 1:40.31				
5.	Joana Costa Bernardino	00	CLAC-Entroncamento	1:45.34	210
	50m: 48.34 100m: 1:45.34				

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 26, Femin., 100m Bruços, INF-B

Lugar	Ano	Tempo final	Pts
DSQ Barbara Sucena Riachos <i>A atleta efectuou vários ciclos braçada-pernada no percurso subaquático.</i>	00 Goleganense		
DNS Mariana Lopes Mendonça	00 BUZIOS-Coruche		

Prova 27
04-03-2012

Masc., 200m Mariposa

13 anos e mais velhos
Resultados

JUN/SEN - MASC 17 +: 3:10.00 / Time standard 1 13: 3:54.50; 14: 3:35.00; 15: 3:25.50; 16: 3:12.50

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1. Andre Filipe Mendes 50m: 28.16 100m: 1:02.29 200m: 2:15.41	92 Nautico Abrantes	2:15.41	523
2. Hugo Miguel Nunes 50m: 30.64 100m: 1:06.10 200m: 2:17.76	90 Natacao do Tejo	2:17.76	496
3. Ricardo Daniel Lucas 50m: 31.48 100m: 1:06.88 200m: 2:20.72	94 Scalabisport	2:20.72	466
4. Ruben Miguel Matos 50m: 32.89 100m: 1:10.65 200m: 2:30.52	91 Natacao do Tejo	2:30.52	380
5. Mario Jorge Nunes 50m: 32.95 100m: 1:13.26 200m: 2:34.13	92 Natacao do Tejo	2:34.13	354
6. Mario Jorge Santos 50m: 38.26 100m: 1:23.11 200m: 2:53.52	95 Gualdim Pais	2:53.52	248
7. Joao Pereira Luis 50m: 37.33 100m: 1:22.33 200m: 2:59.81	94 Salvaterra de Magos	2:59.81	223
8. Joao Diogo Lucas 50m: 38.01 100m: 1:24.41 200m: 3:02.84	95 Salvaterra de Magos	3:02.84	212
DSQ Rodrigo Marques Costa <i>- Batimentos de pernas alternados no percurso de mariposa</i>	76 Litoral Alentejano		

JUV-A

1. Pedro Miguel Henriques 50m: 32.31 100m: 1:10.69 200m: 2:34.04	96 Cartaxo	2:34.04	355
2. Joao Pedro Alves 50m: 34.17 100m: 1:13.73 200m: 2:38.54	96 Natacao do Tejo	2:38.54	325
3. Dmytro Orlovskyy 50m: 38.59 100m: 1:25.27 200m: 3:09.24	96 Juventude Ouriense	3:09.24	191
DSQ Pedro Miguel Primo <i>O atleta efectuou toque não simultâneo na viragem dos 100m.</i>	96 CLAC-Entroncamento		

JUV-B

1. Afonso Filipe Gaspar 50m: 35.09 100m: 1:15.78 200m: 2:38.91	97 Nautico Abrantes	2:38.91	323
2. Joao Mauricio Gaspar 50m: 37.68 100m: 1:20.90 200m: 2:47.09	97 Nautico Abrantes	2:47.09	278
3. Martim Basilio Gil 50m: 36.86 100m: 1:20.54 200m: 2:49.42	97 CLAC-Entroncamento	2:49.42	267

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2 - 4-3-2012

Prova 27, Masc., 200m Mariposa, JUV-B

Lugar	Ano	Tempo final	Pts
DSQ Gil Vasco Goncalves - Falsa partida – SW 4.4	97 Litoral Alentejano		

INF-A

1. Dario Fausto Matias 50m: 37.06 100m: 1:21.06 200m: 2:50.88	98 Torres Novas	2:50.88	260
2. Pedro Manuel Nunes 50m: 41.03 100m: 1:28.10 200m: 3:03.32	98 CLAC-Entroncamento	3:03.32	210
3. Joao Paulo Lopes 50m: 36.78 100m: 1:21.84 200m: 3:03.46	98 Torres Novas	3:03.46	210
4. Joao Ferreira Santos 50m: 40.40 100m: 1:28.26 200m: 3:08.66	98 Torres Novas	3:08.66	193

INF-B

1. Tiago Filipe Campos 50m: 34.65 100m: 1:15.00 200m: 2:38.21	99 Scalabisport	2:38.21	328
2. Marco Andre Miguel 50m: 37.55 100m: 1:21.28 200m: 2:51.81	99 Torres Novas	2:51.81	256
3. Hugo Filipe Correia 50m: 38.01 100m: 1:24.94 200m: 3:07.11	99 Litoral Alentejano	3:07.11	198
DSQ Afonso Guilherme Rosa O atleta efectuou batimento de pernas alternado na viragem dos 150m.	99 Gualdim Pais		

Prova 28 Femin., 100m Mariposa 12 anos e mais velhos
04-03-2012 Resultados

JUN/SEN - FEM 15+: 1:36.00 / Time standard 1 12: 1:54.00; 13: 1:48.50; 14: 1:40.00

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
ABS			
1. Vanessa Braga Salvador 50m: 32.52 100m: 1:09.24	91 Uniao Samorense	1:09.24	502
2. Sara Davide Rodrigues 50m: 33.58 100m: 1:15.09	92 Litoral Alentejano	1:15.09	394
3. Bruna Alexandra Martins 50m: 35.88 100m: 1:15.41	94 Uniao Samorense	1:15.41	389
4. Ana Filipa Sousa 50m: 34.02 100m: 1:15.73	96 Nucleo Sportinguista Golega	1:15.73	384
5. Ana Catarina Travessa 50m: 35.76 100m: 1:18.63	96 Salvaterra de Magos	1:18.63	343
6. Patricia Simoes Jorge 50m: 36.37 100m: 1:22.59	97 Salvaterra de Magos	1:22.59	296
7. Andreia Alexandra Martins 50m: 38.53 100m: 1:23.50	97 Uniao Samorense	1:23.50	286
8. Filipa Robert Rente 50m: 39.76 100m: 1:27.73	96 Gualdim Pais	1:27.73	247
9. Mariana David Caeiro 50m: 41.60 100m: 1:31.48	96 Salvaterra de Magos	1:31.48	217

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 28, Femin., 100m Mariposa, ABS

Lugar	Ano	Tempo final	Pts
10. Sofia Isabel Mendes <i>FTL</i> 50m: 43.08 100m: 1:37.07	97 Salvaterra de Magos	1:37.07	182
DNS Ines Sofia Borba	97 Litoral Alentejano		
DNS Marta Filipa Vinagre	95 Scalabisport		
DNS Mariana Fernandes Antunes	95 Scalabisport		

JUVENIS

1. Mariana Veloso Vitoria 50m: 32.44 100m: 1:08.56	98 Nautico Abrantes	1:08.56	517
2. Clarisse Matos Lopes 50m: 35.04 100m: 1:13.92	98 Scalabisport	1:13.92	413
3. Maria Madalena Silva 50m: 35.29 100m: 1:16.48	98 Nautico Abrantes	1:16.48	372
4. Daniela Patricia Araujo 50m: 38.32 100m: 1:21.83	98 Rio Maior	1:21.83	304
5. Ana Filipa Parente 50m: 39.32 100m: 1:28.94	98 Gualdim Pais	1:28.94	237

INF-A

1. Mariana Soares Martinho 50m: 36.26 100m: 1:16.74	99 Scalabisport	1:16.74	369
2. Sarah Dias 50m: 36.58 100m: 1:19.29	99 Goleganense	1:19.29	334
3. Maria Beatriz Dias 50m: 37.32 100m: 1:21.16	99 Scalabisport	1:21.16	312
4. Rita Viana Miguel 50m: 39.67 100m: 1:26.98	99 CLAC-Entroncamento	1:26.98	253
5. Iris Maria Rola 50m: 40.98 100m: 1:30.11	99 Litoral Alentejano	1:30.11	228
6. Ines Sousa Luis 50m: 41.94 100m: 1:30.12	99 Torres Novas	1:30.12	227
7. Sofia Alexandra Picao 50m: 42.61 100m: 1:31.68	99 CLAC-Entroncamento	1:31.68	216
8. Beatriz Isabel Nunes 50m: 45.18 100m: 1:37.90	99 BUZIOS-Coruche	1:37.90	177
9. Ines Fernandes Moutinho 50m: 43.72 100m: 1:39.24	99 CLAC-Entroncamento	1:39.24	170
10. Mariana Narciso Fidalgo 50m: 44.76 100m: 1:39.64	99 20Km de Almeirim	1:39.64	168
DSQ Hatira Guseinova - <i>Batimentos de pernas alternados</i>	99 Torres Novas		

CAMPEONATOS REGIONAIS INF-JUV(PC)JA SEN/JUN CORUCHE
Coruche, 2- - 4-3-2012

Prova 28, Femin., 100m Mariposa

INF-B

1.	Ana Oliveira Ferreira	00	20Km de Almeirim	1:26.82	254
	50m: 39.32 100m: 1:26.82				
2.	Ana Catarina Santos	00	Uniao Samorense	1:29.24	234
	50m: 41.40 100m: 1:29.24				
3.	Patricia Palmeiro Baeta	00	Rio Maior	1:32.02	214
	50m: 40.57 100m: 1:32.02				
4.	Maria Beatriz Lopes	00	Rio Maior	1:32.60	210
	50m: 42.13 100m: 1:32.60				
5.	Barbara Guerra Pisco	00	20Km de Almeirim	1:33.54	203
	50m: 41.60 100m: 1:33.54				
6.	Mafalda Alexandra Cabaca	00	Scalabisport	1:34.72	196
	50m: 42.30 100m: 1:34.72				
7.	Lara Alexandra Delgado	00	Torres Novas	1:37.11	182
	50m: 43.25 100m: 1:37.11				
8.	Ines Isabel Graca	00	Gualdim Pais	1:46.51	138
	50m: 48.62 100m: 1:46.51				
DSQ	Ines Barata Domingos	00	Nucleo Sportinguista Golega		
	<i>A atleta efectuou batimento de pernas alternado durante o percurso e tocou apenas com uma mão na parede na chegada</i>				
DSQ	Maria Pinto Goncalves	00	Salvaterra de Magos		
	<i>- Batimentos de pernas alternados</i>				

Prova 29
04-03-2012

Masc., 4 x 100m Estilos

13 anos e mais velhos
Resultados

JUN/SEN - MASC 17 +: 5:35.00 / Time standard 1 13: 5:50.00; 14: 5:50.00; 15: 5:20.00; 16: 5:20.00

Pontos: FINA 2011

Lugar					Tempo final	Pts
ABS						
1.	Litoral Alentejano 1		Litoral Alentejano		4:58.94	295
	Rodrigo Marques Costa	76	35.76	1:12.57	Jorge Miguel Telo	95
	Rui Jorge Brito	94			Rudi Micael Sacramento	92
INF-A						
1.	Uniao Samorense 1		Uniao Samorense		5:23.46	233
	Joao Pedro Marquez	98	37.75	1:17.01	Telmo Pedrosa Rocha	98
	Miguel Jorge Nunes	98			Sergio Alexandre Batalha	98
DNS	CNTN - INF A MAS		Torres Novas			
INF-B						
1.	Scalabisport 3		Scalabisport		5:09.34	266
	Joao Tiago Almeida	99	41.20	1:24.51	Tiago Filipe Campos	99
	Miguel Carrico Cruz	99			Manuel Schonenberger Braz	99
2.	FCG- INF B MAS		Goleganense		5:54.93	176
	<i>FTL</i>					
	Francisco Oliveira Madeira	99	42.25	1:26.40	Jose Henriques Luz	99
	Miguel Feijao Galrinho	99			Goncalo Antonio Barreiros	99

