

Data:	28-07-2012	Hora:	16h00	Local:	Abrantes			
Natação	300 mt	Ciclismo:	8.000 mt	Corrida:	2.000 mt			

Ranking:	Ranking Geral	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	Total	Diff
1	5866		Víctor Sánchez	-	SEN	Individual	00:30:48	
2	3375	2553	Diogo Felisberto	-	SEN	Individual	00:33:21	00:02:33
3	3497	2775	Rodolfo Lourenço	-	SEN	Garmin Olímpico de Oeiras	00:33:35	00:02:46
4	5828	1768	Hugo Aguiar	-	SEN	C. D. "Os Águias" de Alpiarça	00:34:03	00:03:14
5	1581	2253	David Carneiro	-	JUN	Triatlo "osBelenenses"	00:34:42	00:03:54
6	5171		Marco Cruz	-	V1	Individual	00:35:20	00:04:32
7	5158		Joao Santos	-	CAD	Individual	00:35:31	00:04:42
8	5202		Paulo Marques	-	SEN	Individual	00:37:01	00:06:13
9	5161		Jorge Banha	-	SEN	Individual	00:37:16	00:06:27
10	3454	2690	Carlos Santos Silva	-	SEN	Individual	00:37:21	00:06:32
11	4361	559	Hipólito Ferreira	-	V2	G. D. R. de Manique de Cima	00:38:14	00:07:26
12	4360	558	Helder Lopes	-	V1	G. D. R. de Manique de Cima	00:38:36	00:07:47
13	5156		João Jesus	-	SEN	Individual	00:38:48	00:08:00
14	5162		José Serra	-	SEN	Individual	00:39:02	00:08:14
15	5167		Luis Vidinha	-	V1	Individual	00:39:35	00:08:47
16	5154		João Costa	-	S23	Individual	00:40:00	00:09:11
17	4579	2659	Euclides Coimbra	-	V3	Individual	00:40:42	00:09:53
18	5101		Alex Simões	-	SEN	Individual	00:41:14	00:10:26
19	5157		João Pedro Coelho	-	V3	Individual	00:41:16	00:10:27
20	5183		Rui Carlos Alvarrão	-	V1	Individual	00:41:25	00:10:37
21	5149		Fernando Santos	-	V2	Individual	00:41:36	00:10:48
22	5155		João Galhordas	-	V1	Individual	00:41:36	00:10:48
23	5122		Augusto Portugal	-	SEN	Individual	00:41:49	00:11:01
24	5182		Rui Cabral	-	V1	Individual	00:41:50	00:11:02
25	5145		Eduardo Francisco	-	V2	Individual	00:41:56	00:11:08
26	4362	564	José Colaço	-	V4	G. D. R. de Manique de Cima	00:42:34	00:11:45
27	4485	2233	Luis Fernandes	-	V1	Individual	00:42:37	00:11:48
28	5200		Hugo Lopes	-	SEN	Individual	00:43:02	00:12:14
29	5201		Tiago Soares	-	SEN	Individual	00:43:03	00:12:15
30	5109		António França	-	V3	Individual	00:43:37	00:12:49
31	5195		Jorge Barreto	-	V1	Individual	00:44:24	00:13:36
32	5175		Paula Amorim	-	V4	Individual	00:44:33	00:13:45
33	5150		Gonçalo Santos Rosa	-	SEN	Individual	00:44:35	00:13:47
34	5192		Sara Colaço	-	SEN	Individual	00:44:58	00:14:09
35	5105		Ana Soraia Gomes	-	SEN	Individual	00:45:31	00:14:42
36	4454	1586	José Luis Amoreira	-	V1	C. T. Fundão	00:46:00	00:15:12
37	5163		José Varela	-	SEN	Individual	00:46:08	00:15:19
38	5184		Rui Duro	-	V1	Individual	00:47:31	00:16:43
39	4558	2593	Maria João Rico	-	V1	C. T. Fundão	00:47:48	00:17:00
40	4432	1430	João Matos	-	V1	C. T. Fundão	00:47:50	00:17:01
41	5148		Fausto Isaac	-	V1	Individual	00:48:11	00:17:22
42	5174		Nuno Manuel Romão	-	V2	Individual	00:48:40	00:17:51
43	5172		Mário Jorge Moura Santos	-	SEN	Individual	00:49:33	00:18:45
44	5196		Dulce Vilaça	-	SEN	Individual	00:49:55	00:19:07
45	5170		Manuel José	-	V5	Individual	00:50:55	00:20:06
46	5168		Lurdes António	-	V1	Individual	00:51:36	00:20:48
47	5140		Bruno Alves	-	SEN	Individual	00:52:46	00:21:57
48	5189		Rui Teles	-	V3	Individual	00:53:05	00:22:16
49	5862		Tiago Santos	-	SEN	Individual	00:56:06	00:25:18

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	Total	Diff
50	5152		Guilherme Rosa	-	S23	Individual	00:56:19	00:25:31
51	5188		Rui Soares	-	SEN	Individual	01:00:20	00:29:31
52	5181		Rui Banha	-	V1	Individual	01:03:52	00:33:04
	4535	2451	Isabel Nunes Calixto	DQ	V1	Núcleo Sportinguista da Golegã	00:41:14	00:10:26
	5146		Eduardo Manuel Costa	DQ	SEN	Individual	00:41:21	00:10:33
	5103		Ana Guimaraes	DNS	SEN	Individual		-
	5114		António Garcia	DNS	SEN	Individual		-
	5128		Bernardo Ruivo	DNS	JUN	Individual		-
	5143		Diogo Cruz	DNS	CAD	Individual		-
	5151		Gonçalo Simões	DNS	SEN	Individual		-
	5153		Henrique Zaldo	DNS	SEN	Individual		-
	5164		Luis Gomes	DNS	V1	Individual		-
	5173		Nuno Gameiro	DNS	SEN	Individual		-
	5176		Paulo Ribeiro	DNS	V3	Individual		-
	5177		Pedro Rodrigues	DNS	SEN	Individual		-
	5178		Pedro Serras Duarte	DNS	S23	Individual		-
	5180		Ricardo Caçoila	DNS	SEN	Individual		-
	5847		Sérgio Silva	DNS	V1	Individual		-
	5852		Sérgio Simões	DNS	SEN	Individual		-
	5860		Sónia Rodrigues	DNS	SEN	Individual		-
	5194		Luis Narciso	DNS	JUV	Individual		-